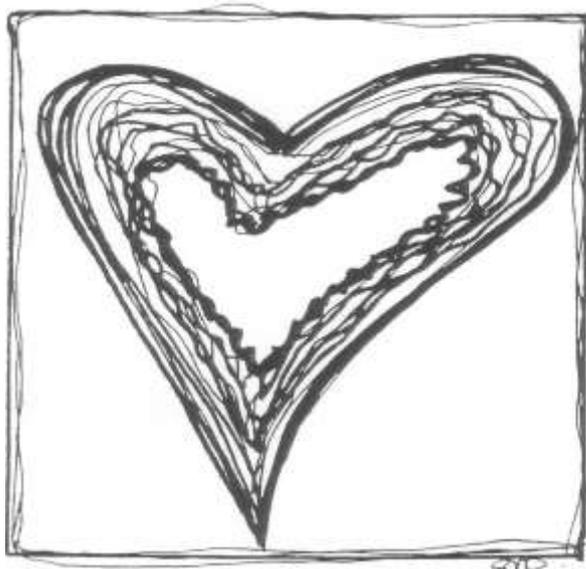


# HOLY COVENANT ANGLICAN CHURCH JAMISON

*To grow in Christ together, to equip for service, to care for all*

WEEKLY BULLETIN

6 SEPTEMBER 2015



Has not God chosen the poor in the world to be rich in faith and be heirs of the Kingdom.

## *Fifteenth Sunday after Pentecost*



We offer a special welcome to visitors and pray that you will feel at home in our community.

You are warmly invited to share Communion with us, either by drinking from or dipping the wafer in the chalice, or to come forward for a blessing.

**Reflection after Communion** – please feel free to light a prayer candle in the Chapel at the back of the Church following Communion.



### TODAY IN THE PARISH

- 8.00 am**     **HOLY COMMUNION**  
Celebrant:    and Preacher : The Venerable Paul Wallis
- 10.00 am**   **HOLY COMMUNION, Children's Church and Youth Group**  
Celebrant:    and Preacher : The Venerable Paul Wallis
- 11.00 am**    **Service at BUPA Nursing Home**
- 4.00 pm**     **Rainbow Fellowship**



*Please join us for morning tea after the Services*

## THIS WEEK IN THE PARISH

<b>Monday</b> <b>07.09.15</b>	10.00 am	Covenant Day Care	Worship Centre
<b>Tuesday</b> <b>08.09.15</b>	12.30 pm 7.30 pm	Worship Centre Rainbow Centre	Meditation and BYO lunch Communications Team Meeting
<b>Wednesday</b> <b>09.09.15</b>	<b>Midday</b> 6.00 pm	<b>Communion Service</b> Rainbow Centre	<b>and Exercise Class cancelled</b> Meditation
<b>Thursday</b> <b>10.09.15</b>	9.30 am 7.30 pm	Rainbow Centre Rainbow Centre	Scrabble EFM
<b>Friday</b> <b>11.09.15</b>	10.00 am	Worship Centre	Playgroup
<b>Saturday</b> <b>12.09.15</b>	6.00 pm	Worship Centre	Benedictus Contemplative Church

The Holistic Care Nursing office is open from 10am – 2pm Monday and Thursday.

## WEEK BEGINNING 13 SEPTEMBER 2015

<b>Monday</b> <b>14.09.15</b>	10.00 am 10.00 am 1.30 pm	Covenant Day Care Kangara Waters Ret. Vill Calvary Ret. Village	Worship Centre Communion Service Communiion Service
<b>Tuesday</b> <b>15.09.15</b>	12.30 pm 7.30 pm	Worship Centre Rainbow Centre	Meditation and BYO lunch Parish Council Meeting
<b>Wednesday</b> <b>16.09.15</b>	12 noon 2.00 pm 6.00 pm	Worship Centre Worship Centre Rainbow Centre	Holy Communion and BYO Lunch Ever Active Exercise Class Meditation
<b>Thursday</b> <b>17.09.15</b>	9.30 am 7.30 pm	Rainbow Centre Rainbow Centre	Scrabble EFM
<b>Friday</b> <b>18.09.15</b>	10.00 am	Worship Centre	Playgroup
<b>Saturday</b> <b>19.09.15</b>	9.00 am 6.00 pm	Worship Centre Worship Centre	Working Bee Benedictus Contemplative Service

## SOMETHING TO THINK ABOUT

It is easy to identify ourselves by who we are against. Greater attention should be given to who we are at our centre, who we really are in ourselves.

