

# HOLY COVENANT ANGLICAN CHURCH JAMISON

*To grow in Christ together, to equip for service, to care for all*

## WEEKLY BULLETIN

**27 July 2014**

## PARISH FESTIVAL



### TODAY IN THE PARISH

**8.00 am HOLY COMMUNION**

Celebrant: Revd Dr Sarah Bachelard  
Preacher: Revd Susanna Pain

**10.00 am HOLY COMMUNION**

Celebrant: Revd Dr Sarah Bachelard  
Preacher: Revd Susanna Pain

**11.30 am Shared birthday lunch**



We offer a special welcome to visitors and pray that you will feel at home in our community.

You are warmly invited to share Communion with us, either by drinking from or dipping the wafer in the chalice, or to come forward for a blessing.

**Reflection after Communion** – please feel free to light a prayer candle in the Chapel at the back of the Church following Communion.



*Please join us for morning tea after the services.*

## THIS WEEK IN THE PARISH

<b>Monday</b> <b>28.07.14</b>	10.00 am	Worship Centre	Covenant Care
<b>Tuesday</b> <b>29.07.14</b>	12.30 pm	Worship Centre	Meditation and BYO Lunch
<b>Wednesday</b> <b>30.07.14</b>	12.30 pm	Worship Centre	Holy Communion and BYO Lunch
	2.00 pm	Worship Centre	Ever Active Exercise Class
	6.00 pm	Rainbow Centre	Meditation
<b>Thursday</b> <b>31 .07.14</b>	9.30 am	Rainbow Centre	Scrabble
	6.00 pm	Chapel	Mystic Soup meditation
<b>Friday</b> <b>01.08.14</b>	10.00 am	Worship Centre	Playgroup
	5.00 - 7.00 pm	Rainbow Centre	Youth Group
<b>Saturday</b> <b>02.07.14</b>	4.45 pm	Rainbow Centre	Choir Practice
	5.30 pm	Worship Centre	Benedictus Contemplative Church

## WEEK BEGINNING 4 AUGUST

<b>Monday</b> <b>04.08.14</b>	10.00 am	Worship Centre	Covenant Care
	7.30 pm	Rainbow Centre	Cursillo Reunion
<b>Tuesday</b> <b>05.08.14</b>	12.30 pm	Worship Centre	Meditation and BYO Lunch
	7.30 pm	Rainbow Centre	Belonging and Caring Team
<b>Wednesday</b> <b>06.08.14</b>	12 noon	Worship Centre	Holy Communion and BYO Lunch
	2.00 pm	Worship Centre	Ever Active Exercise Class
	6.00 pm	Rainbow Centre	Meditation
<b>Thursday</b> <b>07.08.14</b>	9.30 am	Rainbow Centre	Scrabble
	2.00 pm	Rainbow Centre	Book Club
	6.00 pm	Chapel	Mystic Soup meditation
<b>Friday</b> <b>08.08.14</b>	10.00 am	Worship Centre	Playgroup
	5.00 - 7.00 pm	Rainbow Centre	Youth Group
<b>Saturday</b> <b>09.08.14</b>	4.45 pm	Rainbow Centre	Choir Practice
	5.30 pm	Worship Centre	Benedictus Contemplative Church

### WHEAT WEEDS AND WORRY

Picture yourself walking in a field, your hands hanging open brushing the wheat as it grows taller reaching upwards. Your companion, the farmer, knows the field and says “half of what you see and touch is weed, worthless weed.” You cannot actually tell the difference.

“So pull it out?” you ask.

“No”, says the farmer. “We can wait. Pull now and you’ll lose the wheat. In the end, at harvest time, we can tell easily which is the wheat and which is the weed. It is the weight of the grain – its substance – that is the difference”.

This image is powerful and timely, (from the Gospel last Sunday, Matthew 13) and speaks into our times:

*Don't be anxious.*

*Don't be possessed about what is good and what is not.*

*Don't worry about judging the bad – let the thing itself be its own judge – in the end, just weigh it.*

I find this very helpful. How easy is it to look out into our world and its madness and want to shrink back and live a smaller, safer life: one of the most densely populated sites on earth is being bombed (Gaza); a plane flies across eastern Ukraine and then it doesn't, and lands as a scar across 20 km of stateless chaos; Iraq and ISIL and a caliphate theatre of Iraqi v Iraqi; . . .

