

# HOLY COVENANT ANGLICAN CHURCH JAMISON

*To grow in Christ together, to equip for service, to care for all.*

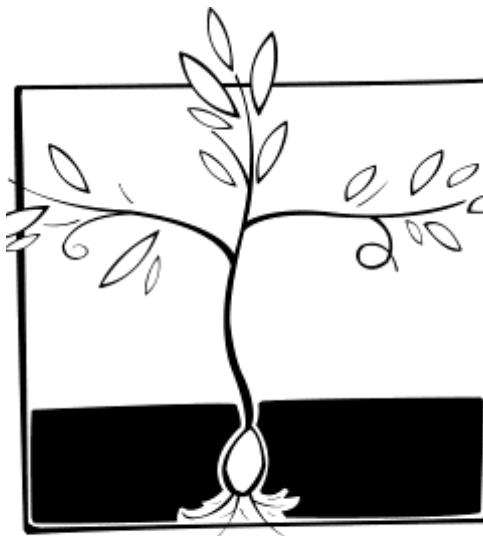
**2 October  
2016**

**Twentieth**

**Sunday**

**After**

**Pentecost**



*Increase our faith*



We welcome you to our worship and fellowship today, and we offer a special welcome to visitors and pray that you will feel at home in our community.

You are warmly invited to share Communion with us, either by drinking from or dipping the wafer in the chalice, or to come forward for a blessing.

**Reflection after Communion** – please feel free to light a prayer candle in the Chapel at the back of the Church following Communion.



## **SERVICES TODAY**

**8.00 am    HOLY COMMUNION**

Celebrant: Revd Rob Miners  
Preacher: Revd Rob Miners

**10.00 am    HOLY COMMUNION,**

Celebrant: Revd Rob Miners  
Preacher: Revd Rob Miners

**10.15 am    Service at Calvary Hospital**

**3.30 pm    Rainbow Fellowship**



*Please join us for morning tea after the Services*

## THIS WEEK IN THE PARISH

<b>Monday 3.10.16</b>		Worship Centre	Covenant Care in recess for holiday
<b>Tuesday 4.10.16</b>	12.30 pm 4.00 pm	Worship Centre Rainbow Centre	Meditation Belonging and Caring meeting
<b>Wednesday 5.10.16</b>	12 noon 2.00 pm 6.00 pm 7.30 pm	Worship Centre Worship Centre Rainbow Centre Rainbow Centre	Holy Communion and BYO Lunch Ever Active Exercise Class Meditation Journal writing as a creative tool
<b>Thursday 6.10.16</b>	9.30 am 11.30 am 1.00 pm	Rainbow Centre Worship Centre HCN Office Rainbow Centre	Scrabble Community Lunch Wellness Clinic (by appt.) EFM in recess
<b>Friday 7.10.16</b>		Worship Centre	Playgroup in recess

The Holistic Care Nursing office is open from 10am – 2pm Monday and Thursday except public holidays

## WEEK BEGINNING 9 October 2016

<b>Monday 10.10.16</b>	10.00 am	Worship Centre	Covenant Care
<b>Tuesday 11.10.16</b>	12.30 pm	Worship Centre	Meditation
<b>Wednesday 12.10.16</b>	12 noon 2.00 pm 6.00 pm 7.30 pm	Worship Centre Worship Centre Rainbow Centre Rainbow Centre	Holy Communion and BYO Lunch Ever Active Exercise Class Meditation Journal writing as a creative tool
<b>Thursday 13.10.16</b>	9.30 am 1.00 pm	Rainbow Centre HCN Office Rainbow Centre	Scrabble Wellness Clinic (by appt.) EFM in recess
<b>Friday 14.10.16</b>		Worship Centre	Playgroup
<b>Saturday 15.10.16</b>	9.00 am	Church grounds	Working bee

### SAVE THE DATES

- # Tues 1 Nov—Induction of Revd Canon Margaret
- # Sat 5 Nov—Mini-fete and Plant Sale
- # Sun 13 Nov—The Spirit of Listening



# SOMETHING TO THINK ABOUT

## **2 Timothy 1: 1-14**

The passage of scripture from the Second letter of Paul to his dear friend Timothy is one of my favourites. Every time I read it I immediately think of my parents and my grandparents and others who taught me the faith, just as Timothy's mother Eunice and his grandmother Lois taught him. There is something here that resonates with me as coming way down through time and making a connection like joining the dots. I can also relate to Paul encouraging Timothy with the words God did not give us a spirit of cowardice.' Going on to say 'Do not be ashamed, then of the testimony about our Lord or of me in prison, but join with me in suffering for the gospel, relying on the power of God.'

