

# HOLY COVENANT ANGLICAN CHURCH JAMISON

*To grow in Christ together, to equip for service, to care for all*

**10 July  
2016**



**Eighth  
Sunday  
After  
Pentecost**



We welcome you to our worship and fellowship today, and we offer a special welcome to visitors and pray that you will feel at home in our community.

You are warmly invited to share Communion with us, either by drinking from or dipping the wafer in the chalice, or to come forward for a blessing.

**Reflection after Communion** – please feel free to light a prayer candle in the Chapel at the back of the Church following Communion.



## SERVICES TODAY

**8.00 am HOLY COMMUNION**  
Celebrant: Revd Connie Gerrity  
Preacher: Revd Connie Gerrity

**10.00 am HOLY COMMUNION**  
Celebrant: Revd Connie Gerrity  
Preacher: Revd Connie Gerrity



*Please join us for morning tea after the Services*

## THIS WEEK IN THE PARISH

<b>Monday</b> <b>11.7.16</b>	10.00am 10.00 am 1.30 pm	Worship Centre Kangara Waters Care Ctr Calvary Retirement Village	Covenant Care Communion Service Communion Service
<b>Tuesday</b> <b>12.7.16</b>	12.30 pm 7.30 pm	Worship Centre Rainbow Centre	Meditation Communications meeting
<b>Wednesday</b> <b>13.7.16</b>	12 noon 2.00 pm 6.00 pm	Worship Centre Worship Centre Rainbow Centre	Holy Communion and BYO Lunch Ever Active Exercise Class Meditation
<b>Thursday</b> <b>14.7.16</b>	9.30 am	Rainbow Centre	Scrabble
<b>Saturday</b> <b>16.7.16</b>	9.00 am	Worship Centre	Working Bee

The Holistic Care Nursing office is open from 10am – 2pm Monday and Thursday  
except public holidays

## WEEK BEGINNING 17 July 2016

<b>Monday</b> <b>18.7.16</b>	10.00am	Worship Centre	Covenant Care
<b>Tuesday</b> <b>19.7.16</b>	12.30 pm 7.30 pm	Worship Centre Rainbow Centre	Meditation Parish Council meeting
<b>Wednesday</b> <b>20.7.16</b>	12 noon 2.00 pm 6.00 pm	Worship Centre Worship Centre Rainbow Centre	Holy Communion and BYO Lunch Ever Active Exercise Class Meditation
<b>Thursday</b> <b>21.7.16</b>	9.30 am 7.30 pm	Rainbow Centre Rainbow Centre	Scrabble EFM
<b>Friday</b> <b>22.7.16</b>	10.00 am	Worship Centre	Playgroup



### SAVE THE DATES

- # Sat 30 July—Parish dinner
- # Sat 3 Sept—**Susanna's induction in Sale**
- # Fri 16-18 Sept—Parish Retreat at Galong
- # Sat 5 Nov—HC Plant sale and mini fete

## SOMETHING TO THINK ABOUT

***For this reason, since the day we heard it, we have not ceased praying for you and asking that you may be filled with the knowledge of God's will in all spiritual wisdom and understanding, so that you may lead lives worthy of the Lord, fully pleasing to him, as you bear fruit in every good work and as you grow in the knowledge of God.***

**Colossians 1: 9-11**

These days we have a distinction between "snail mail" and email. Even email as a form of communication has been by-passed by text messages and social media. Whatever form of communication we use there is always someone who has a message to give, the message itself and someone who is receiving the message. What we hope is that these three elements align in order for the communication to be clear. All of Scripture is written to communicate something in a certain form chosen by the author/s.

The form of an ancient letter is the most prevalent of New Testament books (21 of the 27). Scholars debate the authorship of the letters and piece together the communities which are being addressed. Amidst these interesting and necessary debates, we come to the letters as part of our canon of Scripture. A certain timelessness prevails which transcends the original first century audience and includes us as their addressees. The letters also act as a connection across the centuries between the first hearers and the Church today.

Over the next few weeks our New Testament reading contains passages from the Letter to the Colossians. This letter is rich in exhortation to readers about the cosmic scope of Christ's role, develops the idea of our union with Christ and then explains the ethical implications of this relationship.

