

HOLY COVENANT ANGLICAN CHURCH JAMISON

To grow in Christ together, to equip for service, to care for all.

WEEKLY BULLETIN

14 JUNE 2015

THIRD SUNDAY

AFTER PENTECOST



**'The reign of God is like a
mustard seed'**



We offer a special welcome to visitors and pray that you will feel at home in our community.

You are warmly invited to share Communion with us, either by drinking from or dipping the wafer in the chalice, or to come forward for a blessing.

Reflection after Communion – please feel free to light a prayer candle in the Chapel at the back of the Church following Communion.



TODAY IN THE PARISH

8.00 am HOLY COMMUNION
Celebrant and Preacher: The Venerable Paul Wallis

10.00 am HOLY COMMUNION with Baptism
Children's Church and Youth Group
Celebrant and Preacher: The Venerable Paul Wallis

6.00 pm TAIZE SERVICE



Please join us for morning tea after the Services

THIS WEEK IN THE PARISH

Monday 15.06.15	9.30 am 10.00 am	Crafty Crew Covenant Day Care	Rainbow Centre Worship Centre
Tuesday 16.06.15	12.30 pm 7.30 pm	Worship Centre Rainbow Centre	Meditation and BYO lunch Parish Council
Wednesday 17.06.15	12 noon 2.00 pm	Worship Centre Worship Centre	Holy Communion and BYO lunch Ever Active Exercise Class
Thursday 18.06.15	9.30 am 7.30 pm	Rainbow Centre Rainbow Centre	Scrabble EFM
Friday 19.06.15	10.00am	Worship Centre	Playgroup
Saturday 20.06.15	9.00 am 6.00 pm	Worship Centre Worship Centre	Working Bee Benedictus Contemplative Church

The Holistic Care Nursing office is open from 10am – 2pm Monday and Thursday

WEEK BEGINNING 21 JUNE 2015

Monday 22.06.15	10.00 am 10.30 am 1.30 pm	Covenant Day Care Kangara Waters Vill. Calvary Ret Village	Worship Centre Communion Service Communion Service
Tuesday 23.06.15	12.30 pm	Worship Centre	Meditation and BYO lunch
Wednesday 24.06.15	12 noon 2.00 pm	Worship Centre Worship Centre	Holy Communion and BYO Lunch Ever Active Exercise Class
Thursday 25.06.15	9.30 am 7.30 pm	Rainbow Centre Rainbow Centre	Scrabble EFM
Friday 26.06.15	10.00 am	Worship Centre	Playgroup
Saturday 27.06.15	6.00 pm	Worship Centre	Benedictus Contemplative Church

NB: WEDNESDAY evening Mediation in recess till August.

SOMETHING TO THINK ABOUT

CHERISHING THE "GOD MOMENTS"

If you have never stayed awake to hear the courageous song of one small bird breaking into the stillness of night, consider it. It is a God moment. If you haven't sat down lately with a cup of tea and simply admired the view (any view) consider doing it. It is a God-moment. If you worry about rather than cherish the life-lines on your face in the bathroom mirror each day, look again. These are God moments.

I used to think God-moments were special, set-apart moments, perhaps brought on by praying in particular ways. Gradually, I have come to see that these graced moments fill ordinary days and shyly invite our recognition and response.

I recently heard a group of Aboriginal people saying that they knew when it was the right time to hold an event, because the pelican came again. People who live closely to the earth and the events of everyday life have a depth of spirit that can't be got through books and tapes or workshops and teachers.

Life's daily God-given moments are full of metaphors, symbols, signs and invitations. Jesus knew this, when he talked about water and wine, salt and bread, grapevines and seeds, to teach about the profound realities of his Way. But we grow ever more busy and seek external resources for our spiritual journey, and we do not see and hear what is softly placed on the path we walk along.

I had a friend once who found, on the birth of her first child, that the quiet, reflective moments she cherished were going to be "on hold" for some time. But she understood that her spirituality was not being sidelined. She developed a practice of lighting a small candle in places in her home where precious, ordinary things took place - bathing the baby, sharing a meal, or ironing the family clothes. It was her way of cherishing the God-moments.

