



# HOLY COVENANT ANGLICAN CHURCH JAMISON

*To grow in Christ together, to equip for service, to care for all*

## WEEKLY BULLETIN

**15 June 2014**

### TRINITY SUNDAY



We offer a special welcome to visitors and pray that you will feel at home in our community.

You are warmly invited to share Communion with us, either by drinking from or dipping the wafer in the chalice, or to come forward for a blessing.

**Reflection after Communion** – please feel free to light a prayer candle in the Chapel at the back of the Church following Communion.



*Please join us for morning tea after the services.*

#### TODAY IN THE PARISH

##### **8.00 am    HOLY COMMUNION**

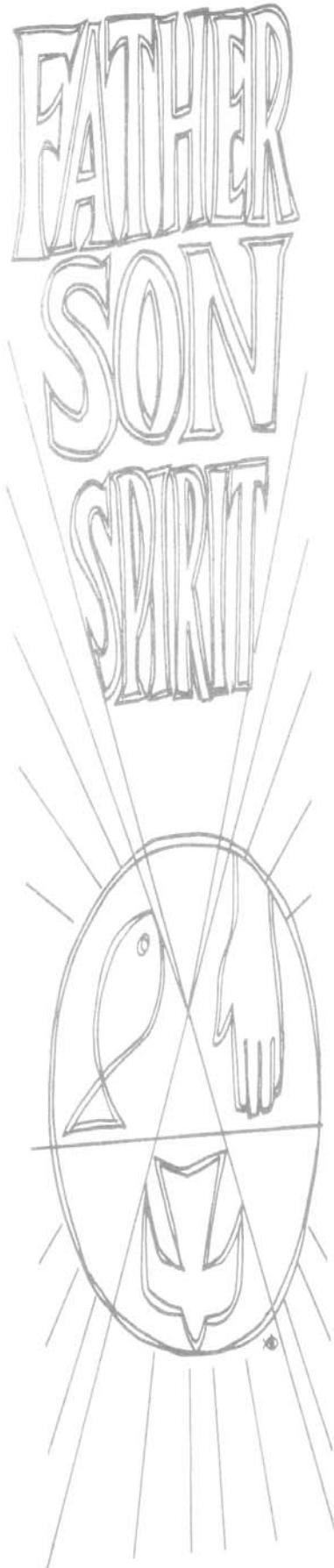
Celebrant: Revd Dr Sarah Bachelard  
Preacher: Revd Susanna Pain

##### **10.00 am    HOLY COMMUNION**

Celebrant: Revd Dr Sarah Bachelard  
Preacher: Revd Susanna Pain

##### **11.45 am    Deep Dive**

Revd Dr Keiren Bryce Williams



## THIS WEEK IN THE PARISH

<b>Monday 16.06.14</b>	10.00 am 9.30 - 1pm	Worship Centre Rainbow Centre	Covenant Care Crafty Crew
<b>Tuesday 17.06.14</b>	12.30 pm 7.30 PM	Worship Centre Rainbow Centre	Meditation and BYO Lunch Parish Council Meeting
<b>Wednesday 18.06.14</b>	12 noon 2.00 pm	Worship Centre Worship Centre	Holy Communion and BYO Lunch Ever Active Exercise Class
<b>Thursday 19.06.14</b>	9.30 am	Rainbow Centre	Scrabble
<b>Friday 20.06.14</b>	10.00 am	Worship Centre	Playgroup
<b>Saturday 21.06.14</b>	9.00 am 4.45 pm 5:30 pm	Church Grounds Rainbow Centre Worship Centre	Working Bee Choir Practice Benedictus Contemplative Church

## WEEK BEGINNING 22 JUNE

<b>Monday 23.06.14</b>	10.00 am	Worship Centre	Covenant Care
<b>Tuesday 23.06.14</b>	12.30 pm	Worship Centre	Meditation and BYO Lunch
<b>Wednesday 24.06.14</b>	12 noon 2.00 pm	Worship Centre Worship Centre	Holy Communion and BYO Lunch Ever Active Exercise Class
<b>Thursday 25.06.14</b>	9.30 am	Rainbow Centre	Scrabble
<b>Friday 26.06.14</b>	10.00 am	Worship Centre	Playgroup
<b>Saturday 27.06.14</b>	4.45pm 5:30 pm	Rainbow Centre Worship Centre	Choir Practice Benedictus Contemplative Church

### THOUGHT FOR THE WEEK

Every act of love is an act of peace,  
no matter how small.