Learning how to hold your tongue is not easy. The urge to reassert one's ascendancy is strong. Trusting the quality of one's character to speak for itself is not easily or quickly learnt. A strong character, like one that is flawed, is its own testimony.

Jesus is not the least bit unsettled by a flawed, corrupt or even wicked heart. They are loved all the same. What really unsettled Jesus was the incongruous – the exterior that appears different to the interior.

*"Two men went up to the temple to pray, one a Pharisee and the other a tax collector. The Pharisee, standing by himself, was praying thus, 'God, I thank you that I am not like other people: thieves, rogues, adulterers, or even like this tax collector. I fast twice a week; I give a tenth of all my income.' But the tax collector, standing far off, would not even look up to heaven, but was beating his breast and saying, 'God, be merciful to me, a sinner!'" Luke 10.14*

"Who left the temple at peace with God?" asks Jesus – not the religious one all bright and shiny on the outside. No matter the condition, the honest acceptance of where one is immediately places one face forward with the compassionate heart of God. Jesus saves his most telling rebukes for those afflicted with an incongruous interior and exterior life; Jesus was especially harsh on hypocrisy. His rebuke of the religious elites is the kind of thing that invites crucifixion: "You whitewashed tombs, all clean and luminous on the outside yet home to bones and corruption within." The external appearance of piety and manicured public holiness veils internal decay and deceit within. The way forward begins in an honest appraisal of reality and the orientation of our hearts.

Lord have mercy. Lord have mercy. Lord have mercy.

- **Richard Browning**

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\*  
\* **THOUGHT FOR THE WEEK** \*  
\* **Take heart it is I;** \*  
\* **Have no fear.** \*  
\* **Matthew 14:27** \*  
\*  
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This week I want to share my delight at the success of our Marriage Education Course that we ran at the weekend, but first, here are some statistics about marriage in Australia:

- There were 118,962 marriages registered and 47,638 divorces granted in Australia in 2013.
- There are on average 326 weddings across Australia per day.
- Civil celebrants have overseen the majority of marriages since 1999 and the proportion of marriage ceremonies overseen by a civil celebrant increased again to 72.5 per cent of all marriages in 2013.
- The average age at marriage in 2015 was 29.9 years for males and 28.3 years for females.
- 1 in 5 will marry more than once.
- 1 in 3 will end in divorce.
- 4 in 5 couples live together before marriage.
- 56% of all weddings take place on Saturday.

We run our Marriage Education Course 5 times per year for couples intending to marry. The course is open to all intending to marry, not just those intending to marry at St John's. The workshop gives participants an opportunity to pause and reflect on the nature and complexity of committed relationships. The key aims of the workshop are to:

- Develop a realistic perspective of relationships
- Understand intimate relationships as a vehicle for growth
- Explore commitment
- Identify the hallmarks of happy, successful, long-term relationships

As mentioned last week, it was the first time that Ruth and Lee Walton had run the program. We had 5 couples participate and here are some of the things they wrote in their evaluations that grabbed them about the course:

- Real life experience from the facilitators.
- Its focus on needing to make time to work on the relationship (not just be in it)
- Listening to my partner and learning to accept my bad habits in order to make our relationship healthy by changing and vice versa.
- The practical exercises were really helpful.
- A great course. I would consider doing this every year of our marriage.
- They [the presenters] were both really lovely.
- All the material was clear and helpful and the course ran at a good pace. Presenters were excellent – put the group at ease and helped draw out key points. Thank you!
- 9 out of the 10 participants said that they would recommend this program to other couples.

Congratulations and thanks to Ruth and Lee on a job very well done. The next Course will run on the 21<sup>st</sup> November this year.

