

31 July 2016

**Eleventh Sunday
after Pentecost**



Parish Birthday



We welcome you to our worship and fellowship today, and we offer a special welcome to visitors and pray that you will feel at home in our community.

You are warmly invited to share Communion with us, either by drinking from or dipping the wafer in the chalice, or to come forward for a blessing.

Reflection after Communion – please feel free to light a prayer candle in the Chapel at the back of the Church following Communion.



SERVICES TODAY

8.00 am HOLY COMMUNION

Celebrant: Revd Nikolai Blaskow
Preacher: Revd Canon Susanna Pain

10.00 am HOLY COMMUNION, Children's Church and Youth Group

Celebrant: Revd Connie Gerrity
Preacher: Revd Canon Susanna Pain



Please join us for morning tea after the Services

THIS WEEK IN THE PARISH

Monday 1.8.16	10.00am	Worship Centre	Covenant Care
Tuesday 2.8.16	12.30 pm 7.30 pm	Worship Centre Rainbow Centre	Meditation Belonging and Caring Meeting
Wednesday 3.8.16	12 noon 2.00 pm	Worship Centre Worship Centre	Holy Communion and BYO Lunch Ever Active Exercise Class
Thursday 4.8.16	9.30 am 1.00 pm 7.30 pm	Rainbow Centre HCN Office Rainbow Centre	Scrabble Wellness Clinic (by appt.) EFM
Friday 5.8.16	10.00 am	Worship Centre	Playgroup

The Holistic Care Nursing office is open from 10am – 2pm Monday and Thursday
except public holidays

WEEK BEGINNING 7 August 2016

Monday 8.8.16	10.00 am 10.00 am 1.30 pm	Worship Centre Kangara Waters Care Ctr Calvary Retirement Village	Covenant Care Communion Service Communion Service
Tuesday 9.8.16	12.30 pm	Worship Centre	Meditation
Wednesday 10.8.16	12 noon 2.00 pm 6.00 pm	Worship Centre Worship Centre Rainbow Centre	Holy Communion and BYO Lunch Ever Active Exercise Class Meditation
Thursday 11.8.16	9.30 am 1.00 pm 7.30 pm	Rainbow Centre HCN Office Rainbow Centre	Scrabble Wellness Clinic (by appt.) EFM
Friday 12.8.16	10.00 am	Worship Centre	Playgroup

SAVE THE DATES



- # Sun 14 Aug—Deep Dive by Revd Canon Gill Varcoe
- # Weds 17 Aug-21 Sep—Gospel of John
- # Fri 26 Aug—Men's dinner
- # Sat 3 Sept—**Susanna's induction in Sale**
- # Fri 16-18 Sept—Parish Retreat at Galong
- # Sat 5 Nov—HC Plant sale and mini fete
- # Thurs 6 Oct—Community lunch

SOMETHING TO THINK ABOUT

Let those who are wise give heed to these things, and consider the steadfast love of the LORD.

Psalm 107:43

Happy 48th Birthday Holy Covenant! You don't look a day over 40. 😊 Birthdays are a great time to celebrate and to remember all that has taken place over the past year. As individuals and as a community many things have happened. Throughout it all our regular worship and life together have been sustained by the love of God whom we meet in Jesus Christ. We give thanks for the gift of each other as we look at where we have been and imagine what lies ahead as we prepare to welcome our new Rector, Canon Margaret Campbell.

This week in morning prayer at the chapel in St Mark's National Theological Centre we've been reading through Lamentations. Our Scriptures offer us a library of resources to draw upon as we live our faith. The five ancient poems in Lamentations respond to the crisis of exile as the Hebrew people have their physical and theological worlds shatter around them. They also open up a space to lament the abuses and exile of those in our world today. Bishop Stuart has provided us with a pastoral letter to help us to process and to be informed about the uncovering of child abuse in the Anglican Church throughout Australia and how our own Diocese has responded. The plight of children in juvenile detention in the Northern Territory has also been brought into mainstream media this week. For this we give thanks even as we are deeply troubled by what has emerged.

My mother when questioned on her faith in God in a suffering world used to say that she'd rather be in the world with a loving God than be in it without one. I think this is how the Psalmist felt too. Even with the trials and tribulations of the people of Israel and their history the Psalmist, most of the time, returns to a position of praise and thanksgiving to God. Today's Psalm 107 overflows with thankfulness and it gives way to wonder and celebration, but not without memory. Through their wandering, God sustained God's people and satisfied their thirst and hunger. The scope of blessing is extended, "Let them thank the LORD for his steadfast love, for his wonderful works to humankind." (v.9). There are times in life such as a wedding, the birth of a child, a baptism, a reunion, an anniversary or a walk up a mountain or by a lake which can fill us with a sense of gratitude which overwhelms us. We join with the Psalmist and give thanks to God, "for he is good and his steadfast love endures forever." (v.1). Which places and people fill you with gratitude? What are you thankful for?