It is easy to want to retreat back into our safe little circles and not venture out into the wide golden field. The parable Jesus has uttered speaks to us – don't retreat; let God be God; be real, be authentic, be loved; be what you are made to be; don't be troubled about measuring and judging others.

The reason we can do this is because the soil in which all things grow is the suffering love of Christ. Or more confronting, the mustard seed and its parable of unparalleled growth from a miniscule seed is a story about a weed. That's right. A mustard plant in a garden is a weed. The suffering love of Christ is subversive, easily rejected, unrecognisable. We are not as skilled as we first think in identifying what is not good. Our efforts to root out evil can so easily be misplaced. So, trust the Christ whose love is incorruptible, rest in God who is just and calls us away from judging and worrying about what is and isn't good and invites us to be loved.



**Richard Browning**



When you think about a homeless person, you normally think about an older single man who has mental health issues which has been caused by alcoholism or drug addiction. Wrong! Actually anyone can find themselves homeless. Women and

children escaping family violence, young people who cannot live at home, and anyone earning a low income but struggling to pay high private rental prices are among those most at risk. This includes families as well as single people. Yesterday we saw six homeless people and not one of them fitted the normal description of a homeless person.

Primary homelessness means rough sleeping, sleeping in a car, or sleeping in improvised dwellings. **Two of today's clients were in their late thirties and both of them were living in a car.** Neither have drug or alcohol issues. They came to Canberra looking for a new start and hopefully some employment. At this stage they are not eligible for housing, and are managing surprisingly well in the car. We support them every couple of weeks with food etc. Ian is also rough sleeping. He is sleeping somewhere on Mt Ainslie and is very secretive about the exact location. He is in his late twenties, there may be some drug issues but I am not sure. We have helped him with food but also with a small tent and swag.

Secondary homeless involves having no permanent home and staying temporarily with friends, family or other people – until the welcome wears out. Sometimes this is called couch surfing. People are also considered secondary homeless if they are staying in emergency accommodation such as a refuge. The other three homeless people we saw yesterday were all couch surfing. Two of them were very young, very early twenties and not able to live at home any more. **I don't think they were angels, but I don't think there was any major alcohol or drug issues.** They are finding it very hard, nowhere to call home, nowhere to leave all their gear. They often **have to pay to stay at their friends' houses.** **The two today wanted lots of food so that their friend would be happy for them to stay a few more days.**

The last young woman was homeless because of domestic violence. She is no longer able to live with her partner because of the abuse, so she moved out. She is only in her mid-twenties. At the moment she is couch surfing, but she is worried that she is running out of places to stay. Thankfully there are no children involved. She is on the Emergency Housing list, so hopefully she will get something soon.

Then this morning we were dealing with a man who is homeless and sleeping rough. Unfortunately he really fitted the popular image of a homeless person. He has had a hard life and it really shows. He has Mental Health issues probably caused by substance abuse. I just wish that we had Common Ground in Canberra now, so that this fellow could get some suitable accommodation. It is not just the accommodation he needs but all the support services that go with Common Ground.

My wish list for this week: Common Ground, Tinned Fruit, either large or small, tinned fish and biscuits.  
Many thanks, Sue Jordan.



# PRAYER POINTS FOR THIS WEEK

## IN THE WORLD

- ◆ We pray for the people of the Gaza Strip and for the children displaced by the conflict there.

## IN AUSTRALIA

- ◆ We pray for the families who have suffered losses as a result of the MH17 disaster.

## WORLD WIDE ANGLICAN CHURCH

- ◆ We pray for the theologians of the Anglican Communion, and for their contribution to the wider church. Pray that the Anglican tradition of intellectual and spiritual freedom to explore scripture and tradition might be taken up by a new generation of writers, preachers and teachers guided by the Holy Spirit and willing to stretch us in our faith journey.