The letter addressed to the saints in Colossae begins with a greeting from Paul and Timothy. The author then enthusiastically offers a string of thanksgivings including thanks for the faith of the people, for the fruit they are bearing and for their fellow servant Epaphras who told them the message. The prayer of thanksgiving then moves to a prayer of intercession for the Colossians, that they might grow deeply in their love and knowledge of God.

Prayer is one of the paradoxes of the life of faith. It is equally mysterious and part of our instinct as spiritual beings. It is one of the ministries that we offer the world. Sr Hildegard at the Benedictine Abbey at Jamberoo explains that her sisters get up at 4am to begin prayer each day because they cannot bear the thought of people starting their day without being prayed for.

So too, with our life of common prayer, our personal prayer and the prayer vine co-ordinated by Merri Bacon, we participate in bringing the life of the world to the life of God. Prayer is both an intellectual activity and also an activity of the heart. To pray without ceasing is not so much a physical labour, rather it continues within oneself whilst doing the rest of life. This week give thanks for the people of Holy Covenant and the fruit that God is bearing here. Pray for those in need of prayer as an activity of both mind and heart.

- *Revd Katherine Rainger*



GPO Box 219  
Canberra City ACT 2601  
Ph: 02 6248 7771  
director@stjohnscare.org.au  
ABN: 40 172 941 355

It is always a bit tough when a person turns up close to closing time. We close the Centre to the public at 2pm, but last week one of the volunteers asked me to see a woman who arrived at about 1.50pm looking for petrol money. We generally don't give out money for petrol as word gets around very quickly and we get swamped with requests.

This woman had a friend with her who was parked in her car in Anzac Parade, so I went and got her. They proceeded to tell me about a nightmare trip they were having. The outcome was that they arrived in Canberra with no food, no money and no petrol, having spent the last night sleeping in the car (it was -3 degrees). They were en route home to Queensland from a close relative's funeral in Victoria.

I noticed early on that the woman was somewhat mentally and physically unwell and as she began to tell me her story, she started experiencing a seizure. With the assistance of her friend, we were able to lower her to the ground, put her in the recovery position and comfort her while she continued to fit quite violently for some 5 minutes. Then she had a minute or so of respite before a further period of fitting. When she was able to talk, she kept saying "I don't want to die in Canberra". Apparently she had to be hospitalized the day before from a serious seizure, but her friend assured me that we didn't need to call the ambulance unless she continued to fit for more than 10 minutes. She didn't.

As it turns out the woman had met Sue Jordan and Andrew Leigh some years ago in Canberra when she was lobbying for mental health services. She is a victim of the Stolen Generation and a Forgotten Australian. She had developed a number of mental health issues including Complex Post Traumatic Stress Disorder and some form of epilepsy, from many years of sexual and physical abuse in a range of institutions.

In a phone conversation with her case manager in Queensland, I was able to find out that she is well known in her local community as being very active in lobbying and providing services for people with mental, physical and emotional needs.

It was my very great privilege to meet this woman and to be able to help her in a time of need. I was able to follow up this week and found out that they arrived back in Queensland, 3 days later, after a few more stops at hospitals along the way.



**Wish list: pull up nappies, tissues, pasta, tinned fish**

**Stuart Davis-Meehan, Director**

*All Donations to St John's Care are Tax Deductible*

# PRAYER POINTS FOR THIS WEEK

## IN THE WORLD

- Pray for those who are afraid for the future of their children and communities: for religious and racial minorities in the Middle East, for those who feel left-behind by globalisation and widening economic disparity, for those responding to migrants and refugees by turning to racist and extreme political groups. .

## IN AUSTRALIA

- With NAIDOC Week drawing to a close today, we give thanks for the progress in reconciliation between indigenous Australians and those who came later.
- We pray that our new prime minister and government promote an informed debate on the issues that face our nation.

## WORLD WIDE ANGLICAN CHURCH

- We pray for the theologians of the Anglican Communion, and for their contribution to the wider church. Pray that the Anglican tradition of intellectual and spiritual freedom to explore scripture and tradition might be taken up by a new generation of writers, preachers and teachers, guided by the Holy Spirit, and willing to stretch us in our faith journey.