May Holy Covenant continue to be a space of refuge, nourishment for the hungry and the thirsty and a place of joy, faith, hope and love.

God be with us,
Katherine Rainger





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ABN: 40 172 941 355

Wanted: A Magic Wand

With the support of so many in the community, St John's Care can do a lot to help people in need. However, many problems are complex and require broader solutions beyond the scope of any one agency.

One of the hardest areas is supporting people (usually women and children) escaping domestic violence. Last week, we saw a lady with four children who had moved here from interstate to escape a violent situation. She was staying in a motel and awaiting accommodation so the family could settle down. Unfortunately, the only accommodation available was well away from where they currently live and where the traumatized children have now settled into school and life.

One teenage daughter is not coping well, so the mother is understandably reluctant to move to a house which takes the daughter away from her friends, school and new life. St John's Care was able to provide food and other items to assist this family and offer them a loving, supportive experience but we could not meet all the needs of this complex situation. While I am excited to be at the coalface of helping people in a time of need, I am often sad that I can't wave a magic wand and solve the complex problems many of our clients have.

It makes me appreciate even more my loving family who gave me positive life experiences and skills to cope, to study and to earn a good living. Another client we saw last week had not had such positive experiences and didn't know how to cook as she had never been taught. We were able to give her some ready-made casseroles, a frozen pizza and other easy to prepare food that she could provide to her children. Our stocks of frozen meals are now depleted, so if you would like to donate one or two take away containers with soups or casseroles in them (and labelled on the short side with the ingredients) they will be gratefully received. Thank you to Anne, one of our regular cooks for immediately agreeing to provide a few more casseroles.

On a positive note, our new Community Worker, Saerah, starts next week. She will have the chance to follow up with clients in ways that we haven't been able to do to date. It is really great to be able to expand our services in this way because it is a natural progression from what our wonderful volunteers offer here each day. So welcome Saerah. No doubt Stuart will provide more information to you in future bulletins about Saerah's role as it develops.

Wish list: a magic wand, toothpaste, tissues, sanitary products, shampoo & conditioner

Rhonda Thorpe, Operations Manager

All Donations to St John's Care are Tax Deductible



PRAYER POINTS FOR THIS WEEK

IN THE WORLD

- ♦ We pray for for all those who are subjected to racial, religious, and ethnic abuse and where oppression and violence rule.

IN AUSTRALIA

- ♦ We pray for a growing awareness of child abuse across all of society and the realisation that Government needs to effect better change, particularly in our penal systems. Our youth need to be nurtured and loved.

WORLD WIDE ANGLICAN CHURCH

- ♦ We pray for the National Council of Churches in Australia including the General Secretary Elizabeth Delaney.
- ♦ We also pray for the Council of the Church in South-East Asia (Anglican) and the Christian Conference of Asia (Ecumenical).

IN OUR DIOCESE

- ♦ We pray for the clergy and people in the parishes of Cobargo, Bodalla-Narooma, Moruya and Bateman's Bay.
- ♦ We pray for Vocational Deacons in their specialised ministries including Anne, Susan Joy and Andrea.

MISSION

- ♦ We pray for the work of the Mission to Seafarers offering practical, emotional and spiritual support to seafarers in over 250 ports around the world.

IN OUR PARISH AND COMMUNITY

- ♦ We give thanks for the appointment of our new Rector and all the work undertaken by our Clergy Appointment Board in reaching this decision.
- ♦ We give thanks for those who established and developed our parish over the last 48 years and pray for those who continue to minister in this place.
- ♦ We pray for the following members of our parish family: Sandra Ross; Richard and Maureen Scutter; Michael, Lucia, Elijah, Zachary and Evangeline Sharrad and Joh Sheehan.
- ♦ We pray for those in special need of prayer: Phil Perman, Glenys Wimmer, Bev Barnes, Des Pain, Nick Moss, Elaine Dennis, Gwen Hallows, John Painter and those known to us personally.

COMMEMORATIONS:

Today: Graeme Neil Johnson (died 2013)

Saturday: Transfiguration of our Lord

HOLY COVENANT PRAYER VINE REQUESTS FOR PRAYER

Phone Merri Bacon on 62511110 or email
prayervine@holycovenant.org.au

Lord,
Hear
Our
Prayer

TODAY WE CELEBRATE OUR 48th BIRTHDAY AND YOU'RE ALL INVITED TO OUR PARTY!



