

HOLY COVENANT ANGLICAN CHURCH JAMISON

To grow in Christ together, to equip for service, to care for all



22 May 2016

Trinity Sunday



We welcome you to our worship and fellowship today, and we offer a special welcome to visitors and pray that you will feel at home in our community.

You are warmly invited to share Communion with us, either by drinking from or dipping the wafer in the chalice, or to come forward for a blessing.

Reflection after Communion – please feel free to light a prayer candle in the Chapel at the back of the Church following Communion.



SERVICES TODAY

8.00 am	HOLY COMMUNION Celebrant & Preacher: Revd Rob Miners
10.00 am	HOLY COMMUNION, Children's Church and Youth Groups Celebrant:& Preacher: Revd Rob Miners
11.45 am	Baptism Revd Connie Gerrity



Please join us for morning tea after the Services

THIS WEEK IN THE PARISH

Monday 23.5.16	10.00 am 10.00 am 1.30 pm	Worship Centre Kangara Waters Care Ctre Calvary Retirement Village	Covenant Care Communion Service Communion Service
Tuesday 24.5.16	12.30 pm.	Worship Centre	Meditation
Wednesday 25.5.16	12 noon 2.00 pm 6.00 pm	Worship Centre Worship Centre Rainbow Centre	Holy Communion and BYO Lunch Ever Active Exercise Class Meditation
Thursday 26.5.16	9.30 am 7.30 pm	Rainbow Centre Rainbow Centre	Scrabble EFM
Friday 27.5.16	10.00 am	Worship Centre	Playgroup
Saturday 28.5.16	9.30 am 6.00 pm	Worship Centre Rainbow Centre	Safe Ministries Workshop Youth Group Challenge Night

The Holistic Care Nursing office is open from 10am – 2pm Monday and Thursday
except public holidays

WEEK BEGINNING 29 May 2016

Sunday 29.5.16	1.00pm	Worship Centre	Safe Ministries Refresher
Monday 30.5.16	10.00 am	Worship Centre	Covenant Care
Tuesday 31.5.16	12.30 pm	Worship Centre	Meditation
Wednesday 1.6.16	12 noon 2.00 pm 6.00 pm 7.30 pm	Worship Centre Worship Centre Rainbow Centre Rainbow Centre	Holy Communion and BYO Lunch Ever Active Exercise Class Meditation A Taste of Meditation
Thursday 2.6.16	9.30 am	Rainbow Centre	Scrabble
Friday 3.6.16	10.00 am	Worship Centre	Playgroup

SAVE THE DATES

- # Sat 11 June — First Aid Course run by St. John Ambulance
- # Sun 19 June — Family Service
- # 16-18 Sept — Parish Retreat at Galong

SOMETHING TO THINK ABOUT

EMBRACE

By Richard Browning

Reality is relational. Everything everything everything is bound in entwined interdependence.

The Christian name for God is Trinity. This is not the title for a dogma but a name for reality. God always was and is Community. Our journey into the heart of God's welcoming embrace is a journey into reality, and vice versa.

There is a profound ethical imperative to this theology. There are many many ways it can be said:

When we choose to love, we choose to move against fear, against alienation and separation. The choice to love is a choice to connect, to find ourselves in the other. Bell Hooks

Love your neighbour. Bible

We rise by lifting others. Robert Ingersoll

Love is the kingdom. St. Isaac of Syria c. 613 – c. 700

The question we seem to be asking in this week of refugee/literacy/numeracy /jobs/dole/burden is this: who is not my neighbour? The answer we contrive relieves us of a duty of care and responsibility to BE neighbourly.

Remember. God has embraced this world. God has already been a neighbour to this earth, to humanity. To the essential question of neighbour, we have already been embraced – Jesus is the neighbour to humanity, in our brokenness, alienation, addiction to dying, blindness to reality, inevitability in death. Our embrace of the embrace of Jesus is to receive what is given, to be accepted, loved, drawn in. Surrendering into this embrace is why we come to church. It can be called worship, a glad openness to be drawn into relationship within God through Jesus; yet more to be mirrored into Christ likeness. This has an unmistakably imperative: 'go, be likewise'.

This weekend, with the culmination of the incarnation expressed fully in the Easter mystery and the Pentecost out pouring of the Spirit, we name our encounter with God: Trinity. Here, see reality clearly: we are called into Community. Love is not a command, it is the songline of reality. No time should be wasted on who is our neighbour. Just be what we have received in Jesus.

