

HOLY COVENANT ANGLICAN CHURCH JAMISON

To grow in Christ together, to equip for service, to care for all

WEEKLY BULLETIN - 29 June 2014



Third Sunday after Pentecost



We offer a special welcome to visitors and pray that you will feel at home in our community.

You are warmly invited to share Communion with us, either by drinking from or dipping the wafer in the chalice, or to come forward for a blessing.



Reflection after Communion – please feel free to light a prayer candle in the Chapel at the back of the Church following Communion.



*Please join us for morning tea
after the services.*

TODAY IN THE PARISH

- | | |
|-----------------|--|
| 8.00 am | HOLY COMMUNION
Celebrant and Preacher: Revd Susanna Pain |
| 10.00 am | HOLY COMMUNION
Celebrant and Preacher: Revd Susanna Pain |
| 4.00 pm | Rainbow Fellowship |

THIS WEEK IN THE PARISH

Monday 30.06.14	10.00 am	Worship Centre	Covenant Care
Tuesday 01.07.14	12.30 pm 7.30 PM	Worship Centre Rainbow Centre	Meditation and BYO Lunch Belonging and Caring Meeting
Wednesday 02.07.14	12 noon 2.00 pm 6.00 pm	Worship Centre Worship Centre Rainbow Centre	Holy Communion and BYO Lunch Ever Active Exercise Class Meditation
Thursday 03.07.14	9.30 am 12 noon	Rainbow Centre	Scrabble Book Club's Christmas-in-July Lunch — meet at church at 12 noon
Friday 04.07.14	10.00 am 10.30 am	Worship Centre Rainbow Centre	Playgroup Monastery of the Heart
Saturday 05.07.14	4.45 pm 5:30 pm	Rainbow Centre Worship Centre	Choir Practice Benedictus Contemplative Church

WEEK BEGINNING 6 July

Monday 07.07.14	10.00 am	Worship Centre	Covenant Care
Tuesday 08.07.14	12.30 pm	Worship Centre	Meditation and BYO Lunch
Wednesday 09.07.14	12 noon 2.00 pm 6.00pm	Worship Centre Worship Centre Rainbow Centre	Holy Communion and BYO Lunch Ever Active Exercise Class Meditation
Thursday 10..07.14	9.30 am	Rainbow Centre	Scrabble
Friday 11.07.14	10.00 am	Worship Centre	Playgroup
Saturday 12.07.14	4.45pm 5:30 pm	Rainbow Centre Worship Centre	Choir Practice Benedictus Contemplative Church

LIVING BY FAITH

In our reading this week from Genesis, we hear of Abraham's absolute obedience to God's call, even to the point of being willing to sacrifice his son Isaac. This passage is confronting and indeed shocking for us to contemplate, for we know that honour killings are a reality in our world today. So what can we take from this story? Ironically, it is the fact that Abraham was not 'justified' or 'made right with God', through ritualistic sacrifice, but because of his trust and faith in God. When God calls Abraham, he does not hesitate and says 'Here I am'.

This theme of being made right with God through obedience and faith is central to our reading from Romans 6:12-23. Paul explains that through the gift of grace made possible in Christ, we have been set free from the need to earn our way to God. Why then, does Paul spend so much time talking about sin in this passage? It is easy to misinterpret Paul's teaching here and assume that he is speaking primarily about issues of personal morality. When speaking about 'sin' I believe Paul is referring to all those things that take us away from relationship with God. He is reminding his readers not to become complacent as believers and to continually seek to do God's will. Paul says we must become slaves of righteousness!

So what does this mean for us today? It means we have to give ourselves totally to God, despite the uncertainty and risks this may bring. We may also need to let go of our securities and protections; or the plans we have made for our lives. Most of all though, it requires us to admit that we are not in control and that we need God. As Richard Rohr says, "We must fully own and admit that we have 'defects of character,' but then equally step back and do nothing about it, until we are entirely ready to let God do the job! In other words, we must be willing to surrender ourselves so that God can work in and through us.