In this day and age where the church is going through criticism and damage mode due to the Child Sex Abuse Royal Commission, some of my colleagues say to me that they wouldn't be visibly seen in the community as a clergy person and I feel sad about that. Is it that they are ashamed and do not want to be identified as belonging to the church? Is it because they are fearful of public abuse? 'God did not give us a spirit of cowardice.....do not be ashamed of the testimony about our Lord' says Paul.

I am one of the few obvious clergy seen as that in the Belconnen area, and not just those people who know me. The amount of pastoral contacts I have through being 'visible' is unbelievable. People ask me what church I belong to and what time are our services. They even approach me to tell me a family member is dying and do I do funerals. They ask me my views on same sex marriage and other controversial life matters. Some ask me do I have time for a coffee and a chat. Contrary to what some of my colleagues might think, not everyone in the community is 'anti church', many want to know there is a person of prayer amongst them and if we hide who we are, then the community is missing out.

I was at the Kippax shops during the week and two young people who were at an information table endeavouring to inform people about domestic violence and child abuse asked me as I passed, if they could ask me a question, if it didn't put me on the spot. I stopped and engaged with them. The young man said that morning he had been thinking about a bible story that had come to mind about a lady who gave her only coin to the poor and the rich man who had much and only gave a little. In God's eyes the woman was the one who did the right thing. "What does that story mean and where can I find it in the bible" he asked? Well, did we have a good discussion and he made a note on his phone of the gospel reading I gave him so he could look it up for himself. He suggested for more explanation he could google Bible Commentary on that reading. He and his partner at the table were most grateful. I walked away feeling a great sense of humility, wondering who had the most blessing and the words of Paul rang in my ear, 'God did not give you a spirit of cowardice.' There was nothing about fear, or power or anything in response to the question and the words of Jesus rang in my ear, 'Do not hide your light under a bushel.'

Paul says, 'Guard the good treasure entrusted to you, with the help of the Holy Spirit living in us.' For many their faith is not visible as they do not wear identifiable clothing but there are so many opportunities in the community and work place to share the love of Christ. Don't let an opportunity pass you by , for it will be a blessing to you and to others and it will also honour those 'who taught you the faith.'

**Archdeacon Anne**

# FROM ST JOHN'S CARE



GPO Box 219  
Canberra City ACT 2601  
Ph: 02 6248 7771  
[director@stjohnscare.org.au](mailto:director@stjohnscare.org.au)  
ABN: 40 172 941 355

This week I asked Stuart for an opportunity to write the weekly update.

I have been privileged to assist a client this week who was really struggling to cope with her current situation. She has six children, her partner has walked out and she receives limited Government assistance. She was driving an unregistered car and desperate for help with registration. We have significantly scaled back our support for registration this year but this was a special case. When I rang the RTA to do the payment there was an issue with other payments which she was paying regularly on a plan but one had fallen over due to a Centrelink hiccup. Her licence was suspended and the car could not be registered until the outstanding debt was paid.

The client had no capacity to pay the outstanding amount. This is typical of many of our clients who live from one Centrelink payment to the next. Emergencies throw them out of kilter completely. My choices were limited. I could pay nothing and she would keep driving an unregistered car with a suspended licence until the police noticed and added a fine to her list of debts. Alternatively, I could pay the debt and three months' car registration. The total amount was more than we would normally give one client but there could be no half measures. I chose to pay off the debt and register the car and our volunteers gave her enough food to feed her family for a few days. The lady has a clean slate in terms of the debt and car and has food on the table. The change in her demeanor at the end of her visit was very obvious.