**Wish list: Bottles of pasta sauce, Savoury snacks for kids lunches (eg sultanas, cheese or dips and bikkies), Poppers**

***Stuart Davis-Meehan , Director***



# PRAYER POINTS FOR THIS WEEK

## IN THE WORLD

- Pray for renewed determination to bring peace and prosperity with justice and hope in hopeless situations around the world, especially in Israel-Palestine, Syria, Iraq and Afghanistan. Pray for creative responses to terrorism and threat, so other than meeting violence with violence.

## IN AUSTRALIA

- Pray for the young unemployed and for university students, that government policies will enhance job growth and make continued education affordable and available to all.

## WORLD WIDE ANGLICAN CHURCH

- We pray for the Church in Pakistan, Myanmar and York England,
- In the Australian Church we pray for the bishops, clergy and people in the Dioceses of Ballarat, Bathurst and Bendigo.

## IN OUR DIOCESE

- We pray for the clergy and people in the parishes of St. Saviour's Cathedral Goulburn; North Goulburn and West Goulburn.
- We pray for the Cursillo Movement , especially Connie Gerrity Spiritual Director and Steve Daniels Lay Director.

## MISSION

- We pray for the work of the Australian Board of Missions in Hong Kong and South Sudan.

## IN OUR PARISH AND COMMUNITY.

- We pray for the Diocesan Synod beginning on Friday.
- We pray for the Communications Team meeting this week.
- We pray for Mark Webb and the Kairos team ministering in Goulburn Jail this week.
- We pray for the following members of our parish family: Brian and Merrie Hepworth; Beth Heyde; Andrew Hill; Reg and Phyl Holmes; Jay, Evelyn, Hannah, Mary, Sarah and Elizabeth David-Hoole.
- We pray for those in special need of prayer: Phil Perman, Portia Lloyd, Beryl Daniels and any known to us personally.

## COMMEMORATIONS

Tuesday: Birth of Mary, Mother of the Lord.

Friday: **David Frew Durie (died 1999)**



HOLY COVENANT PRAYER VINE  
REQUESTS FOR PRAYER

Phone Merri Bacon on 6251 1110 or  
email [merri.bacon@bigpond.com](mailto:merri.bacon@bigpond.com)

Hear our Prayer,  
O God.†

## IN THE PARISH



This year I am part of the Kairos team inside Goulburn Gaol, between Tuesday 8<sup>th</sup> and Friday 11<sup>th</sup> September. Kairos is an ecumenical prison ministry that brings the love of Christ to inmates around the world.

**It's not too late to provide some goodies or donations—Mark is calling by the church on Monday morning**

Thank you to those who have responded to my requests for support for Kairos.

### **SOME DO'S AND DON'TS**

#### **Letter Don't Points**

- **Do not** sign with your last name. First name only.
- **Do not** include your address.
- **Do not** use stickers or paste anything onto the paper, card or envelope.
- **Do not** seal the envelopes.

#### **Letter Do Points**

- Hand written.

#### **Biscuit Don't Points**

- **Do not** sprinkle with icing sugar.
- **Do not** fruit, raisins, sultanas, etc.

#### **Biscuit Do Points**

- Hand made is preferable

There will be a clearly marked table at the back of the church where you can leave these in the week preceding Kairos, and I will collect them AM Monday 7<sup>th</sup> Sept on my way to Goulburn. Alternately I am happy to drop by and pick them up.

If you have any questions about this Kairos, or the Kairos ministry in general, please do not hesitate to contact me. Please keep us in your prayers.

**Mark Webb**

**0478 683 860**

***markwebb1958@yahoo.com.au***

### **FROM THIS MONTH'S PARISH COUNCIL MEETING:**

- Thank you to Katherine Rainger for her inspiring sermon. If you missed it, it's on the website.
- We are seeking a Volunteer to prepare and manage transport roster. Please prayerfully consider whether you can help.
- The recent Anglican Historical Society newsletter is on the Noticeboard..
- **A reminder that the parish subscribes to the St. Mark's Library Association.** This gives all parishioners the right to use and borrow books from the Library.
- Another reminder that the parish contributes to Companion House and has a membership there.



