



# HOLY COVENANT ANGLICAN CHURCH JAMISON

*To grow in Christ together, to equip for service, to care for all*



## WEEKLY BULLETIN

**6 MARCH 2016**

## FOURTH SUNDAY IN LENT

Father, I have sinned  
against God and against you.



We offer a special welcome to visitors and pray that you will feel at home in our community.

You are warmly invited to share Communion with us, either by drinking from or dipping the wafer in the chalice, or to come forward for a blessing.

**Reflection after Communion** – please feel free to light a prayer candle in the Chapel at the back of the Church following



### SERVICES TODAY

- 8.00 am**    **HOLY COMMUNION**  
Celebrant and Preacher : Revd Rob Miners
- 10.00 am**    **HOLY COMMUNION, Children's Church and Youth Group**  
Celebrant and Preacher : Revd Rob Miners
- 3.30 pm**    **Rainbow Fellowship**



*Please join us for morning tea after the Services*

## THIS WEEK IN THE PARISH

<b>Sunday</b> <b>6.3.16</b>	3.00 pm 3.30 pm	Rainbow Centre Worship Centre	Lenten Studies Rainbow Fellowship
<b>Monday</b> <b>7.3.16</b>	10.00 am	Worship Centre	Covenant Day Care
<b>Tuesday</b> <b>8.3.16</b>	12.30 pm 7.30 pm	Worship Centre Rainbow Centre	Meditation and BYO lunch Parish Council
<b>Wednesday</b> <b>9.3.16</b>	12 noon 2.00 pm 6.00 pm	Worship Centre Worship Centre Rainbow Centre	Holy Communion and BYO Lunch Ever Active Exercise Class Meditation
<b>Thursday</b> <b>10.3.16</b>	9.30 am 7.30 pm 7.30 pm	Rainbow Centre R.C. (red room) R.C. (purple room)	Scrabble EFM Lenten Bible Study
<b>Friday</b> <b>11.3.16</b>	10.00 am 10.30 am	Worship Centre Rainbow Centre—purple room	Playgroup Lenten Book Series. BYO lunch

The Holistic Care Nursing office is open from 10am – 2pm Monday and Thursday.

## WEEK BEGINNING 13 March 2016

<b>Sunday</b> <b>13.3.16</b>	10.30 am 3.00 pm	Calvary Chapel Rainbow Centre	Service Lenten Studies
<b>Monday</b> <b>14.3.16</b>		Public Holiday	
<b>Tuesday</b> <b>15.3.16</b>	12.30 pm 7.30 pm	Worship Centre Worship Centre	Meditation and BYO lunch Parish Consultation
<b>Wednesday</b> <b>16.3.16</b>	12 noon 2.00 pm 6.00 pm	Worship Centre Worship Centre Rainbow Centre	Holy Communion and BYO Lunch Ever Active Exercise Class Meditation
<b>Thursday</b> <b>17.3.16</b>	9.30 am 7.30 pm 7.30 pm	Rainbow Centre R.C. (red room) R.C. (purple room)	Scrabble EFM Lenten Bible Study
<b>Friday</b> <b>18.3.16</b>	10.00 am 10.30 am	Worship Centre Rainbow Centre—purple room	Playgroup Lenten Book Series. BYO lunch

## SOMETHING TO THINK ABOUT

### LUKE 15: 11-32

The Gospels, written so many hundreds of years ago are so relevant for us as we play out our Christian lives and today's Gospel story, recorded by Luke, is no exception. If I wanted to put a sub title on the story of the prodigal son I would call it 'God runs out to meet us.' These 'stories' of the Gospels are not just written for our entertainment but are written for our reflective action and Christian lives, challenging us to think about the Kingdom of God from every day ordinary circumstances of life. On Sunday Katherine and I were caught up in a situation following church that may well have reflected this Gospel story being played out in our ordinary lives. Let me explain:

A lovely, well-kept woman came to the church with her granddaughter. The woman was deeply distressed, upset and weeping out of control at times. As Katherine and I sat with her in the chapel we were unable to discern what was causing her distress but after prayer with her and giving her a holding cross to grasp in her hand she seemed to be saying that she should never have walked away from God. She turned her back on him and lived a life that was not God honouring and self-enabling and now she couldn't cope. Life was dealing her a cruel blow in her marriage and the control it had on her and to her the state she saw herself in now was due to the fact that she had lost sight of God the Father, she had walked away and left him and now the gap between her and God was wide and almost out of reach. Her heart felt prayers as she knelt on the sanctuary steps were about repentance, about asking God's forgiveness, about how to seek God's face again, about how to see Jesus and invite him back into her life. They were about how she could return to him as she felt so unworthy.