We cannot do a high level of support such as this for everyone but sometimes it is necessary to do so to break the cycle of debt and get the client moving forward again. In my view, giving people a hand up is why we are here. I feel very positive after helping this client that thanks to the generosity of our donors, we can change people's lives for the better.

I also wanted to let you know that we do not have big food stocks at present which is unusual only 3 months after the Winter Pantry Appeal. I am not sure why this is the case. For example, we have no vegemite, peanut butter or shampoo at all. Even by severely limiting the amount that our volunteers give people, we won't survive on what we have until the next Appeal. I know that many of you donate food regularly and some parishes do regular collections at shopping centres. I appreciate that very much. However, I wanted to make you aware of the situation and let you know that any additional help with basic food items other than tinned soup, pasta and baked beans will be very gratefully received at any time that you can manage a little extra.

**Wish list:** vegemite, peanut butter, jam, shampoo, tinned meat

**Rhonda Thorpe, Operations Manager**



# PRAYER POINTS FOR THIS WEEK

## IN THE WORLD

- ♦ Pray for all those trapped in Aleppo and similar places, for displaced people and for refugees far from home, and for agreement between the competing powers to allow desperately needed aid to flow, and the fighting to end.

## IN AUSTRALIA

- ♦ Pray for all who have settled in Australia in recent years, that they might find a safe home and welcoming neighbours. Pray for their integration into Australian culture and society, and for all of us to have understanding, compassion and patience as they do so.
- ♦ We pray for those parts of our country that have been devastated by rain.

## WORLD WIDE ANGLICAN CHURCH

- ♦ We pray for the bishops, clergy and people in the Dioceses of Adelaide and Armidale.

## IN OUR DIOCESE

- ♦ We pray for the clergy and people in the parishes of St. Saviour's Cathedral Goulburn, North Goulburn and West Goulburn.
- ♦ We pray for the chaplains at Goulburn Base Hospital and Goulburn Correctional Centre.

## MISSION

- ♦ We pray for the work of the Bush Church Aid in Coober Pedy and Roxby Downs.

## IN OUR PARISH AND COMMUNITY

- ♦ We pray for those helping at the Calvary Hospital Service this morning and for the Rainbow Fellowship meeting this afternoon.
- ♦ We pray for the Community lunch and the Journal Writing workshop this week.
- ♦ We pray for the following members of our parish family: Richard, Melinda, Samuel, Zachary and Matthew Browning; Barry and Sandra Button; Shirley Campbell; and Melanie Cantwell, Diane Mutch and Ella and Lily.
- ♦ We pray for those in special need of prayer: Phil Perman, Bev Barnes, Rosemary Kennemore and those known to us personally.

## COMMEMORATIONS:

Today: Stephen Conan Davies (died 1995)  
Portia Lillian Lloyd (died 2015)

## HOLY COVENANT PRAYER VINE REQUESTS FOR PRAYER

Phone Merri Bacon on 62511110 or email  
[prayervine@holycovenant.org.au](mailto:prayervine@holycovenant.org.au)



### COMMUNITY LUNCH Thursday 6 October 11.30 for 12 noon Last chance today to signup!

You are invited to our third community lunch for this year. Please invite any others in our community, especially those who may feel isolated and may appreciate a nice lunch, some fellowship and a great keynote speaker.

**Cost: \$5.00**

We have sign up sheets for:

- Attending
- Offers of making slices (including gluten free)
- Able to assist at the lunch. **Penny needs helpers!**

We will be treated to a presentation by Richard Scutter titled 'Touching Poetry and Words'. Tell your friends and relatives to share in the fellowship.



For catering purposes please register on the sign-up sheet(s). If you have any questions please call Penny Lilley ph 6251 2592.

### Mini-Fete & Plant Sale 5 November Organisers Needed

Planning is advancing for this significant day in our parish life. Sandra Ross will again mastermind the advertising. (Hope those plants are growing...)

We have convenors for:

- the plant sale
- book sale
- white elephant stall (Anne Ranse)
- sausage sizzle (Simon De Vere and Quentin Grafton)
- Café (Phyl Holmes)
- **There are sign-up sheets on the board for all these stalls.**
- any other good ideas!