On the question of refugees jobs dole literacy numeracy and the burden of support, check out Jordan: population around 6 million, 1 in 5 are Syrian refugees! My opinion: little separates LNP from ALP in neighbourliness to refugees.





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25 years of Service

I want to start by asking you to think back to 1991 and try and remember what you were doing?

That's when St John's Care was launched – 23rd of May, 1991. So, this Monday coming we will celebrate a significant milestone in the life of St John's Care and St John's Anglican Church - 25 years of service to our local community.

Today, I thought I would recount some important dates in our history:

23/5/91 – St John's Care (SJC) was launched under the co-ordination of the Revd. Elaine Gifford and the direction of Ven. David Oliphant. It was to be a parish-based community caring agency, placing value on Christ-centred care of the whole person, open and non-judgemental acceptance, commitment to healing and growth, and strict confidentiality. The service was based in the upper room of the Parish Centre and Wunderly Cottage, which was officially opened by Bishop Arthur in April 1992. SJC was funded entirely by the St John's Parish and by Care Force, (since become Anglicare). We continue to work in partnership with Anglicare to this day. SJC had many and varied programs, with an emphasis on counselling and personal and spiritual growth and support. In particular, it became responsible for the already well-established Marriage Preparation courses, which it continues to facilitate today.

1994 saw the creation of Care Action, a welfare outlet which was the beginning of our Emergency Relief Centre as we know it now. In its first year it gave food, clothing and financial assistance to 160 people and their families. I note that last year we assisted 3320 people and their families.

1997 - the Breakfast Club began serving breakfast to students at Ainslie Public School.

2000 - the Patch-a-Puzzle program commenced.

2002 - the first Christmas Lunch.

2004 - began to provide fresh food to clients with the assistance of The Snow Foundation.

2004 – the first monthly Community Lunch.

2013 - contracted to operate Youth Care Canberra.

2014 - the extensions to the Centre were opened.

2016 - joined the Food Bank Voucher Program.

Congratulations to St John's Anglican Church and all our supporters for your ongoing commitment to what has become one of the major providers of assistance to people who are doing it tough in the ACT. As I have said before, I believe that SJC is at the cutting edge of what it is to be Church and it continues to be the Church at it's very best. Thanks to all that have been part of the journey.

Happy 25th Anniversary St John's Care.

Wish list: pasta sauce, tinned meat, Up & Go, jam, powdered milk



**Food Pantry
Donations Needed**

Stuart Davis-Meehan, Director

PRAYER POINTS FOR THIS WEEK

IN THE WORLD

- ◆ We pray for the family and friends of those people killed this week in a series of coordinated attacks by Islamic State across Iraq, including car bombings and an assault on a natural gas plant.
- ◆ We also pray for the people of central Sri Lanka where floods, mudslides and electrocutions resulted in deaths and other serious casualties.

IN AUSTRALIA

- ◆ We pray for the commemorations for National Sorry Day (26 May) around the country today and this week.

WORLD WIDE ANGLICAN CHURCH

- ◆ We pray for the church in Northern Argentina and Northern Indiana.
- ◆ We pray for the bishops, clergy and people of the Dioceses of Wangaratta and Willochra.

IN OUR DIOCESE

- ◆ We pray for the clergy and people in the parishes of Cobargo, Bodalla-Narooma and Moruya.
- ◆ We pray for the Aboriginal and Torres Strait Islander ministry; the Diocesan Koori Commission and Bimbadeen Training College in Cootamundra.

MISSION

- ◆ We pray for the work of TEAR Australia in Burma and Pakistan

IN OUR PARISH AND COMMUNITY

- ◆ We pray for Connie, Anne R and Katherine who will be attending Clergy Conference in Narooma this coming week.
- ◆ We pray for the continued support, both people and financial support, for our Covenant Care and Holistic Care Nursing clients and that they have an enjoyable outing this week.
- ◆ We continue to pray for the Cursillo Movement, the meeting next month and for the formation of new directions.
- ◆ We also pray for our Clergy Appointment Board as they work to find us a new Rector.
- ◆ We pray for the following members of our parish family: Beth Heyde, Andrew Hill, Tam Hnatiuk, Reg and Phyl Holmes, Jey Hoole, Evelyn David-Hoole and Hannah, Mary, Sarah and Elizabeth and Neville and Dorothy Hurst.
- ◆ We pray for those in special need of prayer: Phil Perman, Glenys Wimmer, Dawn Hardman, Marjorie Pratt and those known to us personally.