## IN OUR DIOCESE

- ◆ We pray for all those who hold positions of leadership and responsibility in the life of our diocese, for the discovery and release of the gifts we need to build up the body of the faithful in this corner of God's kingdom. Especially we pray for the clergy and people in the parishes of Cobargo, Bodalla-Narooma and Batemans Bay.

## IN MISSION

- ◆ We pray for the work of the Anglican Board of Missions in Uganda and Ethiopia.

## IN OUR PARISH AND COMMUNITY

- ◆ We give thanks for those who have developed and worked in the parish over the years.
- ◆ Pray for the transmission of faith and Christian culture to the younger generation in our parish, for all called to ministry with children and youth, and especially for Christian parents and grandparents in their role as transmitters of the Christian story.
- ◆ We pray for the following members of our parish family: Susanna Pain and Nikolai Blaskow; John and Gillian Painter; Dorothy Parsonage; Martin, Geraldine, Lily and Ned Paull; and Peter and Paula Percival.
- ◆ We pray for those in special need of prayer: Anne Ranse, Phil Perman, Elizabeth Sillano, Jill Crawford, Susanna's sister Kirsten and anyone known to us personally.

HOLY COVENANT PRAYER VINE

REQUESTS FOR PRAYER

Phone Merri Bacon on 6251 1110 or email [merri.bacon@bigpond.com](mailto:merri.bacon@bigpond.com)

## Treasury of Sayings

Books are \$10 each and are available at the back of the church. The book is a compilation of quotes and sayings from around the world and across the ages. They come from sacred texts and ordinary lives. Dirrum Dirrum Mission: Seeks to foster a greater humanity. If it is authentic then it will be a gift to others, measurable in the power and life it bestows. There are three activities: the development of humble leadership; creating a climate of inspiration; fostering a cycle of responsibility. Dirrum Dirrum is a tangible expression of Radford College's ethos, demonstrating a commitment to living in the truth, rising in compassion, walking in wisdom.



For further information, please speak to Richard Browning or visit <http://www.dirrumdirrum.org>.

### REFLECTION ON INTERPLAY IN ALICE SPRINGS

*"What we Play is Life"* Louis Armstrong

What a joy to be part of Interplay in the Heart of Australia, at Campfire of the Heart, Alice Springs, where a group of people led by the giftedness of Susanna Pain were able to experience ourselves and our lives, as we allowed ourselves to explore:

Our dance  
Our breathing  
Our laughing  
Our sitting around the campfire  
Our nourishment  
Our tears,  
As we stopped and listened to the other,  
As we looked at life with all of our senses,  
As we played from morning to night!  
What a Delight!

Kate Thornley

### Mystic Soup: Meditation, Soup, Contemplative Reading Group

Six Thursday evenings, July 31; August 14, 28. Commencing 6 pm with meditation in the Chapel.



We will be reading *Monastery Without Walls: the Spiritual Letters of John Main*, ed. Laurence Freeman. Feel free to come to any or all of the sessions. There is a sign-up sheet on the board.

**More information: Sarah Bachelard, [office@holycovenant.org.au](mailto:office@holycovenant.org.au)**

## COMING UP IN AUGUST



**Friday 1st Film and theology Night - Hannah Arendt (PG)**  
Tells the remarkable true story of the political philosopher Hannah Arendt, who was a German/Jewish émigré and former student of Martin Heidegger. Join us at 6pm for BYO dinner to share, followed by a screening of the film and discussion.

**Sunday 3rd Deep Dive - Inspiration and Scripture - Alan Cadwallader.** Holy Script for Holy People or Earthy Book for Earthy Bods.

