



# HOLY COVENANT ANGLICAN CHURCH JAMISON

*To grow in Christ together, to equip for service, to care for all*

*Fifth Sunday after Epiphany*  
*9 February 2014*



## TODAY IN THE PARISH

Commissioning - Revs Anne Dudzinski and Sarah Bachelard

**8 am HOLY COMMUNION**

Celebrant:

Revd Dr Sarah Bachelard

Preacher:

Revd Susanna Pain

**10 am HOLY COMMUNION**

Celebrant:

Revd Dr Sarah Bachelard

Preacher:

Revd Susanna Pain

**6 pm TAIZE SERVICE**



We welcome you to our worship and fellowship today. We offer a special welcome to visitors and new residents, and pray that you will feel at home in our community.

You are warmly invited to share Communion with us, either by drinking from or dipping the wafer in the chalice, or to come forward for a blessing.

**Reflection after Communion** - please feel free to light a prayer candle in the Chapel at the side of the Church following Communion.



Please join us for morning tea after the services.



## THIS WEEK IN THE PARISH

<b>Monday</b>	10 am	Worship Centre	Covenant Care
<b>Tuesday</b>	12.30 pm	Worship Centre	Meditation and BYO lunch
<b>Wednesday</b>	12 noon	Worship Centre	Holy Communion + BYO lunch
	2.00 pm	Worship Centre	Ever Active Exercise Class
	6.00 pm	Rainbow Centre	Meditation
<b>Thursday</b>	9.30 am	Rainbow Centre	Scrabble
<b>Friday</b>	10.00 am	Worship Centre	Rainbow Playgroup
<b>Saturday</b>	9-12 noon	Worship Centre	Working Bee
	6.00 pm	Worship Centre	Benedictus contemplative church

## WEEK BEGINNING 16 FEBRUARY

<b>Monday</b>	10 am	Worship Centre	Covenant Care
	9.30 - 1pm	Rainbow Centre	Crafty Crew
<b>Tuesday</b>	12.30 pm	Worship Centre	Meditation and BYO Lunch
<b>Wednesday</b>	12 noon	Worship Centre	Holy Communion and BYO Lunch
	2.00 pm	Worship Centre	Ever Active Exercise Class
	6 pm	Rainbow Centre	Meditation
<b>Thursday</b>	9.30 am	Rainbow Centre	Scrabble
<b>Friday</b>	10.00 am	Worship Centre	Rainbow Playgroup
<b>Saturday</b>	6.00 pm	Worship Centre	Benedictus Contemplative Church

### HOLY COVENANT PRAYER VINE



#### REQUESTS FOR PRAYER

Phone Merri Bacon on 6251 1110 or  
email [merri.bacon@bigpond.com](mailto:merri.bacon@bigpond.com)

## SOMETHING TO THINK ABOUT

### **SALT AND LIGHT - Matthew 5: 13-20**

When I was newly ordained and working at All Saints in Ainslie, I went into the church one afternoon and found a card laid on the steps leading up to the chancel. It was a birthday card, addressed to 'Dad' who would have been 100 years old that day. I never knew who left this simple greeting. It wasn't a parishioner and, by the looks of the writing, maybe they were not very well educated.

I found this a deeply moving experience. I was moved by the love that, perhaps many years after a father's death, still needed expression. And I was moved that our church provided the sacred space, the time out of time, where such love could be shown.

The poet W.B. Yeats said, 'there is another world, but it is in this one'. One of the things that inspires me about a local parish church is that it witnesses, by its simple presence, to the reality of this 'other' world and invites anyone to share in it. It makes visible the deep and timeless current of love, forgiveness, and grace which, though we sometimes forget it, is this world's truest fulfilment and our own deepest yearning.

In today's gospel reading, Jesus calls the disciples to be agents of this 'other' world, to make it known. He calls them to be 'salt' and 'light', their very presence flavouring and illuminating, enlivening and preserving their communities. This commission means not denying or replacing the world, but transforming it. We begin to fulfil it, not by performing heroic feats of religious righteousness, but by being ourselves transformed. 'You are the salt of the earth', Jesus says; 'but if salt has lost its taste, how can its saltiness be restored?'

Last week's beatitudes and our reading from 1 Corinthians point the way to this transformation, this restoration of our 'saltiness'. Poverty of spirit, the vulnerability of unknowing, giving up self-righteousness. And as we consent to walk this way, who knows what other gifts of love might be set free around us?