COMMEMORATIONS:

Saturday: **Patricia Bennett** (died 2015)

HOLY COVENANT PRAYER VINE
REQUESTS FOR PRAYER

Phone Merri Bacon on 62511110 or email
merri.bacon@bigpond.com

FROM THIS WEEK'S PARISH COUNCIL MEETING

These are the salient points from 17 May meeting:

Working With Vulnerable People authorisation cards and training records are almost fully up to date; Safe Ministry courses will be taking place at Holy Covenant on the last weekend in May.

Welcoming rosters for Council members are now being implemented - help us to make everyone, new or not so new, feel welcome at and after the services.

The **Revd Anne Dudzinski** is being appointed as **Pastoral Care Coordinator** for six months.

There is a Parish Roll which is available to parish members to assist provision of pastoral care and contact. This is updated regularly and if you would prefer your details are not included please let Libby in the Parish Office know.

There will be new flooring installed in the major part of the Rainbow Centre in the last week of May.

Reports were received from the Youth Workers, Children's Worker, Holistic Care Nurse and Covenant Care - all going very well. For example, the Youth Group is planning a camp at the end of June; a family service is being planned for 19 June by Revd Katherine helped by the Youth Group, with a social event for parents and children to follow the service; and Archdeacon Anne plans to open a **wellness clinic** in the HCN office space mid year.

The financial situation is still sound though income has decreased somewhat; we plan fund raising during the year:

Save the dates

Saturday 30 July for the **Parish Dinner** (6.30 drinks, 7pm dinner) and please start organising tables - within the parish or outside. The Convenor is **Kathryn Body** and she would welcome offers of help.

Email: kathryn.body@thinkplace.com.au

Saturday 5 November-The **plant sale and mini-fete** is booked - time to start growing and planning now

Prayer for choosing an incumbent

Bountiful God,
give to this parish a faithful pastor
who will faithfully speak your word
and minister your sacraments;
an encourager who will equip your people for ministry
and enable us to fulfil our calling.
Give to those who will choose, wisdom, discernment and patience,
and to us give warm and generous hearts,
for Jesus Christ's sake. **Amen.**



(A Prayer Book for Australia page 212, No. 36)

COVENANT CARE @ Holy Covenant

Covenant Care Day Hospice is often referred to in a less confronting way as 'A day with a difference' and it does just that. It offers a day out of the home for our clients who are often isolated from community unless going to medical appointments. Besides giving the client a day out, just as importantly it gives their carer a day to do just as they please away from their daily caring. It pleases me no end to see a client's carer out and about the Jamison Centre having coffee with a friend or visiting the hairdresser while we are looking after their person for them.

Last Monday was a wonderful day at Covenant Care. There were 14 of our 15 clients there, there was music playing, lots of chatter, people being made welcomed and made comfortable and food preparation going on in the kitchen. There was hardly time to get settled before the Spanish Dancers arrived with their wonderful music and dancing to the click of the spurs on their boots! For some quiet after their visit there was a short session of armchair Tai Chi with Gillian followed by a prayer service in the chapel. It is wonderful to see at least 12 or our 14 clients attending the prayer service. Lunch is always a 2-3 course hot meal provided most generously by the Southern Cross Club.



This particular Monday we also had a visitor come from the Film and Archive centre to introduce the film for the afternoon, 'Casablanca' in black and white of course, and at half time was chocolate topped ice-creams for all. You might think you can come next week and catch this program but no, you won't as each week the program changes to yet another exciting one providing yet another day with a difference! Now really, what a great way to spend a Monday, or half a Monday, or a couple of hours each week or just occasionally, bringing something special into the lives of people who are suffering with a life threatening illness and above all giving them hope, building new friendships and being cared for with love.

Would you consider giving volunteering a go with us on Mondays? It doesn't have to be every week but can be when it suits you. Age is no barrier, our youngest volunteer is Tobias and our oldest is 81 years old! We have a wonderful group of volunteers to get to know, in fact you never know who you will meet there and are some that would be known to you. Our volunteers offer to help with activities, help in the kitchen, talk with clients, assist with their needs and enjoy with them all the entertainment that is provided. Or you can be a driver to bring clients to and from Covenant Care or even, and here's a very helpful role, calling in on Monday on your way to work to help bring some of the equipment down from the shed. You would be so welcome and if you think this is for you then speak to Archdeacon Anne or Harris Boulton.