**Saturday 16th Quiet day - Being Blessed - Sarah Bachelard.** St. Mark's, Barton. 9am - 3.30 pm

**Saturday 23rd Men's Quiet Day - New Beginnings - Chris Lewis.** 10am - 4pm

**Monday 25 - Wed 27th Seasons of Mellow Fruitfulness.**  
A retreat on Ageing Well. The Hermitage., Mittagong. Sarah Bachelard. Interested people contact Sarah on 0401 009 156; sarah.bachelard@gmail.com

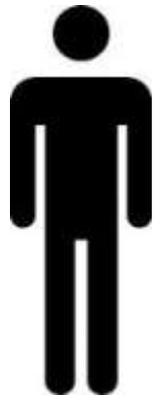
**All activities have a sign-up sheet on the back wall.**

## **MEN @ HC QUIET DAY** **23 August 2014** **10 am- 4 pm** **"New Beginnings"**

A day of prayer, meditation and exploration.

Cost: \$10- \$15

Sign up sheet on board or christopherlewis9@gmail.com



## **Yesterday and Today**

Yesterday God decided to take a holiday and I really can't blame him at all, I mean he must have been a little disappointed with one of his projects going a little off track, and working twenty-four by seven over the centuries is, I imagine, quite demanding. I am sure God knows where to go for a break and I am sure he won't want us to turn up!

Today is a little different, I'm happy to report that the sun is breaking through threatening clouds and the waste-paper bin is empty, sprawled out on the desk are his original drawings, a little crumpled, maybe he believes things can be straightened out – perhaps he has far more faith than you or I.

**Richard Scutter 20 July 2014**

Easy Exercise classes for those lazy muscles.  
Every Wednesday in the Worship Centre at 2.15 pm.  
\$7 per class.  
Conducted by an accredited YMCA Instructor

**FITNESS ...**  
**FUN ...**  
**FRIENDSHIP**

## Quiet Day Being Blessed

Saturday 16 August 2014



*God's will is to bless – to bestow life and goodness. But sometimes receiving God's blessing involves letting go that which thwarts and blocks this gift. Drawing on the story of Jacob wrestling, we contemplate our own experiences of struggle, defeat and longing, open to the deeper life into which God is calling us.*

We begin with prayer and reflection at 9.30am then quiet time for prayer, journalling, walking, resting, creating. There will also be time for meditation, sharing our experience, and closing prayer. We conclude at 3.30pm. Bring your own lunch to eat at your leisure. Morning and afternoon tea provided.

All welcome!

*The day will be led by Sarah Bachelard, Anglican priest, theologian and retreat leader*

Saturday 16 August 9am – 3.30pm  
St Mark's Theological Centre  
15 Blackall St Barton

Cost: \$20-30 donation

RSVP: Susanna Pain ph 0418 637 469 email: [susanna.pain@gmail.com](mailto:susanna.pain@gmail.com)

### LAMENTATION SUNDAY – 10 AUGUST 2014

At the 2013 session of our Diocesan Synod our Bishop made an historic apology to those who were victims of abuse. It was felt that this apology needed to be shared and received by the whole Church, and that together we needed to reflect upon the immense effect of abuse across our whole Diocese, and the Church universal.

Lamentation Sunday has been set aside by Bishop Stuart as part of this desire. The aim is to recognise the pain, hurt and sorrow that has been caused by our actions and inactions relating to such abuse. The hope is that such a day will contribute to healing, forgiveness and reconciliation.

## IN THE PARISH

CLAIM THE DATE - from Katherine Rainger

I'm embarking on an adventure next February! I'm riding 400 kms in Cambodia in the process am raising funds for UNICEF. Donations to the 'UNICEF Cambodia Cycle for Kids' will raise vital funds for the 'Keeping Children in Families' project. This project aims to minimise the large number of children admitted to residential care (orphanages) in Cambodia.

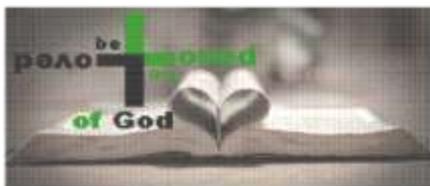


To support this project you're invited to two Global Stories Nights at Holy Covenant. A light supper will be provided and food and drink will also be on sale.