- Sarah Bachelard

### **PARISH ANNUAL GENERAL MEETING**

February 25, 7.30 pm

Preceded by a shared meal at 6.30 pm  
Please indicate on the sign-up sheet what  
you would like to bring.



Have you ever had one of those days when you wished you had a magic wand or a Superman suit and could do really marvellous things. I had one on Friday. I wanted to help this client, but everything I tried was unsuccessful.

He walked in and asked for help. He was desperate. He came to Canberra to be part of the Invasion Day ceremonies, and was living at the Aboriginal Tent Embassy with some other members of his family. Our client suffers from a Bipolar Disorder, which makes life very edgy and he sometimes has problems dealing with lots of people in a small space. Although the Tent Embassy is not an enclosed space, I guess that it has been a difficult living space in the very trying heat conditions we have been experiencing.

Our client walked away from the Tent Embassy on Tuesday, he could no longer cope with the friction and the tension. When he walked away he left everything, his clothes, his sleeping gear and more importantly his money.

By Friday, he had had enough of living on the street and just wanted somewhere he could feel safe and have a good night's sleep. I was really worried about the state of his health. He was really on edge and needed some TLC.

He told me that his sister in Bankstown was happy to provide accommodation for him. A really simple solution, I offered him a train or bus trip to Sydney. He wanted me to ring his sister to make sure that was okay. When I rang she did not want him to leave Canberra, his brother would come to Canberra on Saturday and collect him. She did not think he could negotiate changing trains etc. She knew he was edgy and wanted me to find him some accommodation for Friday night. I failed and it really hurt.

To book a motel room in Canberra, you need to give a credit card imprint. This fellow was in such a bad state of mind, I was not prepared to expose SJC to the risk of a client causing mayhem in a motel room. I then rang several of the specialist accommodation services who look after homeless people with mental health issues, to see if they could help with one night accommodation. They were interested, but all requests have to go through FirstPoint. When I rang FirstPoint they said that they had nothing available, ring them again next week!

His mobile phone was flat and I didn't have a charger that would fit. I have now resolved this issue but it is too late for my client. I offered food, local bus tickets, phone cards, but all he wanted was somewhere safe to sleep. My hands were tied and there was nothing I could do. He just walked out of the office. I am not sure what happened to him, I hope he is okay. Some days this job really hurts.

**My wish list for this week: Pasta sauce, longlife milk and tinned vegetables.**

Many thanks

Sue



# PRAYER POINTS FOR THIS WEEK

## IN THE WORLD

- ◆ We pray for the millions of refugees caught in the middle of civil wars, that energy may be put into resolving conflicts and peace may be attained.

## IN AUSTRALIA

- ◆ We pray for the Royal Commission into child abuse, as decades of grief and more organisations come to light in regards to institutional abuse.

## WORLD WIDE ANGLICAN CHURCH

- ◆ We pray for The Anglican Church of Canada and the Anglican Church in Aotearoa New Zealand and Polynesia.
- ◆ We pray for the bishops, clergy and people of the Dioceses of Ballarat and Bathurst

## IN OUR DIOCESE

- ◆ We pray for the Bishop to the Defence Force, Bishop Ian Lambert and Defence Force Chaplains
- ◆ We pray for clergy taking up new appointments and their parishes as they commence working together

## IN MISSION

- ◆ We pray for the work of Compassion Australia.

## IN OUR PARISH AND COMMUNITY

- ◆ We pray for Sarah Bachelard as she begins her role in the parish.
- ◆ We give thanks and pray for Anne Dudzinski as she takes on the role of Honorary Associate Priest and ministry to the Nursing Homes.
- ◆ We pray for the Parish Council and Staff Planning Day next Saturday - for wisdom, insight, vision and discernment.
- ◆ We pray for Covenant Care and our Holistic Care Nursing program.
- ◆ We pray for the following members of our parish family: Patricia Barnes, Mark and Katie Beresford, Jordan, Zoe and Charlotte, Leisl Mitchell, Dan Billing, Hannah and Luke.
- ◆ We pray for those in special need of prayer: Gail and John Dau, Val Newton, Anne Ranse, Joh Sheehan and anyone known to us personally.