## IN OUR DIOCESE

- We pray for all those who hold positions of leadership and responsibility in the life of our Diocese. Especially we pray for the clergy and people of St Peter's Weston and All Souls' Chapman.
- We pray for the Anglicare Childcare Centres at Calwell, Gordon and Parliament House.

## MISSION

- We pray for the encouragement of those particularly called to live their faith in places far from home, Especially we pray for the work of the Australian Board of Missions in the Philippines and the Solomon Islands.

## IN OUR PARISH AND COMMUNITY

- We pray for Anne Dudzinski taking Services at the Retirement Villages tomorrow.
- We pray for our Clergy Appointment Board as they work to find us a new Rector.
- We pray for the following members of our parish family: Dylan, Sally, Dougal and Jemima Mordike, Nick, Mel, Charlie, Frankie and Archie Moss, Susan Joy, Maurice, Bethany, Joel and Tobias Nevile and Val Newton.
- We pray for those in special need of prayer: Phil Perman, Glenys Wimmer, Bev Barnes, Des Pain, Nick Moss and those known to us personally.

## COMMEMORATIONS:

- Today: **Grace Watson** (died 2014)  
Monday: **Dot Dudley** (died 2008)  
Monday: **John Singh** (died 2014)  
Tuesday: **Gerard Bacon** (died 2015)  
Wednesday: **Laurie Alexander** (died 2001)





LET'S CELEBRATE OUR 48TH BIRTHDAY!!  
SATURDAY 30 JULY 7pm



Cost: \$40 per adult  
\$100 family of 2 adults and their children .

For that you will get a 3 course meal with the theme of "Family Favourites" with entree, mains and a spectacular dessert trolley.

SIGN-UP IF YOU WANT TO JOIN THE PARTY!

This is a fund-raising dinner and there will be a silent auction—so start thinking about what you can offer for auction.

THE SILENT AUCTION:

We are having a silent auction, contact the office for where to donate goods.

There is a sign up sheet for individual guests at the back of the church and anyone who would like to host a table please email or call Kathryn

Body: [kathryn.body@thinkplace.com.au](mailto:kathryn.body@thinkplace.com.au) or 0403 500 882.

**IT'S OUR 48th BIRTHDAY  
AND YOU'RE ALL INVITED TO OUR PARTY  
Sunday 31 July**



**Guest Preacher: Revd Canon Susanna Pain**  
Susanna is a former Rector of Holy Covenant and is currently Associate Director, Liturgy, The Arts and Spiritual Care at the Australian Centre for Christianity and Culture, Charles Sturt University.

**Followed by a shared lunch at 11.30 am.**

**Sign up on the sheet on the sign-up door!**

### Are you looking for some part time work?

The Holistic Care Nursing program is seeking a coordinator to take over the overall management of the program. The ideal person will have a background in nursing, physiotherapy or community services who is well organised, fit and passionate about keeping people in their homes, caring about isolated people and helping those suffering difficulties to get back on their feet. You will be responsible for working with other agencies and volunteers from within the parish. The position is funded for up to 25 hours per week.

If this interests you and you would like more information **please contact Anne Ranse by phone on 0439 139 209 or email [nurse@holycovenant.org.au](mailto:nurse@holycovenant.org.au)**

### Limerick Competition (another of our 3 winners)

I love how birds huddle together  
to keep warm in the chillier weather  
they preen and chat  
eye out for the cat  
then down floats a fabulous feather.

**Libby Warren**



**NEXT SATURDAY 16 JULY**

**From 9am till 12 noon**

Come and help keep our buildings  
and grounds clean and tidy.  
Let's get our buildings and grounds  
looking nice for our birthday  
celebrations.

Delicious morning tea provided.

Working bees are held throughout  
the year on the third Saturday of  
every month.



### PARISH RETREAT

16th—18th September 2016

**"Living the Blessing: Becoming a Blessing"**

Led by Alice-Anne Macnaught

**Brochures available from leaflet rack on the back wall.**

### PASTORAL CARE ACCESSIBILITY

This is a Parish that really wants to care for people – in many different ways, from having tea/coffee and listening sympathetically with a focus on the wellbeing of the other person, to more specific practical and spiritual support, and perhaps facilitating professional counselling under special circumstances.



