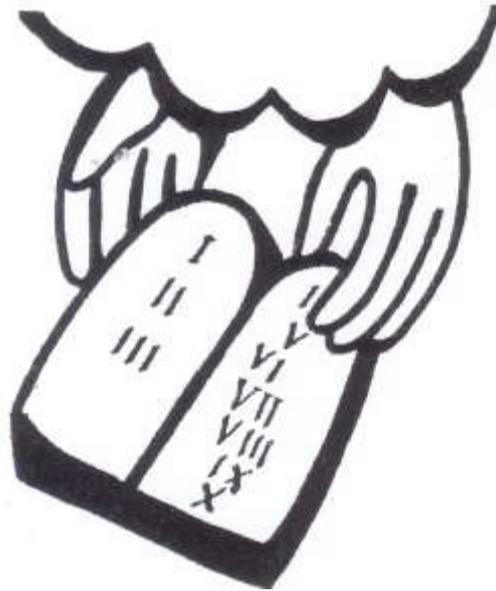


# HOLY COVENANT ANGLICAN CHURCH JAMISON

*To grow in Christ together, to equip for service, to care for all*

## WEEKLY BULLETIN - 22 MARCH 2015



### FIFTH SUNDAY IN LENT



We offer a special welcome to visitors and pray that you will feel at home in our community.

You are warmly invited to share Communion with us, either by drinking from or dipping the wafer in the chalice, or to come forward for a blessing.

**Reflection after Communion** – please feel free to light a prayer candle in the Chapel at the back of the Church following Communion.



#### TODAY IN THE PARISH

**8.00am**

#### **HOLY COMMUNION**

Preacher: Revd Anne Dudzinski

Celebrant: Revd Vicky Cullen

**10.00am**

#### **HOLY COMMUNION**

Preacher: Revd Anne Dudzinski

Celebrant: Revd Vicky Cullen



**Please join us for morning tea after the services**

## THIS WEEK IN THE PARISH

<b>Monday</b> <b>23.03.15</b>	9.00am-3.00pm 10.30am 1.30pm	Worship Centre Kangara Waters NH Calvary Ret. Village	Covenant Care Service Service
<b>Tuesday</b> <b>24.03.14</b>	12.30 pm 6.30 pm	Worship Centre 30 Northmore Cres. Higgins	Meditation and BYO lunch Refugee Action Group
<b>Wednesday</b> <b>25.03.15</b>	12 noon 2.00 pm 6.00 pm 7.30 pm	Worship Centre Worship Centre Rainbow Centre Rainbow Centre	Holy Communion and BYO lunch Ever Active Exercise Class Meditation Lenten Study –Chittister Book Series
<b>Thursday</b> <b>26.03.15</b>	9.30 am 2.00 pm 7.30 pm	Rainbow Centre Rainbow Centre Rainbow Centre	Scrabble Book Club EFM
<b>Friday</b> <b>27.03.15</b>	10.00 am 10.30 am	Worship Centre Rainbow Centre	Playgroup Lenten Study—Chittister Book Series
<b>Saturday</b> <b>28.03.15</b>	6.00 pm	Worship Centre	Benedictus Contemplative Church
<b>Sunday</b> <b>29.03.15</b>	9.20 am 3.30-5pm	Worship Centre Rainbow Centre	Choir Practice Retreat in Daily Life

## WEEK BEGINNING 29 March 2015 - - HOLY WEEK

<b>Monday</b> <b>30.03.15</b>	9.00 am-3.00 pm 6.00 pm	Worship Centre Worship Centre	Covenant Care Holy Communion
<b>Tuesday</b> <b>31.04.15</b>	12.30 pm 6.00 pm	Worship Centre Worship Centre	Meditation and BYO lunch Holy Communion
<b>Wednesday</b> <b>01.04.15</b>	12 noon 2.00 pm 6.00 pm	Worship Centre Worship Centre Worship Centre	Holy Communion and BYO Lunch Ever Active Exercise Class Holy Communion
<b>Thursday</b> <b>02.04.15</b>	9.30 am 6.00 pm 7.30 pm	Rainbow Centre Worship Centre Rainbow Centre	Scrabble Holy Communion EFM
<b>GOOD</b> <b>FRIDAY</b>	8.00 am 10.00 am	Worship Centre Worship Centre	Morning Prayer Good Friday Service
<b>Saturday</b> <b>05.04.15</b>	4.00 pm 6.00 pm	Worship Centre Worship Centre	Children's Easter Service Benedictus Contemplative Church
<b>EASTER</b> <b>DAY</b>	6.00 am 9.20 am	Worship Centre Worship Centre	Lighting of the New Fire Choir Practice