- Mother Teresa

## SOMETHING TO THINK ABOUT

### TRINITY SUNDAY - Sarah Bachelard

Our three readings this week all emphasise the significance of the name of God. In the reading from Exodus, Moses is commanded by God to come up Mount Sinai. There the Lord descended in the cloud and proclaimed his name, 'The LORD', elaborating the meaning of 'the name' as 'a God merciful and gracious, slow to anger and abounding in steadfast love and faithfulness'. Paul's final blessing in 2 Corinthians invokes the three-fold name familiar to us as the grace: 'The grace of the Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with all of you'. And the gospel reading tells of Jesus' exhortation to his disciples to 'make disciples of all nations, baptising them in the name of the Father and of the Son and of the Holy Spirit'.

Naming is, of course, connected to identity and so to the truth of oneself. Although our culture has lost some sense of the depth dimension of naming, we still use phrases that draw on its deeper resonances. We say that we don't want certain things done 'in our name', or that we will 'lend our name' to support a certain cause. With such expressions we recognise the connection between our 'names' and our 'selves'. In the Scriptures, to invoke the 'name' of the Lord was to invoke the very presence, the power and person of God. And to baptise in the 'name' of God was to draw those baptised into the God's identity, God's own life.

What is the name of God whom we worship? On Trinity Sunday, the church confesses that our God is a communion of persons-in-relation, Father, Son and Holy Spirit. The God of steadfast love revealed to Moses is the God of Jesus Christ, and the true name of this God is triune. And this means that relationship, the giving and receiving of life from the other, is constitutive of God's own life. Through our baptism and the gift of the Spirit we participate in that dynamic of life and love, and as we practise giving ourselves away in prayer and discipleship, so we are filled more completely with the life of God. This is the mystery and the wonder of Trinitarian life. Something to celebrate indeed!



# FROM ST JOHN'S CARE



We have been so busy this last week. Thirty eight clients on Friday and eighteen on Tuesday all wanting help with food.

The monthly Friday lunch was fantastic. The CIT Hospitality School helped with the cooking of the roast beef and roast potatoes. It was the students from the Woden Special School who actually cooked and served the meal, and they did a fantastic job. We also had Terry Campese, Josh Papalli and Glen Buttriss, from the Canberra Raiders helping us serve the meal and talk with the clients. It is really special for our guests when they have the opportunity to talk with their Rugby League heroes. And of course we had the lovely Mandy playing the piano. We fed more than one hundred people on the day.

Helping thirty eight people with food in one day is a huge task. It is a big increase on last year and I fear that this is what is going to be the norm for this year. I loved it today (Tuesday) because we were so busy I was actually needed on the floor to assist the clients. Administration is important but helping the clients is what it is all about.

Today I saw a very young couple. She is just twenty two and has three children, aged seven, six and one. Her partner is the father of her one year old and they are trying to make a go of it as a family, but it is a big ask because they are both so young, he is just twenty one. When they came to us today they had \$3.45 in their pocket and nothing in the bank.

It is really difficult for some of us to realise how hard it must be for people to have no cash, no credit card, and no money in the bank, and no food, but I assure you that I see this situation all the time. The couple today had a problem with their Centrelink payments. Thankfully we were able to sort out their payments and some money will be in their bank account tomorrow afternoon but in the meantime you have fed this family of five for five meals. We were able to give them some fresh meat, lots of non-perishable food, some fruit and veggies, and some bus tickets to get home.

Without St John's Care I am not sure what they would have done. There are some places where you can get a free meal but they are not suitable for children. I am just glad that with your support we could support this struggling family.