What is your way?

-Ann Siddall.

Ann Siddall is a spiritual director and works within the Uniting Church of Australia.

Aware of our longings we sometimes wonder: Will there be enough? Will our deepest hungers be satisfied? Will we receive enough to survive?

O God, calm our anxious spirits, fill us with your sustaining presence, and satisfy us with your enduring love. May we feast on the goodness you provide so we can overflow with your presence in our world. Give us, the wisdom to cherish your gifts, to share their bounty, and to glory in your generosity. Through Christ Jesus, in the power of your Spirit, to the praise of your inimitable love.

AMEN



FROM ST JOHN'S CARE



I didn't sleep last night. It is not often that I take the job home with me, but yesterday was so very confronting that I couldn't do anything else. It is winter and all I could think about was the homeless woman we had been in contact with during the day.

A couple came to the office for help but wanted to be treated as individuals. This is quite common, especially with 'couch surfers' where they are sharing the same digs, but they each have to provide their own food. The young woman was forty plus, and wanted help with some local bus tickets and food. We were more than happy to help with both. Then she needed to talk and just tell someone about the problems she was experiencing.

She had been living, not really living, but surviving in Sydney for the past four years as a homeless person. She told us that she is very good at sleeping in Railway Stations and Shelters. But got very tired of trying to look after herself on the street. As she was born and grew up in Canberra she thought that Canberra might be a more secure place for her to be, so she decided to come home.

She arrived in Canberra a couple of weeks ago and has been living with a guy I would describe as a 'Rough Diamond'. He was homeless for about ten years and now has a roof over his head, and was generous in wanting to share it with her. The problem – he has some mental health issues – she has major mental health issues (both untreated) and whilst she was in the office she lost the plot. It was really hard to cope with her and I must say that the Volunteers did a fantastic job. What she wanted from us was a safe overnight shelter, a place where her body was hers.

She couldn't go to Safe Shelter in Braddon, this is a really good scheme where the Uniting Church in Braddon provides overnight shelter for homeless men, in their Parish Hall. We would have given her a ticket back to Sydney or anywhere else, but she didn't want to go. There were no options for her but to go back to the couch surfing situation.

It was pretty tense in the office, we gave her some food and she started to settle down, but the frustrating thing was that we could do nothing to solve the problem. She left just before we closed, she was a happier person, she had bus tickets, a sleeping bag and swag, and some food. She felt better but I didn't. I/we had let this young woman down; we had put her back on the streets as a homeless person.

I don't know the answer, but surely there is something that can be done??

My wish list for this week: Toothpaste, small fruits tubs for school lunches, and poppers.

Many Thanks,
Sue Jordan



PRAYER POINTS FOR THIS WEEK

IN THE WORLD

- In this refugee week we pray for a just and humanitarian response to the plight of the refugees just seeking a safe place to live.

IN AUSTRALIA

- We pray for the thousands of homeless people sleeping rough during the winter and for organisations that try to help them.

WORLD WIDE ANGLICAN CHURCH

- We pray for the Church in Okinawa Japan, Bendel Nigeria and Oklahoma USA.
- In the Australian Church we pray for the bishops, clergy and people in the Dioceses of Melbourne, Newcastle and North Queensland.

IN OUR DIOCESE

- We pray for the clergy and people in the parishes of St. Paul's Manuka; St. Luke's Deakin and Good Shepherd Curtin
- We pray for the Ministry with Aboriginal and Torres Strait Islander People.

MISSION

- We pray for the work of the Society for the Promotion of Christian Knowledge.
-

IN OUR PARISH AND COMMUNITY

- We pray for the young people preparing for Confirmation next month.
- We pray for the initiatives that our Refugee Committee are working on.
- We pray for Katherine Rainger and Mary Sargeson at the Godly Play Training Workshop this weekend.
- We pray for the following members of our parish family: Michael Allen, Alison Campbell and Imogen, Darcy and Xanthe; Roger, Rika, Katy and Sophie Amos; Robert and Kath Arthur; Bec Arundel-Cawsey and Merri Bacon.
- We pray for those in special need of prayer: Phil Perman, Glenys Wimmer, Nick Winders, Audrey Kennett and any known to us personally.



