



HOLY COVENANT ANGLICAN CHURCH JAMISON

To grow in Christ together, to equip for service, to care for all

WEEKLY BULLETIN

16 February 2014

**Sixth Sunday
after Epiphany**



TODAY IN THE PARISH

8 am	HOLY COMMUNION Celebrant: Preacher:	Revd Susanna Pain Revd Dr Sarah Bachelard
10 am	HOLY COMMUNION Celebrant: Preacher:	Revd Susanna Pain Revd Dr Sarah Bachelard
11:45 am	Deep Dive	Dr Heather Thomson



We welcome you to our worship and fellowship today. We offer a special welcome to visitors and new residents, and pray that you will feel at home in our community.

You are warmly invited to share Communion with us, either by drinking from or dipping the wafer in the chalice, or to come forward for a blessing.

Reflection after Communion - please feel free to light a prayer candle in the Chapel at the side of the Church following Communion.



Please join us for morning tea after the services.



THIS WEEK IN THE PARISH

Monday	10 am	Worship Centre	Covenant Care
	9.30 - 1pm	Rainbow Centre	Crafty Crew
Tuesday	12.30 pm	Worship Centre	Meditation and BYO lunch
Wednesday	12 noon	Worship Centre	Holy Communion + BYO lunch
	2.00 pm	Worship Centre	Ever Active Exercise Class
	6.00 pm	Rainbow Centre	Meditation
Thursday	9.30 am	Rainbow Centre	Scrabble
Friday	10.00 am	Worship Centre	Rainbow Playgroup
Saturday	6.00 pm	Worship Centre	Benedictus contemplative church

WEEK BEGINNING 23 FEBRUARY

Monday	10 am	Worship Centre	Covenant Care
Tuesday	12.30 pm	Worship Centre	Meditation and BYO Lunch
	6:30pm	Worship Centre	Shared meal followed by AGM at 7:30pm
Wednesday	12 noon	Worship Centre	Holy Communion and BYO Lunch
	2.00 pm	Worship Centre	Ever Active Exercise Class
	6:00 pm	Rainbow Centre	Meditation
Thursday	9.30 am	Rainbow Centre	Scrabble
Friday	10.00 am	Worship Centre	Rainbow Playgroup
Saturday	6.00 pm	Worship Centre	Benedictus Contemplative Church

HOLY COVENANT PRAYER VINE



REQUESTS FOR PRAYER

Phone Merri Bacon on 6251 1110 or
email merri.bacon@bigpond.com

SOMETHING TO THINK ABOUT

AN UNDIVIDED LIFE (Matthew 5. 21-24)

I have always loved the Prayer of Preparation in our Holy Communion liturgy.

'Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden, cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name'.

At one level, it's a frightening prospect to know that we are seen in that way by God, nothing hidden, nothing hide-able. At another level, I find it deeply reassuring and restful. So much energy can go into trying to be someone we think we ought to be, trying to suppress our bits of resentment and anger, trying to be 'good'. There's no insincerity in this. We really do want to be loving, kind, non-resentful people. It's just that we don't, we can't always manage it. And once a week, when we say the Prayer of Preparation, we get to own all of that messiness, struggle and failure before God. We consent to be who and what we are in this moment, and we experience the relief of being known in our entirety and simply loved. That is what changes us.

Jesus, in today's gospel, invites us to live from this prayer all the time. He invites us to get to know and own before God what's really going on in our hearts and our relationships, and to seek the wholeness and reconciliation that brings our inner and outer lives into harmony. If you have a gift to offer God, but you know there is a breach in relationship with your brother or sister, then don't think your worship is unaffected. It is good to refrain from doing violence, but the deeper work of love means being healed of the anger that fuels your violent thoughts. And so on.

Biblical law is never just about externals, rules of behaviour and things to 'get right', and when we treat it that way it tends to become another source of division within and between us. But for God, reality is one piece – nothing is hidden. So the true fulfilment of the law is the transformation of the heart. Only this way do our lives and relationships reflect and bring about wholeness and truth, which is perfect love.

- Sarah Bachelard

Together
let us embrace this new day
and all it brings.
Let us mould it, shape it
simply, quietly
with care and love
and fire it with the spirit.
It will be our work of art
our gift to the day
whatever be the clay.

- Noel Davis₃

This week I have seen three young women who are in crisis. All of them are likely to lose their homes in the next few weeks and become Homeless.

The first young woman and her partner are in an ACT Government house, with their three small children. They got behind in their rent about two years ago and were about to be evicted, the rent arrears then was about three thousand dollars. They were about to be evicted, and fortunately they were able to negotiate a deal with Housing. They would pay the weekly rent, plus an additional twenty dollars a week to try and reduce the debt, which of course would take years, but it was a very generous resolution by Housing.