## COMMEMORATIONS:

Thursday: **Phyllis Elizabeth Oldfield (died 1994)**

Friday: **Julie Ann Shelley (1978)**





### **Sarah Bachelard joins our ministry team as Senior Associate Priest (part-time)**

I am delighted and honoured to be joining the community of Holy Covenant as part of the ministry team. I'll be working in a part-time capacity – one and half days a week – and am very much looking forward to exploring the ways in which I can best contribute to the life and mission of the parish.

I have a particular commitment to contemplative prayer and practice, as well as theological reflection and formation. As we get to know each other better, I hope to offer opportunities for deepening theological engagement with life and faith. I am excited to discover with you how we might continue to nourish and sustain a theological imagination and what that might offer the world around us.

As well as my role in Holy Covenant parish, I will continue to lead Benedictus Contemplative Church, an ecumenical community which gathers at Holy Covenant on Saturday evenings. I will also be leading a number of retreats this year interstate, and representing the Australian Anglican Communion at the Commission on the Status of Women meeting at the United Nations, in March.

Thank you for this opportunity to join with you at Holy Covenant. It will, I know, be a blessing to me, as I hope that I may be for you.

### **Children's Church, Godly Play and Youth Group started last Sunday!**



Children and youth are an integral part of our worship and life together at Holy Covenant. During the service the children and youth are invited to the rainbow Centre and the Mushroom to participate in age-specific groups. They then return during the greeting of peace and are welcome for communion.

We have 3 groups meeting on a Sunday morning:

**Godly Play:** Children from preschool age to year 2 join in a story and respond creatively. Older children are welcome if they prefer this style of learning.

**Children's Church:** Children in Grades 3-6 participate in a range of activities.

**Youth Group:** Year 7-12 - discussions, games, creative responses.

### DEEP DIVE - SUNDAY FEBRUARY 16 AT 11.45Am

Dr Heather Thomson, Lecturer in Systematic Theology and Associate Head, School of Theology at St Mark's, and Associate Head, School of Theology, Charles Sturt University, will lead a discussion on forgiveness. This is a theme she has been working on over some years, including in her book 'Things that Make for Peace'.



Some of the questions she will discuss are:

1. does forgiveness mean that people are not brought to justice?
2. does forgiveness mean 'forgive and forget'?
3. when does forgiveness become 'cheap grace'?
4. is repentance a pre-requisite or a consequence of forgiveness?
5. are some things unforgivable?
6. God's fore-giving of us as the basis of Christian forgiveness.

**There's a sign-up sheet on the back wall.**

**We are having a "Rotating Dinner" on Friday night 21st February**

**Time is running out to register - NEXT FRIDAY IS DEADLINE!**

The dinner will comprise four courses and each couple/pair will host one of the courses for three other pairs of participants (ie 8 people at each sitting).



The first three courses will be in participants' homes. The last course (sweets) will be at the Parish Centre where we will all gather for fellowship, coffee and cheese & bikkies.

The sweets course is designed to cater for people unable to host in their home, who live "out of area" or who just prefer to host sweets! Sweets will be hosted in groups of 8 as for the other courses, with hosts setting tables, serving the course and cleaning up (just like at home!).

You will share each course with different people. At the end of the night you will have shared a meal with at least 25 people. If you are not a couple you can still participate as a pair or by joining others and forming a threesome! We will be able to cope with one more at a sitting.

Forms to register interest and preferred course to host are available from Rod Menzies either in hard copy or by email.

**Further information from Rod Menzies (M) 0429 098 762 or [ming@homemail.com.au](mailto:ming@homemail.com.au) Rod has forms available for you to complete.**



**Quiet Day - Saturday 22 February 2014 9am-4pm  
at St Mark's Theological Centre, Barton  
led by Susanna - cost \$20-30 donation**

New beginnings - a time of quiet, prayer and creativity, shared with other like minded people.

We begin with prayer and reflection at 9.30am (cuppa available from 9.00am), then quiet time for prayer, journalling, walking, resting, creating. There will also be time for meditation, sharing our experience, and closing prayer. We conclude at 4pm. Bring your own lunch to eat at your leisure. Morning and afternoon tea provided. All welcome!

**There is a sign-up sheet on the back wall.**



**Canberra Region  
Cursillo Ultreya (Gathering)  
12 February**

Canberra Cursillistas would like to invite parishioners to an **Ultreya (a Gathering)** at St Barnabas' Charnwood.

This will be held on **Wednesday 12 February** from 7.30 pm until 9.00 pm. It will be an evening of prayer, praise, signing, witness and reflection.

