



HOLY COVENANT ANGLICAN CHURCH JAMISON

To grow in Christ together, to equip for service, to care for all

21 August 2016

Fourteenth Sunday

after Pentecost



We welcome you to our worship and fellowship today, and we offer a special welcome to visitors and pray that you will feel at home in our community.

You are warmly invited to share Communion with us, either by drinking from or dipping the wafer in the chalice, or to come forward for a blessing.

Reflection after Communion – please feel free to light a prayer candle in the Chapel at the back of the Church following Communion.



SERVICES TODAY

8.00 am HOLY COMMUNION
Celebrant: Revd Rob Miners
Preacher: Revd Rob Miners

10.00 am HOLY COMMUNION, Children's Church and Youth Group
Celebrant: Revd Rob Miners
Preacher: Revd Rob Miners



Please join us for morning tea after the Services

THIS WEEK IN THE PARISH			
Monday 22.8.16	10.00 am 1.30 pm	Worship Centre Calvary Retirement Village	Covenant Care Communion Service
Tuesday 23.8.16	12.30 pm	Worship Centre	Meditation
Wednesday 24.8.16	12 noon 2.00 pm 6.00 pm 7.30 pm	Worship Centre Worship Centre Rainbow Centre Rainbow Centre	Holy Communion and BYO Lunch Ever Active Exercise Class Meditation The Gospel of John (2nd of 6 weeks)
Thursday 25.8.16	9.30 am 1.00 pm 7.30 pm	Rainbow Centre HCN Office Rainbow Centre	Scrabble Wellness Clinic (by appt.) EFM
Friday 26.8.16	10.00 am	Worship Centre	Playgroup

The Holistic Care Nursing office is open from 10am – 2pm Monday and Thursday except public holidays

WEEK BEGINNING 28 August 2016			
Monday 29.8.16	10.00 am	Worship Centre	Covenant Care
Tuesday 30.8.16	12.30 pm	Worship Centre	Meditation
Wednesday 31.8.16	12 noon 2.00 pm 6.00 pm 7.30 pm	Worship Centre Worship Centre Rainbow Centre Rainbow Centre	Holy Communion and BYO Lunch Ever Active Exercise Class Meditation The Gospel of John (3rd of 6 weeks)
Thursday 1.9.16	9.30 am 1.00 pm 7.30 pm	Rainbow Centre HCN Office Rainbow Centre	Scrabble Wellness Clinic (by appt.) EFM
Friday 2.9.16	10.00 am	Worship Centre	Playgroup

SAVE THE DATES



- # Fri 26 Aug—Men's dinner
- # Sun 28 Aug—Family Service
- # Sat 3 Sept—**Susanna's induction in Sale**
- # 9 to 11 Sep—Synod, Goulburn
- # Fri 16-18 Sept—Parish Retreat at Galong
- # Tues 1 Nov—Induction of Rev Canon Margaret
- # Sat 5 Nov—Mini fete and plant sale

SOMETHING TO THINK ABOUT

SOMETHING TO THINK ABOUT. PSALM 71: 1-6

I have always had a great love of this psalm. Not just these first six verses but the entire psalm. It tells me so much, but I guess my real connection with it is the years of ministry I have had in the area I felt God's call the strongest and that was to love and nurture and care for people in their old age, to keep their hope alive, their hope of salvation but to also reassure them that the God who brought them from their mother's womb all those years ago and has sustained them through life, will continue to do so right through to their old age.

The very beginning of our faith comes when we presented ourselves to the Lord for shelter. Shelter from the storms of life, shelter in Jesus who we know as one who can rescue us and help us stay on the right path, to be that solid place of protection. I remember well the massive walls around the old city of Jerusalem, a mighty, strong and great fortress of rock that defended the city and when I first saw those walls the words of this psalm came to me and I found myself saying, 'be for me a rock of refuge, a fortress to defend me for you Lord are my rock and my stronghold.' I just love it when I look at a scenery and am struck spontaneously with biblical words, like looking at the vineyards and without a second thought find myself saying: 'I am the vine, you are the branches, abide in me.' But back to the psalm. You Lord are my hope, my confidence from my youth upward and all my life I have lent on you and for that I give you praise. This is our God who is never far from us, always just a breath away and for that I also give him praise. There are many times in my life and no doubt in yours also where you have known the presence of God and the older I get the more I feel that presence is becoming an 'always with me' feeling. Can you relate to that also?

When we know what a mighty fortress God is in our lives, the one who can keep us from harm, from the 'enemies' that try to make our straight path crooked, from those things that want to take us from him, it is then that we constantly praise him.

In your quiet time, look at Palm 71 and read beyond verse six that was set down for today and read to the end and when you stop reading know well that we have a great God who will uphold us in life, all our life, even to our old age.