This Christmas, the family had a few financial problems, Christmas Presents for the children and car registration etc, so they decided not to pay Housing any money, no rent, no debt reduction payment. When she came to SJC, she was really horrified that Housing could be so harsh over the Christmas period and had sent the family an eviction notice.

I think that she was hoping that I would wave a magic wand and pay the outstanding rent. We have helped the family before with electricity and gas payments and of course with food. This time the family needs to face up to reality and live within their budget. They will need to renegotiate with Housing, I am sure that Housing do not want to evict families and put them on the street.

We helped the family with lots of food, and the money they saved on groceries can be used to help with the rent, but sometimes they just need a bit of a reality check. Keeping a roof over your family's head has to be a number one priority.

The other two women were in really difficult circumstances, both had separated from their partners, and life was really difficult for them. Mary lives in a small community close to Canberra. She has two teenage children. She and her partner built a new house for the family. They were managing, but then her partner walked. She was managing all the repayments, but she was also working seven days a week, in two jobs. Just after Christmas she was made redundant. She received a small redundancy and that has been used for the mortgage repayments. She thought she would get another position straight away, but unfortunately that is not happening.

She is now on Centrelink benefits, and hoping that she will get a new job shortly. If she doesn't she will have to sell the house. Her mortgage repayments are more than the Centrelink payments. Sometimes life is very hard. She is willing to do anything (legal) to save the house. Several years ago she and her two children were homeless for two years!

Don't forget the opening next Sunday @3:30pm, but let us know if you are coming. Phone 6248 7771 or stjohnscare@velocitynet.com.au.

My wish list: Peanut Butter (we have none left), tinned vegetable and Pasta Sauce and toilet paper.



Many thanks, Sue Jordan

PRAYER POINTS FOR THIS WEEK

IN THE WORLD

- ◆ We pray for the millions of refugees caught in the middle of civil wars, that energy may be put into resolving conflicts and peace may be attained.

IN AUSTRALIA

- ◆ We pray for the Rural Fire Service and Emergency workers protecting and supporting communities in trying conditions and those who have lost homes and properties in bushfires.
- ◆ We pray for farmers in drought conditions struggling to feed stock.

WORLD WIDE ANGLICAN CHURCH

- ◆ We pray for The Church of the Province of Central Africa
- ◆ We pray for The Dioceses of North Queensland, North West Australia and Perth

IN OUR DIOCESE

- ◆ We pray for Anglican Children's Services with Centres at Calwell, Gordon and Parliament House and the Bargain Hunter in Queanbeyan
- ◆ We pray for Chaplains at the Alexander Maconochie Correctional Centre

IN MISSION

- ◆ We pray for the work of Anglican Board of Missions and The Anglican Alliance

IN OUR PARISH AND COMMUNITY

- ◆ We pray for Parish Council and the upcoming AGM - for wisdom, insight, vision and discernment.
- ◆ We pray for Covenant Care and our Holistic Care Nursing program.
- ◆ We pray for the following members of our parish family: Nikolai Blaskow and Susanna Pain; Chris and Clare Bleijs; John , Kathryn, Amy, Ellie and Tom Body; Helen, Harris and Tanya Boulton
- ◆ We pray for those in special need of prayer: Dorothy Hurst, Ken Wedgewood, Gail and John Dau, Val Newton, Anne Ranse, Joh Sheehan and anyone known to us personally.

COMMEMORATIONS:

Thursday: **William Grant Broughton, first bishop of Aust.**
(d. 1853)

Friday: **Baden Clarence Powell (1991)**



DEEP DIVE - TODAY AT 11.45am

Dr Heather Thomson, Lecturer in Systematic Theology and Associate Head, School of Theology at St Mark's, and Associate Head, School of Theology, Charles Sturt University, will lead a discussion on forgiveness. This is a theme she has been working on over some years, including in her book 'Things that Make for Peace'.



Some of the questions she will discuss are:

1. does forgiveness mean that people are not brought to justice?
2. does forgiveness mean 'forgive and forget'?
3. when does forgiveness become 'cheap grace'?
4. is repentance a pre-requisite or a consequence of forgiveness?
5. are some things unforgivable?
6. God's fore-giving of us as the basis of Christian forgiveness.

There's a sign-up sheet on the back wall.

**We are having a “Rotating Dinner” on Friday night 21st February
Registration Closed last Friday.**



Rod Menzies will be in touch to let hosts know the rotating program.

The dinner will comprise four courses and each couple/pair will host one of the courses for three other pairs of participants (ie 8 people at each sitting).