*Friday 15th August: 7 pm come and hear about Cambodia, it's people and history (suggested donation \$20). Followed at 7.45 pm by a delightful film set in Saudi Arabia, Wadjda. Wadjda was released in 2014 and is rated PG. It has a bike motif and Margaret gave this film 4 stars and David gave it 4.5 stars! Well worth coming to and bringing some friends.*

*Friday 24th October. 7 pm come and hear about the work of Unicef in Cambodia (suggested donation \$20). Followed at 7.45 pm by the film, "The Finishers." Released in 2014 and rated PG this is an endearing movie of a father and son resolving their differences as they compete in the race of a lifetime. Not to be missed!*

You can also support me by asking me how my training is going :-)



Retreat at St Clement's  
Retreat & Conference Centre, Galong

### **Beloved of God**

19-21 September 2014

PARISH RETREAT

Led by Sue Dunbar

Knowing we are deeply loved by God equips us for the journey into the desert. The underlying invitation of all that is offered during the Retreat, is that you may encounter God. Registration leaflets available from the back table

OR

try using the following easy to use website booking page where possible ...

**[www.trybooking/87875](http://www.trybooking/87875)**

If you would like to make a contribution to help pay for someone to attend the Parish Retreat, whether you are going yourself or not, there is an option to make a donation on the Try Booking website. Thank you for your generosity in assisting someone to attend the retreat, who might not otherwise be able to afford to go.

# AND . . .

## HOLISTIC CARE NURSING

Again I have that sense of amazement at how God works. We have had a client living in a dreadful situation. She was in a two story Government townhouse with bathroom and bed room upstairs and a small lounge and even smaller kitchen and toilet downstairs. You could barely turn around in the spaces. She was unable to access the upstairs section of her house because her physical disabilities did not allow her to climb the stairs, so she was washing in the kitchen sink and sleeping in the lounge room. When she became a client we were aware of her living conditions and we were asked by the referring agency to see what we could do to help this house bound lady. We set in place two goals: one, to help her apply for a grant to get a mobility scooter so she could leave the house and two, to get her into more suitable accommodation with no steps. I by-passed all the formal looking Government documents one can use to apply for accommodation and wrote my own heartfelt letter to the authorities about this lady's situation. There is much more to this lady's story but there were the goals we set to help her, besides other practical every day help. I came back to work last week to be informed by Nicole that this lady had been moved into much more suitable accommodation where she can live in space, safety and comfort. PS she also was given the grant for her scooter which she has acquired. Praise God for another great outcome.

Anne Ranse HCN

## ON THE NOTICE BOARD

- **Suicide Prevention Seminar**  
20 August. Queanbeyan.
- **Meditation on Mondays,**  
St. Alban's Lyons 1 - 1.30 pm
- **RSPCA's Cupcake Day** Order forms.
- **Men's Luncheon Forum,** Monday  
11 August 11.45 to 2.00 pm at  
Birrigai Café, Kangara Waters.  
Speaker: Davyd Thomas
- **Dirrum Dirrum Conference** 1-4  
August, Radford College.



### Bank Details for Direct Debit are:

Bank: Commonwealth Bank  
 Branch: Jamison Centre, ACT  
 BSB: 062 907  
 A/C No: 802 588  
 Name: Holy Covenant Anglican Church

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 \* **THOUGHT FOR THE WEEK** \*  
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The first duty of love is to listen.

