

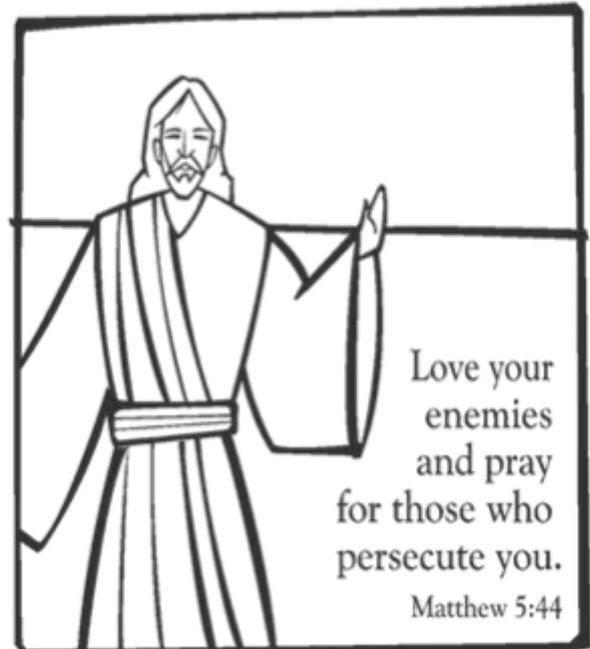
# HOLY COVENANT ANGLICAN CHURCH JAMISON

*To grow in Christ together, to equip for service, to care for all*

## WEEKLY BULLETIN

**19 February 2017**

**Seventh Sunday  
after Epiphany**



We welcome you to our worship and fellowship today. We offer a special welcome to visitors and pray that you will feel at home in our community.

You are warmly invited to share Communion with us, either by drinking from or dipping the wafer in the chalice, or to come forward for a blessing.

**Reflection after Communion** - please feel free to light a prayer candle in the Chapel at the side of the Church following Communion.



A **HEARING LOOP** is available. Sit anywhere in the church and have your hearing aid on the T setting.

*Please join us for morning tea after the service*

### IN THE PARISH TODAY

- |                 |  |
|-----------------|--|
| <b>8.00 am</b>  | <b>HOLY COMMUNION</b><br>Celebrant and Preacher: Revd Canon Margaret Campbell                          |
| <b>10.00 am</b> | <b>Instructional Eucharist, Family Service</b><br>Celebrant and Preacher: Revd Canon Margaret Campbell |



## WELCOME TO HOLY COVENANT

It is my prayer that you will find God's grace and peace with us today. A detailed parish information brochure is available behind the sound desk alcove.

For your information today:

The **8 am service** uses a green prayer book and a red hymn book. The service assistant will tell us the **page** number for the green book and the **hymn** (not the page) number for the red book.

The **10 am service** has everything needed on PowerPoint. Some parts of the service like the Hymn of Praise and the Gloria are sung. The musical settings are available in a black plastic folder on the bookcase at the door of the church.

**COMMUNION** We are an Anglican community and share the common cup. If you would prefer not to (or you are not feeling well today) an intincting cup is available. Hold your wafer of bread and an assistant will bring the small cup to you.

Gluten free wafers are available. Please ask the priest distributing the breads.

God invites us **all** to share this holy meal. Regardless of your denomination (or none) you are welcome to participate. If you are uncomfortable with this, please come for a blessing.

You may like to light a candle in the **CHAPEL** at the side of the Worship Centre following communion.

**MORNING TEA** Following both services tea and coffee are served from the kitchen. Raisin toast (self-service) is also available. We love to have a chat. Please join us.

**TOILETS** are found through the door past the kitchen. A baby change area is located in the Disabled toilet. Please take all used nappies with you.

Parish Council are committed to a **safe work and meeting space**. If you have any issues with the physical

surroundings, please speak with a warden.

## EMERGENCY PROCEDURES

Emergency evacuation diagrams are displayed at the back and front of the Worship Centre.

First aid boxes are found in the kitchen. Please ask for help if you need it.

