

# HOLY COVENANT ANGLICAN CHURCH JAMISON

*To grow in Christ together, to equip for service, to care for all.*

## WEEKLY BULLETIN

**19 March 2017**

THIRD SUNDAY IN  
**LENT**

'Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?' (John 4. 29)

"To be loved but not known is comforting but superficial. To be known and not loved is our greatest fear." Timothy Keller

Sit with Psalm 139. 1-18, and rest in the assurance that God knows you.

### IN THE PARISH TODAY

- |                |                                                                                                                    |
|----------------|--------------------------------------------------------------------------------------------------------------------|
| <b>8.00 am</b> | <b>HOLY COMMUNION</b><br>Celebrant and Preacher: Revd Canon Margaret Campbell                                      |
| <b>10.00am</b> | <b>HOLY COMMUNION, Children's Church &amp; Youth Group</b><br>Celebrant and Preacher: Revd Canon Margaret Campbell |
| <b>6.00 pm</b> | <b>Youth Service (including Youth Alpha)</b>                                                                       |

*Please join us for morning tea after the service*

## WELCOME TO HOLY COVENANT

It is my prayer that you will find God's grace and peace with us today. A detailed parish information brochure is available at the sound desk alcove.

For your information today:

The **8 am service** uses a green prayer book and a red hymn book. The service assistant will tell us the **page** number for the green book and the **hymn** (not the page) number for the red book.

The **10 am service** has everything needed on PowerPoint. Some parts of the service like the Hymn of Praise and the Gloria are sung. The musical settings are available in a black plastic folder on the bookcase at the door of the church.

**COMMUNION** We are an Anglican community and share the common cup. If you would prefer not to (or you are not feeling well today) an intincting cup is available. Hold your wafer of bread and an assistant will bring the small cup to you.

Gluten free wafers are available. Please ask the priest distributing the breads.

God invites us **all** to share this holy meal. Regardless of your denomination (or none) you are welcome to participate. If you are uncomfortable with this, please come for a blessing.

You may like to light a candle in the **CHAPEL** at the back of the Worship Centre following communion.

**MORNING TEA** Following both services tea and coffee are served from the kitchen. Raisin toast (self-service) is also available. We love to have a chat. Please join us.

**TOILETS** are found through the door past the kitchen. A baby change area is located in the Disabled toilet. Please take all used nappies with you.

Parish Council are committed to a **safe work and meeting space**. If you have any issues with the physical

surroundings, please speak with a warden.

## EMERGENCY PROCEDURES

Emergency evacuation diagrams are displayed at the back and front of the Worship Centre.

First aid boxes are found in the kitchen. Please ask for help if you need it.

A **HEARING LOOP** is available. Sit anywhere in the church and have your hearing aid on the T setting.



## CHILDREN AND YOUNG

**PEOPLE** have their own groups during the 10 am service. The young people start in the service and go out with their leaders after the first hymn, returning to share communion with the whole community. You are welcome to stay with your child. Don't worry about missing the sermon 😊 it is recorded and available on the web page.

Our parish supports the work of **ST JOHN'S CARE**, a relief agency of St John's Church, Reid. Donations of non-perishable food can be placed in the basket found near the door of the church.

**GIFT-GIVING** Our church is self-supporting. Your donations will help us continue Jesus' work: a space to worship God, care for the vulnerable amongst us, teach and nurture our children and provide hospitality to the community.

During the third hymn a plate will be passed amongst the congregation. Please contribute as you are able.

Regular Holy Covenant worshippers may wish to give via direct debit to our bank account – Commonwealth Bank, Jamison, BSB: 062 907 Account: 802 588.

We are committed to ensuring our community is safe for all who worship or visit here. The Diocesan hotline number is 1800070511 if you have any concerns.

With God's blessings,

**Canon Margaret**, Rector

## FROM OUR RECTOR ...

Dear friends,

I write this very early in the morning. The birds are carolling, the sky is turning pink, the air has the hint of moisture that seems to promise all will be well today.