Guest Preacher: Revd Canon Susanna Pain

Susanna is a former Rector of Holy Covenant and is currently Associate Director, Liturgy, The Arts and Spiritual Care at the Australian Centre for Christianity and Culture, Charles Sturt University.

Followed by a shared morning tea at 11.30am



To all who organised, cooked, served tables, and donated goods and services for the silent auction and the many other things needed to make **our dinner on last night** so successful. **WELL DONE!**

Introducing our next Rector:

Reverend Canon Margaret Campbell

to be inducted later this year



Margaret moved to Canberra during the 1970s, studying at ANU. Later, she studied at St Mark's, graduating with a Bachelor of Theology in 2007. Since then she has served as

Deacon and Associate Priest at St John's Canberra, 2008 to 2013
Rector at St Bartholomew's Church, Crookwell since 1 June 2013
Canon of St Saviour's Cathedral (since 2013)

Current Diocesan Appointments:

- ◆ Member, Bishop in Council
- ◆ Member, Anglicare Board
- ◆ Member, Episcopal Election Review Committee
- ◆ Diocesan Representative to General Synod

Margaret has two daughters in Canberra and a son in Melbourne. She has four grandchildren who will likely jump ship and come to Holy Covenant.

Margaret will be living at her home in Kambah with a cat, Farthing, who comes to the call of 'money, money, money' and a dog, Chaucer, a standard poodle who has a fine tale (oops, tail).

She dreams of sewing, knitting and creating a garden in her spare time, but in reality is more likely to be found asleep in front of the TV.

Welcome Margaret!

FROM THE BREATHING SPACE PROGRAMME

DEEP DIVE

**Are We Shortchanging
God and Ourselves
in our Christian Practice?'**



Travel and ministry in another culture can open our eyes to the way culture impacts on our Christian practice. This presentation will explore the ways we accommodate culture and practice.

**Revd Canon Gill Varcoe
14 August, 11.45
in Worship Centre**

Sign-up sheet on the board

The Gospel of John and the Making of Christian Theology

This series will run for 6 sessions
7.30—9.00pm

Where: In the Rainbow Centre

When: Wednesday evenings
17th August - 21 September.

Facilitator: Revd Dr. John Painter

**Sign up sheet on the
board**



WORKING WITH VULNERABLE PEOPLE
GENERAL REGISTRATION
AUSTRALIAN CAPITAL TERRITORY

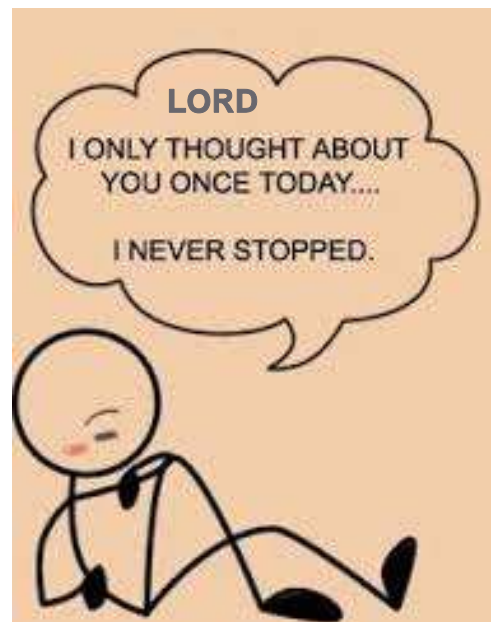


Just a friendly reminder to those who work with vulnerable people of the need to have your **WWVP Card** on you when engaging in any ministry. This comes as a result of a recent audit of a Diocesan Agency where officers from the Office for Regulatory Services reminded volunteers that they and the organisation they are volunteering for could be fined if they don't have their card with them.

Thank you for your ministry

Crafty Crew

**RESUMES
MONDAY 15 AUGUST**



Would you like some **truffle salt** direct from Oberon truffle farm? 50g for \$10. Great with eggs, tomatoes etc. Pay on delivery. Orders by 7 August please to Gillian Painter 6253 1058.



PARISH RETREAT

16th–18th September 2016

“Living the Blessing: Becoming a Blessing”

Led by Alice-Anne Macnaught

Praying with sacred Scripture and the book of Nature, we will ponder the mystery and wonder of *The Blessing of God's* love and invitation to *become a blessing* ourselves as we are led to respond.

In this retreat we will share communal prayer and responses with periods of quiet prayer and stillness.

Held in the delightful environs of St. Clement's Retreat House, Galong.