A **HEARING LOOP** is available. Sit anywhere in the church and have your hearing aid on the T setting.

**CHILDREN AND YOUNG PEOPLE** have their own groups during the 10 am service. The young people start in the service and go out with their leaders after the first hymn, returning to share communion with the whole community. You are welcome to stay with your child.

Don't worry about missing the sermon 😊 it is recorded and available on the web page.

Our parish supports the work of **ST JOHN'S CARE**, a relief agency of St John's Church, Reid. Donations of non-perishable food can be placed in the basket found near the door of the church.

**GIFT-GIVING** Our church is self-supporting. Your donations will help us continue Jesus' work: a space to worship God, care for the vulnerable amongst us, teach and nurture our children and provide hospitality to the community.

During the third hymn a plate will be passed amongst the congregation. Please contribute as you are able.

Regular Holy Covenant worshippers may wish to give via direct debit to our bank account– Commonwealth Bank, Jamison, BSB: 062 907 Account: 802 588.

We are committed to ensuring our community is safe for all who worship or visit here. The Diocesan hotline number is 1800070511 if you have any concerns.

With God's blessings,

**Canon Margaret**, Rector



## FROM OUR RECTOR ...

Dear Friends,

We are pleased that so many of you have completed the purple permission form and placed them in the purple box. However, we would like everyone to complete the form. This form allows us to use your details in a parish context.

Regarding the *AGM* and the election of Synod reps and Clergy Appointment Board members, we require more nominations. Feel free to talk to me about the roles if you are uncertain about seeking nomination.

God bless,

Margaret



### **ELECTIONS FOR LAY MEMBERS OF SYNOD AND ALTERNATES AND LAY MEMBERS OF THE CLERGY APPOINTMENT BOARD (2017-2019 inclusive)**

Nominations are called for the following positions:

**Lay Members of Synod (3 positions):** These appointments are for three years and the principal duty is to attend the Diocesan Synod and related meetings.

**Alternate Lay Members of Synod (up to 3 positions):** While it is expected that Lay Members of Synod will see their attendance at Synod as a priority, provision is made for one or more Alternates to be available in cases of illness, etc. These appointments are also for three years.

**Parish members of the Clergy Appointment Board (3 positions):** These appointments are for three years. The principal duty of these positions is to be involved in the process of appointing a new Rector to the Parish if this should be required during the period.

A nomination form is available covering all positions. This must be signed by the Nominator, a Secunder and the Nominee. Please put completed nomination forms in the box provided.

Nominations will be received up until the Annual General Meeting on Tuesday 21 February 2017.

Please talk to Margaret or Libby if you would like any more information.

## SOMETHING TO THINK ABOUT

### Matthew 5:38-48

*You have heard it said, 'an eye for an eye and a tooth for a tooth' and this: 'if anyone strikes you on the right cheek, turn the other also; and if someone wants your coat give it to them, give to anyone who begs from you and do not refuse anyone who wants to borrow from you.'* and this: *'You shall love your neighbour and hate your enemy but I say to you love your enemies and pray for those who persecute you.'* (Paraphrased)

We should make it our daily practice to pray always in the strength of love because we are all God's children, even those who hate us or threaten to sue us or whatever, are God's children and *'he makes his sun to rise on them also.'*

I wonder what the world would be like if suddenly everyone started following Jesus' teachings. I pray for the time when Jesus teachings can be the world's rules rather than the exception.

Meanwhile we as honest and faithful followers of Jesus are called to do what we can to live our lives according to a different set of rules as we claim God is Lord, a God of justice and love. So, let us love those who are our enemies, and show justice, love and compassion to those in need. In a Christian way let our lives be one that saves people, not one that contributes to their already dysfunctional lives.

I once read a parable about a holy man who was practising his morning meditation under a tree whose roots stretched out over the riverbank. During his meditation he noticed that the river was rising and a scorpion, caught in its roots, was about to drown. He crawled out on the roots, and reached down to free the scorpion, but every time he did so, the scorpion struck back at him, trying to sting him. A man passing by said to the holy man. 'Don't you know that's a scorpion and its nature is to sting?' The holy man replied. 'That may well be but it is my nature to save, and I will not let the scorpion's desire to hurt change my desire to help.'