Blessings, Archdeacon Anne





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Introducing Saerah

My name is Saerah Shah and I am the new Community Worker at St John's Care. I come to the position with a passion for helping others and have almost completed my Masters of Social Work at the Australian Catholic University. I am married and have three beautiful children aged 14, 13 and 7.

This is only my 3rd week in the role, but I have already been really impressed by the great work being done by the organisation and in particular its ability to support people with compassion, advocacy, respect and encouragement. I can really see how these attributes underpin the work of the organisation. I have observed them being successfully translated into practice by everybody affiliated with the organisation. When I say everybody, I literally mean everyone regardless of their position here. I am amazed to see the consistency, values and dedication of all the volunteers who offer their time and understanding to support people in need.

In my short time here I have already met many clients with a variety of complex issues that require extra attention in order for them to be supported in a more holistic manner. That's where my role as a community worker fits in. I will act as a link between the important work the volunteers do on the ground, of providing the clients with emergency relief, and the circumstances that bring them to the service in the first place. Circumstances that hinder them from being able to break free from disadvantage. It is important, as a community worker, to 'understand' their situation and the context in which they find themselves forced to seek emergency relief assistance for basic items such as food, clothing and prescribed medications. This role will allow me to support them beyond the provision of emergency relief and allows me an opportunity to assist them on an ongoing basis. I am particularly interested in identifying and acknowledging client's strengths that can easily be forgotten amidst difficult circumstances.

I appreciate all the support I have been given to date, from all the friendly faces I work with every day. I have yet a great deal to learn from everyone here and their unique experiences that bind us all together, and hopefully in doing so will be able to make a positive contribution towards the workplace and in the lives of vulnerable people who need it most.

Wish list: cup a soup, vegemite, peanut butter.

Saerah Shah, Community Worker

All Donations to St John's Care are Tax Deductible



PRAYER POINTS FOR THIS WEEK

IN THE WORLD

- ◆ We pray for the tens of thousands of people affected by fire and floods in California and Louisiana and give thanks for individuals like Taylor Swift donating \$1M USD to aid residents recover from the tragedy .

IN AUSTRALIA

- ◆ We give thanks for the announcement this week of the impending closure of Manus Island detention centre and pray that Nauru detention centre will follow suit.
- ◆ We pray for the individuals and families affected by the restrictions placed on the 50th anniversary commemorations of the Battle of Long Tan.

WORLD WIDE ANGLICAN CHURCH

- ◆ We pray for the church in Tanzania and The Sudan.
- ◆ We pray for the bishops, clergy and people in the dioceses of the Murray and the Northern Territory.

IN OUR DIOCESE

- ◆ We pray for the clergy and people in the parishes of Holbrook, Gundagai and Rockhampton.
- ◆ We also pray for Licensed Lay Ministers in Parishes and Ministry Units throughout the Diocese and the work of the Diocesan Centre for Lay Ministry and Mission. We also pray for the diocesan candidates training for St Mark's and elsewhere.

MISSION

- ◆ We pray for the work of the Christian Blind Mission committed to improving the quality of life of persons with disabilities in the poorest countries of the world.

IN OUR PARISH AND COMMUNITY

- ◆ We pray for the residents of aged care facilities presently in medical lockdown.
- ◆ We continue to pray for Margaret who is in transition, between saying goodbye to her Crookwell parish and moving back to Canberra.
- ◆ We pray for Susanna who is preparing to leave for Sale.
- ◆ We pray for the following members of our parish family: Philip, Jane, Emily, Sarah, Louisa and Matthew Trigge; Anthony, Susan, Elizabeth and Michael Troy; Rhonda Ustick, Hugo Walker and Peter and Wendy Ward.
- ◆ We pray for those in special need of prayer: Phil Perman, Glenys Wimmer, Bev Barnes, Elaine Dennis, John Painter and those known to us personally.

COMMEMORATIONS:

Wednesday: Bartholomew, Apostle and Martyr

HOLY COVENANT PRAYER VINE REQUESTS FOR PRAYER

Phone Merri Bacon on 62511110 or email
prayervine@holycovenant.org.au



Men's dinner
Fri 26
August
7.30pm



All men are welcome to our men's dinner to share Turkish Pide dinner and conversation.

Where: Rainbow Centre

Cost: \$20 approx.

Please complete sign up sheet if you intend to come.

WORKING BEE

*For the
volunteers
who helped
yesterday*



Name Tags

Please let Libby know if you need a new or replacement name tag. Margaret will need everyone wearing their nametags.

Plant Sale
5 November
Advance Notice



Are you tidying up your garden after winter (it **WILL** soon be over!)? Now it is time to pot up plants such as those extra strawberry runners, hydrangeas, geraniums, rosemary and correa prunnings etc, put them in a sunny spot, and get them off to a great start for the plant sale in November. Alternatively, you might be contemplating dividing that clump of iris, lamb's tails, or hellebore etc. These and many others would also be well established by November and make tempting purchases.