DIOCESAN SYNOD  
NEXT WEEKEND—Friday 10th to Sunday 12th

Holy Covenant members attending are:

Paul Wallis, Anne Dudzinski, Ann Ranse,  
Peter Sherman, Katherine Rainger, Beth Heyde.  
Bob Arthur

## I CAN'T WAIT TO TELL YOU . . .

. . . that there is a meeting of the Holistic Care Nursing ministry  
in the Worship Centre on

**Thursday 17 September at 7.p.m.**

Supper will be provided. The meeting is to support the  
volunteers of this ministry and update and progress what we  
are doing.



If you would like to know more about the Holistic Care Nursing and/or what you  
could do in it by volunteering then you would be most welcome. Our biggest  
need at the moment is more people to offer to drive clients to appointments  
and more people to do home support visiting. Many thanks.

### **Blessings**

**Archdeacon Anne, Holistic Care Nursing Coordinator.**

It is with great sadness and shock that we learnt of the  
death of **Peter Hall** on Wednesday evening following a  
massive heart attack on Monday. Peter, Jenny and family  
have been worshipping with us for nearly 30 years and  
Peter has fulfilled many roles including Rector's Warden.  
Our love and prayers are with Jenny, Christopher and  
Bronwen at this sad time.

**A Thanksgiving Service for Peter will be held at 11am on  
Wednesday 9th September at Holy Covenant, followed  
by refreshments. We have been asked to provide slices  
and biscuits.**

## OPPORTUNITIES FOR QUIET TIME



### *PARISH RETREAT 18-20 September 2015*

#### **CHRIST IN CROWDED SOULS: JOURNEY INTO SIMPLICITY**

*In the midst of lives that are busy, crowded and distracted, Jesus offers his counter-intuitive wisdom. The way to abundance is by poverty; the way to fullness is by self-emptying; the way to God is by the purification of our own hearts. But what does this really mean? And how can we live from this wisdom in the circumstances and demands of our daily lives, in ways that are life-giving for ourselves and others?*

***St. Clement's Retreat Centre, Galong***  
*Led by the Revd Dr. Sarah Bachelard*

*Leaflets with registration available from the sign-up board.*

***Contrary to last week's Bulletin there is still plenty of room,  
Registrations close on 7 September.***



### **Spring Quiet Day in the Gardens 12 September 2015 9.30am-4pm**

*The best place to find God is in a garden. You can dig for God there.  
George Bernard Shaw*

The day will be led by Susanna Pain, Meet at the cafe,  
Australian National Botanic Gardens Clunies Ross St, Acton  
at 9.15am

donation: \$30 bookings essential: Susanna Pain ph 0418 637 469  
email: susanna.pain@gmail.com

## The parish Mini fete and Plant Sale 7th of November.



Please save the date and start thinking about how you will like to contribute:

- Plant stall - plants, seedlings, etc
- Cake stall - cakes, preserving fruits/jams/chutneys, etc
- Café - coffee, cakes, slices, etc
- any other stall ideas?

If you would be interested in volunteering or have any further ideas please contact Evelyn on 0411062160 or [evie\\_24@hotmail.com](mailto:evie_24@hotmail.com)

Have you got a green thumb? Are you tidying up your garden after winter (it WILL soon be over!)? Now is an ideal time to pot up plants such as those extra strawberry runners, hydrangeas, geraniums, rosemary and correa prunnings etc and get them off to a great start for the plant sale in November. Alternatively, you might be contemplating dividing that clump of iris, lamb's tails, or hellebore etc. These and many others would also be well established by November and make tempting purchases.



### Launch of Canberra Alliance for Participatory Democracy (CAPaD)

at Radford College Hall, 1:30pm  
Sunday 13th September 2015.

[www.canberra-alliance.org.au](http://www.canberra-alliance.org.au)

To reserve a seat at the launch  
on 13<sup>th</sup> September:

[canberraalliance@gmail.com](mailto:canberraalliance@gmail.com)

<http://www.eventbrite.com/e/launch-of-canberra-alliance-for-parliamentary-democracy-tickets-18161777365>.