## SOMETHING TO THINK ABOUT

### John 12: 20-33 Dying to Birth New Life

Tracey Matthews

We have been journeying through Lent for some weeks now and our gospel reading this week alerts us to the impending cross. Our passage opens with a request from some Greeks to see Jesus. Like the rest of the crowds who were captivated by Jesus ministry and teaching, they probably wanted to get a closer look. When the disciples pass on the message, Jesus doesn't indulge their request and instead gives a rather peculiar response. He tells them, "the hour has come for the Son of Man to be glorified". Jesus then goes on to explain that unless a grain of wheat falls into the earth and dies, it remains just a single grain; but if it dies, it bears much fruit. Jesus often used metaphors to teach and he used this analogy to interpret his impending death and resurrection. In the case of Jesus, his death will produce 'much fruit' as the whole world will be drawn to the salvation and life it brings about. "And I, when I am lifted up from the earth, will draw all people to myself" (John 12:32).

Jesus then draws his followers into the picture, describing how those who love their life will lose it, and those who hate their life in this world will keep it for eternal life. This teaching is found in all the gospels and speaks about the death we all need to go through in order to find life. This sort of teaching is counter-intuitive to most and ends up being a bit of a mystery. Richard Rohr helps to make sense of this paradox. "All of creation has a cruciform pattern of loss and renewal, death and resurrection, letting go and becoming more. This collision of cross-purposes is waiting for resolution in us. We are all filled with contradictions needing to be reconciled. Jesus suffered them all, and "reconciled all things in himself" (Ephesians 2:10).

Our ability to reconcile these contradictions in ourselves, relates closely to our perception of the cross. If we see life and death as opposing forces, it will be difficult to comprehend Jesus teaching about dying to live or losing to gain. The resurrection and the crucifixion is a case in point; unless we can reconcile the two, we will never be able to grasp the purpose and meaning of the cross. There can be no resurrection without the crucifixion. Something worth dwelling on as we head toward Palm Sunday.

### **How To Get There:**



*Go to the end of the path, until you get to the gate.  
Go through the gate and head straight out towards the  
horizon.*

*Keep going towards the horizon.  
Sit down and have a rest now and again,  
But keep going as far as you can.  
That's how you get there.*

*Michael Leunig*

## FROM ST JOHN'S CARE



Sue and Tony are taking a well-earned break for a couple of weeks and enjoying the cooler climates of Tasmania. I am working in the Assistant Director's

position on Tues, Wed and Thur with Robyn doing Mon and Fri. The job has many and varied tasks in it and no two days are the same. Sometimes we are busy helping the volunteers with clients, at others I might be shopping at Costco or Aldi for basics such as margarine, eggs and cheese, updating our governance documents, organising the Breakfast Club rosters or, as now, writing a pew sheet.

I like being able to have some involvement with our clients as that keeps me grounded. Sometimes I get to talk on the phone with someone and then see them when they come in as I know a little of their story so it's easier for me to follow through with them. One such client I saw a few weeks ago, Jenny, had many issues and had not been to us before. She had 'Googled' us and also rung Anglicare and been referred to us. She is a single parent raising three children. Jenny has major health issues and cannot work, so she is supporting her family on a disability pension. She generally manages very effectively, budgets well, shops efficiently and creates a happy home life. I wonder if I could manage as well on so little.

Jenny was in desperate need of food and some school supplies but also said in passing that she was driving an unregistered car as she needed it and had to take the risk on rego. We were able to give her lots of food, school supplies, my way cards for the teenagers and 6 months car rego. She didn't ask for or expect the rego renewal, she just hoped for a little food to help them make ends meet. She also took some furniture we were disposing of as she has limited furniture in her small public housing house.

She was overwhelmed by our generosity and I knew it would help her get back on track. We don't often give 6 months rego as we try to share our limited funding between many clients. However, sometimes it is really worth it to give a little extra because a bit of help moves some clients forward significantly. I know it will in Jenny's case. I also encouraged her to come to the monthly Friday community lunch as a time for her with adult company. She always puts the children first, gives them the food and may go without if things are tight and gets a little down because she has a very limited social life due to her health issues and parenting responsibilities. Hopefully she will come to the lunches and find her spirits lift. Your generosity in donating to SJC helps us to be generous to people like Jenny. Thank you.