If you have a passion for plants, we would really appreciate your assistance on 5 November at the sale. If you are interested, please let Carol Kubanek or Beth Heyde know. A sign up sheet will be available at the back of the church in due course.

**Obedience keeps
the rules.
Love knows when
to break them.**

- Anthony de Mello

WEEKLY BULLETIN

All emails with information for inclusion in the Weekly Bulletin go to (cut off is 10am Thursdays):

weeklybulletin@holycovenant.org.au

If you would like to be on the email list send your email details to the above address. It will arrive in your Inbox on Friday—a good opportunity to see if you are rostered for any duties!

I CAN'T WAIT TO TELL YOU...

The Roman Catholic Church of St John's at Kippax has had a meeting with me about them starting a Parish Nursing Program. They have three nurses in their parish and are incorporating the nursing program into their pastoral care program and then branching out into the community as the needs arise. I think this is exciting news as it will mean we can refer clients to each other as well as having the National Faith Community Nurses program expand in Canberra.

It has been a busy few weeks in HCN with Cathy away overseas and Nicole having finished with us and taken a new job with Carers ACT. We wish her well. The HCN continues to expand into the community and take on new roles according to need. Currently we are making arrangements to work with Anglicare on NDIS for one of our clients so we can remain as her service deliverer. This is a real God-send for us and for her.



Blessings,
Archdeacon Anne, Holistic Care Nursing Coordinator



BIRTHDAYS THIS WEEK

- Tuesday: Lesley Chumak
- Wednesday: Clare Bleys, Phil Perman
- Thursday: Dougal Mordike
- Friday: Andrew Hill, Graham Bonnett



If you want your name in the Birthday Book,
email : weeklybulletin@holycovenant.org.au

FROM THIS WEEK'S PARISH COUNCIL MEETING

These are the salient points from 16 August meeting:

- ◆ Planning is in progress for the induction of our new Rector on 1 November 2016.
- ◆ Lay minister documentation has mostly been deferred until after the new Rector takes up duty, as has strategic planning for the coming year; and no confirmations are planned for 2016.
- ◆ A full set of Safe Ministry Resources for Ministry Units is now held in the Office, for reference by HC teams.
- ◆ The Workplace Health and Safety audit for the Parish has been completed.
- ◆ Coordination of asset registers is under way and should be completed within another month.
- ◆ Drivers' logs are being implemented for transportation of vulnerable parishioners.
- ◆ An excellent donation response (\$2109.35) was achieved for expansion of Safe Shelter operations in Ainslie.
- ◆ The financial status of the Parish remains strong and some funds will be deployed temporarily to reduce loan interest.
- ◆ A PC sub group will develop a list of potential recipients of the Wider Work donations by the Parish, for approval by PC at its September meeting.
- ◆ The team responsible for the Parish Dinner was congratulated on an excellent evening and financial result (just over \$6000).
- ◆ The plant sale/mini-fete is in preparation, and convenors are being sought for mini-fete stalls.
- ◆ Extension of the Youth Workers' contracts was approved for three months, from early September until December; the youth group will be participating in the 40-hour 'famine' this weekend and working with Revd Katherine on the family service on 28 August .
- ◆ The Parish Roll will be complemented by a document which has information about the Parish and covers safe ministry.
- ◆ A men's get together is being organised by Nic Platt for 26 August, 7.30pm in the Rainbow Centre.
- ◆ The Holistic Care Nursing Program has received government funding and a Coordinator is being sought; a defibrillator will be funded for the Worship Centre.
- ◆ The Covenant Care Day Hospice has 18 clients, some new high-backed chairs and a donation from National Seniors of three personal CD players. A strategic planning session will be held for Covenant Care on 19 September.
- ◆ A letter will be sent to Susanna and Nikolai, thanking them for celebrating our services on 31 July.
- ◆ A social gathering/BBQ will be organised by Gareth James in early summer to bring young people and families together.
- ◆ A presentation will be explored for the Parish on indigenous culture of our area, by 'Culture on the Move'.

NEED A TIME OUT?



Australian Centre for Christianity and Culture
WISDOM WORKING FOR THE COMMON GOOD

Exploring the Ecstasy of the Divine in an Inter-faith World

Saturday 27th August 10am - 3pm

Facilitated by Dr Kerrie Hide

On this reflection day we will explore the wisdom of the mystic Beatrice Bruteau whose writings about the ecstasy of God take us into the luminous depths she describes.

Where: The Pavilion, ACCC, Corner King's Avenue and Blackall Street, Barton

Bring lunch to share, journal, hat, and art materials if you'd like.

Morning and afternoon tea provided.