For the last few weeks I have been talking to Father Alex from the St John the Baptist Russian Orthodox Church. I find it so exciting that this Church is now supporting St John's Care. I think that this year is going to really stretch us, and we will need all the help we can get. If the changes to the welfare system are passed in the Senate, there are going to be lots of people who will need our help.

**Anglicare needs Volunteers to collect food at Belconnen on Friday 27<sup>th</sup> June. If you can help please ring Sarah on 6278 8413.**

**My wish list for this week: Tinned fish, Tinned Vegetables, Cup a Soup, and toothbrushes.**

**Many thanks,  
Sue Jordan**



# PRAYER POINTS FOR THIS WEEK

## IN THE WORLD

- ♦ We pray for those who strive for peace and justice throughout the world, that hope and vision might survive the disappointment of continued violence, war and brutality.

## IN AUSTRALIA

- ♦ We pray for confidence in and a determination to maintain Australian society as just and equitable, a genuine commonwealth for all our people.

## WORLD WIDE ANGLICAN CHURCH

- ♦ We pray for the churches in Myanmar, Canterbury England and Armagh Ireland.
- ♦ We pray for the bishops, clergy and people of the Dioceses of Melbourne, Newcastle and North Queensland.

## IN OUR DIOCESE

- ♦ We pray for the Priests and people of the parish of St. Alban the Martyr, Woden and St. George's Life Centre, Pearce.
- ♦ We pray for the Chaplains at The Canberra Hospital, Calvary Hospital and Calvary John James Hospital.

## IN MISSION

- ♦ We pray for the work of Amnesty International as it works to protect and defend human rights.

## IN OUR PARISH AND COMMUNITY

- ♦ We pray for our commitment to stewardship of our resources – time, talents and the environment.
- ♦ We pray for the parish council meeting this week.
- ♦ We pray for those hosting and inviting people to the Parish Dinner.
- ♦ We pray for the following members of our parish family: Chris and Linda Lee; David Lescinsky, Penny King Nettie and Katy; Chris, Rebecca, Georgina and Benjamin Lewis; Ted and Penny Lilley and Portia Lloyd.
- ♦ We pray for those in special need of prayer: Anne Ranse, Phil Perman, Elizabeth Sillano, Jill Crawford and anyone known to us personally.

### HOLY COVENANT PRAYER VINE

#### REQUESTS FOR PRAYER

Phone Merri Bacon on 6251 1110 or  
email [merri.bacon@bigpond.com](mailto:merri.bacon@bigpond.com)



## DEEP DIVE SEMINAR – RECOVERING THE PAULINE PARADOX TODAY, 11.45 AM



Please join us for our next Deep Dive seminar, led by Canadian biblical scholar, **Revd Dr Kieren Bryce Williams**, on the life and theology of St Paul. Paul, it is often assumed by biblical scholars, was a highly educated theologian and public speaker who trumped his 'pagan' opponents, and voluntarily gave up his aristocratic life to be a slave of Christ. But what if Paul was mostly illiterate and unskilled in speaking, and had a socially and physically degraded life as he and his ancient contemporaries claimed? What have we lost theologically by making him into an image of success? What might we gain if we embrace his vulnerability?

Revd Dr Kieren Williams is a community minister in the United Church of Canada, having ministered in an economically challenged neighbourhood in west Toronto. She has a PhD in New Testament and has taught intro NT courses, courses on Paul, and NT Greek at Emmanuel College of University of Toronto. She is passionate about co-creating social transformation through community development approaches to ministry and biblical scholarship.

## COME AND JOIN US

### Community Lunch @ Holy Covenant

**Thursday 19 June (11.30 am for 12 noon) Cost \$5.00**

We invite you and any you know in our community who would like to attend our luncheon. We look forward to sharing a hearty lunch and good fellowship. Our speaker is Linda Kwong, speaking about Recycling in the ACT.

