



# HOLY COVENANT ANGLICAN CHURCH JAMISON

*To grow in Christ together, to equip for service, to care for all.*



**17 April 2016**

**Fourth Sunday  
of Easter**



We welcome you to our worship and fellowship today, and we offer a special welcome to visitors and pray that you will feel at home in our community.

You are warmly invited to share Communion with us, either by drinking from or dipping the wafer in the chalice, or to come forward for a blessing.

**Reflection after Communion** – please feel free to light a prayer candle in the Chapel at the back of the Church following Communion.



## SERVICES TODAY

**8.00 am**

### HOLY COMMUNION

Celebrant: Revd Connie Gerrity

Preacher: Revd Rob Miners

**10.00 am**

### HOLY COMMUNION

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*Please join us for morning tea after the Services*

## THIS WEEK IN THE PARISH

<b>Monday</b> <b>18.4.16</b>	10.00 am 9.30 am	Worship Centre Rainbow Centre	Covenant Care Crafty Crew
<b>Tuesday</b> <b>19.4.16</b>	12.30 pm 7.30 pm	Worship Centre Rainbow Centre	Meditation and BYO lunch Parish Council meeting
<b>Wednesday</b> <b>20.4.16</b>	12 noon 2.00 pm 6.00 pm	Worship Centre Worship Centre Rainbow Centre	Holy Communion and BYO Lunch Ever Active Exercise Class Meditation
<b>Thursday</b> <b>21.4.16</b>	9.30 am 2.00 pm	Rainbow Centre Rainbow Centre	Scrabble Book Club

The Holistic Care Nursing office is open from 10am – 2pm Monday and Thursday  
except public holidays

## WEEK BEGINNING 24 APRIL 2016

<b>Monday</b> <b>25.4.16</b>			Public holiday
<b>Tuesday</b> <b>26.4.16</b>	12.30 pm	Worship Centre	Meditation and BYO lunch
<b>Wednesday</b> <b>27.4.16</b>	12 noon 2.00 pm 6.00 pm	Worship Centre Worship Centre Rainbow Centre	Holy Communion and BYO Lunch Ever Active Exercise Class Meditation
<b>Thursday</b> <b>28.4.16</b>	9.30 am 7.30 pm	Rainbow Centre Rainbow Centre	Scrabble EFM
<b>Friday</b> <b>29.4.16</b>	10.00 am	Worship Centre	Playgroup

### WEEKLY BULLETIN

All emails with information for inclusion in the Weekly Bulletin go to:

***weeklybulletin@holycovenant.org.au***

If you would like to be on the email list send your email details to the above address. It will arrive in your Inbox on Friday—a good opportunity to see if you are rostered for any duties!

# SOMETHING TO THINK ABOUT

## THE TREE OF LIFE

*"My sheep listen to my voice; I know them and they follow me."*

*John 10:27*

As part of my PhD research I've been learning about Aboriginal Spirituality. This week I've encountered Miriam-Rose Ungunmerr-Baumann who comes from Nauiyu (Daly River), NT. She is an artist, poet, community leader, principal and theologian. Jesus says that we will hear and know his voice. The wisdom from Miriam-Rose about "dadirri" will help us to be ready to listen.

**"Dadirri is inner, deep listening and quiet, still awareness. Dadirri recognises the deep spring that is inside us. We call on it and it calls to us. This is the gift that Australia is thirsting for. It is something like what you call 'contemplation'. When I experience dadirri, I am made whole again. I can sit on the riverbank or walk through the trees; even if someone close to me has passed away, I can find my peace in this silent awareness. There is no need of words. A big part of dadirri is listening. In our Aboriginal way, we learnt to listen from our earliest days. We could not live good and useful lives unless we listened. This was the normal way for us to learn - not by asking questions. We learnt by watching and listening, waiting and then acting."**

Miriam-Rose was asked to paint a picture to go with her talk about dadirri. The result, "Tree of Life" is in the Catholic Cathedral in Darwin. "By looking at certain flowers that are blossoming, or which way the wind is blowing, we know what to look for and gather... The bottom of the painting is ourselves. The circles and lines mean that we have been washed with Jesus' blood coming from the paperbark chalice... At the top of the cross there are flames coming from fire sticks. Jesus is the light of the world. The tree in the middle represents the Aboriginal people. Pope John Paul II said to them: 'You are like a tree standing in the middle of a bushfire sweeping through the timber. The leaves are scorched and the tough bark is scarred and burned, but inside the tree the sap is still flowing and under the ground the roots are still strong.' When the wet season sets in and the rain comes, the tree grows and blossoms. The storm winds come too. The white lines on each side of the tree are the water and wind representing the Holy Spirit." (You can find this artwork and others online).

