



HOLY COVENANT ANGLICAN CHURCH JAMISON

To grow in Christ together, to equip for service, to care for all

WEEKLY BULLETIN

SUNDAY 12 JULY 2015

Seventh Sunday
after Pentecost



We offer a special welcome to visitors and pray that you will feel at home in our community.

You are warmly invited to share Communion with us, either by drinking from or dipping the wafer in the chalice, or to come forward for a blessing.

Reflection after Communion – please feel free to light a prayer candle in the Chapel at the back of the Church following Communion.



TODAY IN THE PARISH

8.00 am HOLY COMMUNION
Celebrant and Preacher: The Venerable Paul Wallis

10.00 am HOLY COMMUNION and BAPTISM
Celebrant and Preacher: The Venerable Paul Wallis

6.00 pm TAIZE SERVICE



Please join us for morning tea after the Services

THIS WEEK IN THE PARISH

Monday 13.07.15	10.00 am 10.00 am 1.30 pm	Covenant Day Care Communion Service Communion Service	Worship Centre Kangara Waters Ret. Village Calvary Retirement Village
Tuesday 14.07.15	12.30 pm 7.30 pm	Worship Centre Rainbow Centre	Meditation and BYO lunch Belonging and Caring Meeting
Wednesday 15.07.15	12 noon 2.00 pm	Worship Centre Worship Centre	Holy Communion and BYO lunch Ever Active Exercise Class
Thursday 16.07.15	9.30 am 7.30 pm	Rainbow Centre Rainbow Centre	Scrabble EFM
Saturday 18.07.15	9.00 am 6.00 am	Worship Centre Worship Centre	Working Bee Benedictus Contemplative Church

The Holistic Care Nursing office is open from 10am – 2pm Monday and Thursday

WEEK BEGINNING 19 JULY 2015

Monday 20.07.15	10.00 am	Covenant Day Care	Worship Centre
Tuesday 21.07.15	12.30 pm 7.30 pm	Worship Centre Rainbow Centre	Meditation and BYO lunch Parish Council Meeting
Wednesday 22.07.15	12 noon 2.00 pm	Worship Centre Worship Centre	Holy Communion and BYO Lunch Ever Active Exercise Class
Thursday 23.07.15	9.30 am 7.30 pm	Rainbow Centre Rainbow Centre	Scrabble EFM
Friday 24.07.15	10.00 am	Worship Centre	Playgroup
Saturday 25.07.15	6.00 pm	Worship Centre	Benedictus Contemplative Church

NB: WEDNESDAY evening Mediation in recess till August.

THOUGHT FOR THE WEEK
**God promises a safe landing but not
a calm passage.**

SOMETHING TO THINK ABOUT

DELIGHT IN THE EXQUISITE

Great are the works of the Lord, exquisite in all their delights. Ps 112:3

When I pondered this beautiful psalm verse, I thought to myself: “When is the last time I thought of something God created as exquisite?” As I reflected on this, all sorts of marvellous things tumbled into my mind. Here are some of them: the spiritual growth I witness in those who come for spiritual guidance; the way the little creek fills up and flows merrily in heavy rains; the sliver of a waning moon with a shining planet beside it in the night sky; the deep wrinkles on the visage of an older person’s face; the compassionate way hospice workers accompany the dying; the innocence of young children who are totally open; the way words sometimes fall in amazing patterns onto the page; the graced ability of another to love me unconditionally.

What is exquisite in your world? Who and what delights you? When have you last paused to look closely at the environments in which you live? How have the great works of the creator brought you happiness and joy? Are you able to give yourself permission to gaze with wonder? Look around and notice. Then speak your gratitude to the One who gives us everything that is exquisite.

Open our hearts, O God, so that we might perceive your presence and respond in joy. Make us bold to praise you in solitude and in community – singing, dancing, and playing to tell of your glory

God’s Enduring Presence, Joyce Rupp
johngarrett publishing 2008



WORKING BEE NEXT SATURDAY FROM 9AM

Jobs to be done:

- ♦ Clean internal steelwork and window frames in the Worship Centre
- ♦ Clean chair sets of 4
- ♦ Clear gutters of storage sheds
- ♦ Clear backyard of the Rainbow Centre

Let’s see if we can lower the average age for these working bees to below 70!

AND there is always a great morning tea!