Remember brothers and sisters that it is in the Lords nature to save. Follow the ways of the Lord.

Blessings

Archdeacon Anne



### I CAN'T WAIT TO TELL YOU...

that on a large notice board at the back of the church there is a display of the work of the HCN ministry. I think you will be amazed at what we are doing in this ministry that reaches out into our community with the love of Christ.



As one example of this love you may recall that from time to time I have asked for material and wool for a client who is housebound and very socially isolated due to a debilitating illness. One of her gifts is sewing and rather than sit in a black hole reflecting on what life has delivered to her she uses her gifts to help others.

With our support of providing her with the items YOU have donated she is making beautiful smocks, jackets and blankets for premature babies in hospital, beautiful angel gowns for deceased newborn babies and head coverings for people on chemotherapy. Her work is done with great love.

She also made colourful library bags for us to use in the Christmas Child boxes, lovely which I gave to a neighbouring church that has that ministry. She also made lovely small bags at Christmas for us to fill with chocolates and give to other clients and our Covenant Care volunteers and scented heat packs for clients who suffer pain.

All of this she says is a way of following our example of helping others. When we discovered this lady in the community via a community agency who asked us if we could help her, she was depressed, lonely and so isolated.

Now, though she still struggles with day to day living, she channels her gifts, which we helped her to discover, into helping others. We have brought friendship to her home and you know, just through this friendship and encouragement and befriending she has found Christ, reunited with her estranged family and has purpose in her life. This is one story of many who the HCN ministry and this congregation are helping to nurse back into life. God blesses this ministry in so many ways and those he puts in our path.

Archdeacon Anne

### BIRTHDAYS THIS WEEK



Friday : **Christine Mitchell**

*If you would like your name in the Birthday Book, tick the box on the purple permission form and place it in the purple box.*

### AGM 2017

**Reports** (financial reports and ministry team reports) are available from the back of the church.

Please collect, read and bring with you to the Worship Centre on 21 February.

The meeting will start punctually at 7.30pm.

AGM

## WITHIN THE PARISH

### What are you doing for Lent?

- ♦ **Book discussion series:** Based on Paula Goodner's *Lentwise*, drawing on St John's Gospel and other writings. Real life challenges including 'direction' and 'nourishment' are addressed. Wednesdays 7.30pm-9pm (1-29 March) and Fridays 10am-12 noon (3-31 March) in the Rainbow Centre. Please indicate on sign up sheet if you need a book ordered. Cost approx. \$11 (Rob Maron)
- ♦ **DEEP DIVE: Wilderness Revisited.** Wilderness is a recurrent theme in the Bible. This presentation will explore how a deeper understanding of wilderness as liminal or (trans) formational space might sustain us, not only in our personal lives, but also in the communal and political narratives unfolding around us. Worship Centre, **Sunday 12 March**, 11.45am-1pm. (Frances MacKay)



Note : Lenten Study of Paul and the Faithfulness of God has been cancelled. It may be offered later in the year.

*Ladies  
Afternoon Tea  
at Tilleys*

**NEXT SATURDAY**  
**3 pm, Saturday 25 February**  
Tilley's Cafe  
Corner Brigalow & Wattle St Lyneham



We have booked a large table with chairs.

Register your intent to attend by completing the sign up sheet near the entrance to the chapel. Please consider offering a lift to another lady.

**Looking forward to seeing you there!**



### 15 months notice

**9–30 April 2018** Margaret will be leading a trip to the UK exploring our Christian heritage, finishing at Iona. To secure your place, register and pay \$500/person deposit before 14 April 2017.

