



# HOLY COVENANT ANGLICAN CHURCH JAMISON

*To grow in Christ together, to equip for service, to care for all*



**29 May 2016**

**Second Sunday  
after Pentecost**



We welcome you to our worship and fellowship today, and we offer a special welcome to visitors and pray that you will feel at home in our community.

You are warmly invited to share Communion with us, either by drinking from or dipping the wafer in the chalice, or to come forward for a blessing.

**Reflection after Communion** – please feel free to light a prayer candle in the Chapel at the back of the Church following Communion.



## SERVICES TODAY

<b>8.00 am</b>	<b>HOLY COMMUNION</b> Celebrant & Preacher: Revd Richard Browning
<b>10.00 am</b>	<b>HOLY COMMUNION, Children's Church and Youth Groups</b> Celebrant & Preacher: Revd Richard Browning



*Please join us for morning tea after the Services*

## THIS WEEK IN THE PARISH

<b>Monday</b> 30.5.16	10.00 am	Worship Centre	Covenant Care
<b>Tuesday</b> 31.5.16	12.30 pm.	Worship Centre	Meditation
<b>Wednesday</b> 1.6.16	12 noon 2.00 pm 6.00 pm 7.30 pm	Worship Centre Worship Centre Rainbow Centre Rainbow Centre	Holy Communion and BYO Lunch Ever Active Exercise Class Meditation A Taste of Meditation
<b>Thursday</b> 2.6.16	9.30 am	Rainbow Centre	Scrabble
<b>Friday</b> 3.6.16	10.00 am	Worship Centre	Playgroup

The Holistic Care Nursing office is open from 10am – 2pm Monday and Thursday except public holidays

## WEEK BEGINNING 5 June 2016

<b>Monday</b> 6.6.16	10.00 am 10.00 am 1.30 pm	Worship Centre Kangara Waters Care Ctre Calvary Retirement Village	Covenant Care Communion Service Communion Service
<b>Tuesday</b> 7.6.16	12.30 pm 7.30 pm	Worship Centre Rainbow Centre	Meditation Belonging and Caring meeting
<b>Wednesday</b> 8.6.16	12 noon 2.00 pm 6.00 pm 7.30 pm	Worship Centre Worship Centre Rainbow Centre Rainbow Centre	Holy Communion and BYO Lunch Ever Active Exercise Class Meditation A Taste of Meditation
<b>Thursday</b> 9.6.16	9.30 am	Rainbow Centre	Scrabble
<b>Friday</b> 10.6.16	10.00 am	Worship Centre	Playgroup
<b>Saturday</b> 11.6.16	10.00 am 6.00 pm ?	Worship Centre Rainbow Centre	First Aid Course Youth Wii Night In



### SAVE THE DATES

- # Sun 19 June—Family Service
- # Fri 24-26 June—HC Youth Camp
- # Sat 30 July—Parish dinner
- # Fri 16-18 Sept—Parish Retreat at Galong

## SOMETHING TO THINK ABOUT

### Reflection

By Richard Browning

*“In the classical world of Greece and Rome, it was regarded as philosophically illogical and positively immoral to focus one’s care and attention on the weak and poor of society. And now everyone in the West thinks the opposite. Christianity turned the world upside down.”* Edwin Judge, Emeritus Professor of History, Macquarie University, Department of Ancient History.

The emergence of humility as the preeminent virtue in Western cultural practice follows the exact same cultural transformation. (See John Dickson’s book *Humilitas*.) Humility, real humility, was scorned as weakness. But when the Christ comes – the real Christ, who was born in a stable, rode a mule, touched the leper, walked with the prostitute, washed feet and died a criminal’s death – the social moral compass was recalibrated.

“The ultimate test of our worth as a democratic nation is how we treat our most disadvantaged and vulnerable.” When Sir William Deane spoke those words in February of 1998, he was articulating the heart of Western ethics. He was naming who we are. He was also reminding us of what we are to live up to, live into.

Jesus the Christ has entered this world, not to make people christian, but to make them human. In Christ we receive the grace, the language, the power, to be what we are purposed for: fully human, cast in the image and likeness of God. Loving kindness is the hallmark of the divine. Western society’s ownership of solidarity with the vulnerable as a virtue has its roots in the Judeo Christian narrative. Compassion is the hallmark of civil society.