We prayed again and again. We called her daughter to come to her aid and as we waited and shared some lunch together she began to calm down and shared the great sense of peace she was feeling in the church. Her daughter arrived and there were hugs and embrace before she took her mother and daughter home. As she left she asked if she could keep the holding cross and could she have a bible. She was experiencing peace and I believe that 'God the Father had run out to meet her.'

Is this not a modern day prodigal son (daughter) story? Is this not a story of the ancient Gospel being still alive today?

May we never despair, may we never feel there is no hope, may we always remember that God our Father is never far off and welcomes us home .....no, he runs out to meet us.

Blessings  
Archdeacon Anne



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## Called to Service

Ellen and I were privileged to attend the Diocesan Ordination of Deacons at St Saviour's Cathedral in Goulburn last Saturday. It was our first visit to the Cathedral and we were there to lend our support to Ruth Walton, one of the 17 candidates and part of the team along with husband Lee, who run our Marriage Education Course.

The service was wonderful. 1000 people filled the Cathedral with standing room only when we arrived. It was a great celebration of service, with the Rev Dr Andrew Cameron, Director of St Mark's National Theological Centre, giving the sermon and focusing on the nature of service and the importance of balance (pacing yourself, lest you be overwhelmed) in the giving.

The music was inspiring with a mix of old a new and provided a backdrop to a service of reverent worship combined with a little fun on the side and an overall feeling of welcome and excitement.

Being our first Diocesan service, I didn't expect to know many people. How wrong I was. There were so many people there who are actively involved in St John's Care and it was great to see them all: Emergency Relief volunteers, members of the Management Committee, recently retired SJC staff, Anglicare staff, members of St John's congregation and clergy and supporters from other congregations across the Canberra region.

We were introduced to the organiser of Soul Survivor, the Christian youth conference to be held in Canberra during the school Easter holidays. At a pre-conference gathering last Friday night attendees brought along boxes of toothbrushes to donate to St. John's Care, an item that we are often running short of. It is great that this year they are spending some time in service at their conference and are currently looking for projects that need doing over 1 – 3 afternoons around 13<sup>th</sup> – 15<sup>th</sup> April.

We spent some time chatting with the Bishop and also had an opportunity to catch up with an old friend from Newcastle, the Very Reverend Dean himself.

It was a pleasure to share in the energy and excitement of the day and the great expectation that we have of our new Deacons across the Diocese. It was also wonderful to feel such a strong sense of welcome and belonging within the broader Diocesan community.

**Wish list:** pasta sauce, large tinned tuna, long life milk.

**Stuart Davis-Meehan, Director**



Food Pantry  
Donations Needed

# PRAYER POINTS FOR THIS WEEK

## IN THE WORLD

- ♦ Pray for the situations that confront us daily on the news, that make us angry, sad, and frustrated at our inability to make any difference.
- ♦ Pray for the refugees at Calais desperate to find safety; for the people of Libya, Yemen, Syria and Iraq trying to survive in the ruins of their nations.

## IN AUSTRALIA

- ♦ Pray for the GLBT community, for an end to bullying in schools and workplaces, and for civility and wisdom in the debate over same-sex marriage.

## WORLD WIDE ANGLICAN CHURCH

- ♦ We pray for the church in Southern India and Brazil.
- ♦ We pray for the bishops, clergy and people of the dioceses of Gippsland and Grafton.

## IN OUR DIOCESE

- ♦ We pray for the clergy and congregations of St. Philip's O'Connor. St. Simon's Kaleen-Giralang and Gungahlin.
- ♦ We pray for the Principal, staff and students of Burgmann Anglican School.
- ♦ We pray for Stuart David-Meehan and the team at St. John's Care.

## MISSION

- ♦ We pray for the work of the Australian Board of Missions in China and the Philippines.