The first three courses will be in participants' homes. The last course (sweets) will be at the Parish Centre where we will all gather for fellowship, coffee and cheese & bikkies.

The sweets course is designed to cater for people unable to host in their home, who live “out of area” or who just prefer to host sweets! Sweets will be hosted in groups of 8 as for the other courses, with hosts setting tables, serving the course and cleaning up (just like at home!).

You will share each course with different people. At the end of the night you will have shared a meal with at least 25 people.

**Further information from Rod Menzies (M) 0429 098 762 or
ming@homemail.com.au .**



**Quiet Day - NEXT Saturday 22 February 2014 9am-4pm
at St Mark's Theological Centre, Barton
led by Susanna - cost \$20-30 donation**

New beginnings - a time of quiet, prayer and creativity,
shared with other like minded people.

We begin with prayer and reflection at 9.30am (cuppa available from 9.00am), then quiet time for prayer, journalling, walking, resting, creating. There will also be time for meditation, sharing our experience, and closing prayer. We conclude at 4pm. Bring your own lunch to eat at your leisure. Morning and afternoon tea provided. All welcome!

There is a sign-up sheet on the back wall.



FATHER & SON DINNER

The first *Father's and Son's Dinner* for 2014 will be held in the church centre on **Friday, March 7th**. We will meet from **6pm**, order our meal at 6:15, and enjoy each other's company for the evening. Please use the sign-up sheet to indicate if you are able to come.

Contact: Mark Beresford
0400 242 149 or
beresfordmk5@gmail.com.

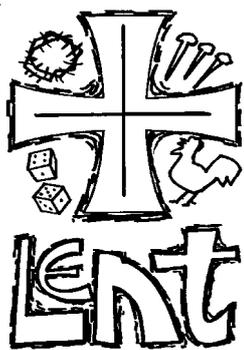
Our first **RAINBOW FELLOWSHIP** of the year will be a picnic lunch at **The National Arboretum** on **Sunday 23 February** at **12.30pm-2.30pm**. for a shared lunch and some talk and prayer. I know some people are gluten free.

If we meet at the top of the world near the 'Wide Brown Land' Sculpture. Drive into the arboretum and then take the second right and stop at the end of the road (it is a park and turning circle) and there is a grassed picnic area right in front. No need to walk far at all.

After a feed and a chat, a catch up and a prayer, we can walk/drive up to the Eagle's nest. . .

Wet weather venue is at the main hall at the top of the arboretum and we can picnic under cover out on the deck.

Let Susanna know if you are able to be there, and if you need a lift.



OUR LENTEN JOURNEY BEGINS ON ASH WEDNESDAY - 5 March

Holy Communion at 12 noon and 6pm - 5 March

Gospel Reflection – 3.30 – 5pm Sunday 9 March to
Sunday 13 April. Led by Frances Mackay.

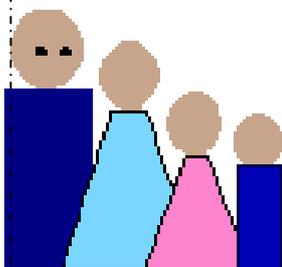
This is an opportunity to enter more deeply into the Sunday gospel readings for lent. Each week a different person will provide a short introduction, including some suggestions for reflection. After a period of quiet reflection participants will reconvene for a brief period of sharing and prayer. Think of it as a (very) mini retreat.

'Saving Jesus Redux' - Wednesday 12 March to Wednesday 9 April.
Led by Nikolai Blaskow.

Part of the Living the Questions series, a DVD-based small group exploration of a credible Jesus for the third millennium. More details in the Breathing Space programme.

Labyrinth Workshop 2-5 pm Saturday March 15 - led by Susanna Pain
The Labyrinth is a tool for prayer. It is a walking meditation, an opportunity for letting go, turning, connecting, fresh insight. We will ponder some Lenten themes as we walk the labyrinth, journal, and reflect.

Good Friday – reflective walk 12 – 3pm Parliamentary Triangle.



HOME GROUP FOR PARENTS - start date 16 March

What: Lenten Study Group using "The King's Speech" movie and study book as a basis for discussion.

Time: 5pm, Sundays. We expect to be done by 7pm most weeks, except perhaps the first when we watch the movie.

Location: 24 Liverpool St, Macquarie (off Bennelong between the bus stops)

Who: Parents and families with children are the target group, but anyone is welcome (just expect noise!)

What to bring: yourself, a notebook and pen (PJs for your kids if you wish). We'll provide dinner the first week - please let us know about any foods to avoid. We'll discuss how to arrange dinner as we move forward (we plan on keeping it simple).

If this appeals to you, please contact Penny on 0488 794 540 (after work hours).