This reflection is a gift as we continue to journey through Easter towards Pentecost. As I read more recent interviews with Miriam-Rose she lamented the government interventions in her once strong community, where no one was really listening.

How can we use dadirri, inner deep listening and quiet still awareness as we go into this week? What might we hear?

Source: <http://www.darwin.catholic.org.au/our-story/story-cathedral.htm>  
<http://nextwave.org.au/wp-content/uploads/Dadirri-Inner-Deep-Listening-M-R-Ungunmerr-Bauman-Refl.pdf>  
<http://www.sharingculture.info/davids-blog/archives/02-2015>

Katherine Rainger

I have been here long enough now (8 months) to have developed some longer term relationships with a small number of clients who have ongoing needs and I take great joy from this. Last week one such client, Peter (not his real name), decided that he needed a new (2nd hand) car, as his existing car was quite old, required some repairs and was coming up for registration, neither of which he was able to afford. He rang seeking assistance.

He is an older single man in his late 60s who lives with his much loved dog in public housing. Previously we had assisted him with food support and financial assistance for car repairs. He suffers from chronic arthritis, the pain of which keeps him awake most nights, resulting him being tired most of the time. He has very few friends and little community connection.

I was able to put him in touch with Care Inc. and another organisation who provide 'No Interest' loans, however, in the interim, a friend of his who runs a car yard, found a very well kept 2nd hand 1992 car that he was prepared to sell at a reasonable price and to allow Peter to repay at affordable fortnightly repayments.

Peter was on the phone to me that same day, desperate for me to come and see him so he could show off the car. Unfortunately, I wasn't able to visit last week, but after daily phone calls from him to see if I was available, we organised to meet this morning for a coffee at his favourite establishment.

He was so excited about the car and raved for ages about how well it had been kept (which it had), how few kilometres it had done and the fact that it had air conditioning, central locking and lots of other modern technologies, which are pretty much standard on new vehicles these days, but which he had never had in a car before. He was so proud of it and excited that he had been able to organise it himself and I was so pleased that he wanted to share his joy with me.

It is a great privilege for us to share the ups and downs of life with some of our clients and it is especially good when the relationship we have them brings them such joy.

**Wish list:** full cream long life milk, toothbrushes and toothpaste, soap, sanitary products and snacks.

**Stuart Davis-Meehan, Director**

**All Donations to St John's Care are Tax Deductible**



**Food Pantry  
Donations Needed**

# PRAYER POINTS FOR THIS WEEK

## IN THE WORLD

- ♦ We pray for all families and friends who are pulled apart for geographic, cultural and religious reasons. We ask that common sense and humanity step in to reconcile families so that the courts do not need to intervene. We pray for Sally Faulkner and the 60 Minutes TV crew being held captive in Beirut prison.

## IN AUSTRALIA

- ♦ We thank you and pray for all volunteers and carers and for all those who give of themselves, their time and their resources in helping others.

## WORLD WIDE ANGLICAN CHURCH

- ♦ We pray for the Nippon Sei Ko Kai (The Anglican Community of Japan) and the Most Revd Nathaniel Makoto Uematsu, Primate of the Nippon Sei Ko Kai and Bishop of Hokkaido..
- ♦ We pray for the Diocese of Riverina: Bishop Douglas Stevens, Clergy and People.

## IN OUR DIOCESE

- ♦ We pray for our Bishop Stuart, our Asst. Bishop Trevor and for the Diocesan Registry staff.
- ♦ We pray for Anglicare Canberra and Goulburn and for Jeremy Halcrow and the staff.

## MISSION

- ♦ We pray for the Bush Church Aid Society in their ministry to regional and remote Australians.

## IN OUR PARISH AND COMMUNITY

- ♦ We pray for the Queen, sovereign head of state who on Thursday will celebrate 90 years of age which includes 64 years of dedicated Christian service to her people.
- ♦ We continue to pray for our Clergy Appointment Board as they work to find us a new Rector.
- ♦ We pray for the following members of our parish family: Debbie and Rebekah Douglas, Anne Dudzinski, Georgina and Andrew Dudzinski, Sue Dunbar, Alan and Bea Duncan, Ruth, Tony and Colman Dunncliff-Hagan and Ruth Durie.
- ♦ We pray for those in special need of prayer: Phil Perman, Glenys Wimmer, Dawn Hardman, Marjorie Pratt and those known to us personally.