## IN OUR PARISH AND COMMUNITY.

- ♦ We pray for the Rainbow Fellowship meeting this afternoon.
- ♦ We pray for those involved in Lenten groups as they walk their Lenten Journey.
- ♦ We pray for our new Clergy Appointment Board as they work to find us a new rector.
- ♦ We pray for the following members of our parish family: John and Kathryn Body, Graham Bonnett, Harris and Helen Boulton, Heather and Alan Boyd, and Bea Brickhill.
- ♦ We pray for those in special need of prayer: Phil Perman, Bishop Alan Ewing and those known to us personally

## COMMEMORATIONS

**Today: Charles Christopher Heyde (died 2008)**

**Wednesday: Barbara Ruth Mugford (died 1997)**

**Friday: Nell Pain (died 2014)**

HOLY COVENANT PRAYER VINE  
REQUESTS FOR PRAYER

Phone Merri Bacon on 6251 1110 or  
email [merri.bacon@bigpond.com](mailto:merri.bacon@bigpond.com)



We welcome the **Revd Rob Miners and Sylvia** to our parish this morning. Rob is part of our Locum team with Connie Gerrity, till a new Rector is appointed. Welcome Rob and Sylvia, we hope your time with us is enjoyable and fulfilling!

Rob's day are Sunday, Monday and Tuesday and Connie will be working Wednesday and Thursday.

**Please remember to wear your name tags!**

### I CAN'T WAIT TO TELL YOU . . .

. . . That this year we have increased the outings for our clients in the Holistic Care Nursing Ministry and Cathy has plans to take them to some lovely venues such as Autumn Colours and coffee at the National Arboretum, 'Carlotta' at the Q theatre Queanbeyan, 'Flora Explorer Tour and coffee at the Australian National Botanical Gardens, Tulip Tops, Floriade, Melbourne Cup Day outing and the Holy Covenant Community Lunches.



The clients we offer to take on these outings are socially isolated, don't have their own transport and often miss out on such lovely outings and the delight and appreciation they express when going on an outing is a real blessing for us BUT we have one problem that perhaps you might be able to assist us with. We don't have enough transport/drivers to get 5 or 6 people to these events. Do you have a car and would you be willing to spend some of your day, usually the mornings out with us? If so please contact the Holistic Care Nursing team by emailing [nurse@holycovenant.org.au](mailto:nurse@holycovenant.org.au) or phoning me on 0439139209 or Cathy on 0418450520. These outings happen about every two months.

***Blessings.***

***Archdeacon Anne Holistic Care Nursing Coordinator.***

### **In God's tomorrow...**

. . .no-one is a second-class citizen; all are honoured, uplifted, royal. In God's tomorrow, the King will wipe away the woman's burden and bring her faith to wholeness, just as she once wiped his feet with her hair and her tears.

Reflections for Lent  
TEARAUSTRALIA

### HOLY COVENANT WELL REPRESENTED AT THE 2016 ORDINATION OF DEACONS

Holy Covenant was certainly well represented at the recent Ordination of Deacons at St Saviour's Cathedral, Diocese of Canberra-Goulburn on 27 February 2016. Four of the seventeen candidates (almost 25%) had a strong connection with Holy Covenant. Of these, Katherine Rainger is still with us, while Tracey Matthews, Christopher Lewis and Anthony Frost have gone to other parishes. I think it says something about us that four such different people have found nurture here.



Since these ordinands were nurtured in their vocation towards Holy Orders while Revd. Susanna Pain was our parish priest, it seems particularly fitting that she was installed as a Canon in Residence at the Cathedral at the beginning of the service. (We can only wonder how she will fulfil the 'residence' part.)



A substantial contingent from Holy Covenant turned up to support the ordinands, including those of us who went by bus. We enjoyed the camaraderie of the trip there and back, the opportunity to sit together in a block during the service, and the hospitality of lunch afterwards generously provided by Katherine Rainger's parents.

The service itself was a combination of *gravitas* and informal celebration. The setting of the packed cathedral, the robed procession of clergy (including representatives from other denominations), student from St Mark's Theological College, cathedral staff and choir, the liturgy of the presentation, examination and consecration of the deacon candidates and thoughtful sermon addressed to the ordinands, all added to the solemnity of the occasion.