HOLY COVENANT PRAYER VINE
REQUESTS FOR PRAYER

Phone Merri Bacon on 6251 1110 or
email merri.bacon@bigpond.com

**DEAR GOD,
I WANNA TAKE A
MINUTE, NOT TO ASK
FOR ANYTHING FROM
YOU, BUT SIMPLY TO
SAY THANK YOU,
FOR ALL I HAVE.**



Baptism

WE WELCOME the family and friends of Annalise Skye Lewis who is being baptised in our 10am Service today. We pray for her parents Chris and Rebecca and her Godparents as they make this important commitment on her behalf.

We also welcome Georgina Lewis as she renews her baptism vows.

Please join with the family for morning tea as we celebrate this important occasion.

TAIZE SERVICE TODAY, 6.00 pm

A Service of prayer, praise, meditation and quiet time. Listening for the still small voice of God.

With courage let us all combine: Refugee Week 2015

Refugee Week begins today – this is an annual event which promotes positive images of refugees and celebrates the valuable contribution refugees make to Australian society.

This year Refugee Week will be celebrated from Sunday 14th June to Saturday 20th June with the theme 'With courage let us all combine'. There is a lot happening, including a **Refugee Week Service of Prayer and Reflection** on this Monday 15th June 2015 @ Australian Centre for Christianity and Culture, Blackall St, Barton, 5.30-6.30pm. You can find out more about Refugee Week at www.refugeeweek.org.au

In our parish, we have a Refugee Action Group that meets monthly. You would be most welcome to join us - we pray together, think about ways to raise awareness around asylum seekers and refugees, and take on some practical tasks. We are currently seeing if we can start writing letters to an asylum seeker in detention, and also looking at how refugee issues are being progressed in the wider Anglican Church.

We meet on the last Tuesday of every month, 6.30pm – 7.30pm at 30 Northmore Crescent, Higgins. Our next meeting will be on Tuesday 30 June. For further information, please feel free to contact Deranie: deranie@hotmail.com. We would love to hear from you.





HOLY COVENANT MONASTERY OF THE HEART GROUP

Has been established for four years in the Parish and meets monthly for discussions on spiritual writings, books etc. We meet on Friday mornings from 10.30 to 12 noon, and those desiring to stay on bring a light lunch, and have some extra sharing time together over a cuppa.

*We will begin studying Joyce Rupp's book: **THE CUP OF OUR LIFE, A GUIDE TO SPIRITUAL GROWTH** on Friday 3 July. Parishioners who haven't been to MOTH meetings before are welcome to join us as we work our way through the six chapters over the next six months.*

Joyce Rupp's bestselling contemporary classic has sold over 200,000 copies. This new edition continues a fifteen-year tradition of helping individuals and groups pray about everyday life using the rich symbol of a cup in all its many forms.

Please sign up on the sign-up board and indicate if you wish us to purchase the book for you.

BOOKS MUST BE ORDERED BY 21 JUNE 2015. PRICE APPROX. \$19.00

**WORKING BEE
NEXT SATURDAY
(20TH)**

From 9am

Come and join in the fun as we clean out the parish garage near the Rainbow Centre.

Maybe find some great treasures!

A great morning tea is your reward.



ANGLICAN NEWS FOR JUNE
is available from the diocesan website:
<http://www.anglicancg.org.au/>

CALLING ALL
WOMEN!
MARK YOUR DIARIES!
FRIDAY 26 JUNE



OUR WOMEN'S DINNER AT THE
JAMISON PIDE HUT

7pm \$25

AN OPPORTUNITY TO GET TO
KNOW RUTH WALLIS AND HEAR
SOME OF HER STORY.

PUT YOUR NAME ON THE SIGN
UP SHEET ON THE BOARD.



Godly Play Core Training - Storytelling, Wonder, Play

This week Katherine Rainger and Mary Sargeson will be attending 3 days of Godly Play story teller training in Sydney. We look forward to hearing from them upon their return.