With my appointment as Pastoral Care Coordinator a more intentional program is being developed, and members of the parish may wish to make contact to seek pastoral care or suggest ways in which it might be offered.

Contact options for pastoral care are:

1. Ring Anne Dudzinski on 6278 6087 or 0413 994 739. These numbers are in the back of the Weekly Bulletin or in the Parish Roll or the phone book. A message can be left on either if I am out of contact.
2. An email to [pastoralcare@holycovenant.org.au](mailto:pastoralcare@holycovenant.org.au) about someone else or yourself, e.g. going to hospital or coming home again, needing a lift to get to church, losing someone dear to you. Only two people can access this, so it is confidential.
3. Contact Libby at the office (number in the Weekly Bulletin).
4. Contact other clergy directly (numbers in the Weekly Bulletin).

I can then try to arrange suitable action, including other willing volunteers or clergy.

This is a work in progress, subject to **feedback please!**

*(PS If Susan Joy, as an employee of Calvary Hospital, knows you are in Calvary, she is not at liberty to tell us unless you **ask** her to let us know).*

Blessings,  
Anne Dudzinski

**DRIVER with car needed for Hennessy House pickups for Sunday 10am services. Contact Anne if you can help.**

### Prayer for choosing an incumbent

Bountiful God,  
give to this parish a faithful pastor  
who will faithfully speak your word  
and minister your sacraments;  
an encourager who will equip your people for ministry  
and enable us to fulfil our calling.  
Give to those who will choose, wisdom, discernment and patience,  
and to us give warm and generous hearts,  
for Jesus Christ's sake. **Amen.**

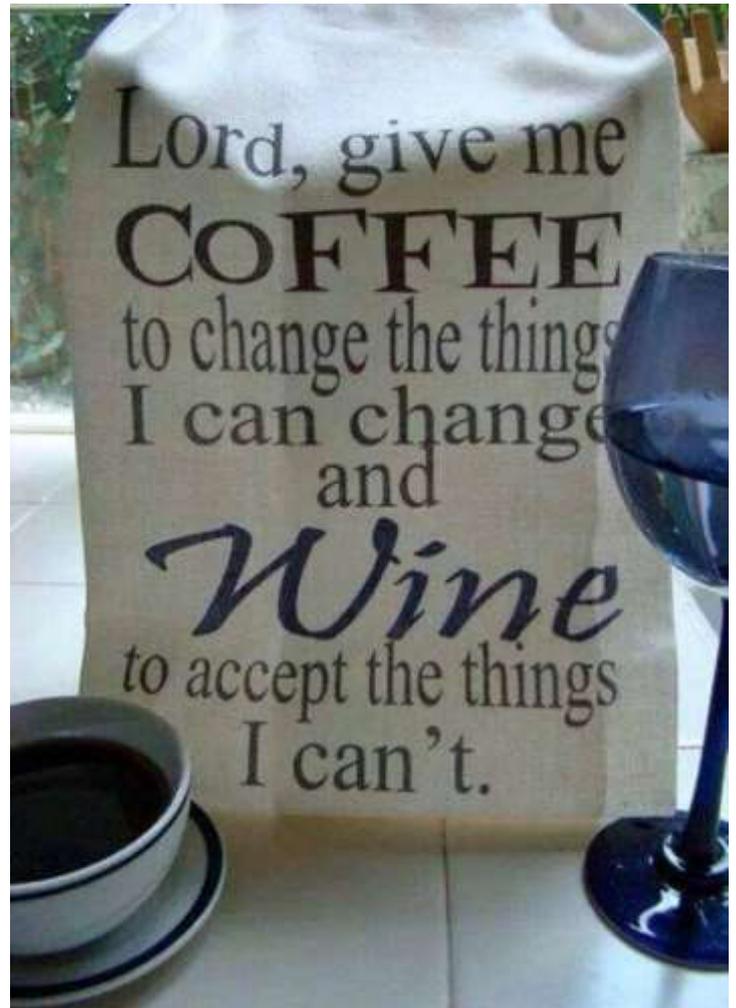


## IN THE PARISH AND ...

### **"Do you drink tea or coffee?"**

Do you enjoy a cuppa after our morning services? The morning tea roster is one of the ways in which we can offer service to one another and we are looking for some more volunteers to take a turn.

