



# HOLY COVENANT ANGLICAN CHURCH JAMISON

*To grow in Christ together, to equip for service, to care for all*

## Weekly Bulletin 9 March 2014—First Sunday in Lent

Let us travel together  
with Jesus this Lent,  
open to fresh encounters with Jesus  
and with each other,  
God invites us to adventure!



*Away with you Satan!*

### TODAY IN THE PARISH

8 am	<b>HOLY COMMUNION</b> Celebrant: and Preacher	Revd Susanna Pain
10 am	<b>HOLY COMMUNION</b> Celebrant and Preacher:	Revd Susanna Pain
3.30 pm	<b>GOSPEL REFLECTION</b>	Frances Mackay
6 pm	<b>TAIZE</b>	Revd Susanna Pain



We welcome you to our worship and fellowship today. We offer a special welcome to visitors and new residents, and pray that you will feel at home in our community.

You are warmly invited to share Communion with us, either by drinking from or dipping the wafer in the chalice, or to come forward for a blessing.

**Reflection after Communion** - please feel free to light a prayer candle in the Chapel at the back of the Church following Communion.



Please join us for morning tea after the services.



## THIS WEEK IN THE PARISH

<b>Monday</b>	10 am	Worship Centre	Covenant Care
<b>Tuesday</b>	12.30 pm	Worship Centre	Meditation and BYO lunch
<b>Wednesday</b>	12 noon	Worship Centre	Holy Communion + BYO lunch
	2.00 pm	Worship Centre	Ever Active Exercise Class
	6.00 pm	Rainbow Centre	Meditation
	7:30 pm	Mushroom	Saving Jesus Redux
<b>Thursday</b>	9.30 am	Rainbow Centre	Scrabble
	7:15pm	Worship Centre	The Promise of Paradox:
<b>Friday</b>	10.00 am	Worship Centre	Rainbow Playgroup
<b>Saturday</b>	9.00 am	Worship Centre	Working Bee
	4.45 pm	Rainbow Centre	Choir and musicians
	6.00 pm	Worship Centre	Benedictus contemplative church

## WEEK BEGINNING 16 MARCH

<b>Sunday</b>	3.30 - 5 pm	Worship Centre	Gospel Reflection
	5.00 - 7pm	24 Liverpool St, Macquarie	Home Group for Parents—Lenten Study Group on The King's Speech
<b>Monday</b>	10 am	Worship Centre	Covenant Care
	9.30 am- 1 pm	Rainbow Centre	Crafty Crew
<b>Tuesday</b>	12.30 pm	Worship Centre	Meditation and BYO Lunch
	7.30 pm	Rainbow Centre	Parish Council meeting
<b>Wednesday</b>	12 noon	Worship Centre	Holy Communion and BYO Lunch
	2.00 pm	Worship Centre	Ever Active Exercise Class
	7.30 pm	Mushroom	Saving Jesus Redux
<b>Thursday</b>	9.30 am	Rainbow Centre	Scrabble
	7:15pm	Worship Centre	The Promise of Paradox:
<b>Friday</b>	10.00 am	Worship Centre	Rainbow Playgroup
<b>Saturday</b>	6.00 pm	Worship Centre	Benedictus Contemplative Church

## SOMETHING TO THINK ABOUT

### ***THE LEADING SPIRIT - A Reflection on Matthew 4:1-11***

*In today's Gospel reading, Jesus is 'led' by the Spirit.*

Matthew would have us know this as a genuine leading. There is *nothing* here that suggests anyone other than the very Spirit of God, the Advocate, the Holy Spirit, is the one forging Jesus' path. But of course, this does not imply no other influences: 'the tempter' or 'devil' has a voice in this account as well.

