



HOLY COVENANT ANGLICAN CHURCH JAMISON

To grow in Christ together, to equip for service, to care for all

WEEKLY BULLETIN 4 OCTOBER 2015



Nineteenth Sunday after Pentecost



We offer a special welcome to visitors and pray that you will feel at home in our community.

You are warmly invited to share Communion with us, either by drinking from or dipping the wafer in the chalice, or to come forward for a blessing.

Reflection after Communion – please feel free to light a prayer candle in the Chapel at the back of the Church following Communion.



TODAY IN THE PARISH

8.00 am HOLY COMMUNION
Celebrant and Preacher: The Venerable Paul Wallis

10.00 am HOLY COMMUNION
Celebrant and Preacher: The Venerable Paul Wallis

11.00 am Service at BUPA Nursing Home

4.00 pm Rainbow Fellowship



Please join us for morning tea after the Services

THIS WEEK IN THE PARISH

Monday 05.10.15.		No Covenant Care	
Tuesday 06.10..15	12.30 pm 78.30 pm	Worship Centre Rainbow Centre	Meditation and BYO lunch Belonging and Caring Team
Wednesday 07.10.15	12 noon 2.00 pm 6.00 pm	Worship Centre Worship Centre Rainbow Centre	Holy Communion and BYO Lunch Ever Active Exercise Class Meditation
Thursday 08.10.15	9.30 am	Rainbow Centre	Scrabble
Friday 09.10.15			
Saturday 10.10.15	6.00 pm	Worship Centre	Benedictus Contemplative Service

The Holistic Care Nursing office is open from 10am – 2pm Monday and Thursday.

WEEK BEGINNING 11 OCTOBER 2015

Monday 12.10.15	10.00 am	Worship Centre	Covenant Day Care
Tuesday 13.10.15	12.30 pm 7.30 pm	Worship Centre Rainbow Centre	Meditation and BYO lunch Communications Team meeting
Wednesday 14.10.15	12 noon 2.00 pm 6.00 pm	Worship Centre Worship Centre Rainbow Centre	Holy Communion and BYO Lunch Ever Active Exercise Class Meditation
Thursday 15.10.15	9.30 am 7.30 pm	Rainbow Centre Rainbow Centre	Scrabble EFM
Friday 16.10.15	10.00 am	Worship Centre	Playgroup
Saturday 17.10.15	6.00 pm	Worship Centre	Benedictus Contemplative Service

SOMETHING TO THINK ABOUT

“I AM AS I AM IN THE EYES OF GOD. NOTHING MORE AND NOTHING LESS.”

- *Francis of Assisi*

The feast day of St Francis of Assisi (1181-1226) is the 4th October. Francis was born into a wealthy family; however, he chose another way - a way of simplicity and love for all creation. We often associate him with his desire to affirm life wherever he found it whether that be in all people, in animals and of course Brother Sun and Sister Moon. The order that he established, the Franciscans continue today in their vocation of humility, surrender and poverty. Alongside their sisters, the Poor Clares, they follow Christ as members of a community committed to service in Jesus name.

When we come to the lives of the saints I'm reminded of the saying, "All stories are true and many of them actually happened!" Stories can shape our imaginations and inspire us to see the world and each other in new and surprising ways. The story of Francis being called to help a community plagued by a vicious wolf is an example of this. After speaking with the hungry wolf, Francis said to the people of the town, "You need to feed your wolf." The community embraced the wolf, fed him and cared for him so much so that when the wolf died they grieved at his passing. Gifts are sometimes hidden from us until we are given eyes to see them in a new light.

I heard a Godly Play story of St Francis shared last weekend at the National Godly Play conference. The storyteller laid down his picture on some green felt and then told parts of Francis' story using words and objects to represent different parts of the story. The part of the story that I liked best occurred right at the beginning. Francis was in the market place selling his father's beautiful cloth. A man with leprosy came to him and begged him for some coins. Francis said "no." Throughout the day Francis thought about the man and at the end of the day he went to look for him. When he found him he gave him the whole day's earnings and embraced him (needless to say Francis' father was not very impressed!). Within every saintly story there is a human being making one choice at a time. Francis had to learn the way of compassion. I'm sure his path into the ways of the Kingdom of God was full of moments like this, moments of making hard choices and moments of second chances.

Our own saintly stories are also full of these moments as we grow into our callings and live out our stories, one choice at a time.

- *Katherine Rainger*



The Cost of Winter Warmth

This was my first winter in Canberra and I am not telling you anything you don't already know, it was a cold one. As a result, many of our clients have amassed huge electricity and gas bills to heat their homes and keep their families warm. Many of our clients live in public housing which is often not very energy efficient with limited or no insulation, drafts and old heating systems. Did you know that by cutting down on draughts, you can save up to 25% of your heating and cooling bills?