In his sermon, Rev Dr Andrew Cameron, Director of St Mark's Theological Centre, addressed the ordinands, reminding them to avoid the pitfalls of emphasis on productivity and competitiveness that is often part of our contemporary world. He reminded them and the rest of us that it is all too easy to minister out of our own needs rather than those whom we wish to serve.



Afterwards it was hard to catch up with all the ordinands because of the crowd, but our congratulations and blessings to all four.

You could say that a good day was had by all!

- Frances Mackay

(PS: Sorry couldn't obtain a picture of Chris Lewis.)

### Help for family remaining in Africa

Over the past 10 years, Holy Covenant's 'Community Support for Refugees' group has been supporting an extended family from Africa. The family of five brothers and sisters have all married and now have young families of their own. They have settled into Canberra well. However, like all refugees, they carry a burden. That is, the knowledge that there are family members left behind in Africa still living in poverty, uncertainty and some in outright danger. We have exhausted all avenues for family reunion and so our friends are coming to terms with how best they can support their family from afar. Each month they send back as much money as they can spare. This is a significant burden for them but seems necessary to ease the guilt they carry for being the fortunate ones to have found a peaceful and safe life.

One of the ways our friends support their families remaining in Africa is to send them clothing, mobile phones, spectacles. Periodically, they are able to buy space on a shipping container. They have asked if we at Holy Covenant could support them in collecting **clothing, shoes and socks**. The clothing can be **any size** from baby to child to adult, male and female. The clothing should have **reasonable life left and be clean**. There is a clothes basket at the back of the church (behind the multi-media control table). **Furniture and tools** are also gratefully received but would need to be delivered to the collection point in Scullin. This is another small way we can show our love and support for our friends. We thank you for your help. **Last collection day 20 March.**

Marg and John Christensen 0401 667 777

### CAN YOU HELP?

The group I volunteer with, Safe Shelter who offer emergency accommodation over winter at St Columba's in Braddon, are assisting St Benedict's in Queanbeyan to set up a safe shelter for homeless people there. They need volunteers willing to stay overnight with guests (sleep in a sleeping bag like the guests) and pack / lock up in the morning. It's not difficult and people only need to volunteer about once a month. The morning finishes in time to still get to work. Excellent training is provided and it also provides a great overview of the homeless situation in the ACT and Queanbeyan.

Enquiries to [stbenedicts@lizzy.com.au](mailto:stbenedicts@lizzy.com.au)

Thank you—Naomi Cole.

### THOUGHT FOR THE WEEK

People are lonely because they build walls  
instead of bridges.

- J F Newton

## IN THE PARISH

### Memo to all staff, team leaders and group convenors...

If you need a room or space for a meeting, study group, activity etc, you must make a booking for the space with the administrator or with Paul Shelley. It is preferable if this is done before advertising the event. Our various facilities are used by a number of community groups every week both during the day and in the evenings – so checking availability will help to avoid conflicting (and embarrassing) bookings.



### *Too hot to go walking?*

—why not try our Ever Active Exercise Class on Wednesday afternoons.

Concentrating on stretching and strengthening.

2 -3pm in our cooled Worship Centre. \$6.50 per session or \$65 for 10 sessions.



### PARISH CONSULTATION TUESDAY 15 MARCH—7.30pm

To prepare for the nomination of a new rector there will be a consultation to discern where the parish has been over the last few years, where we are headed and who we would like to lead us.

This will take place in the Worship Centre and will be facilitated by Archdeacon Erica Mathieson.

Please keep the time free as we would like to hear from as many parishioners as possible.



### OUR LABYRINTH AND GARDEN

You are welcome to walk the Labyrinth and enjoy the garden at any time during the week (and pull a weed or two). A leaflet providing some guidance on walking the labyrinth is attached to the wall near the plaque.