**My wish list for this week: rice, pasta meals, tinned vegetables, milo**

Thank you, Rhonda



# PRAYER POINTS FOR THIS WEEK

## IN THE WORLD

- Pray for the United Nations and its agencies, for peace-keepers, those who care for refugees, and for all humanitarian projects. Give thanks for the amazing work done in the worst of circumstances in the most dangerous of places.

## IN AUSTRALIA

- Pray for all refugees and asylum seekers for whom Australia has responsibility, for the development of compassionate and just policies that safeguard our national integrity without destroying the lives of vulnerable men, women and children.

## WORLD WIDE ANGLICAN CHURCH

- We pray for the Church in Ontario Canada and Caithness Scotland.
- In the Australian Church we pray for the bishops, clergy and people in the Dioceses of Rockhampton, Sydney and Tasmania.

## IN OUR DIOCESE

- We pray for the clergy and people in the parishes of Tumut, Adelong and Tarcutta.
- We pray for the residents and staff of the Mannus and Cooma Correctional Centres and all who work in the prison system.

## MISSION

- We pray for the work of the Australian Board of Missions (ABM) in Melanesia and especially their Lenten and Emergency Vanuatu appeals.

## IN OUR PARISH AND COMMUNITY

- We pray for those involved in our Lenten Programmes.
- We pray for Archdeacon Paul Wallis as he prepares to be our next Rector.
- We pray for the following members of our parish family: Megan Mackay, Jean Main, Rob Maron, Margaret Martin and Mary Lynn and Dinty Mather.
- We pray for those in special need of prayer: Phil Perman, Pat Bonnett, Glenys Wimmer and any known to us personally.

## COMMEMORATIONS:

**Wednesday: The Annunciation of the Blessed Virgin Mary.**



HOLY COVENANT PRAYER VINE  
REQUESTS FOR PRAYER

Phone Merri Bacon on 6251 1110 or  
email [merri.bacon@bigpond.com](mailto:merri.bacon@bigpond.com)

## IN THE PARISH

TODAY



### THERE ARE TWO RETIRING OFFERINGS TODAY TO SUPPORT THE WORK OF ABM

- A Lenten appeal.
- Emergency Appeal to provide relief for the peoples of Vanuatu.

**THIS FRIDAY 27th MARCH Global Stories Night, 7pm:** talk + supper. Katherine will report back on her trip cycling around Cambodia and the work UNICEF Australia is doing there.

**7:45pm:** The Australian film 'Charlie's Country', starring David Gulpilil, will also be shown. *This is a film of lament and resilience and is good preparation for Holy Week. As the film is rated M, there will be a kid's movie in the chapel.*



Time to catch up again, ladies!

LADIES AFTERNOON TEA  
SATURDAY 28 MARCH 2015  
3PM TILLEY'S LYNEHAM

There's a sign-up sheet on the board

We are all invited to the

**INDUCTION OF OUR NEXT RECTOR**  
**THE VENERABLE PAUL WALLIS**  
Archdeacon of North Canberra

Thursday 9 April, 7.30pm



Please bring a plate of goodies for supper. There is a sign-up sheet on the board for you to indicate what you are contributing to the supper.

### REFUGEE ACTION GROUP

Inspired by Melbourne's "Bicycles for Asylum Seekers" drive, the group hopes to start a similar project in Canberra. If you have a man's pushbike gathering dust in the shed, are good at fixing bicycles or want to share ideas for making the venture a success, please call Mary Lynn Mather on 6253 4191.

**Meeting: This Tuesday at 6.30pm, 30 Northmore Crescent, Higgins.**  
**Remember: Rally for Refugees, 1pm on Palm Sunday, Garema Place.**



#### HOLISTIC CARE NURSING:

One of the challenges this week was sitting in the kitchen with a client and representatives of Housing ACT and a member of another agency as we tried to work out how we can 'find' the rooms in the house again. This client has had a hoarding issue and many community agencies have failed to assist her, haven't followed up on promises and now she is facing legal intervention to clear her home.

She suffers from acute pain from an injury and anxiety and consequently is depressed by her surroundings. She is motivated to clear her home, wanting to give excess items to charity and just needs help. A plan was put in place and as from this Monday an hour a week will be given by us and a person from another agency in starting to clear the spaces. We have been given five weeks to make a difference in her place for her to avoid legal action. It breaks my heart to see how life has been so hard for some people and my goal is to see them well and engaging in life again.