Archdeacon Anne,

Co-chair Covenant Care Management Committee.

FIRST AID TRAINING At Holy Covenant

Can you recognise the signs of a heart attack or stroke?
If not, and you live or work with elderly people, Holy Covenant will be hosting a free, 2 hour information session run by volunteers from St Johns First Aid.

Topics include noticing the signs of stroke, heart attack and performing CPR.

Date: Saturday 11 June
Time: 10:00-12:00
Venue: Parish Centre

Numbers are limited to 30, so sign up today.



A Taste of Meditation with Anthony de Mello and Rob Maron.

Have you often wanted to learn to meditate but perhaps didn't know where to start? Or maybe you do have a practice but would like to learn more. The facilitator, Rob Maron, is a long-time meditator, but considers himself "always a beginner".

Based on Anthony de Mello's accessible and creative book, *Sadhana a Way to God*, this series will provide an introduction to meditation and contemplation as well as some new material for the more experienced meditator. Thomas Keating's *The Daily Reader For Contemplative Living* and *Centering Prayer* will also be referred to.

Participants will need de Mello's book.

Please indicate on sign-up sheet if you need a book (under \$20).

When: Four Wednesday evenings from 7.30 pm to 9.00pm in the Rainbow Centre. **Starting June 1.**

BREATHING SPACE EVENTS COMING UP:

**Sunday 12 June - Deep Dive -
Rev'd Richard Browning
*Story Beings and the reimagining of
humanity***

Breathing Space programmes are available from the leaflet rack on the back wall.

THOUGHT FOR THE WEEK

We see people and things
not as they are, but as we are.

- Anthony De Mello

Meditation in Progress



Shhhhhh!

Please respect the need for
silence

Wednesdays 6.00-7.00pm

In the Rainbow Centre

Baptism today 11.45am

We welcome baby **Amelia Elizabeth Ward** and her parents Nathan and Angela and godparents Anthony and Kristy as well as their extended family and friends. Amelia is the grand-daughter of Peter and Wendy Ward.

All Welcome to stay for baptism.



'May the Lord bless you and keep you'



We would like to say **Thank You** to **Helen and Harris** who organised the **St Johns Care** collection at the Jamison shops yesterday.

The morning allowed us to reach out to the community for support, collect for a good cause and fundraise through our cake and jam stall. Helen and Harris really appreciate the volunteers including the cake and jam makers who helped make it happen.

Well done Holy Covenant!

BIRTHDAYS THIS WEEK



Friday: **Zac Browning**

*If you want your name in the Birthday Book,
email : weeklybulletin@holycovenant.org.au*

Too much serious?
Subscribe to fun.



Holy Covenant Limerick Competition

Richard Scutter (8am parishioner) is conducting a limerick competition.

There are 2 sections:

- * Open
- * Under 15 years

\$2 entry fee (red tin in Office under hutch). Any topic acceptable but it must be your own work.

Entries to
Richardscutter@bigpond.com

Entries close 31 May
Awards & Prizes in June

ON THE NOTICE BOARD

- **A National Act of Recognition -** Recognition News by Revd Lindsay McDowell
- **Suicide Prevention Workshop** 25 May. Wesley Lifeforce.
- **CES Public Forum:** Speaker: Dr Brendan Long; Topic: "Tax Reform, A Christian Vision". At ACCC, 7.30 pm Wednesday 25 May. Donation: \$5. Supper provided. Contact: Robyn Coghlan 6254 0487.
- **Frontline Faith-** Fri 7pm-27 May Good Shepherd Anglican Church Curtin
- **Anglican Historical Society excursion** Sat 28 May
- **Supporting Defence Force Anglican Chaplaincy-**details of how to donate

Health Forums at St James Holt

Three talks by psychologists and counsellors about staying in a healthy head space

Sundays 5pm—6.30pm

May 22

Cant say no—Exploring addictions

June 5

Fight or Flight—Understanding anger and conflict

June 19

The past is present—Analysing family history brings new insight

*Free of Charge *Light Refreshments*
RSVP: office@stjames-holt.org.au

Christ Church Hawker:

Quarterly Men's Luncheon

Mon 30 May, 11.45am to 2pm

Tim Kirk (CEO & Chief Winemaker of our local high-prestige vineyard Clonakilla Wines) – committed Christian, and a highly-articulate genuine Australian guy has chosen to speak on "The Theology of Wine"

The luncheon will be at the **Birrigai Café, Kangara Waters** (close to Belconnen Town Centre.