Sign up sheet on the 'sign up' board; or Helen Boulton [hhboulton@gmail.com](mailto:hhboulton@gmail.com)



**WINTER SOLSTICE DINNER  
FRIDAY 20 JUNE  
7.00 PM ARRIVAL FOR A 7.30 PM START**

Cost \$30 for a great dinner of Entrée, Main Course and Desserts.  
Activities will include a Silent Auction; and babysitting can be arranged in the Rainbow Centre if required.

Come and join a table of friends, or organise your own table of eight.

Contact Kathryn Body to secure a reservation on 0403 500 882 or [kathryn.body@thinkplace.com.au](mailto:kathryn.body@thinkplace.com.au)

**IT'S NOT TOO LATE TO SIGN UP FOR THESE FUNCTIONS!!**

# IN THE PARISH

## Parish Safety

Holy Covenant is commitment to ensuring the health and safety of all Parish employees, volunteers, visitors and contractors. Parish Council has appointed three Safety Officers, Dr Johann Sheehan, Dr George Gerrity and Ms Mel Browning. The Safety Officers provide advice and guidance to the Parish, via the Rector and Wardens, about health and safety issues and conduct regular inspections of Parish property. They are available for staff, parishioners and visitors to discuss their concerns about safety issues or possible hazards and bring these to the attention of the Wardens and Parish Council.

Joh, George, and Mel will be conducting a safety audit in the next month, so If you notice a possible hazard or safety issues or are worried about some aspect of Occupational Health and Safety in the Parish, please speak with either Joh or George, or Mel.

Dr Johann Sheehan

[0418 644 282](tel:0418644282) [jesheehan@comcen.com.au](mailto:jesheehan@comcen.com.au)

Dr George Gerrity

[0429 400 921](tel:0429400921) [george@gerrity.id.au](mailto:george@gerrity.id.au)

Mel Browning

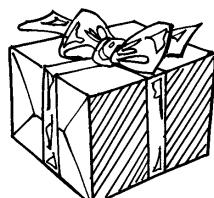
## SILENT AUCTION AT OUR SOLSTICE DINNER

If you would like to offer something for the silent auction, please contact Peter Sherman, Ph. 6251 3057; [sherman@grapevine.com.au](mailto:sherman@grapevine.com.au).

A wide range of items and services would be welcome, such as holiday accommodation, a dinner at your home, wine, an attractive item (eg. glassware, artwork, woodwork) or ironing, cleaning, gardening, driving or pet minding.

If you have a non-perishable item for the hamper (to be raffled at the dinner) please deposit it in the labelled basket at the back of the church.

A big "Thank you" for donations received



## Mystic Soup: Meditation, Soup, Contemplative Reading Group

Six Thursday evenings, June 26, July 10, 24, 31, August 14, 28.  
Commencing 6pm with meditation in the Chapel

We will be reading -  
*Monastery Without Walls: the Spiritual Letters of John Main*,  
ed. Laurence Freeman.  
Feel free to come to any or all of the sessions.  
There is a sign-up sheet on the board.

More information: Sarah Bachelard,  
[office@holycovenant.org.au](mailto:office@holycovenant.org.au)

# IN THE PARISH

## FROM THE HOLISTIC CARE NURST

If you are in need at any time of the following equipment then please don't hesitate to ask.

We have in storage for lending:

- ◆ Wheel Chair
- ◆ Over toilet seat and raised toilet seats
- ◆ Walking sticks
- ◆ Crutches including Canadian crutches
- ◆ Wheeie walkers
- ◆ Bath hand rail
- ◆ Temporary grab rails for the shower
- ◆ Bed pan and urinal.
- ◆ Bed stick
- ◆ Grab stick to assist picking up items from the floor.
- ◆ Bed side table/over bed table
- ◆ Blood glucose testing monitor for Diabetics



We also have a variety of sterile non-stick dressings, combine strips and incontinence pads (Large)

Contact Anne, Nicole or Kathryn Body to access any of this equipment for long or short term loan. - [nurse@holycovenant.org.au](mailto:nurse@holycovenant.org.au)

Anne Ranse, HCN Co coordinator

## WHY VOLUNTEER? by Susan J Ellis of Energize Inc.

People volunteer for a wide variety of reasons, especially wanting to help others. But it's also OK to want some benefits for yourself from volunteering. Some people are uncomfortable with the notion that a volunteer "benefits" from doing volunteer work. There is a long tradition of seeing volunteering as a form of charity, based on altruism and selflessness. The best volunteering does involve the desire to serve others, but this does not exclude motivations, as well.