In the biblical context these people are our neighbours. They are the people in most need and the people Jesus calls us to love and care for. If someone were to ask me 'How can I help in this ministry?' I would respond by saying 'Look at the insert in this week's bulletin, pray over our needs, think of your gifts and abilities and availability and tick a box.' We would all be so blessed. **Anne. HCN coordinator.**

#### The Parish Council officers for 2015 are:

- o Russell Rollason      Chairperson
- o Chris Olsson          Secretary
- o Robert Arthur        Treasurer

· A copy of the AGM minutes is available at the back of the Worship Centre for perusal by interested members of the congregation.

· Wholehearted thanks to Anne Dudzinski and Vicky Cullen for their continuing hard work.

· The Holy Covenant Work Health and Safety Policy will shortly be printed and made available to members of the congregation, a copy to be kept in the Office.



## SERVICES FOR HOLY WEEK AND EASTER

### Sunday 29 March – Palm Sunday

8.00 am Holy Communion

10.00 am Holy Communion

**Monday 30 March – 6.00 pm Holy Communion**

**Tuesday 31 March – 6.00 pm Holy Communion**

### Wednesday 1 April

12 noon Holy Communion

6.00 pm Holy Communion

### Thursday 2 April – Maundy Thursday

7.30pm Footwashing, Holy Communion,  
and Stripping of the Altar

### Friday 3 April – Good Friday

8.00 am Good Friday Service

10.00 am Good Friday Service

### Saturday 4 April

4.00 pm Children's Easter Service

6.00 pm *Benedictus* Contemplative Service

### Sunday 5 April – EASTER DAY

6.00 am Lighting of the New Fire and Holy Communion

8.00 am Holy Communion

10.00 am Holy Communion



## KALEIDOSCOPE a quiet day for children

Hosted by **Benedictus Contemplative Church**, Kaleidoscope offers children an opportunity to spend time reflectively, restfully and creatively. The group aims to nurture their souls, open their hearts and minds to the presence of love and hope, and offer opportunities for expression, Sharing stories and even some silence.

**Coordinator: Karina Harris**

**Date: 12th April 2015**

**Time: 2-4.30pm**

**Place: Holy Covenant Worship Centre**

**See [www.benedictus.com.au](http://www.benedictus.com.au) for more information.**

### A FAIRTRADE EASTER AT HOLY COVENANT—KATHERINE RAINGER

A movement is starting within churches in Australia to ensure that the chocolate we use as part of our celebrations at Easter is Fairtrade. Fairtrade chocolate ensures that the cocoa farmers receive the Fairtrade Minimum Price for their product and the Fairtrade Premium is invested into their communities. This benefit is only received when cocoa is sold on Fairtrade terms. **The Holy Covenant Children's Easter egg hunt on Easter Saturday and the eggs on Easter Sunday will be Fairtrade this year!** You too can support Fairtrade cocoa farmers.

To find out what Fairtrade Certified Easter treats are available this year, check out the range at [www.signwithmary.com.au](http://www.signwithmary.com.au) and [www.fairtrade.com.au](http://www.fairtrade.com.au). The Oxfam shop in Canberra Centre is also a great source.

**There is a petition on the sign-up board to encourage Coles and Woolworths to stock more Fairtrade chocolate products at Easter which you are invited to sign.**

### Katherine and Charlie's Stories

*"It is by riding a bicycle that you learn the contours of a country best, since you have to sweat up the hills and coast down them."*

Thankfully the hills in Cambodia are more metaphorical than literal, however this sentiment from Ernest Hemingway remains! I had a wonderful time riding 439km through Cambodia. The terrain varied and consisted of mountain biking through sand; narrow, dusty lanes; highways and city roads. All had their joys and challenges! The scenery was spectacular.

Most days we set out at 6:30am to beat the heat. There were moments of elation and also some really hard moments where the challenge became more mental than physical. Anne's prayer, "God is with you every turn of the wheel", was one of my favourite mantras and I thought of my friends at Holy Covenant often.

This trip was life changing for myself, my team mates and hopefully for the children that UNICEF is able to support in their families with the help of our fundraising (\$76 000 was raised by the team). We learnt that the number of "orphanages" have tripled since 2005 even as the number of orphans have declined. Only 22% of children living in institutional care are orphans. As tourists and volunteers seek to help by donating to orphanages they are actually contributing to the problem. Orphanage owners persuade parents in villages that the orphanage is the best place for their children in order to sustain the need which tourists and volunteers have created. Children thrive best in families. UNICEF is working to educate tourists and families of this fact and to support families to stay together. **I look forward to sharing more stories on Friday 27th March, starting at 7pm, followed by Charlie's Country.**

