Breathing Space Program 2017
First Semester

Would you like to

- deepen your spiritual life?
- explore ways of listening to yourself, to others and to God?
- develop spiritual practices that are life enhancing?
- engage in stimulating discussions on theological and biblical approaches to contemporary issues?

Breathing Space offers a supportive and stimulating place for learning and growing.

LENTEN OFFERINGS

Book Discussion Series:
Based on Paula Goodner's *Lentwise,* which draws on John's Gospel and other writings to address life issues like 'direction', 'nourishment' etc. Indicate on sign-up sheet if you need Rob to order a book for you (approximately $11).
When: Wednesday evenings, 7.30-9 pm, 1-29 March and Friday mornings 10 am-12 pm, 3-31 March in the Rainbow Centre.

Facilitator: Rob Maron has previously conducted two series for Breathing Space on meditation.

Deep Dive: Wilderness Revisited

Sunday, 12 March, 11.45 am-1 pm in the Worship Centre.
This presentation will explore the relevance of the metaphor of wilderness as liminal and transformative space not only for our personal narratives, but also in responding to the disturbing social and political narratives unfolding around us.

Facilitator: Dr Frances Mackay, is a retired academic and current Editor of EREMOS magazine (Eremos means desert).

DEEP DIVES

These seminars are an opportunity to deepen our knowledge of a particular area of theology or spirituality, and are led by experts in the area under discussion on Sundays at 11.45 am in the Worship Centre.

Sunday, 18 June, 11.45 am-1 pm in the Worship Centre.
Hearts on Fire: Exploring Passion without Violence
This presentation will explore how our passion for God or social justice might follow ways of peace.
Facilitator: Dr Heather Thomson, formerly a Senior Lecturer in Theology at Charles Sturt University, has a special interest in peace-making and restorative justice.

RELATED ACTIVITIES

Meditation Groups: Tuesday 12.30 pm in the Worship Centre (Hilary Harris, 6251 8166); Wednesday 6 pm (Rob Maron, 6251 1825) in the Rainbow Centre.

Quiet Days at the Australian Centre for Christianity and Culture (ACC&C)

The Australian Network for Spiritual Direction (ANSD) and the ACC&C are partnering to continue Susanna Pain's tradition of Quiet Days. 9.30 am-3 pm in the Pavilion. Morning tea provided but BYO lunch. Cost $25 paid in cash on arrival.

18 February: Alice-Anne Macnaught. Hope Springs Eternal

18 March: Frances MacKay. Based on the Stations of the Cross Exhibition and with input from curator Revd Dr Doug Purnell. (NB. 9.30 am-1 pm only and held in the main building. Donations divided between ACC&C and Eremos).

27 May: Revd Dr Sarah Bachelard

PARISH RETREAT ADVANCE NOTICE

Friday 13 October – Sunday 15 October at St Clement's Retreat Centre, Galong.
Facilitator: Rob Maron.

For further information, please contact:

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Or visit our web site:

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