RSVP essential (by Wed 17 Aug):

Alice-Anne Macnaught: ph 0414 790 201 or aamacnaught@inet.net.au

Donation: \$30 for ANSD members or \$35 per person.



Australian Centre for Christianity and Culture
WISDOM WORKING FOR THE COMMON GOOD

Retreat celebrating Seasons of Birth and Creativity

Saturday 19th Nov 9:30am - 1pm

Led by Frances MacKay with an introduction to the artworks by Doug Purnell.

Eremos is delighted to partner with ACCC to provide the opportunity for people to encounter this wonderful exhibition and engage with the mystery that surrounds birth. We offer this chance to share with others a unique approach to preparing for Advent and Christmas.

Bookings are essential due to space restrictions. Please RSVP with your name and phone number to events@eremos.org.au or phone Joe on 0419 354 578. RSVP deadline is 15 November. No charge but donations will gratefully be received.



PARISH RETREAT

16th–18th September 2016

"Living the Blessing: Becoming a Blessing"

Led by Alice-Anne Macnaught

Praying with sacred Scripture and the book of Nature, we will ponder the mystery and wonder of *The Blessing of God's love* and invitation to *become a blessing ourselves* as we are led to respond.

In this retreat we will share communal prayer and responses with periods of quiet prayer and stillness.

Held in the delightful environs of St. Clement's Retreat House, Galong.

Brochures available from leaflet rack on the back wall.

**Safe Shelter
retiring collection
THANK YOU!**



A big thank you to everyone who donated to the Safe Shelter retiring collection over the past two Sundays. Our collective effort has raised a massive **\$2,109.35**.

Your donations will go towards expansion of Safe Shelter services to Ainslie, and other set-up costs such as swags, to allow the service to operate 7 nights a week from next winter.

THANK YOU to everyone who made a donation, no matter how small, it makes a big difference to men sleeping rough through an icy Canberra winter. I will provide updates so you can see how your donations are making a difference.

For those who have requested a receipt for tax purposes, these will come through shortly. If you would like any further information please contact Naomi Cole (10am) on 040 8833 839 or by email at: naomi.cole@hotmail.com.



Safe Shelter in Canberra
A Combined Churches and Community Project

ON THE NOTICE BOARD

- ◆ An invitation from the Bishop of Gippsland to Susanna Pain's Induction on 3 September. **There is an RSVP.**
- ◆ Events Calendar from the Australian Centre for Christianity and Culture - July, August and September.
- ◆ CMS Mission in the Spotlight Dinner 26 August.
- ◆ Women inspiring Women, Mosaic Baptist Church Page, Thurs 1 Sept.
- ◆ Belconnen Ambulance and Fire & Rescue Open Day, 3 Sep 10am to 2pm
- ◆ Film and Theology, ACCC, Thurs 22 Sep, 6.30pm to 9.30pm led by Nikolai Blaskow. BYO food and drink to share
- ◆ *Monks and Mystics in the Desert.* Retreat for body and soul. Sept. 30—Oct 4.
- ◆ Wesley Lifeforce Suicide Prevention Training, 1 and 2 November (only need to attend one day), no charge. Dickson.
- ◆ Retreat celebrating Seasons of Birth and Creativity, led by Frances MacKay, Sat 19 Nov, ACCC.

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SENTENCE:

In you, O Lord, I take refuge, let me never be put to shame. In your righteousness deliver me and rescue me, incline your ear to me and save me.

Psalm 71:1-2

READINGS:

- Jeremiah 1: 4-10
- Psalm 71: 1-6
- Hebrews 12: 18-29
- Luke 13: 10-17



8 am HYMNS

- 598
- 656
- 692
- 596

PRAYER

Loving God, you are more ready to hold out your hand to us than we are ready to grasp it. By the encouragement of your Spirit, help us to overcome reticence or fear, and step forward to receive blessings appropriate to our true need.

Then, made whole by your grace, may we become a blessing to those who lives impinge on ours. Through Christ Jesus our healer and liberator.

AMEN



	8.00am	10.00 am
Sidespersons	Carol and Peter Sherman	Helen and Harris Boulton
Readers	Kath Arthur Steve Daniels Katherine Rainger	Sandra Ross Simon de Vere Harris Boulton
Intercessor	Robert Arthur	Joh Sheehan
Organist	Kath Arthur	Clare Lawlor
Word & Prayer	Luc Rose	James Ellis
Deacon	Katherine Rainger	Anne Ranse
Cup	Luc Rose, Katherine Rainger	James Ellis, Anne Ranse, Phyl Holmes, Neville Hurst Extra bread: Anne Dudzinski
Morning Tea	Carol Sherman, David Meggs	Judith Ann Daniels, Merri Bacon
Children's Church		Rika, Mary, Catherine, Katherine M/T: Deranie Jackson
Counters	Bob Arthur, Jenny Baines	Quentin Grafton, Reg Holmes