I think of the women all around the world who are walking miles to their local water sources. The trip there would be a social affair, with empty jars swinging, the women all chattering about their lives, their day ahead. Then the long wait as each one draws water, each one waits their turn.

The trip home is a very different trip. Singly, probably, as they have filled their buckets, concentrating now on the long walk with a precious, but very heavy, cargo that they take care not to spill. Water is indeed life.

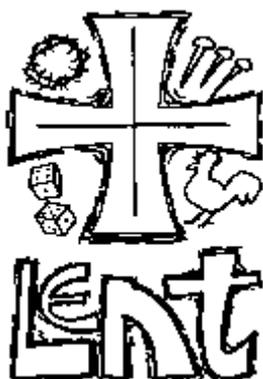
Why did the woman in today's story choose to get her water in the middle of the day? Much has been implied of her character over the centuries, much written into the story to give her a character that Jesus doesn't mention in the story.

Let's read this story without those implications, just as my introduction of how 'decent' women would travel together on this daily task. It is a lovely touch to the story, but its not there in scripture.

The power of this story is that both Jesus and the woman took a risk to go beyond social conventions. And the result of that encounter was that a whole community was transformed by the power of life promised at the well.

We have met Jesus. We have received the living water that he promised. Have we too taken risks beyond social conventions? Has our encounter brought our whole community to the well to receive as well?

Margaret



### OUR LENTEN JOURNEY CONTINUES THIS WEEK

**WEDNESDAYS: 7.30 pm to 9.00 pm**  
**FRIDAYS: 10.30 am to 12 noon**

**Lentwise: Spiritual essentials for real life**  
Led by Rob Maron in the Rainbow Centre

This week, the groups will read John 10:7-17 and discuss  
**Shelter: Finding Security**



## SOMETHING TO THINK ABOUT

### Lent 3 John 4: 5-42. The Woman at the Well

There is more going on here than a memorable and well-told story of a spirited encounter between Jesus and an anonymous woman who is so impressed that she goes off to tell her community: 'Come and see a man who told me everything I have ever done!' (We are told that many believe because of the woman's testimony.)

Obviously the gospel writer sees this story as a teaching opportunity. Some of the teaching is to be found in the content of what is being said, first to the woman and then, when they return from their excursion to buy food, to his disciples. In both instances Jesus moves from a literal to a metaphorical (sacramental) level. To the woman he says, 'If you knew... who it is that is saying to you, "Give me a drink," you would have asked him and he would have given you living water... Those who drink of the water that I will give them will never be thirsty.' Unsurprisingly she doesn't get it and asks how he will get this water without a bucket. She stays on the literal level – at least at first. Later in the conversation with his disciples who were urging him to eat, he tells them, 'I have food to eat that you don't know about.' Again they take him literally and wonder if someone has brought him food.

Another challenge to literal thinking was that neither Jerusalem where the Jewish temple was, nor Mt Gerizim, the holy place for Samaritans, was God's approved location: 'God is spirit, and those who worship must worship in spirit and in truth.' The living water flows out of human hearts, not temples, Jesus tells us.

It seems to me that while she enjoys this theological conversation, what really helps the woman in her growing recognition of Jesus as the Messiah was that he really *saw her* for who she was and neither rejected nor exploited her. Remarkably, she was not ashamed – despite her shady history – but marvelled and went off to tell her community, who then came to see for themselves.

In speaking to a woman of Samaria – let alone asking her for a drink – Jesus was crossing several boundaries. He was not only ignoring gender taboos but tribal ones as well, because Jews and Samaritans didn't fraternise, to put it mildly. Andrew Mayes (*Beyond the Edge: Spiritual Transitions for Adventurous Souls*) says that Jesus deliberately chose a route that would take him through Samaritan territory despite its being more treacherous and inhospitable in terms of terrain and the presence of brigands. Why did he do this when there were two other routes that were far more traveller-friendly? Mayes argues that Jesus wanted to challenge his disciples' stereotyping and prejudices by taking them through marginal, despised territory.