*Paul Tillich*

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### **BIRTHDAYS THIS WEEK**

**Monday: Peter Percival, Sue Witchalls**  
**Tuesday: Sophie Amos, Barnaby D'Cruz**  
**Saturday: Pam Lane**

If you'd like your name in the Birthday Book  
 please tell the office

## MINISTRY TEAM

<b>RECTOR</b>	<b>Revd Susanna Pain</b> 6251 6100 or 0418 637 469	Email: rector@holycovenant.org.au Days off: Monday & Friday
<b>SENIOR ASSOCIATE PRIEST</b>	<b>Revd Dr Sarah Bachelard</b> 0401 009 156	Email: sarah.bachelard@gmail.com Days: Sunday, Wednesday
<b>HONORARY ASSOCIATE PRIESTS</b>	<b>Revd Nikolai Blaskow</b> 0428 167 724	Email: nikolai@nikolaiblaskow.com
	<b>Revd Sarah Gibson</b> <b>Revd Anne Dudzinski</b>	Email: tshsb.gibson@gmail.com Email: annedudzinski@optusnet.com.au
<b>HOLISTIC CARE NURSE</b>	<b>Ven Anne Ranse</b> 0439 139 209	Email: nurse@holycovenant.org.au Days: TBA
<b>HONORARY DEACON</b>	<b>Revd Susan Joy Nevile</b> 0431 133 852	Email: susanjoyn@gmail.com
<b>YOUTH AND CHILDREN WORKER</b>	<b>Katherine Rainger</b> 0401 142 851	Email: youth@holycovenant.org.au
<b>ADMINISTRATOR</b>	<b>Kathy Lake</b> Office: 6251 6100	Email: office@holycovenant.org.au

## PARISH DIRECTORY

<b>PARISH OFFICE</b> Open 10 am - 12 noon Tuesday to Thursday	89 Dexter Street, Cook, ACT 2614 PO Box 98, Jamison, ACT 2614 Tel: 6251 6100	Email: office@holycovenant.org.au Web Page: <a href="http://holycovenant.org.au">http://holycovenant.org.au</a>
<b>WARDENS</b>	<b>Kathryn Body</b> 0403 500 882 <b>Peter Sherman</b> 6251 3057 <b>Evelyn David-Hoole</b> 6259 2476	
<b>BULLETIN TEAM</b>	<b>Phyl Holmes, Merri Bacon</b>	Email: weeklybulletin@holycovenant.org.au Hm E: phylandreg@optusnet.com.au

## DETAILS FOR NEXT SUNDAY – 3 AUGUST 2014

8.00 am	<b>HOLY COMMUNION</b> Celebrant: Revd Susanna Pain Preacher: Revd Susanna Pain
10.00 am	<b>HOLY COMMUNION</b> Celebrant: Revd Susanna Pain Preacher: Revd Susanna Pain
11.00 am	BUPA Nursing Home
4.00 pm	Rainbow Fellowship

# TODAY

**SENTENCE:** Neither death, nor life, nor angels, nor rulers, nor things present, nor things to come, nor powers, nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord. Romans 8: 38-39

**READINGS:**

Genesis 29: 15-28:  
 Psalm 105: 1-11  
 Romans 8: 26-39  
 Matthew 13: 44-58

**8 am HYMNS**

(Dudman)

154  
 164  
 526  
 469



**PRAYER**

O God, the fount of wisdom,  
 you have revealed to us in Christ  
 the hidden treasure and the pearl of great  
 price:  
 grant us your Spirit's gift of discernment,  
 that, in the midst of things of this world,  
 we may learn to value the priceless worth of  
 your kingdom,  
 and be ready to renounce all else for the sake  
 of the precious gift you offer.  
 We ask this through Jesus Christ our Lord, who  
 lives and reigns with you and the Holy Spirit,  
 one God, now and forever. **AMEN**

The kingdom of heaven is like a  
 merchant in search of fine pearls.  
 Matt 13:45



	8.00 am	10.00 am
<b>Sidespersons</b>	Mandy Squair, Hilary Harris	Reg Holmes, Jey Hoole
<b>Readers</b>	Anne McDowell Ted Lilley Anne Ranse	Tracey Matthews Rob Lake Susan Joy Nevile
<b>Intercessor</b>	Paul Shelley	Joh Sheehan
<b>Organist</b>	Heather Shelley	Rhys Thorpe
<b>Word and Prayer</b>	Chris Lewis	Tobias Nevile
<b>Deacon</b>	Anne Ranse	Susan Joy Nevile
<b>Cup</b>	Anne Ranse, Chris Lewis	Tobias Nevile, Susan Joy Nevile, Phyl Holmes Extra bread: Sarah Gibson
<b>Morning Tea</b>	Margaret and David Meggs	Alison Campbell and Michael Allen
<b>Children's Church</b>		Sue, Maurice, Katherine, Evelyn M. Tea: Phyl