### Have a spare large flat screen TV?

Hey Holy Covenant, the youth group is looking for a **large** flat screen TV to replace the TV currently in the Mushroom. If you have a spare flat screen TV with an **HDMI port**, and would be willing to donate it to the Youth Group, please contact Elle and Jerry at [youth@holycovenant.org.au](mailto:youth@holycovenant.org.au) or call us on 0434 960 967 (Elle) or 0466 661 860 (Jerry).

## SAVE THE DATES



- # Tues 21 February - AGM @ 7.30pm
- # Sat 25 February - Ladies Afternoon Tea @ 3pm
- # Wed 1 March - Ash Wednesday Services @ noon and 6pm
- # Thurs 27 April - Community Lunch
- # 13 to 15 October - Retreat at Galong

Please remember that our facilities are often used by outside groups. Accordingly, please contact Paul Shelley (E: [epshms@grapevine.com.au](mailto:epshms@grapevine.com.au)) or the Parish Administrator before planning an event.

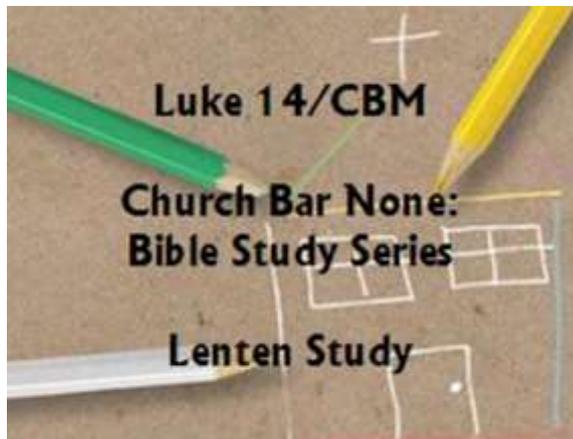
## WORKING BEE

For the volunteers who helped at the working bee yesterday -



**Church Bar None: Bible Study Series**

**Sundays: 5 March to 9 April**  
**12.30pm to 2pm**



**Led by Archdeacon Anne Ranse for the six Sundays of Lent**

**Where: St Marks Theological College, 15 Blackall St Barton**

Through the perspectives of ten people with first-hand disability experience, this six week DVD and Bible study series explores key aspects of developing a Christian understanding of disability inclusion.

For more information contact Andrea 0404256714 or [horciu@btinternet.com](mailto:horciu@btinternet.com)

- ◆ **Suicide Prevention Training** conducted by Wesley LifeForce. **Tues 28 March** from 9am to 1pm. Free. Register interest: <https://www.eventbrite.com.au/e/wl-3159-wesley-lifeforce-suicide-prevention-4hr-workshop-dickson-act-tickets-32100333963>

**ON THE NOTICE BOARD**

- ◆ **Vigil for Peace in Palestine and Israel**, Canberra members of the Palestine Israeli Ecumenical Network (PIEN) warmly invite you to join them in a Vigil for Peace in Palestine and Israel in the Plaza adjacent to the City Uniting Church **Wed 22 February** at 6pm.
- ◆ Anglicare NSW S&W and ACT is running a free training program for volunteers who are interested in **leading informal ESL classes in their parish**. The course will be held in Canberra on **3 – 5 March 2017**. Lunches and refreshments will be provided. For those interested in participating in this training, please visit [www.anglicare.com.au/esl](http://www.anglicare.com.au/esl)
- ◆ **Introduction to Christian Meditation**, St Peter Chanel's, Yarralumla to find out about Christian Meditation, to experience this prayer practice, and to learn about its origins. The key to understanding the simplicity of Christian Meditation is within Psalm 46 – *“Be still and know that I am God”*. **Monday 6<sup>th</sup> March**, one hour, for **5 successive Mondays**; 7.15pm for 7.30pm start; Parish meeting room, Weston Street, Yarralumla.
- ◆ **Quiet Morning** at ACCC based on the ‘Stations of the Cross’ art exhibition. 9.30am - 1pm, **18 March**. Facilitated by Frances MacKay with input from the curator, Rev Dr Doug Purnell. A donation to the joint sponsors, ACCC and Eremos is suggested.