Are you ready and willing to say today "God, here I am"?

Tracey Matthews





It is Tuesday evening, and the maximum temperature we reached today was eight degrees. I have been catching up with Tash our Canberra YouthCARE worker. She was talking to me about the problem she has been dealing with, a fifteen year old youth living on the streets. It was the Youth Worker from his High School who alerted her to the problem. I won't go into details about why he is homeless, it is complicated and sad, but at least he is still going to School. This young kid has been living rough for a couple of weeks, he has fallen through the cracks of the various support organisations. Thank God SJC and YouthCARE Canberra are here for him.

Tash is really hopeful that she is able to get him into accommodation for the next couple of days, but it is only for a couple of days. There are a lot of problems for fifteen year olds who can't live at home. They are not eligible for any Government Benefits, like Youth Allowance because they are not sixteen. Foster Care is also very difficult for teenagers - we all know that they are not the easiest people to live with. So a lot of them have real problems fitting in anywhere.

Whilst we were discussing this problem, she received a call from another school Youth Worker. He also has a fifteen year old who is also living on the street, still going to school, but urgently needs accommodation. We were discussing this problem when she received another call from the Youth Worker she had been talking to. There were actually two young kids who were homeless.

This scenario is so hard. Three young fifteen year olds sleeping rough. Safe Shelter runs from the wonderful Uniting Church in Braddon on Tuesday, Wednesday and Thursday nights, but this is only for Men over the age of eighteen. There is nothing in Canberra for Woman, for Families or for Youth.

Tash went off tonight with food, some bedding, and a lot of hope. Hope that the Refuge will take three young people even though they only have two beds. They can only stay there for a couple of days. So what next for these young people, I don't know at this stage, but I am sure that we will come up with something. We are good at thinking outside the square.

I think we need more Shelters in Canberra, places for the Homeless to get out of the cold on nights like tonight, actually for the whole of winter. Private homes are not the answer, but more Churches could probably offer their accommodation. Think about it and give me a ring if I can be of assistance.

My wish list for this week: Shelter for the Homeless, Shampoo, Washing Up Liquid and Laundry Detergent.

Many Thanks

Sue



PRAYER POINTS FOR THIS WEEK

IN THE WORLD

- ◆ We continue to pray for peace in Iraq and Syria.

IN AUSTRALIA

- ◆ As the school term comes to end this week, we pray for all school students and teachers and for a safe holiday.

WORLD WIDE ANGLICAN CHURCH

- ◆ We pray for the church of North India and Ghana.
- ◆ We pray for the bishops, clergy and people of the Diocese of Wangaratta and the Diocese of Willochra.

IN OUR DIOCESE

- ◆ We pray for the clergy and people of the parishes of Cobargo and Bodalla-Narooma.
- ◆ We pray for the Boomerang Meeting Place in Mogo.

IN MISSION

- ◆ We pray for the work of the Australian Board of Missions in South East Asia.

IN OUR PARISH AND COMMUNITY

- ◆ We pray for the activities taking place in the parish this week.
- ◆ We give thanks for the successful Winter Solstice Dinner last Friday.
- ◆ We pray for the following members of our parish family: Margaret Martin, Mary Lynn and Dinty Mather; Ian and Doreen Matters; Tracey Matthews, Russell Rollason and Bella; and Lindsay and Anne McDowell.
- ◆ We pray for those in special need of prayer: Anne Ranse, Phil Perman, Elizabeth Sillano, Jill Crawford, Susanna's sister Kirsten and anyone known to us personally.

COMMEMORATIONS

Monday: Peter and Paul, Apostles and Martyrs

Tuesday: **Margaret Jean Winders (died 1989)**

Thursday: **Arthur William Ryan (died 1997)**

HOLY COVENANT PRAYER VINE

REQUESTS FOR PRAYER

Phone Merri Bacon on 6251 1110 or
email merri.bacon@bigpond.com



IN THE PARISH

Youth and Children Matters

As we come to the end of Term 2 I'd like to say thank you to the many Youth Group, Children's Church and Godly Play volunteers. Thank you also to the children and youth for doing such a great job leading the family service last week. A massive thank you also to Claire Bleijs and the Youth Group for doing a tremendous job serving and cleaning up after the Parish dinner. Youth and Children's Ministry at the 10am service is on today (29/6). It will be in recess for the school holidays and will resume on Sunday 20th July.