There is any early bird rate if you register before 7 August

PARISH COUNCIL NEWS...

Parish Council met on 19 July and are pleased to provide the following report.

- * Parish Council has approved a revised budget. The Parish's financial position is stable and is being carefully managed.
- * A driver's log will be employed to better manage transport of parishioners who need assistance to attend church or access church services.
- * Parish Council is working to improve arrangements to look after the contact information of worshippers on the parish roll and how this is made available. If you would like a copy of the roll, please ask Libby who is now storing them in the office.
- * A retiring collection to help extend the Safe Shelter homeless men's emergency accommodation service to 7 nights a week next winter; further details in this bulletin.
- * A retiring collection was also agreed by Parish Council to contribute toward the work of Southern Cross Ministries. A note will be added to the bulletin at that time.
- * A men's dinner is planned for 26 August at Bella Vista Restaurant, Emu Bank, Belconnen.
- * Parish birthday service on 31 July – We are glad to have Reverend Canon Susanna preach at both services today, and for Reverend Nikolai acting as celebrant at the 8am service.
- * Parish dinner held last night – thanks to all who came and those who contributed to the silent auction, either by donating or bidding.

IN THE PARISH

Part time work available at the Parish in the Holistic Care Nursing Ministry.

This ministry is looking for a **coordinator** for the program to take on the management of it. It's a 25 hour a week, paid job, with flexible days and times. In reviewing this position I need to say that I am not leaving the program, just shifting the management of it and will be there as a mentor for the 'new person.' The coordinator **does not need to be a nurse** as I still will qualify as the 'Parish Nurse' so if you have some management skills, can manage volunteers, are fit and have energy and passion for keeping people in their homes and caring for those on the margins and in isolation, can help with hoarding de clutter and work in with other agencies then you will be just the person we are looking for. Please talk to me if you think this is for you or ask for a copy of the job description. My contact details are nurse@holycovenant.org.au or ph 0439 139 209.

Archdeacon Anne

I CAN'T WAIT TO TELL YOU . . .

that the **Wellness Clinic** will be commencing this Thursday. The clinic will be available to anyone from our congregation and clients in the community and it will offer the following services free of charge:

- Blood Pressure check.
- Weight and good eating advice.
- Referrals including to a Health Co-Op Doctor near you.
- End of life discussion, putting desires and plans in place, funeral planning.
- Discussion around moving from home into an Aged Care facility.
- Chatting about your illness and offering support
- Post operation aids and equipment loans from HCN supply.



The Clinic will be open on a Thursday afternoon 1pm-2.30 by appointment only. To make an appointment contact Anne Ranse HCN on 0439 139 209 or email nurse@holycovenant.org.au

The clinic will operate out of the HCN office and all consultations will be confidential.

Archdeacon Anne HCN Coordinator.

BIRTHDAYS THIS WEEK

Tuesday: Pam Lane
Thursday: Brian McGuinness

If you want your name in the Birthday Book,
email : weeklybulletin@holycovenant.org.au



Safe Shelter retiring collection

Safe Shelter operates in the city over the winter months providing emergency overnight accommodation for homeless men. It provides safe, warm and basic accommodation, a hot beverage and biscuits and welcoming company three nights a week at St Columba's Church hall, Braddon.

We are seeking to extend the service to 7 nights a week. All Saint's Church, Ainslie, has offered their hall for a few additional nights but needs an upgrade to the fire and emergency system to make it safe for overnight sleeping.

Your contribution toward the upgrade would be very welcome.

A retiring collection will be taken after the 8am and 10am services on the following Sundays:

- 7 August
- 14 August

Donations \$2 and over are tax deductible.

If you would like any further information, please contact Naomi Cole (10am) on 0408 833 839 or by email at: naomi.cole@hotmail.com.



ON THE NOTICE BOARD

- ◆ An invitation from the Bishop of Gippsland to Susanna Pain's Induction on 3 September. **There is an RSVP.**
- ◆ Events Calendar from the Australian Centre for Christianity and Culture - July, August and September.
- ◆ Breakfast with Dr Peter Jensen, 3 Aug, The Lobby Restaurant, Parkes ACT, \$40. Book early. ACL event.
- ◆ Hawker Men's Lunch Forum, 8 August, Speaker Sr. Jane Keogh.
- ◆ Quiet Day by MU Australia, Tues 9 Aug, Holy Cross Hackett.
- ◆ Women's Dessert and Coffee Friday 19 August - Dr Rosemary Mbogo (African Enterprise) speaking on "Faith and Africa's Transformation", Christ Church Hawker.
- ◆ CMS Mission in the Spotlight Dinner 26 August.
- ◆ Exploring the Ecstasy of the Divine in an Inter-faith World. 27 August.
- ◆ Taize Prayer Retreat, 26-28 August, St. Clement's Galong.
- ◆ Wesley Lifeforce Suicide Prevention Training, 1 and 2 November (only need to attend one day), no charge.