**Your Kingdom Come**

YouTube video just released by Justin Welby, Archbishop of Canterbury:

<https://www.youtube.com/watch?v=4m9h3FoeXNA&sns=em>

Highly recommended viewing!!!



## Call for Facilitators – Marriage Education Course

Our Marriage Education Course, called “Making Love Last”, may be one of the lesser known programs of St John’s Care. Nonetheless, it is a very important program that we have been running since we began 25 years ago. Some 31 years ago, Ellen and I did a short pre-marriage course in Newcastle, prior to getting married. We also enjoyed a silent retreat at the Stroud Monastery in NSW which was run by the Sisters of St Clare and I have no doubt that we benefited greatly from these experiences.

We seek to offer this one day workshop (usually run on a Saturday) between 4 and 5 times per year for couples intending to marry, whether that be at St John’s or elsewhere. The workshop provides an opportunity for participants to pause and reflect on the nature and complexity of committed relationships. It provides opportunities for them to grow in understanding of themselves, their partner and their relationship. The key aims of the workshop are to: develop a realistic perspective of relationships; understand intimate relationships as a vehicle for growth; explore commitment and identify the hallmarks of happy, successful, long-term relationships.

Spirituality is an important part of relationship. However, this workshop does not focus on the religious aspects of marriage. We believe that exploration of this issue is best addressed in discussions with the couple’s celebrant.

Some feedback from the workshops include:

“I learnt a lot more about my partner’s feelings and needs”

“This workshop confirmed we are ready to get married”

“I learnt that the ups and downs we go through are common to other couples too...”

In 2015, we were very excited to appoint Ruth and Lee Walton as facilitators of the course, for a 2 year term and they have done an outstanding job. However, they are unable to commit to another term, so we are looking for a new couple to take on the role, from the second half of the year.

We have a well-designed program with easy to use resources and activities and pay a small honorarium for each course. We are looking for a happily married couple who feel comfortable in sharing their own marriage journey with others and in using their teaching and facilitating skills to assist others to explore their own relationships.

If you are interested, or you know a couple who would suit the role, please contact me.

**Wish list:** vegemite, cereal, tinned fruit and milk (long life)



**Stuart Davis-Meehan, Director**

*All Donations to St John’s Care are Tax Deductible*

# PRAYER POINTS FOR WEEK

## IN THE WORLD

- ♦ America endorsing peace deal between Israel and Palestine.
- ♦ UN deploying troops to Syria to fight Islamic State militants.

## IN AUSTRALIA

- ♦ Towns in rural NSW destroyed by fire.
- ♦ After effects from flooding of Swan River in WA.
- ♦ Families and singles struggling with credit card debts and mortgage/rent stress.

## IN THE CHURCH

- ♦ Iglesia Anglicana de la Region Central de America.
- ♦ Diocese of Perth: Herft, Bishops Kate Wilmot, Jeremy James, Clergy and People.
- ♦ Young District Anglican Ministry: John Thomas, Barbara Moon.
- ♦ Mothers' Union.
- ♦ Pray for: Shared ministry with our neighbouring Dioceses particularly Riverina and Bathurst - our Tri-Diocesan partners; development of unity and cooperation in our Province and National Church.

## IN OUR PARISH AND COMMUNITY

- ♦ Anne, Rob, Frances and others who are preparing to lead or facilitate activities during Lent.
- ♦ Annual General Meeting on Tuesday night and the appointment of new wardens and parish council members, new synod representatives and a new clergy appointment board.
- ♦ All members of our parish family.
- ♦ We pray for those in special need of prayer including Bev Barnes, Mavis McLaren and anyone known to us personally.