**If you can pour tea or coffee and are able to commit to doing so every 5-6 weeks, please advise the office or Jennifer Collier (8am service). 6255 4255**



### **Clergy Appointment Board update**

The Board has met twice and will meet again next week. The process of obtaining expressions of interest and preparing for interviews is well underway. However, it is not possible at this stage to say how long it will take. The Parish members of the Board have been doing their best to keep the process moving.

### **BIRTHDAYS THIS WEEK**

**Tuesday: Brian Hepworth**  
**Wednesday: Elizabeth Troy**  
**Thursday: Quentin Grafton**  
**Friday: Jayne Murray**

If you want your name in the Birthday Book, email :  
[weeklybulletin@holycovenant.org.au](mailto:weeklybulletin@holycovenant.org.au)



### **Only 4 books left!**

For \$60 you get great discounts to hundred of activities in Canberra and elsewhere. There is a sample book on the table at the back. \$12 from each sale comes to the parish.

Contact Hilary Harris  
6251 8166  
[hilaryruthharris@gmail.com](mailto:hilaryruthharris@gmail.com)



Australian Centre for Christianity and Culture

WISDOM WORKING FOR THE COMMON GOOD

**'Becoming' - a quiet day**

Saturday 20 August 2016  
9am - 3.30pm

'I am who I am' or 'I am becoming what I am becoming' or 'I will be who I will be' Exodus 3:14

We open with a cuppa at 9am, then a Reflection 9.30am, and gather at various times for reflection and meditation, and a closing prayer at 3pm.

**Where:** The Chapel, ACCC, Corner King's Avenue and Blackall Street, Barton

**Bring** your own lunch, journal, hat, and art materials if you'd like.

Morning and afternoon tea provided.

**RSVP essential:** Susanna Pain  
ph 0418 637 469

susanna.pain@gmail.com

**Donation:** \$30



**ON THE NOTICE BOARD**

- **Another Chance Op Shop**—50% mark down on all stock during 4-16 July, Scullin Shops, supported by Mosaic Baptist Church
- **Kippax Kids Holiday Happenings** Thurs 14 July 10am
- **CES annual dinner forum**, 'What makes for the common good?', Thurs 21 July, Bella Vista Belconnen, **Bookings by 13 July:** See CES  
website: [www.ces.org.au](http://www.ces.org.au)

Theresa Jokisch— a long time member of our parish and very involved in Covenant Care, for family reasons has had to move. A farewell card for you to sign is on the table near the Font.

**Office Closure**

The office will be closed  
12 –14 July.

Our lives are a  
manifestation of what  
we think about God.  
- Anon

**PARISH DIRECTORY**

<b>PARISH ADMINISTRATOR</b>	<b>Libby Warren</b> Office: 6251 6100	Email: <a href="mailto:office@holycovenant.org.au">office@holycovenant.org.au</a>
<b>PARISH OFFICE</b> Open 10 am - 2 pm Tuesday to Thursday	89 Dexter Street, Cook, ACT 2614 PO Box 98, Jamison, ACT 2614 Tel: 6251 6100	Email: <a href="mailto:office@holycovenant.org.au">office@holycovenant.org.au</a> Web Page: <a href="http://holycovenant.org.au">http://holycovenant.org.au</a>
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<b>BULLETIN EDITORS</b>	<b>Phyl Holmes</b>	Email: <a href="mailto:weeklybulletin@holycovenant.org.au">weeklybulletin@holycovenant.org.au</a>

## DETAILS FOR NEXT SUNDAY - 17JULY - Ninth after Pentecost

<b>8.00 am</b>	<b>HOLY COMMUNION</b>	Celebrant: Revd Rob Miners Preacher: Revd Rob Miners
<b>10.00 am</b>	<b>HOLY COMMUNION, Children's Church &amp; Youth Group</b>	Celebrant: Revd Rob Miners Preacher: Revd Rob Miners