Youth Group Camp

Youth Group camp is on again from 4th-6th July. Our theme is "Saintly Stories." We are heading out to Silverwattle Quaker Centre on Lake George. It is shaping up to be a great weekend and we have a total of 20 people attending. Please keep us in your prayers. **If you'd like to contribute baked good or crackers/dips for snacks over the weekend please email Gill Painter (gillpaint@hotmail.com).** A collection box will left in the Worship Centre kitchen. Thank you!

*Katherine Rainger
Youth & Children Worker*



BENEDICTUS
contemplative church



Mystic Soup: Meditation, Soup, Contemplative Reading Group

**Six Thursday evenings, July 10, 24,
31, August 14, 28.
Commencing 6pm with meditation
in the Chapel.**

We will be reading -

***Monastery Without Walls: the
Spiritual Letters of John Main,*
ed. Laurence Freeman.**

**Feel free to come to any or all of the
sessions.**

**There is a sign-up sheet on the
board.**

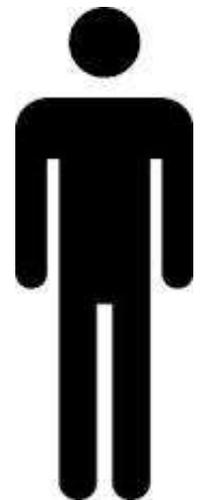
MEN @ HC QUIET DAY 23 August 2014 10am—4pm

"New Beginnings"

A day of prayer,
meditation and
exploration.

Cost: \$10—\$15

Sign up sheet on board or
christopherlewis9@gmail.com



IN THE PARISH

FROM THE HOLISTIC CARE NURSE

If you are in need at any time of the following equipment then please don't hesitate to ask.

We have in storage for lending:

- ◆ Wheel Chair
- ◆ Over toilet seat and raised toilet seats
- ◆ Walking sticks
- ◆ Crutches including Canadian crutches
- ◆ Wheelie walkers
- ◆ Bath hand rail
- ◆ Temporary grab rails for the shower
- ◆ Bed pan and urinal.
- ◆ Bed stick
- ◆ Grab stick to assist picking up items from the floor.
- ◆ Bed side table/over bed table
- ◆ Blood glucose testing monitor for Diabetics



We also have a variety of sterile non-stick dressings, combine strips and incontinence pads (Large)

Contact Anne, Nicole or Kathryn Body to access any of this equipment for long or short term loan. - nurse@holycovenant.org.au

Anne Ranse, HCN Co coordinator

Suicide Prevention Seminar

Every year more than 2,000 Australians take their own life. Wesley LifeForce Suicide Prevention Services is dedicated to helping reduce the rate of suicide in Australia by teaching suicide intervention skills to community members.

Our free suicide prevention workshops teach people how to identify the signs of those at risk and teach simple, effective interventions that can save lives. Suicide is the leading cause of death for males and females aged 15-44 in Australia. Teachers and parents are in a unique position to assist young people struggling with mental health, bullying and other issues that can lead to suicide.

We would like to invite you to a free Wesley LifeForce suicide prevention seminar at Queanbeyan Leagues Club – 164 Monaro St, Queanbeyan NSW 2580 on Wednesday 20 August 2014 from 12.30 pm – 4.30 pm.

If you would like to attend this seminar, please register at:

<http://www.eventbrite.com.au/e/na-3142-wesley-lifeforce-suicide-prevention-4-hr-workshop-queanbeyan-nsw-tickets-12012974129>. For further information please call 1800 100 024. The training is open to community members aged over 18 years.