FROM ST JOHN'S CARE



It is about this time of year I always write a Pew Sheet about begging and not giving people money. There is a lot of Homelessness in Canberra at the moment, and because of the weather they are finding it very difficult. Being homeless is very hard on the body. I can remember one of the rough sleepers telling me that his body was always so tired in winter, because at night you actually hold your body so tight trying to keep the warmth in that in the morning you wake up stiff and very tired.

Each morning this week we have seen a fellow at SJC. He is rough sleeping on the other side of the lake near one of our national attractions. He has a heavily loaded shopping trolley that he pushes around and comes each morning for a cup of coffee and something to eat and then disappears for the day.

Then I go to my local Shopping Centre and there are two young men sitting on the pavement outside the Supermarket with their cap in front of them begging. I do not believe that either of these young men are homeless; it is just an easy way to make a bit of extra money.

There also seems to be a lot of begging going on in the city and the Bus Interchanges at the moment –

“I just need enough money for a bus ticket, or money for a sandwich or a cup of coffee. I have just had my wallet stolen and I can't get home”.

My advice for what it is worth – please don't give money or take your wallet out of your handbag or pocket.

- If they want food – offer to take them to a coffee shop and buy them a sandwich and coffee – if they are genuine, they will accept your kind offer and you can then pay for it in the company of others, if not they will just drift off into the crowd.
- If they want a bus ticket – offer to take them to the Bus Interchange and pay for their bus fare.

Tell them where St John's Care is (open Mon to Fri 9:30am- 2:00pm) or free lunch on the First Friday of the Month and we will help them.

Unfortunately, handing out money is not always the solution; sometimes it just feeds a nasty habit.

My wish list for this week: Shampoo and conditioner, little tubs of fruit for school lunches.

**Many Thanks
Sue**



PRAYER POINTS FOR THIS WEEK

IN THE WORLD

- Pray for all peace-makers - diplomats, negotiators, political leaders of principle and commitment to peace with justice, peace-keeping forces and religious leaders.

IN AUSTRALIA

- We pray for a government where outcomes are determined by evidence, experience, reason and respectful argument.

WORLD WIDE ANGLICAN CHURCH

- We pray for the Church in Peru, Pakistan and Brixworth, England.
- In the Australian Church we pray for the bishops, clergy and people in the Dioceses of Ballarat, Bathurst and Bendigo.

IN OUR DIOCESE

- We pray for the clergy and people in the parishes of Gippsland, Grafton, St. Paul's Manuka and Gungahlin.
- We pray for the Chaplains at Calvary Hospital, Clare Holland House and Bill McKenzie Gardens, Page.

MISSION

- We pray for the work of the Bush Church Aid Society in Sale and King Island.

IN OUR PARISH AND COMMUNITY.

- We pray for Tracey Matthews taking the services at the Retirement Villages tomorrow.
- We pray for all teachers, educators and students as they rest after a busy term.
- We pray for the following members of our parish family: David and Mel Clark; Joyce Cole; Naomi Cole; Jen Collier; Sam and Janice Colman; and Ursula Conan-Davies.
- We pray for those in special need of prayer: Phil Perman, Glenys Wimmer, Audrey Kennett, Lexie Winders, Gerard Bacon, Beryl Daniels and any known to us personally.

COMMEMORATIONS

Monday: Laurie Alexander (died 2001)



HOLY COVENANT PRAYER VINE
REQUESTS FOR PRAYER

Phone Merri Bacon on 6251 1110 or
email merri.bacon@bigpond.com





WE WELCOME

The family and friends of Evelyn and Jey David-Hoole who have come to support Evelyn and Jey as they present Elizabeth for the sacrament of Baptism.

Evelyn and Jey invite us all to join them for morning tea after the Service.

I CAN'T WAIT TO TELL YOU...

What a mixed week it has been with the clients. Everything from intense pastoral support, to accompanying to doctor's appointments, home clean up, funeral preparations and arranging for carpet cleaning and window cleaning for an elderly client but the impacting issue was how we were able to assist a grieving family.