When the Roman centurion reached out to a travelling Jewish Rabbi, he was reaching out across a massive cultural divide. But Jesus does not create in the centurion the urge to be compassionate, this lives within. (No doubt there was some economic interest in his valued slave as well as concern.) His faith is remarkable. Jesus is the one who transforms a societies ownership of solidarity with the vulnerable and makes it real. To our shame, the church has fallen short of this vocation. O God, give us your grace afresh today to be fully what you have made us to be, human, generous, open. You give us the grace to love, to love our neighbor, to love even the stranger, to love even more, the enemy. Breathe your Spirit upon us now, and make us more human, one to another. Amen.

WHAT YOU ARE IS  
GOD'S GIFT TO YOU  
WHAT YOU MAKE OF YOURSELF  
IS YOUR GIFT TO GOD!



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## For Such a Time as This

It has been my great pleasure over the past couple of months to work on an inter faith committee (Anglican, Catholic and Uniting Churches) to organise a forum on family violence on Saturday, 18 June from 9.30am – 4.00pm at the Australian Centre for Christianity and Culture in Barton.

This is part of my ongoing commitment as a White Ribbon Advocate to break the silence over men's violence against women through the activation of people, networks and opportunities to make violence against women a man's issue too.

The forum is titled "For Such a Time as This – Reflecting on Family and Domestic Violence". The program will include a number of presentations, a community panel and the launch of a booklet titled "For Such a Time as This – Reflections for Healing and Hope". The booklet is a call to prayer with twenty-nine stories about family violence, each including a reflection, a question and a one line prayerful meditation.

This is a small excerpt from one of the stories: "Tonight was worse than last week. She was sure she had broken her arm again and her stomach was aching from his kicks. Tomorrow Aunties would come and walk with her to the hospital. They would walk for over an hour as there was never any money for petrol since it paid for booze and trips to the pub. The Aunties would try to persuade her to report the abuse to police. They would talk about getting help."

The question following the story is "How can communities work together to break the cycle of violence" and the prayer, "Show me God what you would have me do to be a part of the healing in communities."

Many of the clients of St John's Care suffer from domestic and family violence, although they will often present for other help, as this is not something they will necessarily talk about freely. We try to provide a space where they will feel able to talk about this issue with our volunteers or staff, if they want to. Pray that we will have the skills to listen to the clients, hear the underlying issues not just the 'cover story' and respond appropriately.

There is no cost for the forum, but, as space is limited registration is essential. You can register online at <http://bit.ly/22fNz1X>. You will need to bring your own lunch and beverages will be provided. If you have an interest in being part of the solution, I encourage you to attend and if you know someone who, as a victim of violence, might benefit from the forum, please talk to them about it.

**Wish list:** small milk (200ml), Up and Go, powdered milk



Food Pantry  
Donations Needed

**Stuart Davis-Meehan, Director**

# PRAYER POINTS FOR THIS WEEK

## IN THE WORLD

- ♦ We give thanks that, in Greece, thousands of migrants and refugees are being evacuated from makeshift tent camps on the Macedonian border to state run facilities. We pray that the process is going smoothly and humanely.
- ♦ We pray for the people living on the north island of New Zealand with tremors felt in Masterton and Wellington.

## IN AUSTRALIA

- ♦ We give thanks and pray for the many caring agencies who care for the thousands of homeless people around the country, especially during winter.

## WORLD WIDE ANGLICAN CHURCH

- ♦ We pray for the Anglican Centre in Rome.
- ♦ We for the bishops, clergy and people of the Dioceses of Adelaide and Armidale.

## IN OUR DIOCESE

- ♦ We pray for the clergy and people in the parishes of Braidwood, Bungendore, Gunning and Crookwell.
- ♦ We pray for our Bishops - Stuart, Trevor, Stephen and Matt, and for the staff at the Diocesan Registry Office.

## MISSION

- We pray for the work of the Bush Church Aid Society in Kununara and Port Hedland.

## IN OUR PARISH AND COMMUNITY

- ♦ We pray for our Clergy Appointment Board as they work to find us a new Rector.
- ♦ We pray for the following members of our parish family: Deranie and Phoebe Jackson; Gareth, Jo, Elanor, Isobel and Hannah James; and Betty Jennings.
- ♦ We pray for those in special need of prayer: Phil Perman, Glenys Wimmer, Dawn Hardman, Marjorie Pratt, Bev Barnes, Des Pain and those known to us personally.