*It all adds up, even for the Son of God, to a rough path.* It is characterised by hunger, thirst, and genuine *temptation*. It is quite a thought: *what if even the Son of God was genuinely and profoundly tempted?*

And these are not superficial temptations: the one who took on flesh *needs* the sustenance of food; the one who perfectly trusted God *relies* on the protection of angels; the one who came to save *desires* to have the people of the world as his own.

*This devil is calculating.*

It all adds up to a confronting challenge for anyone who sees the indwelling Spirit, the very presence of God to us, as merely comfort, joy, and peace. This path, forged by the one who presented as a dove, is hard, rocky, uneven. As many have observed, each test put before Jesus is met with *scripture*. Of course this represents more than mindless text quoting. It is staring down evil with the resolve of faith.

*There is here, on the part of Jesus, a profound, exemplary, trust in God.*

Reflecting on Jesus' wilderness experience seems appropriate as we begin the season of Lent. We are encouraged as we move toward our Easter remembering to consciously open our lives again to the presence and purpose of God. We can all too easily see this in terms more blissful than reality.

*Being open to God in a world claimed by evil can be profoundly difficult.*

But here we are assured that this is not a lone trip. The Spirit saturates this text.

*Jesus is never abandoned.*

Well, not by the Spirit anyway. There is an abandoning but it is by a defeated evil. These deserve to be considered and embraced words: 'Then the devil left him...' Our account ends with another presence. It is the angels *surrounding* and *serving*. *The calculating temptation of the devil is simply not enough to overcome the Host of Heaven.*

- Mark Beresford

On Thursday we had a man walk in looking for Financial Counselling. I have completed a couple of minor Financial Counselling courses, but it is not my strength. But he had been told that this was where he could come, so he wanted help now, he was desperate.

His gas had been disconnected, his phone had been disconnected, his electricity was about to be disconnected. He was in a really bad situation. He had had his own business, but for reasons I don't know, he is now bankrupt. The marriage of twenty years had also failed. This fellow was at an all-time low, and I think that he was ready to give up the battle.

I strongly recommended that he went to Care Financial Counselling, but could we help him in the meantime. Did he need food? No, the gas had been disconnected, so he couldn't cook. At this stage I realised that this fellow was not thinking properly. He still had the electricity and had a microwave. He still had gas to the BBQ, so of course he could cook. Thankfully he saw that if we could help him with food, he could use his food money to help pay some of the bills. We were also able to help him with his Telstra account and a little of his electricity account.

This is the third person I have seen this year who had a successful business or in a reasonable Public Service position, who has lost everything. The scenario seems the same for each of them. Their healthy income is lost, the marriage fails, the client has to struggle with large debts and of course the only income they have is the Newstart Allowance, four hundred and eighty dollars a fortnight? Of course they are not going to survive. I think it is going to be a hard year for SJC, three in two months is three too many. I think it is also going to be a hard year for a lot of Canberrans.

Then we had a woman who was very distressed. Her son has just returned home after an extensive period in goal. She said that she loves him, but! He is only twenty, but has been in trouble with the Police for many years. He is a disruptive influence on her other teenagers. They think he is a bit of a hero, she thinks he is a coward and hates what he is doing, but does not have the strength or support to kick him out.

He arrived back home the other day and expects Mum to provide everything for him, as if he was her little boy, but of course she gets no allowances for him, so he is just draining her very limited finances. It is very hard on this woman and I feel for her. Some of our clients have a really hard time.

**My wish list for this week: Shampoo, tinned fruit, tampons, and children's toothpaste and toothbrushes.**

Many thanks,  
Sue Jordan



# PRAYER POINTS FOR THIS WEEK

## IN THE WORLD

- ◆ We pray for the people of the Ukraine and for the Russian, Ukrainian Governments for helpful dialogue in the current situation and for the international community determining sanctions to put pressure on Russia to avoid military intervention in the Ukraine.

## IN AUSTRALIA

- ◆ We continue to pray for those people who unemployment is uncertain as a result of recent announcements of financial cut backs and closing of companies.