All are welcome to come and join the worship.

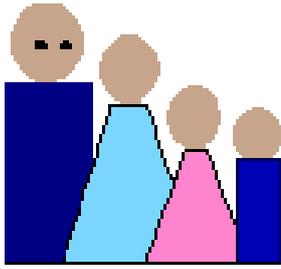
A light supper will follow. St Barnabas' is in the Charnwood Shopping Centre.



### **FATHER & SON DINNER**

The first *Father's and Son's Dinner* for 2014 will be held in the church centre on **Friday, March 7th**. We will meet from 6pm, order our meal at 6:15, and enjoy each other's company for the evening. Please use the sign-up sheet to indicate if you are able to come.

Contact: Mark Beresford  
0400 242 149 or  
[beresfordmk5@gmail.com](mailto:beresfordmk5@gmail.com).



HOME GROUP FOR PARENTS - start date 16 March

**What:** Lenten Study Group using "The King's Speech" movie and study book as a basis for discussion.

**Time:** 5pm, Sundays. We expect to be done by 7pm most weeks, except perhaps the first when we watch the movie.

**Location:** 24 Liverpool St, Macquarie (off Bennelong between the bus stops)

**Who:** Parents and families with children are the target group, but anyone is welcome (just expect noise!)

**What to bring:** yourself, a notebook and pen (PJs for your kids if you wish). We'll provide dinner the first week - please let us know about any foods to avoid. We'll discuss how to arrange dinner as we move forward (we plan on keeping it simple).

If this appeals to you, please contact Penny on 0488 794 540 (after work hours).



**Would you like to be 'one' in a bunch of volunteers?  
We are seeking an additional 2-3 helpers!**



Three people have put their 'hand up' and are willing to go on a roster to help keep the Worship Centre and Rainbow Centre kitchens and toilets stocked with essential items.

Helen Boulton has been a faithful servant in this ministry for a number of years and we are grateful to those who have offered to assist by going on a roster.

It would be great if we could get an additional 2+ helpers on board, so that it can be shared on a 6+ week rotation. The more the merrier ... to share the load! Men are very welcome to apply ... remember, the remuneration is excellent - working for God!

Helen will compile the roster and provide the necessary assistance to help you 'find your way', so if you feel this would be something you would like to do, or would like to know more about, please contact Kathy during office hours or speak with Helen - 6251-2078; hhboulton@gmail.com.



AND . . .

**Art Exhibition: Region of Being**

The Opening for the art exhibition, 'Region of Being' will be held on Thursday, February 13 from 6:00pm at M16 (21 Blaxland Cres. Griffith). David Keaney, one of the artists, is part of the InterPlay community that meets at Holy Covenant on Saturday mornings. The exhibition also includes the work of Brian Hinksman and David Kim. Anne McMahon of Belconnen Arts Centre, will be the guest speaker for the opening. The exhibition runs from February 13 to March 2. All welcome.

Contact: Mark Beresford  
0400 242 14  
or [beresfordmk5@gmail.com](mailto:beresfordmk5@gmail.com).

**WATCH THIS SPACE???**

More details about Lenten Studies next week!

**ON THE NOTICE BOARD**

- ✦ Interfaith Festival, 9 February

**ON THE TABLE NEAR THE FONT**

- ✦ Breathing Space programme for Semester 1 2014
- ✦ Free copies of the New Testament

**CLASSIFIED**

**FREE** - a sturdy wooden office desk 1500cm x 650cm. Has 2 drawers and a cupboard, in immaculate condition.

Contact Vivienne Sinderberry if you'd like it - 6278 3873; [sintech@grapevine.com.au](mailto:sintech@grapevine.com.au).



Our first working bee for this year is **NEXT SATURDAY 15** February, 9am - 12 noon.

**Bank Details for Direct Debit are:**

Bank: Commonwealth Bank  
Branch: Jamison Centre, ACT  
BSB: 062 907  
A/C No: 802 588  
Name: Holy Covenant Anglican Church

Despite the dry weather, the weeds still survive! Call in anytime even if only for an hour - great morning tea is your reward!

**BIRTHDAYS THIS WEEK**

Wednesday: Richard Browning,  
Thursday: Bea Duncan,  
Saturday: Ken Wedgwood and Jean Main

If you'd like your name in the Birthday Book, please tell the office.