## COMMEMORATIONS:

- Today: **Ken Mugford** (died 2005)  
Thursday: **John Phillip Lane** (died 2012)  
Friday: **Isabel Hazelwood** (died 1994)  
Tuesday: Visitation of the Blessed Virgin Mary to Elizabeth

HOLY COVENANT PRAYER VINE  
REQUESTS FOR PRAYER

Phone Merri Bacon on 62511110 or email  
*merri.bacon@bigpond.com*

## FROM LAST WEEK'S PARISH COUNCIL MEETING

These are the salient points from 17 May meeting:

Working With Vulnerable People authorisation cards and training records are almost fully up to date; Safe Ministry courses will be taking place at Holy Covenant on the last weekend in May.

Welcoming rosters for Council members are now being implemented - help us to make everyone, new or not so new, feel welcome at and after the services.

The **Revd Anne Dudzinski** is being appointed as **Pastoral Care Coordinator** for six months.

There is a Parish Roll which is available to parish members to assist provision of pastoral care and contact. This is updated regularly and if you would prefer your details are not included please let Libby in the Parish Office know.

There will be new flooring installed in the major part of the Rainbow Centre in the last week of May.

Reports were received from the Youth Workers, Children's Worker, Holistic Care Nurse and Covenant Care - all going very well. For example, the Youth Group is planning a camp at the end of June; a family service is being planned for 19 June by Revd Katherine helped by the Youth Group, with a social event for parents and children to follow the service; and Archdeacon Anne plans to open a **wellness clinic** in the HCN office space mid year.

The financial situation is still sound though income has decreased somewhat; we plan fund raising during the year:

### Save the dates

**Saturday 30 July** for the **Parish Dinner** (6.30 drinks, 7pm dinner) and please start organising tables - within the parish or outside. The Convenor is **Kathryn Body** and she would welcome offers of help.

Email: [kathryn.body@thinkplace.com.au](mailto:kathryn.body@thinkplace.com.au)

**Saturday 5 November**-The **plant sale and mini-fete** is booked - time to start growing and planning now

### Prayer for choosing an incumbent

Bountiful God,  
give to this parish a faithful pastor  
who will faithfully speak your word  
and minister your sacraments;  
an encourager who will equip your people for ministry  
and enable us to fulfil our calling.  
Give to those who will choose, wisdom, discernment and patience,  
and to us give warm and generous hearts,  
for Jesus Christ's sake. **Amen.**



(A Prayer Book for Australia page 212, No. 36)

### COVENANT CARE @ Holy Covenant

**Covenant Care Day Hospice** is often referred to in a less confronting way as 'A day with a difference' and it does just that. It offers a day out of the home for our clients who are often isolated from community unless going to medical appointments. Besides giving the client a day out, just as importantly it gives their carer a day to do just as they please away from their daily caring. It pleases me no end to see a client's carer out and about the Jamison Centre having coffee with a friend or visiting the hairdresser while we are looking after their person for them.

Last Monday was a wonderful day at Covenant Care. There were 14 of our 15 clients there, there was music playing, lots of chatter, people being made welcome and made comfortable and food preparation going on in the kitchen. There was hardly time to get settled before the Spanish Dancers arrived with their wonderful music and dancing to the click of the spurs on their boots! For some quiet after their visit there was a short session of armchair Tai Chi with Gillian followed by a prayer service in the chapel. It is wonderful to see at least 12 or our 14 clients attending the prayer service. Lunch is always a 2-3 course hot meal provided most generously by the Southern Cross Club.



This particular Monday we also had a visitor come from the Film and Archive centre to introduce the film for the afternoon, 'Casablanca' in black and white of course, and at half time was chocolate topped ice-creams for all. You might think you can come next week and catch this program but no, you won't as each week the program changes to yet another exciting one providing yet another day with a difference! Now really, what a great way to spend a Monday, or half a Monday, or a couple of hours each week or just occasionally, bringing something special into the lives of people who are suffering with a life threatening illness and above all giving them hope, building new friendships and being cared for with love.

***Would you consider giving volunteering a go with us on Mondays?*** It doesn't have to be every week but can be when it suits you. Age is no barrier, our youngest volunteer is Tobias and our oldest is 81 years old! We have a wonderful group of volunteers to get to know, in fact you never know who you will meet there and are some that would be known to you. Our volunteers offer to help with activities, help in the kitchen, talk with clients, assist with their needs and enjoy with them all the entertainment that is provided. Or you can be a driver to bring clients to and from Covenant Care or even, and here's a very helpful role, calling in on Monday on your way to work to help bring some of the equipment down from the shed. You would be so welcome and if you think this is for you then speak to Archdeacon Anne or Harris Boulton.