### Prayer for choosing an incumbent

Bountiful God,  
give to this parish a faithful pastor  
who will faithfully speak your word  
and minister your sacraments;  
an encourager who will equip your people for ministry  
and enable us to fulfil our calling.  
Give to those who will choose, wisdom, discernment and patience,  
and to us give warm and generous hearts,  
for Jesus Christ's sake. **Amen.**

(A Prayer Book for Australia page 212, No. 36)

### I CAN'T WAIT TO TELL YOU...

that a few months ago we were asked to help a lady and her young disabled son who were living in absolute squalor.

There were many issues and among them was the very real threat of being evicted. She had five weeks to put the property in order or she would be out of her home. A very daunting situation for her especially as she was restricted in what she could do due to health issues. Cathy, Nicole and I went to her home with her Housing Tenancy Support worker to see how we could help. We put a plan in place and set about getting to work with the client throwing in her weight as well. It has been far from an easy job but in the process of the clean up there has been opportunity for fruitful conversation and support. On Wednesday of this week she had conversation with support people around getting the outside help she needs to manage her life and her son. On Wednesday we paid our final visit to her place to complete the clean-up. Her home is unrecognisable compared to when we made that first visit and Thursday the carpet cleaners came and cleaned the carpet. We have submitted our final report to Housing Tenancy Support and wished her well for the future. You may wonder what this has to do with HCNM. Well, part of our task is to fill the gaps in the community and this was one big gap where many agencies won't assist with such a task due to OH&S issues and industry regulations. We offer advice on healthy life styles and refer to other helpful organisations. Often the approach is to evict the person and then go in and clean up. Not so with us. 'Give us a go' we say and 'keep her and her son in her home while we do it.' It was a tough and challenging job. Consequently she has avoided eviction and has a pathway forward into a better life if she wishes to grasp it.

*Jesus said: 'Truly I tell you, just as you did it to one of the least of these who are members of my family you did it to me.' Matthew 25:40*



Archdeacon Anne Holistic Care Nursing Coordinator.

## SERMONS

Did you know that you can listen to any recent sermons that you may have missed... or perhaps enjoyed so much that you want to listen to them again!?

Recordings of the weekly sermons are now available on the Parish website (as an MP3 file), which should play on any computer, tablet or smartphone.

- 1) Just go to the parish website: [www.holycovenant.org.au](http://www.holycovenant.org.au)
- 2) Go to resources and click sermons.
- 3) Then just click on the little headphone icon next to the sermon you'd like to **listen to... that's it!**

The sermon will be going up each week, provided we have the permission of the preacher.

# IN THE PARISH

## PARISH COUNCILLOR PROFILE

This week we interviewed Gareth James, one of our Council members. We asked him the following questions:



### What nourishes you?

I enjoy being active with the family and seeing the girls being happy, learning and developing, discovering new things about themselves and the world around them. I'm happy when part of a team or community working towards a set of outcomes which will benefit everyone. From a 'foody' point of view I love all varieties especially the strong flavours of Thai and Indian meals not forgetting a good old Aussie BBQ and a couple of beers with friends and loved ones.

### What are your passions?

The family, having them around me, being happy and being the best that they can be. For myself I especially enjoy team sports and still run out with the ACT veterans rugby team and the camaraderie that brings.

### What do you see as your role on parish council?

To help the Council understand what the congregation want from Holy Covenant, not just from a family point of view but being someone that anyone can approach with their thoughts, concerns or ideas and being a vehicle to help get those messages across.

## BREATHING SPACE EVENTS COMING UP:

Sunday 1 May - Deep Dive - Revd Tracey Matthews.  
*New Wineskins for a Vintage Gospel*

Sunday 12 June - Deep Dive - Revd Richard Browning  
*Story Beings and the reimagining of humanity*

Breathing Space programmes are available from the leaflet rack on the back wall.

CLAIM THE DATE!

**September 16 - 18 2016**  
**Parish Retreat**

at Galong Retreat Centre  
led by a very experienced  
Spiritual Director  
Alice-Anne Macnaught.



Entertainment Books are now available and you can call Hilary on 6251 8166 or wait until next Sunday to purchase/collect your book. **Please place your orders promptly.**

If you wish to order and pay online visit: [www.entbook.com.au/247m23](http://www.entbook.com.au/247m23). The \$12 is paid into Holy Covenant account.

### Welcome Wheels

Drivers are needed at different times to bring people to and from church. It is only local running and is not onerous. Expressions of interest please to **Nicholas Platt** our Pastoral Care Coordinator on **0428 179 169** or to Libby in the office.