[www.clipartof.com](http://www.clipartof.com) 1336808

TO ALL OUR WONDERFUL  
DADS, GRANDADS AND  
GREAT GRANDADS

Bank Details for Direct Debit are:

Bank: Commonwealth Bank  
Branch: Jamison Centre, ACT  
BSB: 062 907  
A/C No: 802 588  
Name: Holy Covenant Anglican Church

**ON THE NOTICE BOARD**

- A page from **Anglican World** with a photo of our own Katherine (and Jazz and Samuel) at a CMS function in February.
- The latest Newsletter from **Caitlin Lance**.



**BIRTHDAYS THIS WEEK**

**Frankie Moss, Hannah David-Hoole, Tony Dunncliffe-Hagan, Charlie Moss, John Dau, George Gerrity.**

*If you want your name in the Birthday Book, tell Phyl [phylandreg@optusnet.com.au](mailto:phylandreg@optusnet.com.au)*



## MINISTRY TEAM

<b>RECTOR</b>	<b>The Venerable Paul Wallis</b> 0428 537 672	Email: revdpaulwallis@gmail.com Day off: Friday.
<b>HONORARY ASSOCIATE PRIEST</b>	<b>Revd Anne Dudzinski</b> 6278 6087	Em: annedudzinski@optusnet.com.au
<b>HOLISTIC CARE NURSE</b>	<b>Ven Anne Ranse</b> 0439 139 209	Email: nurse@holycovenant.org.au Days: TBA
<b>HONORARY DEACON</b>	<b>Revd Susan Joy Nevile</b> 0431 133 852	Email: susanjoyn@gmail.com
<b>YOUTH AND CHILDREN WORKER</b>	<b>Katherine Rainger</b> 0401 142 851	Email: youth@holycovenant.org.au
<b>PARISH ADMINISTRATOR</b>	<b>Libby Warren</b> Office: 6251 6100	Email: office@holycovenant.org.au

## PARISH DIRECTORY

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## DETAILS FOR NEXT SUNDAY 13 SEPTEMBER 2015

**8.00 am**      **HOLY COMMUNION**  
**Celebrant: The Revd Connie Gerrity**  
**Preacher: Chris Lewis**

**10.00 am**      **HOLY COMMUNION**  
**Celebrant: The Revd Connie Gerrity**  
**Preacher: Chris Lewis**

**6.00 pm**      **Taize Service**



# TODAY

## SENTENCE:

So speak and so act as those who are to be judged by the law of liberty.  
James 2.13

## READINGS:

Proverbs 22: 1-2, 8-9, 2-23.  
Psalm 125  
James 2: 1-17  
Mark 7: 24-37

## 8 am HYMNS

160  
587  
674  
572(i)

## PRAYER

God of surprise and awe,  
you who can turn our many hatreds and  
fears around; come to us in this time of  
worship.

Challenge our sure perspectives and  
unsettle our fixed opinions.

Above all, instill in us a vision for a new  
world and a re-creative way of living  
wholeheartedly within it.

**AMEN**



	8.00 am	10.00 am
<b>Sidespersons</b>	Kerin and Brian Cox	Prue and Ken Wedgwood
<b>Readers</b>	Kerin Cox Peter Bazeos Anne Ranse	Sue Dunbar Reg Holmes Jayne Murray
<b>Intercessor</b>	Jennifer Collier	Tracey Matthews
<b>Organist</b>	Heather Shelley	Heather Shelley
<b>Word and Prayer</b>	Paul Shelley	John Sheehan
<b>Deacon</b>	Anne Ranse	-
<b>Cup</b>	Paul Shelley, Anne Ranse	Leo Wimmer, Phyl Holmes, Tracey Matthews, George Gerrity. Extra bread: Anne Dudzinski
<b>Morning Tea</b>	Mandy Squair Marjorie Pratt	Alison Campbell, Michael Allen
<b>Children's Church</b>		Maurice Nevile, Susan Joy Nevile, Anna Thorpe. M. Tea: Phyl Holmes