## MINISTRY TEAM

<b>RECTOR</b>	<b>Revd Susanna Pain</b> 6251 6100 or 0418 637 469	Email: rector@holycovenant.org.au Days off: Monday & Friday
<b>SENIOR ASSOCIATE PRIEST</b>	<b>Revd Dr Sarah Bachelard</b> 0401 009 156	Email: sarah.bachelard@gmail.com Days: Sunday, Wednesday
<b>ASSISTANT PRIEST</b>	<b>Revd Mark Beresford</b> 0400 242 149	Email: beresfordmk5@gmail.com Days: TBA
<b>HONORARY ASSOCIATE PRIESTS</b>	<b>Revd Nikolai Blaskow</b> 0428 167 724	Email: nikolai@nikolaiblaskow.com
	<b>Revd Sarah Gibson</b> <b>Revd Anne Dudzinski</b>	Email: tshsb.gibson@gmail.com Email: annedudzinski@optusnet.com.au
<b>HOLISTIC CARE NURSE</b>	<b>Ven Anne Ranse</b> 0439 139 209	Email: nurse@holycovenant.org.au Days: TBA
<b>HONORARY DEACON</b>	<b>Revd Susan Joy Nevile</b> 0431 133 852	Email: susanjoyn@gmail.com
<b>YOUTH AND CHILDREN WORKER</b>	<b>Katherine Rainger</b> 0401 142 851	Email: youth@holycovenant.org.au
<b>ADMINISTRATOR</b>	<b>Kathy Lake</b> Office: 6251 6100	Email: office@holycovenant.org.au

## PARISH DIRECTORY

<b>PARISH OFFICE</b> Open 10am - 12noon Tuesday to Thursday	89 Dexter Street, Cook, ACT 2614 PO Box 98, Jamison, ACT 2614 Tel: 6251 6100	Email: office@holycovenant.org.au Web Page: <a href="http://holycovenant.org.au">http://holycovenant.org.au</a>
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<b>BULLETIN EDITOR</b>	<b>Phyl Holmes</b>	Email: office@holycovenant.org.au Hm E: phylandreg@optusnet.com.au

## DETAILS FOR NEXT SUNDAY - 16 February 2014

<b>8 am</b>	<b>HOLY COMMUNION</b> Celebrant and Preacher: Revd Dr Sarah Bachelard
<b>10 am</b>	<b>HOLY COMMUNION</b> Celebrant and Preacher: Revd Dr Sarah Bachelard



**PARISH ROLL UPDATE:** A master copy of the Parish Roll is in a white folder (aqua insert) on the back table near the sound desk. This will be available for review over the next few weeks, so please check that your details are correct. Any additional information or amendments will be made, and a new Parish Roll will be available by the end of the month..

# TODAY

**SENTENCE:** Let your light shine before others, so that they may see your good works and give glory to your Father in heaven. *Matthew 5:16*

**READINGS:**

Isaiah 58:1-9a  
 Psalm 112  
 1 Cor 2:1-13  
 Matthew 5:13-20

**PRAYER:**

Faithful God,  
 You have appointed us your witnesses,  
 To be a light that shines in the world:  
 Let us not hide the bright hope you have given us,  
 But tell everyone your love,  
 Revealed in Jesus Christ the Lord,  
 Who lives and reigns with you  
 In the unity of the Holy Spirit, one God  
 For ever and ever. **AMEN**

**HYMNS**



495  
 630  
 626  
 531



*Be salt and light*

	8.00am	10.00 am
<b>Sidespersons</b>	Carol and Peter Sherman	Dorothy and Neville Hurst
<b>Readers</b>	Kath Arthur Steve Daniels Anne Ranse	Neville Hurst Dorothy Hurst David Clark
<b>Intercessor</b>	Robert Arthur	George Gerrity
<b>Organist</b>	Kath Arthur	Rhys Thorpe
<b>Word &amp; Prayer</b>	Luc Rose	Tracey Matthews
<b>Deacon</b>	Anne Ranse	
<b>Cup</b>	Anne Ranse Luc Rose	Tracey Matthews, Chris Lewis, Gwen Hallows, Neville Hurst Extra bread: Mark
<b>Morning Tea</b>	Rob and Kathy Lake	Helen Boulton and Dorothy Hurst
<b>Children's Church</b>		Sue W, Russell J, Susan Joy, Evelyn, Jodie