How does this story challenge us? Is our God too small? Are there people or places we despise? Are we too being challenged to a sacramental, contemplative way of seeing God in all things and all people?

Frances MacKay



## WORKING BEE

For the volunteers who helped at the working bee yesterday -



## Journeying to Britain April 2018

Margaret will be leading another blessed cathedral tour to the UK exploring our Christian heritage. 18 day adventure tour with an optional 3 day extension to Iona.

Cost: \$8390/person twin share for the 18 days includes return airfares to Sydney/Melbourne plus accommodation, breakfasts, dinners and extensive guided tours.

Visit Canterbury, Bristol, Nottingham, York, Durham and Edinburgh plus sites along the way.

To secure your place, register and pay \$500pp deposit before **14 April 2017**.

## COMMUNITY LUNCH Thursday 27 April 11.30 for 12 noon

You are invited to our first community lunch for this year. Please invite any others in our community, especially those who may feel isolated and may appreciate a nice lunch, some fellowship and a great keynote speaker.

**Cost: \$5.00**

We have sign up sheets for:

- Attending
- Offers of making slices (including gluten free)
- Able to assist at the lunch. **Penny needs helpers!**

We will be treated to a presentation by John McCaffrey about WW2. Tell your friends and relatives to share in the fellowship.



For catering purposes please register on the sign-up sheet(s). If you have any questions please call Penny Lilley ph 6251 2592.



## BIRTHDAYS THIS WEEK

Monday:	Hannah James
Tuesday:	Hugo Walker
Friday:	Andrew Feitz
Saturday:	Rhonda Thorpe (ends in a 'O')



*If you would like your name in the Birthday Book, tick the box on the permission form and place it in the purple box.*

## WITHIN THE PARISH

### WHO ARE OUR NEW COUNCILLORS?

Today we showcase one of our new Parish Councillors. Our first of the three new Councillors to share with us is **Joh Sheehan**. Joh was a member of our parish in the early nineties. After a stint elsewhere, Joh returned and has been worshipping at Holy Covenant since 2010.



We asked Joh three questions:

#### WHAT NOURISHES YOU?

Sharing good food and wine with friends, making a meaningful contribution to social health policy, spending time in nature be that my garden, the bush or watching a good sunset.

#### WHAT ARE YOUR PASSIONS?

Gardening, cooking the produce from my garden, promoting mental health and well-being.

#### WHAT DO YOU SEE AS YOUR ROLE ON PARISH COUNCIL?

To assist in caring for individuals within the parish and working with the Rector and Wardens to ensure a safe and healthy environment for everyone.

### Calling all **COOKS** We need your **CASSEROLES**

Our Casserole Bank is depleted and we need your help to restock the freezer. Please see Anne Ranse for containers or buy your own disposable rectangular boxes from the supermarket.



### Carpet Cleaning in the Worship Centre Wednesday 22 March

Please avoid coming into the Worship Centre on that day until the carpets are dry.

Entertainment books are now available to order online  
[www.netbook.com.au/247m23](http://www.netbook.com.au/247m23)



The cost is \$60 and Holy Covenant receives \$12 for each book we sell. If you order before launch date of Wednesday 29 March, you receive bonus vouchers. Contact Hilary Harris on 6251 8166 for more details or chat with other people who purchased a book last year. There is an example book to look at in the church (above the jams).

### HELLO FROM WALES

Dear Holy Covenant,

Finally here are some "Tales from Wales!"