A family still settling in Australia and ever so scared from war and family deaths in their country lost one of their triplet babies who died last week. The expense of the funeral was covered by grants that came in for the exact amount that was required but still debt hung over their head as they tried to pay off repairs to their car so the husband could get back to work and the mother visit the other two babies still in hospital and dependant on her feeding them. Through our nursing program we were able to pay for the vehicle repairs (\$1400) and through his tears the father expressed his profound gratitude at the generosity of this gift. What a life giving, life changing ministry this is. Please continue to hold all we do in your prayers and thank you for your contributions of time, talents and donations



Blessings
Archdeacon Anne
Holistic Care Nursing Coordinator

SUE JORDAN'S FAREWELL

The St. John's Care Board has invited us to Sue's farewell on Friday July 17. If you would like to attend there is a sign-up sheet on the board. **LAST CHANCE TO SIGN-UP TODAY.**



LET'S CELEBRATE OUR 47TH BIRTHDAY!!
SATURDAY 1 AUGUST 7pm



Cost: \$38 per adult \$100 family of adults and children.

For that you will get a 3 course meal with nibbles, gluten free mains and a spectacular dessert trolley.

SIGN-UP IF YOU WANT TO JOIN THE PARTY!

This is a fund-raising dinner so there will be a silent auction—so start thinking about what you can offer for auction.

THE SILENT AUCTION:

For those unfamiliar with this term, donors specify a gift or an item or a service during the course of the evening, those attending are invited to write their bids on a sheet—escalating in value as more bidders express interest in them.

Some suggestions: gardening; special cleaning tasks ie, windows or gutters; cook a meal for someone either in their home or yours; knitted scarf or beanie; ironing; do you have a trailer that could be used to transport garden waste etc; and whatever else you think would be appropriate..

Questions about the silent auction can be directed to Jen Collier
04522 976 430 or jennifercollier@optusnet.com.au



Thank You!

TO:

* **Penny Lilley** who has so willingly organised the casserole bank for the past 5 years.

* To **Chris and Claire Bleijs** who are chief cooks at our youth camps every year.

OUR CONFIRMEES SHARE THEIR JOURNEYS

ELLIE WEDGWOOD

I am getting confirmed today because I think this is a good next step to take on my journey with God. I really like being part of the Holy Covenant community. I especially like going to youth group to spend time with my friends learning more about the Bible and Jesus. We also sometimes play games or have a hot chocolate while everyone else is in church!

We have some great discussions about what Bible stories mean for us today. This helps me be with God in my everyday life. I have met some great people and heard some inspiring stories including at Camp Pel and at Soul in the Bush where we got to help other people which was awesome! I am excited about getting confirmed and continuing my journey.



BARNABY D'CRUZ



I decided to be confirmed because I could have my decision to belong to God and this church formally recognised.

When I was a child, my family decided to baptise me. I was brought into a relationship with God and the church.

Confirmation is different as the choice is down to me. I knew deep down that I was part of God's kingdom and Holy Covenant, however it is only now that I am ready to formally recognise this today.

I enjoyed the Journey Towards Confirmation and arrive with great pride and gusto at the destination knowing that it is a stop on the greater journey of life.

AIDAN JUDD

My Christian Journey: Church and the idea of God and Jesus has always been part of our family and my upbringing. However, this year mum and I have had a few talks about God and if I believed or not. In fact at one stage I thought that maybe I didn't believe but then I did 'Soul in the Bush' and it changed a few things around for me

1. I learnt that I am not keen on Christian pop music; and
2. God really did have a place in my life and my future (even if I lose him now and again as I am being an 'all about me' teenager)



A Taste of Meditation with Anthony de Mello.

Have you always wanted to learn to meditate but perhaps didn't know where to start? Or perhaps you do have a practice but would like to learn more. The facilitator, **Rob Maron**, describes himself as both a long-time meditator and always a beginner. Based on Anthony de Mello's accessible and creative book, *Sadhana: A Way to God*, this series will provide an introduction to meditation and contemplation as well as some new material for the more experienced meditator.



Participants will need to buy the book (under \$20). **Please indicate on sign-up sheet if you need a book.**

When: Four Wednesday evenings, 7.30-9pm, Rainbow Centre.
August, 5, 12, 19, 26

HAWKER MEN'S LUNCHEON FORUM

Monday 10 August
11.45—2pm
Birrigai Café,
Kangara Waters.

Cost: \$25 per head.

Speaker: Revd Joe Mullins

MC OAM

More details on the notice
board.

An elderly woman died last month. Having never married, she requested no male pallbearers.

In her handwritten instructions for her memorial service, she wrote, "They wouldn't take me out while I was alive, I don't want them to take me out when I'm dead."