**BITS AND PIECES:**

- **Missing from the office** Stapler (green and yellow) The pencils have been returned. Anyone seen the stapler?
- **Need prayer on Sunday?**  
Did you know that you can request prayers that will be included in the Service on Sundays? Write them in the Green book on the Font before the service. If you would like more private prayer please ask one of the clergy who can pray with you.
- **Parish Pics board**—on the back wall. Some interesting pics from Children’s Church.
- **Lost Property** basket (behind the sound system) is full again: drink bottles, towel, plates, fleecy tops. If not claimed by 20 March will go to charity.
- **Calligraphy Set**—does anyone own one? Please let Phyl know – [phylandreg@optusnet.com.au](mailto:phylandreg@optusnet.com.au)

**ON THE NOTICE BOARD**

- **Who Are You? Who Am I?**  
9 March, 1.30-4.00pm.  
St. John’s Church Reid.
- **Film and Theology: film as mirror— what do you see?**  
Various dates., 6.30pm.
- **Your Mental Health First Aid Course—free.** 15 and 16 March.



Bank Details for Direct Debit are:

Bank: Commonwealth Bank  
 Branch: Jamison Centre, ACT  
 BSB: 062 907  
 A/C No: 802 588  
 Name: Holy Covenant Anglican Church

**BIRTHDAYS THIS WEEK**

**Today:** Marg Christensen; **Thursday:** Justine McNamara and Barry Button; **Friday:** Therese Jokisch.

*If you want your name in the Birthday Book, tell Phyl :  
[phylandreg@optusnet.com.au](mailto:phylandreg@optusnet.com.au)*



## MINISTRY TEAM

<b>LOCUMS</b>	<b>Revd Rob Miners</b> 6292 9963 <b>Revd Connie Gerrity</b>	Em: robminers@holycovenant.org.au  Em:connie@gerrity.id.au
<b>HONORARY ASSOCIATE PRIEST</b>	<b>Revd Anne Dudzinski</b> 6278 6087	Em: annedudzinski@optusnet.com.au
<b>HOLISTIC CARE NURSE</b>	<b>Archdeacon Anne Ranse</b> 0439 139 209	Email: nurse@holycovenant.org.au Days: Mon & Thurs (10am - 2pm)
<b>HONORARY DEACON</b>	<b>Revd Susan Joy Nevile</b> 0431 133 852	Email: susanjoyn@gmail.com
<b>CHILDREN'S WORKER</b>	<b>Revd Katherine Rainger</b> 0401 142 851	Email: children@holycovenant.org.au
<b>PARISH ADMINISTRATOR</b>	<b>Libby Warren</b> Office: 6251 6100	Email: office@holycovenant.org.au

## PARISH DIRECTORY

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## DETAILS FOR NEXT SUNDAY 6 March 2016

**8.00 am**

**HOLY COMMUNION**

Celebrant and Preacher : Revd Rob Miners

**10.00 am**

**HOLY COMMUNION, Children's Church and Youth Group**

Celebrant and Preacher : Revd Rob Miners



**SENTENCE:**

God has reconciled us to himself through Christ, and given us the ministry of reconciliation.  
**2 Corinthians 5:18**

**8 am HYMNS**



Joshua 5:2-12  
 Psalm 32  
 2 Corinthians 5:16-21  
 Luke 15:11-32

533  
 405  
 259  
 687

**PRAYER**

God of compassion, you are slow to anger, and full of mercy, welcoming sinners who return to you with penitent hearts: receive in your loving embrace all who come home to you, and seat them at your bountiful table, that, with all your children, they may feast with delight on all that satisfies the hungry heart.  
 We ask this in the name of Jesus Christ our Saviour, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.  
**Amen.**



	<b>8.00am</b>	<b>10.00 am</b>
<b>Sidespersons</b>	Ann and Peter Bazeos	Dorothy and Neville Hurst
<b>Readers</b>	Peter Bazeos Sandra Ross Anne Ranse	Neville Hurst Dorothy Hurst Anne Ranse
<b>Intercessor</b>	Paul Shelley	Merri Bacon
<b>Organist</b>	Heather Shelley	Rhys Thorpe
<b>Word &amp; Prayer</b>	Luc Rose	James Ellis
<b>Deacon</b>	Anne Ranse	Anne Ranse
<b>Cup</b>	Anne Ranse, Luc Rose	James Ellis, Anne Ranse, Neville Hurst, Katherine Rainger. Extra Bread Revd Anne Dudzinski
<b>Morning Tea</b>	Pam Lane, Beth Hyde	Danni Ellis and Carol Kubanek
<b>Children's Church</b>		Katherine, Karen, Richard and Mel M/T Anna Thorpe