Cost is \$25 a head for a 2-course meal plus tea/coffee, with the meal being served at about

12.30. RSVPs to Bruce Hooley (6251 7124

or brucehooley.1@bigpond.com) by Thursday 26 May please!

MINISTRY TEAM

LOCUMS	Revd Rob Miners 6292 9963 Revd Connie Gerrity 0429 423 725	Em: robminers@holycovenant.org.au Em: connie@gerrity.id.au
HONORARY ASSOCIATE PRIEST	Revd Anne Dudzinski 6278 6087	Em: annedudzinski@optusnet.com.au
HOLISTIC CARE NURSE	Archdeacon Anne Ranse 0439 139 209	Email: nurse@holycovenant.org.au Days: Mon & Thurs (10am - 2pm)
HONORARY DEACON	Revd Susan Joy Nevile 0431 133 852	Email: susanjoyn@gmail.com
CHILDREN'S WORKER	Revd Katherine Rainger 0401 142 851	Email: children@holycovenant.org.au
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DETAILS FOR NEXT SUNDAY 29 May 2016

8.00 am **HOLY COMMUNION**
Celebrant and Preacher: Revd Richard Browning

10.00 am **HOLY COMMUNION, Children's Church and Youth Group**
Celebrant and Preacher: Revd Richard Browning



SENTENCE: Does not wisdom call, and does not understanding raise her voice?
The Lord created me at the beginning of his work, the first of his acts of long ago.

Proverbs 8: 1 & 22

READINGS:

Proverbs 8:1-4, 22-31
Psalm 8
Romans 5: 1-5
John 16: 12-15

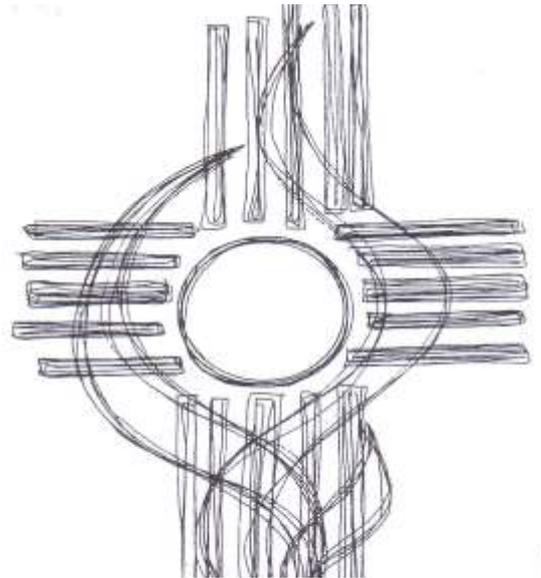


8 am HYMNS

178
131
642
179

PRAYER

Creating God,
we come to celebrate your creation.
Transforming Christ,
we come to be renewed in you.
Dancing Spirit, we come to live by your
rhythm.
May we find time enough to gaze at the
heavens, and silence enough to wonder at
the handiwork of love,
and grace enough to find ourselves
bound together by your hands.
Creator, Transformer, Dancer,
we come to praise and live with you in
community. **AMEN**



	8.00am	10.00 am
Sidespersons	Ann and Peter Bazeos	Prue and Ken Wedgwood
Readers	Jennifer Collier Peter Bazeos Katherine Rainger	Andrew Hill Doreen Matters Anne Ranse
Intercessor	Merrie Hepworth	James Ellis
Organist	Heather Shelley	Pam Lane
Word & Prayer	Rhonda Thorpe	Tobias Nevile
Deacon	Katherine Rainger	Anne Ranse
Cup	Rhonda Thorpe Katherine Rainger	Anne Ranse, Tobias Nevile, Leo Wimmer, Doreen Matters Extra bread: Anne Dudzinski
Morning Tea	Heather and Paul Shelley	Alison Campbell Michael Allen
Children's Church		Mary, Katherine, Christine, Catherine M/T: Phyl Holmes