#### SNIPPET FROM ANGLICARE...

Anglicare's theme for this month has been partnerships. We are partnering with **Soul Survivor**, a youth camp/

conference in Canberra (and the campers are sleeping on the grounds at Trinity Christian School)! The campers will be assisting Anglicare with a number of projects such as gardening, mowing, car washing and more! They're even giving the sensory garden at our Disability Services a complete makeover which will make a huge difference to the wellbeing of the clients. We feel incredibly blessed to have so many young people wanting to show God's love in these practical ways.

We're also beginning to plan our **annual Pantry Appeal**. Although we're still in the planning stages, we've already got a number of churches and schools on board to get involved!

If you would like to share what God is doing in the life of your church, any prayer points, upcoming events and more, please feel free to contact me via [Hannah.McQuiggin@anglicare.com.au](mailto:Hannah.McQuiggin@anglicare.com.au) or (02) 6245 7119. I'd love to hear from you! Blessings, Hannah

#### Holy Covenant Limerick Competition

Richard Scutter (8am parishioner) is conducting a limerick competition. There are 2 sections:

- \* Open
- \* Under 15 years

\$2 entry fee (tin in Office).

Any topic acceptable but it must be your own work.

Entries to [richardscutter@bigpond.com](mailto:richardscutter@bigpond.com)

Entries close 31 May

Awards & Prizes in June

#### Richard's limerick

*you may think it a little sinister  
to have a church without a minister  
but never fear  
God's ever near  
to help us all add minister*

Have some fun activating those brain cells and come up with your own.

### Women's Afternoon Tea at Tilleys



**3 pm, Saturday 7 May**  
Tilley's Cafe  
Corner Brigalow & Wattle St Lyneham

Seems like a while since we've got together for one of these informal and fun catch-ups. It's very casual - just come for a little or a longer while, whatever suits you. If you could let Justine or Prue know if you are coming, that would help us to book the right size table - there's a sign-up sheet in the worship centre, or just contact one of us:

Justine McNamara 0427 863 155 or  
[justine\\_mcnamara@hotmail.com](mailto:justine_mcnamara@hotmail.com)  
Prue Wedgwood 0412 053 841 or  
[pruewedgwood@hotmail.com.au](mailto:pruewedgwood@hotmail.com.au)

*Looking forward to seeing you*



Thank you Penny and your swag of volunteers for organising and delivering on a wonderful **Community lunch** on Thursday. Also special thanks goes to Rosemary Kennemore presenting her Travels through Turkey.

Also, thank you for all those you attended the **working bee** yesterday. We all enjoy the fruits of your labour.



### Safe Ministry Training

Information about **2016** workshops and refresher training is on the noticeboard. If it is more than 4 years since attending either refresher or workshop, you are required to attend the workshop.

Holy Covenant will conduct both at the **end of May**. Please check your records as to whether you are due for a refresher course (within 3 years since previous training).

Check with your ministry coordinator or Libby in the office or Celia/Alison in the diocesan office if you have any questions. Registration needs to be made through the diocesan office or your coordinator. Visit <http://www.anglicancg.org.au/pages/safe-communities.html>

### Working With Vulnerable People for the parish?

Please check that your WWVP card is still current. Many will expire in the next few months. **Access Canberra** indicate they will issue a series of renewal reminders through the post in the lead-up to the expiry of your registration. ([www.accesscanberra.act.gov.au](http://www.accesscanberra.act.gov.au))

Does the office/ministry coordinator have a copy of your card regarding your work within the parish?

**DON'T FORGET TO WEAR YOUR NAMETAG!**

**Need one? Put your name on the list on the desk up the back.**

The Calvary Hospital Auxiliary is holding a **Mother's Day Cake and Craft Stall** in the foyer of the Hospital on Thursday and Friday 28th and 29th April. Please come along and buy your mother a unique gift and support the work of this organisation in providing items that contribute to patient care such as a gift for all women in hospital on Mother's Day. This year the Auxiliary is raising money for a Family Recreation Area in the Hospital grounds. For further information please contact Mary Cruickshank 62544084.



**ON THE NOTICE BOARD**

- **Anglican Historic Society** newsletter and Journal (March/April 2016)
- **Religion, Violence and the Peaceable Kingdom.** Wed 20 April at 7.30pm. Speaker: Rt Revd Prof Stephen Pickard at the ACCC. \$5 donation supper provided
- **Holiday Happenings** at Kippax Uniting Church, Thursday 21 April
- **ANZAC Eve Peace Vigil** on Mt Ainslie from Sunset 24 April.
- **Book launch** at ACCC **Kaleidoscope of Pieces** Thursday 28 April.
- **Simply Alive**, weekend retreat, 29 April-1 May. Led by Susanna Pain
- **Praying with the Earth**, a quiet day Sat, 7 May led by Susanna Pain
- **Suicide Prevention Workshop** 25 May. Wesley Lifeforce.