We have had at least a half a dozen clients recently attending our Emergency Relief Centre seeking assistance with paying their winter electricity and gas bills, many of which were well in excess of \$1,000.

One such client had accrued energy bills in excess of \$7,000. I asked her about her energy usage which included 2 fish tanks and an old gas heater which, in winter, she left on all night from 5pm – 8am to keep the entire house warm.

You might remember that ACTewAGL recently donated to us about a dozen warm winter jackets, which we handed out within a week. As a result, I have been in contact with them to express my concern about the size of some of our clients' energy bills. I am pleased to say that ACTewAGL has a Financial Hardship Policy including the Staying Connected Program (a payment plan) and an Energy Efficiency Improvement Scheme (free energy saving products).

They also alerted me to two programs run by the ACT Government called the Home Energy Advice Service and the Outreach Energy and Water Efficiency Program and the range of concessions available from the ACT and NSW Governments to those on eligible government benefits.

Accordingly, it is my plan to actively promote these programs to our clients, as part of a more proactive approach to assisting people who come to us seeking assistance with paying energy bills.

In relation to those with very large bills, we could just pay a small amount off their bills, but this would only provide very short term relief. So, in addition, we will be assisting them to access the range of free services that are available, to optimize their energy use and reduce their crippling bills in the long term. This is one way that St John's Care can help people to escape from a cycle of poverty.

Wish list: shampoo, conditioner and powdered milk.

Stuart Davis-Meehan
Director



PRAYER POINTS FOR THIS WEEK

IN THE WORLD

- We continue to pray for those affected by the war in Syria, particularly by the recent bombings by Russians.

IN AUSTRALIA

- We give thanks for the Federal Government's recent announcements about combating domestic violence and pray for the organisations working with victims.

WORLD WIDE ANGLICAN CHURCH

- We pray for the Church in Ghana, West Africa and Swansea in Wales.
- In the Australian Church we pray for the bishops, clergy and people in the Dioceses of Ballarat, Bathurst and Bendigo.

IN OUR DIOCESE

- We pray for the clergy and people in the parishes of Braidwood, Bungendore and Crookwell.
- We pray for small country churches and their ministry and the Diocesan Centre for Lay Ministry and Mission.

MISSION

- We pray for the work of the Australian Board of Missions in China and the Sudan.

IN OUR PARISH AND COMMUNITY.

- We give thanks for the beautiful spring weather and for the opportunity to enjoy God's bounty.
- We pray for our youth attending Beyond Festival at Greenhills Conference Centre this weekend.
- We pray for the following members of our parish family: Martin, Anne and Jenny Lange; Claire Lawlor; Trevor Lawrence; Chris Lee; David Lescinsky, Penny King, Nettie and Katy.
- We pray for those in special need of prayer: Phil Perman, Portia Lloyd, Beryl Daniels and any known to us personally.

COMMEMORATIONS

Tuesday: William Tyndale, biblical scholar (died 1536)
Lewis Berian James (died 2002)



HOLY COVENANT PRAYER VINE
REQUESTS FOR PRAYER

Phone Merri Bacon on 6251 1110 or
email merri.bacon@bigpond.com

Hear our Prayer,
O God.†

IN THE PARISH

HOLY COVENANT'S OPEN GARDEN SCHEME

The first one this year is on
Sunday 11 October 10.30am - 4.30pm,
12 Juwin Street, Aranda



Come and see what can happen when your garden is on the side of a hill - and relax over tea/coffee.

Kath (and Robert) Arthur's garden is a random collection of native and exotic plants which has been evolving over 45 years!

NB Please note that this garden is moderately steep, contains many steps and a steep driveway - not suitable for prams or other wheeled aids.



LISTENING TO OUR DREAMS

Have you ever considered what a rich source of wisdom our dreams can be? Over the centuries people have paid attention to their dreams, believing that they are being addressed by God. Just think of those significant dreams in the scriptures! In this series we will explore how working with dreams can be a valuable source of wisdom in discerning our life direction and journey with God. It would be helpful if you have some dreams **to work on, but don't worry if you haven't.** (You will probably come up with one if you decide to come.) It would also be helpful to bring along your journals, or at least some writing materials.

When: 7.30—9.00pm October 14, 21, 28 November 4

Where: The Rainbow Centre

RSVP on signup sheets.

- *Frances Mackay*





The parish Mini fete and Plant Sale 7th of November.

Please save the date and start thinking about how you will like to contribute— **there are sign-up sheets on the board for all these stalls:**

- Plant stall - plants, seedlings, etc
- Cake stall - cakes, preserving fruits/jams/chutneys, etc
- Café - coffee, cakes, slices, etc
- any other stall ideas?