Youth Group Camp - 26th-28th June

- Keep the youth group in your prayers as we prepare for camp. It is promising to be a wonderful time as we head out to Silverwattle Conference Centre on Lake George. The theme is "Oh the Places You'll Go: Adventures in the Book of Acts". Rumour has it that a Bollywood feast complete with henna, Bollywood Zumba, elaborate costumes, the film Hundred Foot Journey and plenty of delicious curry is also planned! See Katherine to RSVP. \$200
- If you would like to donate baked goods (nut free), crackers and dips for camp there is a box in the kitchen. Thank you!



Winter Solstice Poetry Afternoon NEXT SUNDAY 3-5pm

Winter is a challenging time for many of us. But it also has its consolations of hidden beauty and the promise of new life. Perhaps you would like to join in an afternoon of reflection and poetry around the theme of winter. Bring along your favourite winter poem to share with the group. There will also be mulled wine and other goodies to add to the cheer.

Frances MacKay

SERMONS

Did you know that you can listen to any recent sermons that you may have missed... or perhaps enjoyed so much that you want to listen to them again!?

Recordings of the weekly sermons are now being made available on the Parish website (as an MP3 file), which should play on any computer, tablet or smartphone.

IN THE PARISH



Do you hold a current First Aid Certificate or do you have Medical Qualification, ie RN, EN, MD? Would you be willing to be identified as a volunteer First Aid Officer in the Parish?

In finalising the Parish OH&S Policy, the Wardens and OH&S Committee are seeking volunteers willing be identified as First Aid Officers.

If you have the qualifications and would be willing to undertake this important role, please speak with Joh Sheehan jesheehan@comcen.com.au ph 6251 7151.

I CANT WAIT TO TELL YOU about an older, unwell, housebound client who receives a phone call from a volunteer from the Holistic Care Nursing Ministry during the week that provides a voice to break an otherwise silent day and an assurance they are being thought of and are not alone. Her feedback on the ministry is 'What a wonderful service. I don't feel so alone now and thoroughly enjoy a chat with the person who calls me. Thank you.' The phone ministry fills the gap in the absence of a visitor and is giving our clients more confidence and assurance that they can contact the phone ministry person at any time and pass on requests for assistance. This aspect of the ministry came into being because we do not have enough people to do face to face visiting for all our clients outside the visit that Nicole or I do. Naturally I am now going to say we would love to have more people on the phone ministry and more to visit our clients. Tap me on the shoulder any Sunday if you feel this might be where God is asking you to serve or email me on nurse@holycovenant.org.au



Blessings
Archdeacon Anne
Holistic Care Nursing Coodinator.

MORE FROM ST. JOHN'S CARE

In addition to food items, St John's Care has also launched its annual Appeal for funding. **Leaflets are on the back table.**

The funding allows SJC to support clients with bills such as gas and electricity, pharmacy and car rego and also with bus tickets and other similar items.

They are also short of egg cartons—they can be placed in the basket with the food.



Hilary has only 5 Entertainment Books left to be sold! Hundreds of vouchers giving you discounts to everything from meals to car repairs, accommodation, holidays etc. \$60 each of which \$12 comes to the parish. Hurry and get yours now! Contact her on 6251 8166 hilaryruthharris@grapevine.com.au



ON THE BOOKSTAND
(behind the sound system)

- ◇ Offertory envelopes
- ◇ Jams, coathangers and cards
- ◇ Holy Covenant Recipe Books. (There is a tin for your donation)

PRAYER VINE GATHERING

in the Rainbow Centre
Sunday 28 June 2:30pm-4pm

WORSHIP ROSTER AVAILABILITY

If you are not going to be available for roster duty during JULY could you please mark the sheet on the roster board by **14 June. TODAY.**

CASSEROLE BANK

Penny Lilley has been the convener of the Casserole Bank for five years and it is time for her to pass the position on to someone else.

Casserole Bank helps people in times of extra stress in their lives. Twenty- four people do a wonderful job of taking turns to provide casseroles.

For more information please talk to Penny Lilley - 6251 2592

THOUGHT FOR THE MONTH
Many people wish to serve God,
but in an advisory position only.