FORTRESS AUSTRALIA MYTH OR REALITY? Tim Costello AO

Thursday 27 August 6.30pm for 7pm

Bella Vista Restaurant, 84 Emu Bank
Belconnen

Chair: Revd Dr Thorwald Lorenzen

Cost: \$50 for 3 course meal, wine,
juice, tea and coffee.

Details of how to book are on the
notice board and must be made by
19 August.

AND . . .

- ◇ The Rector will be on leave this week from Monday to Friday inclusive.
- ◇ The flowers in front of the sanctuary today are in memory of Nick Winders.
- ◇ Congratulations to Audrey Dargan who at the age of 89 received a Credit plus in her recent Latin exam.

ON THE NOTICE BOARD

- Contemplative Quiet Day with Art. 25 July. 9.30—4pm
- A Winter Quiet Day, 15 August 9.30—4pm St. Mark's.

WHAT YOU ARE IS
GOD'S GIFT TO YOU
WHAT YOU MAKE OF YOURSELF
IS YOUR GIFT TO GOD!

Bank Details for Direct Debit are:

Bank: Commonwealth Bank
Branch: Jamison Centre, ACT
BSB: 062 907
A/C No: 802 588
Name: Holy Covenant
Anglican Church

BIRTHDAYS THIS WEEK



**Brian Hepworth, Elizabeth Troy, Ta'isz Jokisch,
Jayne Murray, Caleb Wallis**

*If you want your name in the Birthday Book, tell Phyl:
phyladreg@optusnet.com.au*

MINISTRY TEAM

RECTOR	The Venerable Paul Wallis 0428 537 672	Email: revdpaulwallis@gmail.com Day off: Friday.
HONORARY ASSOCIATE PRIEST	Revd Anne Dudzinski 6278 6087	Em: annedudzinski@optusnet.com.au
HOLISTIC CARE NURSE	Ven Anne Ranse 0439 139 209	Email: nurse@holycovenant.org.au Days: TBA
HONORARY DEACON	Revd Susan Joy Nevile 0431 133 852	Email: susanjoyn@gmail.com
YOUTH AND CHILDREN WORKER	Katherine Rainger 0401 142 851	Email: youth@holycovenant.org.au
PARISH ADMINISTRATOR	Libby Warren Office: 6251 6100	Email: office@holycovenant.org.au

PARISH DIRECTORY

PARISH OFFICE Open 10 am - 2 pm Tuesday to Thursday	89 Dexter Street, Cook, ACT 2614 PO Box 98, Jamison, ACT 2614 Tel: 6251 6100	Email: office@holycovenant.org.au Web Page: http://holycovenant.org.au
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DETAILS FOR NEXT SUNDAY – 19 JULY 2015

- 8.00 am** **HOLY COMMUNION**
Celebrant and Preacher: The Venerable Paul Wallis
- 10.00 am** **HOLY COMMUNION**
Celebrant and Preacher: The Venerable Paul Wallis



TODAY

SENTENCE: Who shall stand in the Lord's holy place? Those who have clean hands and pure hearts, who do not lift up their hands to what is false.

Psalm 24:3-4

READINGS:

2 Samuel 6: 1-5, 12b-19
 Psalm 24
 Ephesians 1: 1-14
 Mark 6: 14-29

8 am HYMNS

125 (omit verses 3 and 5)
 465
 160
 469

PRAYER

O God, your presence is made known to us in this gathered community of faith, in the doing of justice and evidence of peace, in the face of a stranger and the story of a friend.

May we recognize the sacred at all times and places and be inspired with your joy. Give us the courage and freedom to express this joy in every way and with all that we are.

AMEN



	8.00 am	10.00 am
Sidespersons	Elizabeth Grant, Tony Willis	Prue and Ken Wedgwood
Readers	Rosemary Kennemore Tony Willis Anne Ranse	Doreen Matters Kate King Anne Ranse
Intercessor	Mary Lynn Mather	-
Organist	Mandy Squair	Pam Lane
Word and Prayer	Steve Daniels	Joh Sheehan
Deacon	Anne Ranse	Anne Ranse
Cup	Steve Daniels, Anne Ranse	Anne Ranse, Phyl Holmes Doreen Matters, Tobias Nevile Extra Bread: Richard Browning
Morning Tea	Pam Lane, Beth Heyde	Alison Campbell, Michael Allen
Children's Church		On holidays.