## WORLD WIDE ANGLICAN CHURCH

- ◆ We pray for the Anglican Church in Coimbatore (South India) and Bangalore and the Episcopal Church in Bethlehem
- ◆ We pray for Bishop Ian Palmer and the Diocese of Bathurst dealing with financial difficulties and we particularly remember the congregation of St Barnabas Bathurst as they grieve for their historic church destroyed by fire recently and as they gather to worship elsewhere
- ◆ We pray for Bishop Allan Ewing and the Diocese of Bunbury

## IN OUR DIOCESE

- ◆ We pray for St Mark's National Theological Centre and for the Rev'd Dr Andrew Cameron appointed as the new Director, Staff, Students and Friends of St Marks
- ◆ We pray for the Centre for Ageing and Pastoral Studies .
- ◆ We pray for Bishop-In Council, and the Ministry Executive, Diocesan Treasurer, The Anglican Church Property Trust and The Pelican Foundation

## IN MISSION

- ◆ We pray for the work of the Christian Blind Mission in Tanzania and the Kilimanjaro Christian Medical Centre
- ◆ We pray for the Tikondane community in Zambia

## IN OUR PARISH AND COMMUNITY

- ◆ Sarah and Ian and the Diocese of Grafton as Sarah starts her ministry there.
- ◆ We pray for all involved in our Lenten Study Groups and for all on a Lenten Journey.
- ◆ We pray for the following members of our parish family: Lesley Chumak and Chris Olsson; David and Mel Clark; Jo Clay and Robert Dunne; Joyce Cole, Jennifer Collier, and Sam and Janice Colman
- ◆ We pray for those in special need of prayer: Gail and John Dau, Anne Ranse, Joh Sheehan, Phil Perman, Nell Pain and anyone known to us personally.

## COMMEMORATIONS:

Today: Barbara Ruth Mugford (died 1997)

### HOLY COVENANT PRAYER VINE

### REQUESTS FOR PRAYER

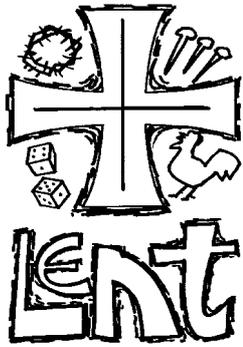
Phone Merri Bacon on 6251 1110 or  
email [merri.bacon@bigpond.com](mailto:merri.bacon@bigpond.com)





**service this evening at 6pm**

A gentle reflective service which includes, song, prayer and silence.



### OUR LENTEN JOURNEY CONTINUES THIS WEEK

**TODAY: Gospel Reflection** - 3.30 - 5pm Sundays  
9 March to 13 April. Led by Frances Mackay.

In the Worship Centre

This is an opportunity to enter more deeply into the Sunday gospel readings for lent. Each week a different person will provide a short introduction, including some suggestions for reflection. After a period of quiet reflection participants will reconvene for a brief period of sharing and prayer.

Think of it as a (very) mini retreat.

**Wednesdays** 12 March to 9 April. **Saving Jesus Redux'**

Led by Nikolai Blaskow.

Part of the Living the Questions series, a DVD-based small group exploration of a credible Jesus for the third millennium. In the Mushroom.

**More details in the Breathing Space programme.**

**Saturday March 22** 2- 5pm- **Labyrinth Workshop** led by Susanna Pain

The Labyrinth is a tool for prayer. It is a walking meditation, an opportunity for letting go, turning, connecting, fresh insight. We will ponder some Lenten themes as we walk the labyrinth, journal, and reflect.

**Good Friday** - reflective walk 12 - 3pm Parliamentary Triangle.

**The Promise of Paradox:**

**Poems for Autumn and Lent**

A gathering hosted by Benedictus Contemplative Church for anyone interested in exploring poems rich in meaning for this significant season of life and faith.