Retreat at St Clement's
Retreat & Conference Centre, Galong

Beloved of God

19-21 September 2014

PARISH RETREAT Led by Sue Dunbar

Knowing we are deeply loved by God equips us for the journey into the desert. The underlying invitation of all that is offered during the Retreat, is that you may encounter God.

Registration leaflets available from the back table

OR

try using the following easy to use website booking page where possible ... **www.trybooking/87875**

If you would like to make a contribution to help pay for someone to attend the Parish Retreat, whether you are going yourself or not, there is an option to make a donation on the Try Booking website. Thank you for your generosity in assisting someone to attend the retreat, who might not otherwise be able to afford to go.

FROM THIS MONTH'S PARISH COUNCIL MEETING:

- ◆ Congratulations to Sarah Bachelard on the success of her book launch.
- ◆ Thanks to donors who contributed to the purchase of the photocopier and computer upgrade.
- ◆ Thanks to HCN donors.



Seasons of Mellow Fruitfulness Retreat on Ageing Well The Hermitage, Mittagong, August 25-27



In her Prayers to Sophia, Joyce Rupp writes: 'Keep teaching me, Freedom Bringer, that it is never too late to embrace the changes that lead to my truest self'. This retreat is shaped by the conviction that the journey of transformation continues throughout our lives and that ageing is a vital part of that journey - a season in which we may come to fruition and fulfilment, and through which we must also learn to let go and relinquish much that we have been and done.

This retreat provides a gentle opportunity to contemplate this paradox, and discover how our senior years might be a time to grow old and 'full of days'.

For more information, contact Sarah Bachelard
E. sarah.bachelard@gmail.com; M. 0401 009 156

APPEAL FOR BABY ITEMS FOR AFRICAN REFUGEE FAMILY

For many years Holy Covenant has been supporting the extended Mansaray family, who have settled in Canberra from Sierra Leone.

One of the family members has asked if anyone in our church family might have baby things that are no longer needed for their new son who is expected in August.

Thanks to those who have already donated equipment and clothing. We can still use the following items.

- Baby clothes for boy
- Pram
- Blankets and wraps
- Baby car capsule

Please leave them at the back of the church behind the audio-visual table. There is a checklist on the sign-up board to mark off items as they are donated so we don't double up.

Thank you.

Marg Christensen (Holy Covenant Support for Refugees Group)



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AND . . .



Only 1 book left! If you would like one please contact Hilary Harris on 6251 8166. Remember that the parish gets \$11 for every book sold.

Keeping Each Other Safe Course.

A course in mental health training and awareness. 12 July. Registration forms (mauve) are at the back of the church.

ON THE NOTICE BOARD

- ♦ **MU Australian Wave of Prayer Day - 3 July**
- ♦ **Christians for an Ethical Society Dinner Forum - 4 July**
- ♦ **Marriage Encounter weekends.**

If you put money in the plate (or hand it in at the office) that is for some purpose other than offerings (gift, donation, retreat fees, etc) please put it in an envelope and mark clearly what it is for and how much is in the envelope.

The treasurer and bookkeeper will be very grateful!

PARISH BIRTHDAY

27 JULY

There will be a shared birthday lunch at 11.30 am.

Bring celebratory food to share!!

There is a sign-up sheet on the sign-up board.

Bank Details for Direct Debit are:

Bank: Commonwealth Bank
Branch: Jamison Centre, ACT
BSB: 062 907
A/C No: 802 588
Name: Holy Covenant Anglican Church



BIRTHDAYS THIS WEEK

Tuesday: **Nicholas Platt, Hannah Angus,**

Wednesday: **Jonathan Elkhuzen, Xanthe Allen**

If you'd like your name in the Birthday Book, please tell the office.