If you would be interested in volunteering or have any further ideas please contact Evelyn on 0411062160 or evie_24@hotmail.com

**There will be a meeting next Sunday 11 October
after the 10am Service for all interested parties**

Have you got a green thumb? Spring has sprung and now is an ideal time to pot up plants such as those extra strawberry runners, hydrangeas, geraniums, rosemary and correa prunings etc and get them off to a great start for the plant sale in November. Alternatively, you might be contemplating dividing that clump of iris, lamb's tails, or hellebore etc. These and many others would also be well established by



DEEP DIVE

25 October

11.45 am

Katherine Rainger.



To Witness a Time of Crisis:
A cross-textual reading
between the Book of
Lamentations and Testimonies
from the conflict in Gaza and
Israel July 2014.

When Adam stayed out very late for a few nights, Eve became upset.

"You're running around with other women," she charged.

"You're being unreasonable," Adam responded. "You're the only woman on earth." The quarrel continued until Adam fell asleep, only to be awakened by someone poking him in the chest.

It was Eve. "What do you think you're doing?" Adam demanded. "Counting your ribs," said Eve.



YOUTH AND CHILDREN MATTERS

The end of a school term is a good time to reflect on what has been happening and to look forward to what is ahead. Below is a snapshot of Youth and Children Ministry on a Sunday morning at Holy Covenant:

- A **huge thank you** to the storytellers, leaders, teachers and helpers who faithfully prepare for and nurture the spiritual formation of the young people in our midst. You are a blessing!
- If you would like to be part of this team you are very welcome. There is something for everyone - from being a welcomer at Godly Play to children's morning tea; resource preparation (laminating, cutting etc) to leading youth group. See Katherine Rainger if you are interested. Helpers for Godly Play would be especially appreciated.
- Thank you to the team of Friday volunteers who prepare the children's space in the church with so much care each week..

GODLY PLAY

During Term 3 Godly Players explored the core stories of our faith: Creation, the Great Family, Exodus, the 10 Best Ways to Live and Exile. We have a piece of the desert in the Godly Play room and this is important because so many important things happened to the people of God in the desert (see photos on parish pics board). We have purchased some new Godly Play resources including a temple, a church calendar and the materials for telling a story about the Good Shepherd and the people of God throughout the world. During Term 4 we will wonder about the parables before entering the purple getting ready time of Advent. I am looking forward to attending the Godly Play National Conference in Sydney on the 25th-27th September.

CHILDREN'S CHURCH

Who can forget the Term 3 family service which coincided with the 40 Hour Famine? Children's Church spent time planning for the service and hearing stories from children around the world. We discussed what it was that we would like to stand for. This group also spent time learning about the letter to the Ephesians and creation. What a wonderful group of children we are blessed to have amongst us. During Term 4 we will be busy planning a family service for All Saints Day on the 1st November and the Christmas Eve family service. Jesus' teaching in stories from Mark will be a focus and so will Bible characters who we will walk with on the Advent journey towards Christmas.

Contd. On page 9

IN THE PARISH

From page 8

YOUTH GROUP

Youth Group have had another great term. Check out the chapel for our art and theology engagement focusing on contrast in colour and form found in creation. What a talented, intelligent and creative group. During the term we explored justice and love in preparation for the 40 Hour Famine and we discussed the multifaceted images found in the letter to the Ephesians (Building; Body and Battle - what would be a term at youth group without some imagery from *Harry Potter*, *Narnia* and *Lord of the Rings* to interpret in conversation with St Paul!). If you had of been at the Dumpling Inn at Jamison one Saturday night you would have found older members of the Youth Group enjoying a lively dinner. A whole youth group social event to Skyzone and Cold Rock was another highlight. The Gospel of Mark will be the focus for Youth Group Bible Study in Term 4.

BEYOND MUSIC AND SOCIAL JUSTICE FESTIVAL

Youth Group is very excited to be attending the Beyond Festival at Greenhills Conference Centre on Cotter Road on the October long weekend. Please keep us in your prayers and if you'd like to contribute some baked goods to keep us going there will be a box in the church kitchen up to 2:30pm on Friday 2nd October.

Thanks again to Chris and Clare Bleijs who are cooking for us.

Thank you Holy Covenant for your support, prayers and encouragement.

Katherine Rainger

Youth and Children Worker

→ **SCRABBLE PLAYERS, TWO** required for one Sat. morning a month for a lady in Kangara Waters Retirement Village who LOVES playing. She has expressed a wish for 2 Saturday games a month. Contact

Gillian.painter@Hotmail.com

WANTED

→ **TRAILERS** Do you have a trailer that can be used by the Holistic Care Nurse every now and again?