- **Induction of the Revd Linda McMinn** to All Saints' Ainslie, 7pm Friday 10th April.
- **NB SIDESPERSONS.** A reminder to check that all the candles are blown out before you leave and to know who will lock up if you need to leave.
- **ROSTER UNAVAILABILITY.** If you are NOT available for duty during April including Easter, please mark the sheet on the board NOW. Thank you.
- **Offertory envelopes** from 5th April are available on the back table.
- **WEARING YOUR NAMETAG?**

**ON THE NOTICE BOARD**

- ♦ **Working Disciples—Being Christian** Every Day, 18 April. St. John's Reid.
- ♦ **Suicide Prevention Workshop**, 28-29 April. Conducted by Wesley Lifeforce.
- ♦ **2015 Bishop's Cathedral Convention** at St Saviour's Goulburn, 15-16 May. Brochures on back table.
- ♦ **Ecumenical Social Justice Dinner**, 20 May, St. Saviour's Goulburn.
- ♦ **Desert Retreat for body and soul—** InterPlay in Alice Springs. 12—17 July.

**NB: Daylight Saving end on Easter Day—put your clocks back one hour before you go to bed on Saturday.**

**Bank Details for Direct Debit are:**

Bank: Commonwealth Bank  
 Branch: Jamison Centre, ACT  
 BSB: 062 907  
 A/C No: 802 588  
 Name: Holy Covenant Anglican Church



**BIRTHDAYS THIS WEEK**

Yesterday: **Hannah James**; Tuesday: **Andrew Feitz**;  
 Wednesday: **Libby Warren, Rhonda Thorpe**;  
 If you'd like your name in the birthday book, please tell Phyl.  
[phylandreg@optusnet.com.au](mailto:phylandreg@optusnet.com.au)

## MINISTRY TEAM

<b>LOCUMS</b>	<b>Revd Anne Dudzinski</b> 6278 6087; 0413 994 739 <b>Revd Vicky Cullen</b> 6255 3191	Email: <a href="mailto:annedudzinski@optusnet.com.au">annedudzinski@optusnet.com.au</a>  Email: <a href="mailto:vicky.cullen@bigpond.com">vicky.cullen@bigpond.com</a>
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<b>HOLISTIC CARE NURSE</b>	<b>Ven Anne Ranse</b> 0439 139 209	Email: <a href="mailto:nurse@holycovenant.org.au">nurse@holycovenant.org.au</a> Days: TBA
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## PARISH DIRECTORY

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## DETAILS FOR NEXT SUNDAY – 29 March 2015

### PALM SUNDAY

**8.00 am**

**HOLY COMMUNION**

Preacher:     Revd Vicky Cullen  
Celebrant:    Revd Anne Dudzinski

**10.00 am**

**HOLY COMMUNION**

Preacher:     Revd Vicky Cullen  
Celebrant:    Revd Anne Dudzinski



# TODAY

**SENTENCE** "This is the covenant I will make with them,' says the Lord God: "I will put my law within them, and I will write it on their hearts; I will be their God and they shall be my people."  
*Jeremiah 31:33*

**READINGS:**

Jeremiah 31: 31-34  
 Psalm 119: 9-6  
 Hebrews 5: 5-14  
 John 12: 20-33

**8 am HYMNS**

373(217)  
 468  
 331  
 595

**PRAYER**

O God our Redeemer in our weakness we have failed to be your messengers of forgiveness and hope:  
 renew us by your Holy Spirit that we may follow your commands and proclaim your reign of love; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God now and for ever.  
 AMEN



	8.00 am	10.00 am
<b>Sidespersons</b>	Carol and Peter Sherman	Prue and Ken Wedgwood
<b>Readers</b>	Mandy Squair Des Pain Anne Ranse	Lesley Chumak Chris Olsson Anne Ranse
<b>Intercessor</b>	Chris Lewis	Tracey Matthews
<b>Organist</b>	Kath Arthur	Pam Lane
<b>Word and Prayer</b>	Steve Daniels	Connie Gerrity
<b>Deacon</b>	Anne Ranse	Anne Ranse
<b>Cup</b>	Steve Daniels Anne Ranse	Anne Ranse, Connie Gerrity, Tracey Matthews, Doreen Matters Extra bread: Anne Dudzinski
<b>Morning Tea</b>	Ann Menzies Carol Sherman	Helen Boulton Dorothy Hurst
<b>Children's Church</b>		Karen Bisley, Anne Lange, Richard and Mel Browning. M. Tea: Murray/Judd