Bank Details for Direct Debit are:

Bank: Commonwealth Bank  
 Branch: Jamison Centre, ACT  
 BSB: 062 907  
 A/C No: 802 588  
 Name: Holy Covenant Anglican Church

HOLY COVENANT PRAYER VINE  
REQUESTS FOR PRAYER

Phone Merri Bacon on 6251 1110 or email [merri.bacon@bigpond.com](mailto:merri.bacon@bigpond.com)

**BIRTHDAYS THIS WEEK**



Monday: Isabel Jokisch  
Friday: Ethan Gumbrell

*If you want your name in the Birthday Book, email : [weeklybulletin@holycovenant.org.au](mailto:weeklybulletin@holycovenant.org.au)*

**Wanted To Buy**

**Cat Carrier**

Please ring Trevor on 0439625143

MINISTRY TEAM		
<b>LOCUMS</b>	<b>Revd Rob Miners</b> 6292 9963 <b>Revd Connie Gerrity</b> 0429 423 725	Em: robminers@holycovenant.org.au  Em: connie@gerrity.id.au
<b>HONORARY ASSOCIATE PRIEST</b>	<b>Revd Anne Dudzinski</b> 6278 6087	Em: annedudzinski@optusnet.com.au
<b>HOLISTIC CARE NURSE</b>	<b>Archdeacon Anne Ranse</b> 0439 139 209	Email: nurse@holycovenant.org.au Days: Mon & Thurs (10am - 2pm)
<b>HONORARY DEACON</b>	<b>Revd Susan Joy Nevile</b> 0431 133 852	Email: susanjoyn@gmail.com
<b>CHILDREN'S WORKER</b>	<b>Revd Katherine Rainger</b> 0401 142 851	Email: children@holycovenant.org.au
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<b>YOUTH LEADERS</b>	<b>Jeremy Platt</b> 0466 661 860 <b>Elle Platt</b> 0434 960 967	Email: youth@holycovenant.org.au
<b>PARISH ADMINISTRATOR</b>	<b>Libby Warren</b> Office: 6251 6100	Email: office@holycovenant.org.au

PARISH DIRECTORY		
<b>PARISH OFFICE</b> Open 10 am - 2 pm Tuesday to Thursday	89 Dexter Street, Cook, ACT 2614 PO Box 98, Jamison, ACT 2614 Tel: 6251 6100	Email: office@holycovenant.org.au Web Page: http://holycovenant.org.au
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<b>BULLETIN EDITORS</b>	<b>Phyl Holmes</b> <b>Wendy Elkhuizen</b>	Email: weeklybulletin@holycovenant.org.au

DETAILS FOR NEXT SUNDAY 24 April 2016		
<b>8.00 am</b>	<b>HOLY COMMUNION</b> Celebrant: Revd Rob Miners Preacher: Revd Connie Gerrity	
<b>10.00 am</b>	<b>HOLY COMMUNION</b> Celebrant: Revd Connie Gerrity Preacher: Revd Rob Miners	

**SENTENCE:** The Lamb in the midst of the throne will be their shepherd, and will guide them to springs of the water of life, and God will wipe every tear from their eyes.  
Revelation 7:17

**READINGS:**

Acts 9:36-43  
Psalm 23  
Revelation 7:9-17  
John 10:22-30



**8 am HYMNS**

224(i)  
10  
121  
108

**PRAYER**

Gracious God,

You sent Jesus, the good shepherd, to gather us together:

May we not wander from his flock, But follow wherever he leads us, Listening for his voice and staying near him, Until we are safely in your fold, To live with you for ever; through Jesus Christ our Lord, who lives and reigns with You and the Holy Spirit, One God, now and for ever.

**Amen**



	8.00am	10.00 am
<b>Sidespersons</b>	Carol and Peter Sherman	Helen and Harris Boulton
<b>Readers</b>	Hilary Harris Tony Willis Anne Ranse	Christine Mitchell Frances Mackay Harris Boulton
<b>Intercessor</b>	Robert Arthur	Joh Sheehan
<b>Organist</b>	Kath Arthur	Ruth Dunnicliff-Hagan
<b>Word &amp; Prayer</b>	Paul Shelley	Tobias Nevile
<b>Deacon</b>	Anne Ranse	
<b>Cup</b>	Paul Shelley Anne Ranse	Tobias Nevile, James Ellis, Leo Wimmer, Doreen Matters Extra bread: Anne Ranse
<b>Morning Tea</b>		
<b>Children's Church</b>		In recess for school holidays and will resume on 24 April