MINISTRY TEAM

RECTOR	Revd Susanna Pain 6251 6100 or 0418 637 469	Email: rector@holycovenant.org.au Days off: Monday & Friday
SENIOR ASSOCIATE PRIEST	Revd Dr Sarah Bachelard 0401 009 156	Email: sarah.bachelard@gmail.com Days: Sunday, Wednesday
HONORARY ASSOCIATE PRIESTS	Revd Nikolai Blaskow 0428 167 724	Email: nikolai@nikolaiblaskow.com
	Revd Sarah Gibson Revd Anne Dudzinski	Email: tshsb.gibson@gmail.com Email: annedudzinski@optusnet.com.au
HOLISTIC CARE NURSE	Ven Anne Ranse 0439 139 209	Email: nurse@holycovenant.org.au Days: TBA
HONORARY DEACON	Revd Susan Joy Nevile 0431 133 852	Email: susanjoyn@gmail.com
YOUTH AND CHILDREN WORKER	Katherine Rainger 0401 142 851	Email: youth@holycovenant.org.au
ADMINISTRATOR	Kathy Lake Office: 6251 6100	Email: office@holycovenant.org.au

PARISH DIRECTORY

PARISH OFFICE Open 10 am - 12 noon Tuesday to Thursday	89 Dexter Street, Cook, ACT 2614 PO Box 98, Jamison, ACT 2614 Tel: 6251 6100	Email: office@holycovenant.org.au Web Page: http://holycovenant.org.au
WARDENS	Kathryn Body 0403 500 882 Peter Sherman 6251 3057 Evelyn David-Hoole 6259 2476	
BULLETIN TEAM	Phyl Holmes, Merri Bacon	Email: weeklybulletin@holycovenant.org.au Hm E: phylandreg@optusnet.com.au

DETAILS FOR NEXT SUNDAY – 6 JULY 2014

8.00 am	HOLY COMMUNION Celebrant and Preacher	Revd Dr Sarah Bachelard
10.00 am	HOLY COMMUNION Celebrant and Preacher:	Revd Dr Sarah Bachelard
11.00 am	BUPA Nursing Home	

SENTENCE: The wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord

Romans 6:23

READINGS:

Genesis 22: 1:14
 Psalm 13
 Romans 6:12-23
 Matthew 10: 40-42



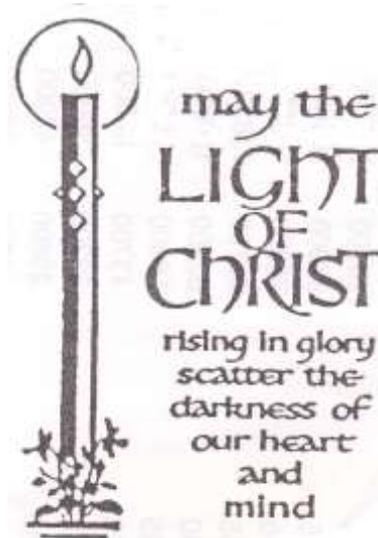
8 am HYMNS

(Matthias)
 568(35)
 468
 519
 533(250)

PRAYER

Christ, you hold us in your warm embrace.
 You already welcome each of us exactly as we are,
 and you hold us close to you.
 Your embrace gathers all of us into a community that you have created.
 And yet, in your community, there is always room for more.
 You teach us to welcome one another.
 We are thankful that with you, each of us has a place,
 and each one of us can find a welcome home.

AMEN



	8.00 am	10.00 am
Sidespersons	Carol and Peter Sherman	Anne Dudzinski and Reg Holmes
Readers	Des Pain Rosemary Kennemore Celebrant	Sue Dunbar Tracey Matthews Frances Mackay
Intercessor	Paul Shelley	Anne Dudzinski
Organist	Heather Shelley	Heather Shelley
Word and Prayer	Paul Shelley	Chris Lewis
Deacon		
Cup	Paul Shelley Rosemary Kennemore	Chris Lewis, Rob Maron, Phyl Holmes, Doreen Matters. Extra cup: Anne Dudzinski
Morning Tea	Mandy Squair, Marjorie Pratt	Theresa Jokisch, JudithAnn Daniells
Children's Church		Sue Witchells, Anne Lange, Susan Joy Nevile, Anna Thorpe M.tea: Campbell-Allen