Please let Beth know if you can be involved ([teheyde@westnet.com.au](mailto:teheyde@westnet.com.au)).

(There will not be a cake stall, as such efforts are being reserved for the Jamison centre late in the year alongside another St John's Care collection)

Books, magazines, CD's, cassettes etc. can be left in the space behind the sound system, as can 'unwanted treasures' and bric-a-brac for the white elephant stall—no electrical items please.

### Retreat at Galong 16-18 September

The parish retreat last weekend was nourishing to our souls and restful to our bodies, with the gentle teaching from Alice-Anne in the warmed comfort that defied the discouraging weather outside. (Of course we had to traverse the icy corridors to get there!) There was something restful too in the beauty of the surroundings, seen from every window, with great swirls of yellow flowering Canola, in the paddocks opposite. A painter's delight!

The theme of the retreat was: "Living the Blessing, Becoming a Blessing", with four presentations, solidly based on Scripture, each followed by a period of silent reflection and application to one's personal situation. Insights could then be shared in small groups, with just one or two others, as we might choose (some feeling reluctant to share deeply personal thoughts). It was often deeply touching, and courageous, as people revealed their vulnerable inner selves and personal lives in the confidence that nothing said went outside the walls of that room. Writing/journalling often brought further insight.

Much of the program was in silence, so as not to intrude on others' reflections, and there was plenty of un-programmed quiet time to read, write, rug up and walk in the lovely countryside or snooze if that is what busy, working people's bodies needed most. But meal times were convivial and talking was OK, with abundant food that was good but not fancy. One might almost go on the parish retreat for a little holiday from busy daily life!

But the spiritual food provided for our souls by Alice-Anne, a spiritual Director who has followed the contemplative path for most of her life despite raising a family, was the best part of all and gave encouragement to us "ordinary" folk who struggle to find time to meet the needs of our souls in daily life.

Jean Groves, Sept 2016



"You remember us...  
from your vegetable garden."

### Children's Church and Playgroup

are in recess,  
resuming 9th and 14 October  
respectively.

Youth Group resumes  
9 October



## Notes from Parish Council meeting 20 September 2016 ...

- ◆ Reports were received from parish working groups and ministry teams, with appreciation for their work, and decisions were made where needed.
- ◆ The Wardens are organising the Induction Service for our new Rector on 1 November, including invitations to people from outside the parish. It will be quite an evening!
- ◆ Briefing is being prepared for the new Rector on a range of aspects of parish life.
- ◆ The office in the Rainbow Centre will be repainted and consideration given to longer term office accommodation for the new Rector.
- ◆ The financial situation of the parish remains strong; donations by the parish for wider work were authorised, to the (budget-approved) value of \$12,000.
- ◆ Planning for the mini-fete and plant sale is advancing well (see notice elsewhere in the Bulletin).
- ◆ The Covenant Care management committee has undertaken a strategic planning exercise.
- ◆ Receipts for donations to the Safe Shelter are still to come, but will be received before long.
- ◆ The stages of information provision to new people as they are welcomed to the parish were decided. First is the brief Welcome brochure, then a little later a handbook with information about the parish and contact information for clergy, ministry teams, wardens, working groups, parish council and other office holders. This will now include a statement about Safe Ministries at Holy Covenant, which will be useful for all parishioners in due course when the form of the full parish roll is finalised.
- ◆ Parish Council considered the Safety and Hazard Audit checklist prepared by the Workplace Health and Safety team. Most recommended actions have already been undertaken by the Resources Team and further consideration will be given to the remaining points. The WH&S policy for the parish is accessible on the web site, and the major work of this team is a significant foundation for the parish. Reporting of relevant incidents is now carried out in accordance with Diocesan requirements.
- ◆ Political advertising on the public land below the Worship Centre was noted; PC considered it was not appropriate for the parish to take any action to have such advertisements moved.



## NEED A TIME OUT?

### Journal Writing as a Creative Tool for Reflection

This series will explore approaches to journal writing that can enhance our spiritual journey.