**When:** 7.15 - 8.45 pm on five Thursday evenings,

**Dates:** 13 March, 3 April and 10 April. **Where:** Holy Covenant, Jamison.

**Cost:** \$30. Led by Neil Millar and Sarah Bachelard.

## LENTEN OFFERINGS . .

**HOME GROUP FOR PARENTS** - start date 16 March

**What:** Lenten Study Group using "The King's Speech" movie and study book as a basis for discussion.

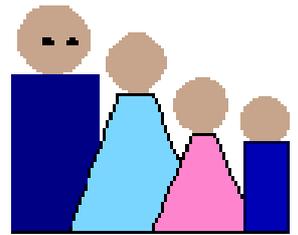
**Time:** 5pm, Sundays. We expect to be done by 7pm most weeks, except perhaps the first when we watch the movie.

**Location:** 24 Liverpool St, Macquarie (off Bennelong between the bus stops)

**Who:** Parents and families with children are the target group, but anyone is welcome (just expect noise!)

**What to bring:** yourself, a notebook and pen (PJs for your kids if you wish). We'll provide dinner the first week - please let us know about any foods to avoid. We'll discuss how to arrange dinner as we move forward (we plan on keeping it simple).

If this appeals to you, please contact Penny on 0488 794 540 (after work hours).



**THERE ARE SIGN-UP SHEETS FOR ALL LENTEN PROGRAMMES**

### SARAH BACHELARD'S ABSENCE

I will be away from Holy Covenant for the next five Sundays and I wanted to let you know where I'll be! This week and for the next two weeks, I'll be in New York, representing the Australian Anglican Church on the Anglican Communion delegation to the Commission on the Status of Women Meeting at the United Nations. This is an exciting and unexpected opportunity for me, which I hope will also be an enriching opportunity for our parish community. The Commission meets annually, and this year the main focus is on challenges and opportunities in relation to achieving the Millennium Development Goals for women and girls. There will be much for me to learn and, I trust, to share with you on my return.

The weekend after my return to Australia on 23 March, I'll be in Mittagong leading a Circle of Trust retreat on life transitions, and then the following weekend I'll be leading the Victorian Christian Meditation Community Annual Retreat near Melbourne. After that, things settle down considerably and I look forward to celebrating Easter with you very much! I would very much appreciate your prayers for me over this time, as I will pray for your Lenten journey.

With love and blessing, Sarah



### SARAH MACNEIL'S CONSECRATION AS BISHOP OF GRAFTON

**In a memorable and historic service on March 1,** The Reverend Dr. Sarah Macneil, until recently Senior Associate Priest at Holy Covenant, was consecrated as the 11th Bishop of Grafton and the first woman diocesan bishop in Australia. More than 20 members of the Holy Covenant community travelled to Grafton to attend the consecration service at the Cathedral of Christ the King. Sarah said next day she had felt rather like a gift, lovingly wrapped and packaged, now delivered to her new diocese.

Sarah was surrounded by friends and familiar faces at the consecration: four Holy Covenant representatives introducing her on her entry, Bishop Stuart Robinson leading the liturgy as Chief Consecrator, and Assistant Bishops Stephen Pickard and Kay Goldsworthy presenting her to the Chief Consecrator. Bishop Allan Ewing, an erstwhile minister at Holy Covenant, preached.

In his sermon, Bishop Ewing reflected on the coincidence of a new episcopate with the centenary of the Grafton diocese. In the same way that Grafton faced uncertainty in 1914, Sarah as a new bishop faced uncertainty now but should adopt grace, love and humility as her guiding principles. He drew on the words of a Bach cantata sung at the consecration service to remind the gathering that "We hasten with weak but eager steps, Jesus, Master, to come to help you".

In all, 19 bishops attended the ceremony, laying their hands on Sarah's head before Parish members presented her with the Holy Covenant gift of a pectoral cross. From General Synod representatives she received an Episcopal ring given by husband Ian. The female bishops clothed Sarah in her cope and mitre and representatives of the Canberra and Goulburn Diocese presented her with her Canberra-made Episcopal staff.