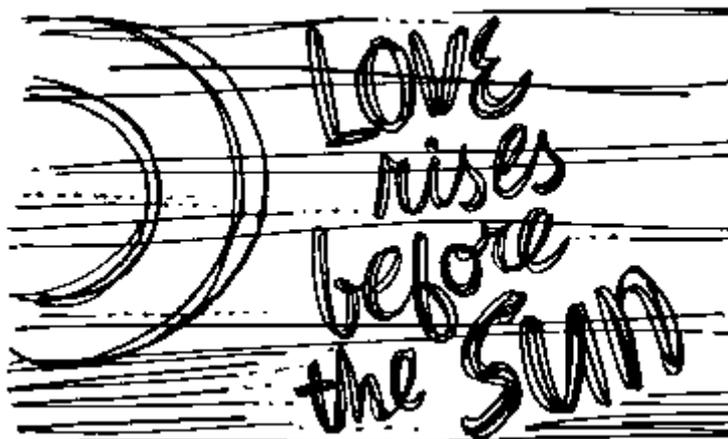
I'm having a great time and getting a lot done on my PhD. Gladstone's Library in Hawarden, North Wales is a great place to live and work. There is a steady flow of interesting people who come to the library and it has been great meeting different people and going to the pub (complete with locals and their dogs!), walks in the woods, plays and of course films! Chester is the closest major city and it is very pretty. On weekends I've been to London, Oxford, York, Manchester and Stratford Upon Avon which has been great. We had a writer's festival here at the library one weekend and I was able to show one of the films that I'm working on to two of the authors one evening. Most importantly some thesis is starting to emerge and I've got an early draft of two chapters and have written an article so that is satisfying. I've also had two weeks using libraries in Birmingham while staying with some friends in nearby Coventry which I enjoyed. I'm well acquainted now with UK trains and UK weather! Although to be fair - Spring is starting to appear and there are lots of daffodils.

Thinking of you as you enter into the Lenten Journey,

**Rev Katherine Rainger**

8 March 2017

(Ed.: Libby has kindly put together a collection of photos from Katherine and they are located on the notice board)



On the street I saw  
a naked child,  
hungry and  
shivering in the  
cold. I became  
angry and said to  
God, "Why do you  
permit this? Why  
don't you do something?"

For a while God  
said nothing. That  
night he replied,  
quite suddenly, "I  
certainly did  
something. I made  
you."

-from the Song of  
The Bird by Anthony  
De Mello

## ON THE NOTICE BOARD

- ◆ **As We Get Older What Are the Obstacles to Old Age & Let's Finish Life Well.** Presented by the Revd Dr Andrew Cameron (Director, St Mark's National Theological Centre). This seminar is open to people of all ages across churches and the community, **Sat 25 March**, 9.15am -12.30pm, \$10, St John the Baptist Anglican Church Reid Canberra. Contact person: Revd Canon Kevin Stone 0450 676 864 or [Kevin.stone@stjohnscanberra.org](mailto:Kevin.stone@stjohnscanberra.org)
- ◆ **Stations of the Cross exhibition**, 18-26 March, ACCC, Barton
- ◆ **Accommodation** needed for Christian single male.
- ◆ **Anglican Mothers Union—Lady Day Service** at 11am **Thurs 23 March**, All Saints Church Ainslie followed by morning tea in the hall. All welcome.
- ◆ **Suicide Prevention Training** conducted by Wesley LifeForce. **Tues 28 March** from 9am to 1pm.

### **Primary Wonder**

Days pass when I forget the mystery.  
Problems insoluble and problems offering  
their own ignored solutions  
jostle for my attention, they crowd its antechamber  
along with a host of diversions, my courtiers, wearing  
their colored clothes; cap and bells.

And then

once more the quiet mystery  
is present to me, the throng's clamor  
recedes: the mystery  
that there is anything, anything at all,  
let alone cosmos, joy, memory, everything,  
rather than void: and that, O Lord,  
Creator, Hallowed One, You still,  
hour by hour sustain it.

By Denise Levertov (1923–1997)

## Help us Close the Gap

I want to bring your attention to the health gap that exists in this country between Aboriginal and Torres Strait Islander People and non-indigenous Australians and encourage you to take action to create lasting change.