Instead of considering volunteering as something you do for people who are not as fortunate as yourself, begin to think of it as an exchange. Consider that most people find themselves in need at some point in their lives. So today you may be the person with the ability to help, but tomorrow you maybe the recipient of some else's volunteer effort.

Completing the *Belonging and Caring* blue form up the back is one way of volunteering.



## SEASON OF MELLOW FRUITFULNESS

A two-day retreat on ageing for those in their 60s, 70s and 80s+, and those who care for older people.

**The Hermitage, Mittagong,  
August 25-27.**

In 'Five Things to Fear', poet Clarissa Pinkola Estes says, 'I have several fears I would like you to have. Fear these: Fear not loving while you have the chance. Fear becoming bitter. Fear cynicism. Fear turning to stone. Fear living underwhelmed by everything.'



Ministry Garden Friday 27 August

This retreat provides a gentle opportunity to contemplate how our senior years might be a time to *grow old* and 'full of days'. For more information, contact:  
Rev. Dr. Sarah Bachelard E. [sarah.bachelard@gmail.com](mailto:sarah.bachelard@gmail.com) M. 0401009156



## GATHERING FOR EfM STUDENTS

For those who have been involved in Education for Ministry, Michael Richards our Canberra EFM Coordinator is holding a meeting at St Paul's Manuka in the Mollison Room on **Monday 16 June 6pm to 7pm** to discuss whether there is potential for a monthly post-EfM group open to all EfM students, whether they completed or not.

The program could include all or some of the following: general discussion; visits to films etc. followed by discussion; theological reflection; book discussions and worship. It could meet during the day or of an evening: could alternate or do both. It is not expected that participants would attend all meetings and there would be no formal enrolment process. There would also be no cost attached, except for activities agreed to by the group.

Please let Michael know if you are able to attend on 0498 268 793 / 6227 5769 and also chat with Merri Bacon - 6251 1110 if you are interested.

AND . . .

Ecumenical Service for **Week of Prayer for Christian Unity** St Matthews @ Page, on Thursday 26<sup>th</sup> June at 7:30pm.



Only 3 books left! If you would like one please contact Hilary Harris on 6251-8166. Remember that the parish gets \$11 for every book sold.

**WORKING BEE.** Next Saturday 21 June, from 9am. Not all jobs are heavy duty, some quite gentle and you are always rewarded with a lovely morning tea.



## ON THE NOTICE BOARD

- MU Australian Wave of Prayer Day - 3 July
- Christians for an Ethical Society Dinner Forum - 4 July

### Dear Lord,

So far today, am I doing all right.



I have not gossiped, lost my temper, been greedy, grumpy, nasty, selfish, or self-indulgent. I have not whined, complained, cursed, or eaten any chocolate. I have charged nothing on my credit card.

But I will be getting out of bed in a minute, and I think that I will really need your help then.

## BELOVED OF GOD PARISH RETREAT 19-21 SEPTEMBER 2014 St. Clement's Retreat Centre, Galong Led by Sue Dunbar

. Knowing we are deeply loved by God equips us for the journey into the desert. The underlying invitation of all that is offered during the Retreat, is that you may encounter God. Registration leaflets available from the back table.



### BIRTHDAYS THIS WEEK

Today: Judith Platt  
Monday: Audrey Kennett

If you'd like your name in the Birthday Book, please tell the office.