**Archdeacon Anne,**

**Co-chair Covenant Care Management Committee.**

### FIRST AID TRAINING At Holy Covenant

Can you recognise the signs of a heart attack or stroke?  
If not, and you live or work with elderly people, Holy Covenant will be hosting a free, 2 hour information session run by volunteers from St Johns First Aid.

Topics include noticing the signs of stroke, heart attack and performing CPR.

Date: Saturday 11 June  
Time: 10:00-12:00  
Venue: Parish Centre

**Numbers are limited, only 12 places left, so sign up today.**



### BREATHING SPACE EVENTS COMING UP:

**Sunday 12 June - Deep Dive -  
Rev'd Richard Browning  
*Story Beings and the reimagining of  
humanity***

Breathing Space programmes are available from the leaflet rack on the back wall.

### A Taste of Meditation with Anthony de Mello and Rob Maron.

**Commences this Wednesday**

Have you often wanted to learn to meditate but perhaps didn't know where to start? Or maybe you do have a practice but would like to learn more. The facilitator, Rob Maron, is a long-time meditator, but considers himself "always a beginner".

Based on Anthony de Mello's accessible and creative book, *Sadhana a Way to God*, this series will provide an introduction to meditation and contemplation as well as some new material for the more experienced meditator. Thomas Keating's *The Daily Reader For Contemplative Living* and *Centering Prayer* will also be referred to.

Participants will need de Mello's book.

**Please indicate on sign-up sheet if you need a book (under \$20).**

**When:** Four Wednesday evenings from 7.30 pm to 9.00pm in the Rainbow Centre. **Starting June 1.**

**Be quick, only 6 places left!**

**THOUGHT FOR THE WEEK**  
If the heart is unobstructed,  
the result is love.

**- Anthony De Mello**

**Meditation in Progress**



Shhhhh!

Please respect the need for  
silence

Wednesdays 6.00-7.00pm

In the Rainbow Centre

**St Johns Care Collection**

Some stats for your interest:

- 300+ bags of groceries
- \$100+ donations
- \$540+ fundraising from cake and jam stall
- 1 volunteer children's church
- 1 volunteer youth group
- 20+ adult volunteers

We LOVE how big  
YOUR HEART is!!

**Holy Covenant Limerick Competition  
Last Limerick Call**

If you find the sermon kind of boring  
And those around have started  
snoring

Enter your mind  
And you might find  
Some Limerick words a-calling

I don't want to bend upon the knees  
Ask God for some entries please  
I'm sure he's got better things to do  
Perhaps those that snored first in the  
queue

There's little time left to share some  
words

So get down to it to be heard!  
The end of May is the very last day  
So little time left to have your say

Richard is hoping, Richard is waiting  
Richard is anticipating

Entries to  
Richardscutter@bigpond.com

Entries close 31 May;  
\$2 in red tin in the office  
Awards & Prizes in June

For help, try: [https://  
mywordinyourear.wordpress.com/2016/05/21/looking-at-limericks-and-  
manipulation/](https://mywordinyourear.wordpress.com/2016/05/21/looking-at-limericks-and-manipulation/)

**BIRTHDAYS THIS WEEK**



- Tuesday: Sarah Trigge, Lou Daniels
- Wednesday: Michael Sharrad
- Thursday: Georgina Thorpe
- Saturday: Merrie Hepworth

If you want your name in the Birthday Book,  
email : [weeklybulletin@holycovenant.org.au](mailto:weeklybulletin@holycovenant.org.au)

AND . . .



Entertainment Books are available and you can call Hilary on 6251 8166 or wait until next Sunday to purchase/collect your book. **Please place your orders promptly.**

If you wish to order and pay online visit: [www.entbook.com.au/247m23](http://www.entbook.com.au/247m23). The \$12 is paid into Holy Covenant account.

### WEEKLY BULLETIN

All emails with information for inclusion in the Weekly Bulletin go to (cut off is 10am Thursdays):

[weeklybulletin@holycovenant.org.au](mailto:weeklybulletin@holycovenant.org.au)

If you would like to be on the email list send your email details to the above address. It will arrive in your Inbox on Friday—a good opportunity to see if you are rostered for any duties!