## COMMEMORATIONS:

- Tuesday: **Baden Clarence Powell** (d 1991)  
Friday: **Michael Crawford** (d 1989)  
Friday: Matthias, Apostle and Martyr  
Saturday: **Clifford Jack Daniels** (d 2005)

### HOLY COVENANT PRAYER VINE REQUESTS FOR PRAYER

Phone Merri Bacon on 62511110 or  
email [prayervine@holycovenant.org.au](mailto:prayervine@holycovenant.org.au)

## IN THE PARISH NEXT SUNDAY

### 8.00 am HOLY COMMUNION

Celebrant: Revd Canon Margaret Campbell  
Preacher: Revd Richard Browning



### 10.00 am HOLY COMMUNION, Children's Church & Youth Group

Celebrant: Revd Canon Margaret Campbell  
Preacher: Revd Richard Browning

# ROSTER TODAY

	8am	10am
<b>Sidespersons</b>	Mandy Squair, Hilary Harris	Dorothy and Neville Hurst
<b>Readers</b>	Bob Arthur Kerin Cox Anne Ranse	Doreen Matters Dorothy Hurst Neville Hurst
<b>Intercessor</b>	Paul Shelley	Bruce Barnes
<b>Organist</b>	Heather Shelley	
<b>Word &amp; Prayer</b>	Paul Shelley	Anne Ranse
<b>Deacon</b>	Anne Ranse	Anne Ranse
<b>Cup</b>	Anne Ranse, Paul Shelley	Tobias Nevile, Neville Hurst, Rob Maron, Doreen Matters Extra Bread: Anne Ranse
<b>Morning Tea</b>	Heather and Paul Shelley	Merri Bacon, Michael Allen
<b>Children's Church</b>		Family service, M/Tea: TBA
<b>Counters</b>	Ted Lilley, Quentin Grafton	Simon de Vere, Neville Hurst

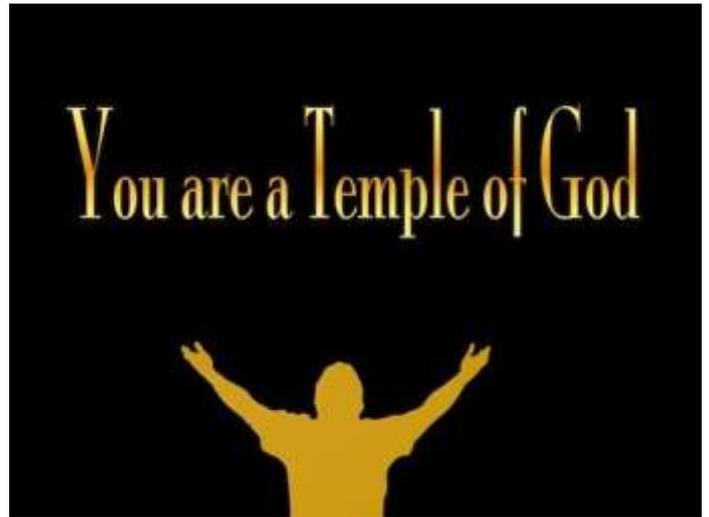
## THIS FORTNIGHT IN THE PARISH

<b>Mon</b>	<b>20 Feb</b>	9.30 am	Rainbow Centre	Crafty Crew
		10.00 am	Worship Centre	Covenant Care
<b>Tues</b>	<b>21 Feb</b>	12.30 pm	Worship Centre	Meditation
		7.30 pm	Worship Centre	AGM
<b>Wed</b>	<b>22 Feb</b>	9.30 am	Worship Centre	Tai Chi
		12 noon	Worship Centre	Holy Communion and BYO Lunch
		2.00 pm	Worship Centre	Ever Active Exercise Class
		6.00 pm	Rainbow Centre	Meditation
<b>Thurs</b>	<b>23 Feb</b>	9.30 am	Rainbow Centre	Scrabble
		1.00 pm	HCN Office	Wellness Clinic (by appt.)
<b>Fri</b>	<b>24 Feb</b>	10.00 am	Worship Centre	Playgroup
<b>Sat</b>	<b>25 Feb</b>	2.00 pm	Rainbow Centre	Youth cleaning, donuts & shakes
		3.00 pm	Tilleys	Ladies Afternoon Tea