## MINISTRY TEAM

<b>RECTOR</b>	<b>Revd Susanna Pain</b> 6251 6100 or 0418 637 469	Email: rector@holycovenant.org.au Days off: Monday & Friday
<b>SENIOR ASSOCIATE PRIEST</b>	<b>Revd Dr Sarah Bachelard</b> 0401 009 156	Email: sarah.bachelard@gmail.com Days: Sunday, Wednesday
<b>HONORARY ASSOCIATE PRIESTS</b>	<b>Revd Nikolai Blaskow</b> 0428 167 724	Email: nikolai@nikolaiblaskow.com
	<b>Revd Sarah Gibson</b> <b>Revd Anne Dudzinski</b>	Email: tshsb.gibson@gmail.com Email: annedudzinski@optusnet.com.au
<b>HOLISTIC CARE NURSE</b>	<b>Ven Anne Ranse</b> 0439 139 209	Email: nurse@holycovenant.org.au Days: TBA
<b>HONORARY DEACON</b>	<b>Revd Susan Joy Nevile</b> 0431 133 852	Email: susanjoyn@gmail.com
<b>YOUTH AND CHILDREN WORKER</b>	<b>Katherine Rainger</b> 0401 142 851	Email: youth@holycovenant.org.au
<b>ADMINISTRATOR</b>	<b>Kathy Lake</b> Office: 6251 6100	Email: office@holycovenant.org.au

## PARISH DIRECTORY

<b>PARISH OFFICE</b> Open 10 am - 12 noon Tuesday to Thursday	89 Dexter Street, Cook, ACT 2614 PO Box 98, Jamison, ACT 2614 Tel: 6251 6100	Email: office@holycovenant.org.au Web Page: <a href="http://holycovenant.org.au">http://holycovenant.org.au</a>
<b>WARDENS</b>	<b>Kathryn Body</b> 0403 500 882 <b>Peter Sherman</b> 6251 3057 <b>Evelyn David-Hoole</b> 6259 2476	
<b>BULLETIN TEAM</b>	<b>Phyl Holmes, Merri Bacon</b>	Email: <a href="mailto:weeklybulletin@holycovenant.org.au">weeklybulletin@holycovenant.org.au</a> Hm E: <a href="mailto:phylandreg@optusnet.com.au">phylandreg@optusnet.com.au</a>

## DETAILS FOR NEXT SUNDAY – 22 JUNE 2014

8.00 am	<b>HOLY COMMUNION</b> Celebrant: Revd Dr Sarah Bachelard Preacher: Revd Dr Sarah Bachelard
10.00 am	<b>HOLY COMMUNION</b> Celebrant: Revd Susanna Pain Family Service

**SENTENCE:** Proclaim the Name: “The Lord, the Lord, a God who is merciful and gracious, slow to anger and abounding in steadfast love and faithfulness.

Exodus 34.6

**READINGS:**

Exodus 34: 1-8

Song of the Three: 29-34  
(p399)

2 Corinthians 13: 11-13

Matthew 28: 16-20



**8 am HYMNS**

(Matthias)

140

465

657(497)

179

**PRAYER**

Almighty and everlasting God,  
you have given to us your servants  
grace by the confession of a true faith  
to acknowledge the glory of the eternal  
Trinity,  
and in the power of the divine majesty to  
worship the Unity:  
keep us steadfast in this faith,  
and evermore defend us from all  
adversities for you live and reign, one  
God, for ever and ever. **AMEN**



	<b>8.00 am</b>	<b>10.00 am</b>
<b>Sidespersons</b>	Mandy Squair, Hilary Harris	Merri Bacon, Reg Holmes
<b>Readers</b>	Tobias Nevile Ted Lilley Anne Ranse	Doreen Matters Ruth Dunncliffe-Hagan Tobias Nevile
<b>Intercessor</b>	Peter Hall	George Gerrity
<b>Organist</b>	Kath Arthur	Rhys Thorpe
<b>Word and Prayer</b>	Luc Rose	Connie Gerrity
<b>Deacon</b>	Anne Ranse	
<b>Cup</b>	Luce Rose, Anne Ranse	Connie Gerrity, George Gerrity, Gwen Hallows, Doreen Matters Extra bread: Susanna
<b>Morning Tea</b>	Maureen and Richard Scutter	Alison Campbell and Michael Allen
<b>Children's Church</b>		Katherine R, Maurice N. Susan Joy, Evelyn David-Hoole. MT: Phyl Holmes