### Health Forums at St James Holt

Two talks by psychologists and counsellors about staying in a healthy head space

**Sundays 5pm—6.30pm**

#### June 5

Fight or Flight—Understanding anger and conflict

#### June 19

The past is present—Analysing family history brings new insight

\*Free of Charge \*Light Refreshments\*

RSVP: [office@stjames-holt.org.au](mailto:office@stjames-holt.org.au)

### ON THE NOTICE BOARD

- **A National Act of Recognition - Recognition News** by Revd Lindsay McDowell
- **Angels singing**—fundraiser by Katie De Veau et al Fri 3 June
- **Women inspiring Women**—Mosaic Baptist Church Page, Thurs 23 June

### Got any church keys you haven't used for a while?

If you borrowed a church key and no longer need it, please return it to the office via Libby or in a labelled envelope so the key register may be updated.

Thank you



### CEO Sleepout for Homeless People 23 June 2016

You are invited to sponsor Neville Tomkins in the CEO Sleepout to raise money for St Vincent de Paul's programs for homeless people. Please donate at: <https://www.ceosleepout.org.au/ceos/act-ceos/neville-tomkins-scouts-australia/>

## MINISTRY TEAM

<b>LOCUMS</b>	<b>Revd Rob Miners</b> 6292 9963 <b>Revd Connie Gerrity</b> 0429 423 725	Em: robminers@holycovenant.org.au  Em: connie@gerrity.id.au
<b>HONORARY ASSOCIATE PRIEST</b>	<b>Revd Anne Dudzinski</b> 6278 6087	Em: annedudzinski@optusnet.com.au
<b>HOLISTIC CARE NURSE</b>	<b>Archdeacon Anne Ranse</b> 0439 139 209	Email: nurse@holycovenant.org.au Days: Mon & Thurs (10am - 2pm)
<b>HONORARY DEACON</b>	<b>Revd Susan Joy Nevile</b> 0431 133 852	Email: susanjoyn@gmail.com
<b>CHILDREN'S WORKER</b>	<b>Revd Katherine Rainger</b> 0401 142 851	Email: children@holycovenant.org.au
<b>PASTORAL CARE CO-ORDINATOR</b>	<b>Nic Platt</b> 0428 179 169	Email: pastoralcare@holycovenant.org.au
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<b>PARISH ADMINISTRATOR</b>	<b>Libby Warren</b> Office: 6251 6100	Email: office@holycovenant.org.au

## PARISH DIRECTORY

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## DETAILS FOR NEXT SUNDAY 5 June 2016

**8.00 am**      **HOLY COMMUNION**  
Celebrant and Preacher: Revd Connie Gerrity

**10.00 am**    **HOLY COMMUNION, Children's Church and Youth Group**  
Celebrant and Preacher: Revd Connie Gerrity

**3.30 pm**      **Rainbow Fellowship**



**SENTENCE:** Sing to the Lord a new song; sing to the Lord, all the earth.  
Sing to the Lord, praise his name. *Psalm 96: 1-2a*

**READINGS:**

1 Kings 18:20-21, 30-39  
Psalm 96  
Galatians 1: 1-12  
Luke 7: 1-10



**8 am HYMNS**

447  
452  
259  
83

**PRAYER**

God of the earth and of all other worlds that are or ever will be,  
by your Spirit assist this day to worship gladly!  
Help us to be familiar with you but never trite,  
to relish your love but never take it for granted,  
to be in awe of you yet not be afraid,  
to worship you  
yet realise we have only touched the edges  
of your majesty.  
Tincture our lives with your beauty  
and fill our potential beauty with your abundant  
life.  
Through Jesus of Nazareth,  
our way, our truth, our life. **AMEN**



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	<b>8.00am</b>	<b>10.00 am</b>
<b>Sidespersons</b>	Elizabeth Grant and Hilary Harris	Anne Dudzinski and Reg Holmes
<b>Readers</b>	Hilary Harris Rosemary Kennemore Katherine Rainger	Phyl Holmes Reg Holmes Andrew Hill
<b>Intercessor</b>	Bob Arthur	Bruce Barnes
<b>Organist</b>	Kath Arthur	Claire Lawlor
<b>Word &amp; Prayer</b>	Luc Rose	James Ellis
<b>Deacon</b>	Katherine Rainger	Anne Ranse
<b>Cup</b>	Luc Rose Katherine Rainger	James Ellis, Anne Ranse, Phyl Holmes, Neville Hurst Extra bread: Anne Dudzinski
<b>Morning Tea</b>	Ann Menzies and Heather Shelley	Youth Group
<b>Children's Church</b>		Mary, Katherine, Christine, Karen M/T: Murray-Judd family