PARISH DIRECTORY

PARISH ADMINISTRATOR	Libby Warren Office: 6251 6100	E: office@holycovenant.org.au
PARISH OFFICE Open 10 am - 2 pm Tuesday to Thursday	89 Dexter Street, Cook, ACT 2614 PO Box 98, Jamison, ACT 2614 Tel: 6251 6100	E: office@holycovenant.org.au Web: http://holycovenant.org.au
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DETAILS FOR NEXT SUNDAY - 7 August –Twelfth after Pentecost

8.00 am	HOLY COMMUNION	Celebrant: Revd Connie Gerrity Preacher: Revd Connie Gerrity
10.00 am	HOLY COMMUNION, Children's Church & Youth Group	Celebrant: Revd Connie Gerrity Preacher: Revd Connie Gerrity
3.30 pm	RAINBOW FELLOWSHIP	



	8.00 am	10.00 am
Sidespersons	Ann and Peter Bazeos	Prue and Ken Wedgwood
Readers	Peter Bazeos Hilary Harris Katherine Rainger	Doreen Matters Sandra Ross Harris Boulton
Intercessor	Merrie Hepworth	George Gerrity
Organist	Heather Shelley	Rhys Thorpe
Word & Prayer	Paul Shelley	Joh Sheehan
Deacon	Anne Ranse	Anne Ranse
Cup	Paul Shelley, Anne Ranse	Doreen Matters, Leo Wimmer, George Gerrity, Vera de Vere Extra bread: Anne Ranse
Morning Tea	Jennifer Collier	Youth Group
Children's Church		Rika, Mel M, Karen, Russell M/T: Murray-Judd
Counting	Rhonda Thorpe, Colin Lyons	Merri Bacon, Naomi Cole
Flowers	Jen Collier	
Cleaning	George Gerrity, Merri Bacon	

MINISTRY TEAM

LOCUMS	Revd Rob Miners 6292 9963 Revd Connie Gerrity 0429 423 725	E: robminers@holycovenant.org.au E: connie@gerrity.id.au
HONORARY ASSOCIATE PRIEST	Revd Anne Dudzinski 6278 6087	E: annedudzinski@optusnet.com.au
HOLISTIC CARE NURSE	Archdeacon Anne Ranse 0439 139 209	E: nurse@holycovenant.org.au Days: Mon & Thurs (10am - 2pm)
HONORARY DEACON	Revd Susan Joy Nevile 0431 133 852	E: susanjoyn@gmail.com
CHILDREN'S WORKER	Revd Katherine Rainger 0401 142 851	E: children@holycovenant.org.au
PASTORAL CARE CO-ORDINATOR	Revd Anne Dudzinski 0413 994 739	E: pastoralcare@holycovenant.org.au
YOUTH LEADERS	Elle Platt 0434 960 967 Jeremy Platt 0466 661 860	E: youth@holycovenant.org.au

TODAY

SENTENCE: If you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God.

Colossians 3:1

READINGS:

Hosea 11:1-11
 Psalm 107:1-9, 43
 Colossians 3:1-11
 Luke 12:13-21



8 am HYMNS

110 (479)
 627
 618
 105

PRAYER

Living God,
 open our hearts to the real treasures in life:
 may we seek the love that lasts,
 the song that echoes,
 and the life everlasting.
 Open our hearts to the Christ,
 the Spirit of life,
 and you, the Creator of all –
 the Eternal One.

AMEN



	8.00am	10.00 am
Sidespersons	Mandy Squair, Hilary Harris	Jo and Gareth James
Readers	Mandy Squair Hilary Harris Anne Ranse	Frances Mackay Jayne Murray Anne Ranse
Intercessor	Paul Shelley	Bruce Barnes
Organist	Kath Arthur	Clare Lawlor
Word & Prayer	Steve Daniels	James Ellis
Deacon	Anne Ranse	Anne Ranse
Cup	Steve Daniels, Anne Ranse	Anne Ranse, James Ellis, Neville Hurst, Rob Maron Extra bread: Connie Gerrity
Morning Tea	Jennifer Collier	Youth Group
Children's Church		Susan Joy, Jenny, Karen, Russell M/T: Jodie
Counters	Jenny Baines, Rod Menzies	Merri Bacon, Graham Bonnett