AND . . .



Dear Susanna and everyone at Holy Covenant,

Thank you for the wonderful farewell you gave us - we felt very loved and beautifully sent on our new journey with blessings and prayers. We are looking forward to seeing some of you in Grafton on 1 March and, we hope, later on as you come through, perhaps escaping from the cold of Canberra winters! You will always be in our prayers and we look forward to touching base again when we are back in town.

Love and blessings, Sarah & Ian

AND . . .

To all who came to the working bee yesterday - well done. If you didn't make it yesterday, the next one is 21 March - see you there!

ON THE NOTICE BOARD

- * Emerging Wisdom Spiritual Direction Conference
- * *'Overturing Tables, Knocking off Heads of State and other Ways being Responsible Christian Citizens'*
Christians for an Ethical Society,
7.30 pm 26 February

ON THE TABLE NEAR THE FONT

- * Breathing Space programme for Semester 1 2014
- * Free copies of the New Testament

NB: Parish office will for the time being be open from 10am - 12 noon Tues-Thurs.

CLASSIFIEDS

FREE - a sturdy wooden office desk 1500cm x 650cm. Has 2 drawers and a cupboard, in immaculate condition. Contact Vivienne Sinderberry if you'd like it - 6278 3873; sintech@grapevine.com.au.



Born on 16 January. First child for John Berian James who attended Sunday School here from 1987. John is Lynne James' son

Bank Details for Direct Debit are:

Bank: Commonwealth Bank
Branch: Jamison Centre, ACT
BSB: 062 907
A/C No: 802 588
Name: Holy Covenant Anglican Church

BIRTHDAYS THIS WEEK

Today: Jenny Lange
Tuesday: Chris Lange, Colman Dunnicliff-Hagan

If you'd like your name in the Birthday Book, please tell the office.



MINISTRY TEAM

RECTOR	Revd Susanna Pain 6251 6100 or 0418 637 469	Email: rector@holycovenant.org.au Days off: Monday & Friday
SENIOR ASSOCIATE PRIEST	Revd Dr Sarah Bachelard 0401 009 156	Email: sarah.bachelard@gmail.com Days: Sunday, Wednesday
ASSISTANT PRIEST	Revd Mark Beresford 0400 242 149	Email: beresfordmk5@gmail.com Days: TBA
HONORARY ASSOCIATE PRIESTS	Revd Nikolai Blaskow 0428 167 724	Email: nikolai@nikolaiblaskow.com
	Revd Sarah Gibson Revd Anne Dudzinski	Email: tshsb.gibson@gmail.com Email: annedudzinski@optusnet.com.au
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DETAILS FOR NEXT SUNDAY - 23 February 2014

8 am	HOLY COMMUNION Celebrant and Preacher: Revd Susanna Pain
10 am	HOLY COMMUNION Celebrant and Preacher: Revd Susanna Pain

PARISH ROLL UPDATE: A master copy of the Parish Roll is in a white folder (aqua insert) on the back table near the sound desk. This will be available for review over the next few weeks, so please check that your details are correct. Any additional information or amendments will be made, and a new Parish Roll will be available by the end of the month..

TODAY

SENTENCE: Blessed are those whose way is blameless, who walk in the law of the Lord.. *Psalm 119:1*

READINGS:

Deuteronomy 10: 12-22

Psalm 119: 1-8

1 Cor 3:1-9

Matthew 5:21-24

PRAYER:

Almighty God,
You gave the law to guide our lives:
Grant that we may never shrink from your
commandments, but, as we are taught by your
Spirit, may fulfil your law in perfect love:
Through Christ our Lord and Master,
Who lives and reigns with you and the Holy Spirit,
one God now and for ever.

AMEN

8 am HYMNS

547



448

568 (35)

571

Walk in the law of the Lord

	8.00am	10.00 am
Sidespersons	Hilary Harris and Elizabeth Grant	Helen and Harris Boulton
Readers	Hilary Harris Peter Hall Anne Ranse	Reg Holmes Phyl Holmes Harris Boulton
Intercessor	Jennifer Collier	Russell Judd
Organist	Heather Shelley	Ruth Dunnicliff-Hagan
Word & Prayer	Paul Shelley	Chris Lewis
Deacon	Anne Ranse	
Cup	Anne Ranse Paul Shelley	Chris Lewis, Tobias Nevile, Doreen Matters, Leo Wimmer Extra bread: Sarah Bachelard
Morning Tea	Heather and Paul Shelley	Theresa Jokisch and Judith Ann Daniells
Children's Church		Karen Bisley, Katherine Rainger, Rika and Sophie Amos M. tea: Phyl H