**When:** Wednesday evenings (5, 12, 26 October, 2 November)

**Time :** 7.30 pm to 9.00 pm

**Where:** Rainbow Centre

**Facilitators:** Mary Lynn Mather and Frances MacKay

**Bring:** Writing paper, pens and your journal if you have one.



### The Challenge of Advent

**Sunday 6 November**  
3.00pm to 5.00pm  
in Rainbow Centre

Facilitated by Frances MacKay.



Australian Centre for Christianity and Culture  
WISDOM WORKING FOR THE COMMON GOOD

### Retreat celebrating Seasons of Birth and Creativity

**Saturday 19<sup>th</sup> Nov 9:30am - 1pm**

Led by Frances MacKay with an introduction to the artworks by Doug Purnell.

Eremos is delighted to partner with ACCC to provide the opportunity for people to encounter this wonderful exhibition and engage with the mystery that surrounds birth. We offer this chance to share with others a unique approach to preparing for Advent and Christmas.

Bookings are essential due to space restrictions. Please RSVP with your name and phone number to [events@eremos.org.au](mailto:events@eremos.org.au) or phone Joe on 0419 354 578. RSVP deadline is 15 November. No charge but donations will gratefully be received.

### The Spirit of Listening

**Sunday 13 November**

**11.45am in Worship Centre**

Revd Dr Sarah Bachelard, founder of Benedictus Contemplative Church, will be drawing on her presentation at the Edge of the Sacred Conference in Alice Springs in July.



The title of the conference is 'Exiled from Country—Deep Listening to the Spirit of Place'. She asks: What are the elements of listening that lead to deep connectedness to people and place?

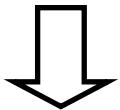
This is the final DEEP DIVE for this year so mark it in your calendar.

**AND . . .**



### TO WEAR YOUR NAMETAG!

Need one? Put your name on the list on the desk up the back table.



**WORKING WITH VULNERABLE PEOPLE CARDS.** Have you recently renewed your WWVP card? If so, could you please leave a copy of it in the office for Libby or if you come to the office during working hours she will photocopy it for you.

### Rob Miner's Sermon

#### Today —Facing Mortality

Please note there will be no first (OT) reading or psalm for 2, 16 and 30 October

### ON THE NOTICE BOARD

- ◆ Holiday Happenings at Kippax Uniting Church, 6 Oct. 10am-2pm
- ◆ Awakening the Creative Spirit: The Arts in Spiritual Direction, Tues 18 Oct, \$30/35 RSVP by 7 Oct to mob 0414 790 201 or aamacnaught@iinet.net.au.
- ◆ Wesley Lifeforce Suicide Prevention Training, 1 and 2 November (only need to attend one day), no charge. Dickson.

### THOUGHT FOR THE WEEK

God gives the grain,  
but we must make the furrow.

- Bulgarian Proverb



### BIRTHDAYS THIS WEEK

Caroline Taylor-Steele, Marjorie Pratt, Amelia Ellis, Carol Kubanek, Jean Metters, Anne Ranse, Doreen Matters and Colin Lyons.

If you'd like your name in the Birthday Book, please tell the office.

### PARISH DIRECTORY

<b>PARISH ADMINISTRATOR</b>	<b>Libby Warren</b> Office: 6251 6100	E: office@holycovenant.org.au
<b>PARISH OFFICE</b> Open 10 am - 2 pm Tuesday to Thursday	89 Dexter Street, Cook, ACT 2614 PO Box 98, Jamison, ACT 2614 Tel: 6251 6100	E: office@holycovenant.org.au Web: <a href="http://holycovenant.org.au">http://holycovenant.org.au</a>
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<b>BULLETIN EDITOR</b>	<b>Wendy Elkhuizen</b>	E: weeklybulletin@holycovenant.org.au

## DETAILS FOR NEXT SUNDAY - 9 October – 21st after Pentecost

<b>8.00 am</b>	<b>HOLY COMMUNION</b>	Celebrant and Preacher: Revd Connie Gerrity
<b>10.00 am</b>	<b>HOLY COMMUNION</b>	Celebrant and Preacher: Revd Connie Gerrity