And then applause ... thunderous, warm and prolonged. No encore, but afterwards, a sausage sizzle in a welcome downpour and afternoon tea on the lawns of Sarah's new home overlooking the Clarence.

- Peter Hall

*There are some photos on the photo board and a copy of the Order of Service (not to be removed) on the table near the Font.*



### OUR FIRST COMMUNITY LUNCH THIS YEAR 20 March (11.30am for 12noon)

We invite you and any you know in our community who would like to attend our next luncheon. Our speaker will be **Craig Tibbits** from the **Australian War Memorial** speaking about *Anzac Voices*, one of the current attractions at the AWM.

**Venue:** Holy Covenant, **Date:** Thursday 20 March (11.30pm for 12noon)

**Cost:** \$5.00

For catering purposes please put names on the sign-up sheet at the back of the church, or contact **Helen Boulton** on **6251 2078** or [hnboulton@gmail.com](mailto:hnboulton@gmail.com)

### 'Rising and Falling' a retreat weekend

**4-6 April 2014**

**with Trish Watts and Susanna Pain**

St Clements Retreat Centre, Galong

'When I rise let me rise up like a bird, without regret, joyfully  
and when I fall let me fall down like a leaf without regret joyfully.'

For information contact: Susanna Pain E: [susanna.pain@gmail.com](mailto:susanna.pain@gmail.com) M: 0418 637 469  
Trish Watts: E: [soul.voice@bigpond.com](mailto:soul.voice@bigpond.com) M: 0419 487 056



### come and join

in a BBQ on **Sunday 6th April 12pm-2pm** at **John Knight Park**. If the weather is bad we'll picnic in the worship centre! Bring a salad/fruit/something sweet or a drink to share.

Sausage sandwiches provided! BYO picnic set.

A great chance to catch up with Holy Covenant friends and make new ones!

AND . . .



Hilary Harris will have these books in early April. Look at the Entertainment Book website to see what is on offer and consider buying one through Hilary (6251 8166) as the parish receives \$11 for every book sold.

**THE CHOIR** and musicians rehearse Saturday afternoons at 4.45pm in the Rainbow Centre. Newcomers are always welcome!

**APARTMENT** available in Cairns 1-20 May. 5km from airport, 4km from downtown. \$30 per night. Contact David Clark 0431 699 523

### ON THE NOTICE BOARD

- ◆ CMS Prayer Meetings, 17 March
- ◆ **150th Anniversary celebration** of the arrival of the Diocese's first bishop, 6 April

### ON THE TABLE NEAR THE FONT

- \* Breathing Space programme for Semester 1 2014
- \* Free copies of the New Testament
- \* Copy of Order of Service for Sarah's Consecration.



**IT'S THAT TIME OF THE MONTH AGAIN!**

Our monthly working bee is on next Saturday (15th) from 9am - turn up when you can.

It's not just gardening: chairs need cleaning,; Rainbow Centre chairs need cleaning; windows, and whatever you think could do with a touch up. See you there. Also a good morning tea is your reward!

### Bank Details for Direct Debit are:

Bank: Commonwealth Bank  
Branch: Jamison Centre, ACT  
BSB: 062 907  
A/C No: 802 588  
Name: Holy Covenant Anglican Church

### **BIRTHDAYS THIS WEEK**

*Monday: Justine McNamara, Barry Button*  
*Tuesday: Therese Jokisch*  
*Wednesday: Phil Trigge*  
*Thursday: Mandy Squair*  
*Saturday: Margaret Martin*