Did you know that Indigenous Australians can expect to live 10 – 17 years less than other Australians? Did you also know that babies born to Aboriginal mothers die at more than twice the rate of other Australian babies and that Aboriginal and Torres Strait Islander people experience higher rates of preventable illness such as heart disease, kidney disease and diabetes?

The 16<sup>th</sup> March was National Close the Gap Day. The day was launched in 2008 and aims “to bring people together, to share information — and most importantly — to take meaningful action in support of achieving Indigenous health equality by 2030.”

The National Close the Gap campaign is asking for:

- ♦ the implementation and monitoring of a comprehensive National Action Plan (developed in partnership with Indigenous communities and health organisations),
- ♦ meaningful partnerships between Indigenous and non-Indigenous communities and health services,
- ♦ improvements to Indigenous participation, control and delivery of health services,
- ♦ a commitment to provide adequate and long-term financial resources including strengthening of the Indigenous health workforce, and
- ♦ a way to address critical social issues that impact Indigenous health (including poor housing, nutrition, employment and education).

I encourage you all to think about how you might respond to the health gap experienced by Indigenous Australians. I note that almost 25% of the clients at St John's Care are Indigenous. You might like to visit the Close the Gap website at <https://act.oxfam.org/australia/close-the-gap-pledge> and sign the following pledge: I call on the Australian Government to honour their commitments and take immediate action to:

1. Provide adequate and long-term funding to Aboriginal Community controlled health services who are at the frontline of closing the gap;
2. Invest in real partnerships and empower Aboriginal and Torres Strait Islander organisations and communities around the planning and delivery of health service; and
3. Address critical social issues including housing, education and high incarceration rates that contribute to the health crisis affecting Aboriginal and Torres Strait Islander Peoples.

Last year, more than 150,000 people took part in 1596 separate National Close the Gap Day events across the country. This year, in conjunction with the Mental Health Foundation, St John's Care is holding a sausage sizzle at our emergency relief centre on Thursday 16<sup>th</sup> from 11am – 1.30pm. All are welcome to attend. (Sorry to those that are reading this after the event).

**Wish list:** poppers, small fruits (school snacks), biscuits, Vegemite.

**Stuart Davis-Meehan, Director**

*All Donations to St John's Care are Tax Deductible*



# PRAYER POINTS FOR WEEK

## IN THE WORLD

- ♦ Pray for Syrian children experiencing 'human devastation syndrome'.

## IN AUSTRALIA

- ♦ Pray for closing the health gap between Aboriginal and Torres Strait Islander People and non-indigenous Australians and give thanks for those leading the campaign in raising awareness to the issues.
- ♦ Pray for a success resolution to the gas/energy shortages being experienced.
- ♦ Give thanks for emergency services during the flash flooding in Sydney's west and other parts of New South Wales affected by lightning strikes and deluges.

## IN THE CHURCH

- ♦ The Churches in Hong Kong, Sierra Leone and The Congo.
- ♦ Dioceses of Perth, Rockhampton and Riverina.
- ♦ Mothers' Union.
- ♦ Shared ministry with our neighbouring Dioceses particularly Riverina and Bathurst - our Tri-Diocesan partners.
- ♦ Development of unity and cooperation in our Province and National Church.
- ♦ The Bush Church Aid in Coober Pedy and Roxby Downs.

## IN OUR PARISH AND COMMUNITY

- ♦ All members of our parish family including Peter and Ann Bazeos, Chris and Clare Bleijs, John and Kathryn Body and Graham Bonnett
- ♦ We pray for those in special need of prayer including Bev Barnes, Heather Campbell, Janet Williams, Andrew Grant and anyone known to us personally.