	8.00 am	10.00 am
<b>Sidespersons</b>	Libby Warren, Tony Willis	Jo and Gareth James
<b>Readers</b>	Kath Arthur Tony Willis Katherine Rainger	Chris Olsson Anne Dudzinski Andrew Hill
<b>Intercessor</b>	Robert Arthur	Merri Bacon
<b>Organist</b>	Kath Arthur	Rhys Thorpe
<b>Word &amp; Prayer</b>	Paul Shelley	James Ellis
<b>Deacon</b>	Katherine Rainger	
<b>Cup</b>	Katherine Rainger Paul Shelley	James Ellis, Leo Wimmer, Vera de Vere, George Gerrity Extra Bread: Anne Dudzinski
<b>Morning Tea</b>	Mary Lynn Mather, Jocelyn Kirkland	Helen Boulton, Dorothy Hurst
<b>Children's Church</b>		In recess for holidays
<b>Counting</b>	Jen Collier, Robert Arthur	Graham Bonnett, Reg Holmes
<b>Flowers</b>	Phyl Holmes	
<b>Cleaning</b>	Kath Arthur, Christine Mitchell	

## MINISTRY TEAM

<b>LOCUMS</b>	<b>Revd Rob Miners</b> 6292 9963 <b>Revd Connie Gerrity</b> 0429 423 725	E: robminers@holycovenant.org.au  E: connie@gerrity.id.au
<b>HONORARY ASSOCIATE PRIEST</b>	<b>Revd Anne Dudzinski</b> 6278 6087	E: annedudzinski@optusnet.com.au
<b>HOLISTIC CARE NURSE</b>	<b>Archdeacon Anne Ranse</b> 0439 139 209	E: nurse@holycovenant.org.au Days: Mon & Thurs (10am - 2pm)
<b>HONORARY DEACON</b>	<b>Revd Susan Joy Nevile</b> 0431 133 852	E: susanjoyn@gmail.com
<b>CHILDREN'S WORKER</b>	<b>Revd Katherine Rainger</b> 0401 142 851	E: children@holycovenant.org.au
<b>PASTORAL CARE CO-ORDINATOR</b>	<b>Revd Anne Dudzinski</b> 0413 994 739	E: pastoralcare@holycovenant.org.au
<b>YOUTH LEADERS</b>	<b>Elle Platt</b> 0434 960 967 <b>Jeremy Platt</b> 0466 661 860	E: youth@holycovenant.org.au

# TODAY

**SENTENCE:** Who is greater, the one who is at the table or the one who serves? But I am among you, 'says the Lord, 'as one who serves.'

Luke 22: 27

## READINGS:

Lamentations 1: 1-6  
Psalm 137  
2 Timothy 1: 1-14  
Luke 17: 5-10



## 8 am HYMNS

04(275)  
407  
642  
555

## PRAYER

Loving God,  
hold us in all our longing.

Speak within us  
whisper our names  
unfold your grace in all our living.

Wait with us attend to us  
as we meet you with our lives fully open.

Lift us restore us  
as we find healing space in you.

AMEN



**Thankful Hearts Raise  
to God!**

	8.00am	10.00 am
<b>Sidespersons</b>	Carol and Peter Sherman	Sandra Ross, Reg Holmes
<b>Readers</b>	- Mandy Squair Katherine Rainger	- Reg Holmes Katherine Rainger
<b>Intercessor</b>	Paul Shelley	Joan Williams
<b>Organist</b>	Heather Shelley	Pam Lane
<b>Word &amp; Prayer</b>	Steve Daniels	Joh Sheehan
<b>Deacon</b>	Katherine Rainger	Katherine Rainger
<b>Cup</b>	Katherine Rainger Steve Daniels	Katherine Rainger, Phyl Holmes, Tobias Nevile, Doreen Matters Extra Bread: Anne Dudzinski
<b>Morning Tea</b>	Ann Menzies, Carol Sherman	Youth Group
<b>Children's Church</b>		In recess for holidays
<b>Counters</b>	Colin Lyons, Rhonda Thorpe	Chris Olsson, Neville Hurst