## MINISTRY TEAM

<b>RECTOR</b>	<b>Revd Susanna Pain</b> 6251 6100 or 0418 637 469	Email: rector@holycovenant.org.au Days off: Monday & Friday
<b>SENIOR ASSOCIATE PRIEST</b>	<b>Revd Dr Sarah Bachelard</b> 0401 009 156	Email: sarah.bachelard@gmail.com Days: Sunday, Wednesday
<b>ASSISTANT PRIEST</b>	<b>Revd Mark Beresford</b> 0400 242 149	Email: beresfordmk5@gmail.com Days: TBA
<b>HONORARY ASSOCIATE PRIESTS</b>	<b>Revd Nikolai Blaskow</b> 0428 167 724	Email: nikolai@nikolaiblaskow.com
	<b>Revd Sarah Gibson</b> <b>Revd Anne Dudzinski</b>	Email: tshsb.gibson@gmail.com Email: annedudzinski@optusnet.com.au
<b>HOLISTIC CARE NURSE</b>	<b>Ven Anne Ranse</b> 0439 139 209	Email: nurse@holycovenant.org.au Days: TBA
<b>HONORARY DEACON</b>	<b>Revd Susan Joy Nevile</b> 0431 133 852	Email: susanjoyn@gmail.com
<b>YOUTH AND CHILDREN WORKER</b>	<b>Katherine Rainger</b> 0401 142 851	Email: youth@holycovenant.org.au
<b>ADMINISTRATOR</b>	<b>Kathy Lake</b> Office: 6251 6100	Email: office@holycovenant.org.au

## PARISH DIRECTORY

<b>PARISH OFFICE</b> Open 10am - 12noon Tuesday to Thursday	89 Dexter Street, Cook, ACT 2614 PO Box 98, Jamison, ACT 2614 Tel: 6251 6100	Email: office@holycovenant.org.au Web Page: <a href="http://holycovenant.org.au">http://holycovenant.org.au</a>
<b>WARDENS</b>	<b>Kathryn Body</b> 0403 500 882 <b>Peter Sherman</b> 6251 3057 <b>Evelyn David-Hoole</b> 6259 2476	
<b>BULLETIN EDITOR</b>	<b>Phyl Holmes</b>	Email: weeklybulletin@holycovenant.org.au Hm E: phylandreg@optusnet.com.au

## DETAILS FOR NEXT SUNDAY - 16 March 2014

<b>8 am</b>	<b>HOLY COMMUNION</b> Celebrant and Preacher: Revd Mark Beresford
<b>10 am</b>	<b>HOLY COMMUNION</b> Celebrant and Preacher: Revd Mark Beresford

# TODAY

**SENTENCE:** We do not live by bread alone, but by every word that comes from the mouth of God.

**READINGS:**

Genesis 2:15-17, 3:1-7  
 Psalm 32  
 Romans 5: 12-21  
 Matthew 4: 1-11

**8 am HYMNS**



580  
 591  
 665  
 595

**PRAYER:**

Almighty God, whose Son fasted forty days in the wilderness, and was tempted as we are, yet did not sin:

Give us grace to direct our lives in obedience to your will, that, as you know our weakness, so we may know your power to save;

Through Jesus Christ our Redeemer, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

**AMEN**



	8.00am	10.00 am
<b>Sidespersons</b>	Hilary Harris and Peter Hall	Reg Holmes
<b>Readers</b>	Des Pain Peter Hall Anne Ranse	Phyl Holmes Jayne Murray Bruce Barnes
<b>Intercessor</b>	Jennifer Collier	Russell Judd
<b>Organist</b>	Rhys Thorpe	Rhys Thorpe
<b>Word &amp; Prayer</b>	Steve Daniels	Tracey Matthews
<b>Deacon</b>	Anne Ranse	
<b>Cup</b>	Steve Daniels Anne Ranse	Tracey, Sally, Leo, George. Extra Bread: Anne D
<b>Morning Tea</b>	Mary-Lyn Mather and Margaret Meggs	Gwen Hallows and Elizabeth Sillano
<b>Children's Church</b>		Christine, Anne , Rika ,Sophie , M.tea: Murray-Judd