Offers to Paul Shelley:

6251 1568

epshms@grapeviner.com.au

Robert Arthur

6251 2383

kandrarthur@gmail.com

THOUGHT FOR THE WEEK

**Our lives are manifestations
of what we think about God.**

Anon

Youth Group, Children's Church and Godly Play are in recess and will return on Sunday 11 October.

NB. The tea roster runs out next Sunday—is there anyone willing to co-ordinate it? Contact the office: 6251 6100

Bank Details for Direct Debit are:
Bank: Commonwealth Bank
Branch: Jamison Centre, ACT
BSB: 062 907
A/C No: 802 588
Name: Holy Covenant Anglican Church

ON THE NOTICE BOARD

- **12 October. *Voices for Justice, Prayer Vigil***
- **Invitation from the Women of Holy Cross Lutheran Church.** Sat 17 October—'Simple Gifts'
- **Inaugural Professorial Lecture** Professor Bruce Stevens, 28 Oct. ACC&C chapel, 7.30 pm
- ***Opening to Mystery*, Quiet day,** 21 Nov. ACC&C chapel.
- **Campfire Reflection** from 6pm Thursdays in November. ACC&C
- **Anglican Historical Society Newsletter**—October excursion to Cooma.

Jenny, Christopher and Bronwyn Hall want to thank the Holy Covenant community and staff for all their love, support, prayers, cards, casseroles, flowers over the recent difficult weeks. The wonderful memorial service for Peter was only made possible by the kindness and generosity of the musicians, flower arrangers, cake makers, sound mixers, office staff and of course the clergy. **A big thank you to you all.**



Thank You!

BIRTHDAYS THIS WEEK

Carol Kubanek, Jean Metters, Anne Ranse, Doreen Matters, Colin Lyons, Ross Mitchell, Danni Ellis, Ben Wallis.



If you want your name in the Birthday Book, tell Phyl : phylandreg@optusnet.com.au

MINISTRY TEAM

RECTOR	The Venerable Paul Wallis 0428 537 672	Email: revdpaulwallis@gmail.com Day off: Friday.
HONORARY ASSOCIATE PRIEST	Revd Anne Dudzinski 6278 6087	Em: annedudzinski@optusnet.com.au
HOLISTIC CARE NURSE	Ven Anne Ranse 0439 139 209	Email: nurse@holycovenant.org.au Days: TBA
HONORARY DEACON	Revd Susan Joy Nevile 0431 133 852	Email: susanjoyn@gmail.com
YOUTH AND CHILDREN WORKER	Katherine Rainger 0401 142 851	Email: youth@holycovenant.org.au
PARISH ADMINISTRATOR	Libby Warren Office: 6251 6100	Email: office@holycovenant.org.au

PARISH DIRECTORY

PARISH OFFICE Open 10 am - 2 pm Tuesday to Thursday	89 Dexter Street, Cook, ACT 2614 PO Box 98, Jamison, ACT 2614 Tel: 6251 6100	Email: office@holycovenant.org.au Web Page: http://holycovenant.org.au
WARDENS	Kathryn Body 0403 500 882 Deranie Jackson 6254 4769 TBA	
BULLETIN EDITOR	Phyl Holmes	Email: weeklybulletin@holycovenant.org.au Hm E: phylandreg@optusnet.com.au

DETAILS FOR NEXT SUNDAY 11 OCTOBER 2015

8.00 am **HOLY COMMUNION**
Celebrant and Preacher: The Venerable Paul Wallis

10.00 am **HOLY COMMUNION**
Celebrant: and Preacher: The Venerable Paul Wallis

6.00 pm **Taize Service**



TODAY

SENTENCE:

Whoever does not receive the kingdom of God as a little child will never enter it..
Mark 10:15

READINGS:

Job 1: 1, 2:1-10
Psalm 26
Hebrews 1: 1-4; 2: 5-12
Mark 1: 2-16

8 am HYMNS

631(153)
246
526
158

PRAYER

Generous God, whose hand is open to fill all living things with abundance. Make us ever thankful for your goodness.

And grant that we, remembering the account we must give one day, may be faithful stewards of your bounty, through Jesus Christ our Lord.

AMEN



	8.00 am	10.00 am
Sidespersons	Libby Warren, Tony Willis	Helen and Harris Boulton
Readers	Sandra Ross Tony Willis Anne Ranse	Doreen Matters Harris Boulton Anne Ranse
Intercessor	Jennifer Collier	Tracey Matthews
Organist	Heather Shelley	Pam Lane
Word and Prayer	Paul Shelley	Joh Sheehan
Deacon	Anne Ranse	Anne Ranse
Cup	Paul Shelley Anne Ranse	Anne Ranse, Doreen Matters, Tracey Matthews George Gerrity Extra bread: Connie Gerrity
Morning Tea	Ann Menzies, Carol Sherman Jennifer Collier	Rika Amos, Ken Wedgwood
Children's Church		On holidays