<b>Mon</b>	<b>27 Feb</b>	10.00 am	Worship Centre	Covenant Care
		10.00 am	Kangara Waters Care Cntr	Communion Service
		1.30 pm	Calvary Retirement Village	Communion Service
<b>Tues</b>	<b>28 Feb</b>	12.30 pm	Worship Centre	Meditation
<b>Wed</b>	<b>1 Mar</b>	9.30 am	Worship Centre	Tai Chi
		10.15 am	Worship Centre	Lenten Pancakes
		12 noon	Worship Centre	Holy Communion and BYO Lunch
		2.00 pm	Worship Centre	Ever Active Exercise Class
		6.00 pm	Rainbow Centre	Meditation
		6.00 pm	Worship Centre	Ash Wednesday Service
		7.30 pm	Rainbow Centre	Lenten Book Discussion
<b>Thurs</b>	<b>2 Mar</b>	9.30 am	Rainbow Centre	Scrabble
		1.00 pm	HCN Office	Wellness Clinic (by appt.)
		7.30 pm	Rainbow Centre	EfM
<b>Fri</b>	<b>3 Mar</b>	10.00 am	Worship Centre	Playgroup
		10.00 am	Rainbow Centre	Lenten Book Discussion

## IN THE SERVICE

DATE:	READINGS:	8am
<b>19 Feb</b>	Leviticus 19:1-2, 9-18	433
	Psalm 119 33-40	609
	1 Corinthians 3: 10-17	631 (153)
	Matthew 5: 38-48	578 (143)
<b>26 Feb</b>	Exodus 24:12-18	234
	Psalm 2	691
	2 Peter 1: 16-21	193
	Matthew 17:1-9	238(106(i))



### COLLECT

Almighty God,  
 You have taught us through your Son  
 That love is the fulfilling of the law:  
 Grant that we may love you with our whole heart,  
 And our neighbours as ourselves;  
 Through Jesus Christ our Lord.  
**Amen.**

## MINISTRY TEAM

<b>RECTOR</b>	<b>Revd Canon Margaret Campbell</b> 0417 423 472	E: rector@holycovenant.org.au Day off: Monday HC Office: 9.30am-4.30pm (T,W,Th)
<b>HONORARY PRIEST</b>	<b>Revd Anne Dudzinski</b> 0413 994 739; 6278 6087	E: annedudzinski@optusnet.com.au
<b>HONORARY PRIEST</b>	<b>Revd Connie Gerrity</b> 0429 423 725	E: connie@gerrity.id.au
<b>HOLISTIC CARE NURSE</b>	<b>Archdeacon Anne Ranse</b> 0406 379 599	E: nurse@holycovenant.org.au Day off: Tuesday
<b>HONORARY DEACON</b>	<b>Revd Susan Joy Nevile</b> 0431 133 852	E: susanjoyn@gmail.com
<b>CHILDREN'S WORKER</b>	<b>Elle Platt</b> 0434 960 967	E: children@holycovenant.org.au
<b>YOUTH LEADERS</b>	<b>Elle Platt</b> 0434 960 967 <b>Jeremy Platt</b> 0466 661 860	E: youth@holycovenant.org.au

## PARISH DIRECTORY

<b>PARISH OFFICE</b> Open 10 am - 2 pm Tuesday to Thursday	<b>Libby Warren (Administrator)</b> 89 Dexter Street, Cook, ACT 2614 PO Box 98, Jamison, ACT 2614 Tel: 6251 6100	E: office@holycovenant.org.au Web Page: <a href="http://holycovenant.org.au">http://holycovenant.org.au</a>
<b>WARDENS</b>	<b>Kathryn Body</b> 0403 500 882 <b>Merri Bacon</b> 6251 1110	<b>Nic Platt</b> 6251 6170
<b>PRAYER VINE</b>	<b>Merri Bacon</b> 6251 1110	E: prayervine@holycovenant.org.au
<b>BULLETIN EDITOR</b>	<b>Wendy Elkhuizen</b>	E: weeklybulletin@holycovenant.org.au