BIRTHDAYS THIS WEEK

Judith Platt
Audrey Kennett

If you want your name in the Birthday Book, tell Phyl:
phylandreg@optusnet.com.au

Bank Details for Direct Debit are:

Bank: Commonwealth Bank
Branch: Jamison Centre, ACT
BSB: 062 907
A/C No: 802 588
Name: Holy Covenant
Anglican Church

MINISTRY TEAM

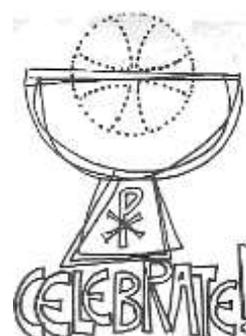
RECTOR	The Venerable Paul Wallis 0428 537 672	Email: revdpaulwallis@gmail.com Day off: Friday.
HONORARY ASSOCIATE PRIESTS	Revd Anne Dudzinski Revd Sarah Gibson	Em: annedudzinski@optusnet.com.au Email: tshsb.gibson@gmail.com
HOLISTIC CARE NURSE	Ven Anne Ranse 0439 139 209	Email: nurse@holycovenant.org.au Days: TBA
HONORARY DEACON	Revd Susan Joy Nevile 0431 133 852	Email: susanjoyn@gmail.com
YOUTH AND CHILDREN WORKER	Katherine Rainger 0401 142 851	Email: youth@holycovenant.org.au
PARISH ADMINISTRATOR	Libby Warren Office: 6251 6100	Email: office@holycovenant.org.au

PARISH DIRECTORY

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DETAILS FOR NEXT SUNDAY – 21 JUNE 2015

- 8.00 am** **HOLY COMMUNION**
Preacher and Celebrant: The Venerable Paul Wallis
- 10.00 am** **HOLY COMMUNION and Baptism**
Preacher and Celebrant: The Venerable Paul Wallis



TODAY

SENTENCE:

In Christ, God was reconciling the world to himself, not counting their trespasses against them, and entrusting the message of reconciliation to us.

READINGS:

1 Samuel 15:34 to 16:13
 Psalm 20
 2 Corinthians 5:6-10, 14-17
 Mark 4: 26-34

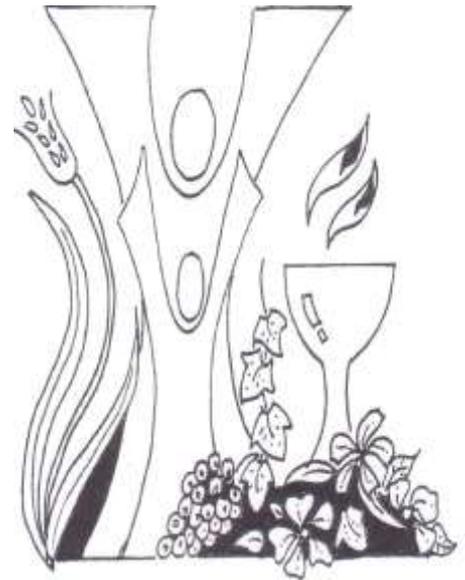
8 am HYMNS

693
 691
 495
 622

PRAYER

Almighty God,
 Without you we are unable to please
 you: mercifully grant that your Holy
 Spirit
 may in all things direct and rule our
 hearts; through Jesus Christ our Lord.

AMEN



	8.00 am	10.00 am
Sidespersons	Kerin and Brian Cox	Ken and Prue Wedgwood
Readers	Kerin Cox Steve Daniels Anne Ranse	Chris Olsson Lesley Chumak Neville Hurst
Intercessor	Chris Lewis	Bruce Barnes
Organist	Kath Arthur	Heather Shelley
Word and Prayer	Luc Rose	Tracey Matthews
Deacon	Anne Ranse	
Cup	Luc Rose, Anne Ranse	Tracey Matthews, Rob Maron, George Gerrity. Doreen Matters Extra bread: Sarah Gibson
Morning Tea	Heather and Paul Shelley	Theresa Jokisch, Judith Ann Daniells
Children's Church		Christine, Prue, Richard, Mel. M.Tea: Phyl Holmes