	8.00 am	10.00 am
<b>Sidespersons</b>	Carol and Peter Sherman	Prue & Ken Wedgwood
<b>Readers</b>	Rosemary Kennemore Steve Daniels Katherine Rainger	Christine Mitchell Simon de Vere Anne Ranse
<b>Intercessor</b>	Robert Arthur	Anne Dudzinski
<b>Organist</b>	Mandy Squair	Ruth Dunnicliff-Hagan
<b>Word &amp; Prayer</b>	Katherine Rainger	Joh Sheehan
<b>Deacon</b>	Katherine Rainger	Anne Ranse
<b>Cup</b>	Katherine Rainger, Rosemary Kennemore	Anne Ranse, Rob Maron, George Gerrity, Leo Wimmer Extra bread: Anne Dudzinski
<b>Morning Tea</b>	Mandy Squair & Pam Lane	Danni Ellis & Carol Kubanek
<b>Children's Church</b>		TBA
<b>Counting</b>	Clive Rodger, Tony Willis	Harris Boulton, Rob Maron
<b>Flowers</b>	Phyl Holmes	
<b>Cleaning</b>	Kath Arthur and Christine Mitchell	

### MINISTRY TEAM

<b>LOCUMS</b>	<b>Revd Rob Miners</b> 6292 9963 <b>Revd Connie Gerrity</b> 0429 423 725	E: robminers@holycovenant.org.au  E: connie@gerrity.id.au
<b>HONORARY ASSOCIATE PRIEST</b>	<b>Revd Anne Dudzinski</b> 6278 6087	E: annedudzinski@optusnet.com.au
<b>HOLISTIC CARE NURSE</b>	<b>Archdeacon Anne Ranse</b> 0439 139 209	E: nurse@holycovenant.org.au Days: Mon & Thurs (10am - 2pm)
<b>HONORARY DEACON</b>	<b>Revd Susan Joy Nevile</b> 0431 133 852	E: susanjoyn@gmail.com
<b>CHILDREN'S WORKER</b>	<b>Revd Katherine Rainger</b> 0401 142 851	E: children@holycovenant.org.au
<b>PASTORAL CARE CO-ORDINATOR</b>	<b>Revd Anne Dudzinski</b> 0413 994 739	E: pastoralcare@holycovenant.org.au
<b>YOUTH LEADERS</b>	<b>Elle Platt</b> 0434 960 967 <b>Jeremy Platt</b> 0466 661 860	E: youth@holycovenant.org.au

**SENTENCE:** Do to others as you would have them do to you.  
Love your enemies, do good and lend, expecting nothing in return.

*Luke 6: 31,35*

**READINGS:**

Amos 7:7-17  
Psalm 82  
Colossians 1:1-14  
Luke 10:25-37



**8 am HYMNS**

629  
640  
653  
622

**PRAYER**

Eternal God,  
you have taught us through Christ  
that love is the fulfilment of the law:  
help us to love you with all our heart, with all our  
soul,  
with all our mind, and with all our strength,  
and our neighbour as yourself;  
through Jesus Christ our Lord,  
who lives and reigns with you and the Holy Spirit,  
one God, now and forever. **AMEN**



	<b>8.00am</b>	<b>10.00 am</b>
<b>Sidespersons</b>	Carol & Peter Sherman	Dorothy and Neville Hurst
<b>Readers</b>	Tony Willis Kerin Cox Anne Ranse	Chris Olsson Dorothy Hurst Neville Hurst
<b>Intercessor</b>	Anne Ranse	George Gerrity
<b>Organist</b>	Mandy Squair	Pam Lane
<b>Word &amp; Prayer</b>	Rhonda Thorpe	Anne Ranse
<b>Deacon</b>	Anne Ranse	Anne Ranse
<b>Cup</b>	Rhonda Thorpe, Anne Ranse	James Ellis, Doreen Matters Neville Hurst, Leo Wimmer Extra Bread: Anne Ranse
<b>Morning Tea</b>	Mary Lynn Mather and Jocelyn Kirkland	Allison Campbell and Michael Allen
<b>Children's Church</b>		In recess