## COMMEMORATIONS:

Monday: Joseph, husband of the Blessed Virgin Mary

Saturday: The Annunciation to the Blessed Virgin Mary



## IN THE PARISH NEXT SUNDAY 26 March

**8.00 am**

### **HOLY COMMUNION**

Celebrant: Revd Canon Margaret Campbell  
Preacher: Revd Andrea de Vaal

**10.00 am**

### **HOLY COMMUNION, Children's Church & Youth Group**

Celebrant : Revd Canon Margaret Campbell  
Preacher: Revd Andrea de Vaal

# ROSTER TODAY

	8am	10am
<b>Sidespersons</b>	Tony Willis, Hilary Harris	Prue & Ken Wedgwood
<b>Readers</b>	Ian Sykes Rosemary Kennemore Anne Ranse	Dorothy Hurst Jayne Murray Neville Hurst
<b>Intercessor</b>	Robert Arthur	Mel Clark
<b>Organist</b>	Kath Arthur	Clare Lawlor
<b>Ministry of the Word</b>	Luc Rose	Anne Ranse
<b>Deacon</b>	Anne Ranse	Anne Ranse
<b>Cup</b>	Luc Rose Anne Ranse	Anne Ranse, Vera De Vere, Rob Maron, Neville Hurst Extra Bread: Anne Dudzinski
<b>Morning Tea</b>	Ann Menzies, Carol Sherman	Merri Bacon, Michael Allen
<b>Children's Church</b>		Mary, Karen, Anne Morning Tea: Phyl Holmes
<b>Counters</b>	Tony Willis, Rod Menzies	Reg Holmes, Neville Hurst
<b>Saturday 25 March</b>	Cleaning: Carol & Peter Sherman	Flowers: Nil during Lent

<b>Mon</b>	<b>20 Mar</b>	9.30 am	Rainbow Centre	Crafty Crew
		10.00 am	Worship Centre	Covenant Care
<b>Tues</b>	<b>21 Mar</b>	12.30 pm	Worship Centre	Meditation
<b>Wed</b>	<b>22 Mar</b>	9.30 am	Worship Centre	Tai Chi
		12 noon	Worship Centre	Holy Communion and BYO Lunch
		2.00 pm	Worship Centre	Ever Active Exercise Class
		6.00 pm	Rainbow Centre	Meditation
		7.30 pm	Rainbow Centre	Lenten Book Discussion
<b>Thurs</b>	<b>23 Mar</b>	9.30 am	Rainbow Centre	Scrabble
		1.00 pm	HCN Office	Wellness Clinic (by appt.)
		7.30 pm	Rainbow Centre	EfM
<b>Fri</b>	<b>24 Mar</b>	10.00 am	Worship Centre	Playgroup
		10.30 am	Rainbow Centre	Lenten Book Discussion

<b>Mon</b>	<b>27 Mar</b>	10.00 am	Worship Centre	Covenant Care
		10.00 am	Kangara Waters Care Cntr	Communion Service
		1.30 pm	Calvary Retirement Village	Communion Service
<b>Tues</b>	<b>28 Mar</b>	12.30 pm	Worship Centre	Meditation
<b>Wed</b>	<b>29 Mar</b>	9.30 am	Worship Centre	Tai Chi
		12 noon	Worship Centre	Holy Communion and BYO Lunch
		2.00 pm	Worship Centre	Ever Active Exercise Class
		6.00 pm	Rainbow Centre	Meditation
		7.30 pm	Rainbow Centre	Lenten Book Discussion (final)
		7.30 pm	Rainbow Centre	Parish Council meeting
<b>Thurs</b>	<b>30 Mar</b>	9.30 am	Rainbow Centre	Scrabble
		1.00 pm	HCN Office	Wellness Clinic (by appt.)
		7.30 pm	Rainbow Centre	EfM
<b>Fri</b>	<b>31 Mar</b>	10.00 am	Worship Centre	Playgroup
		10.30 am	Rainbow Centre	Lenten Book Discussion (final)

## IN THE SERVICE

### READINGS:

Exodus 17:1-7  
 Psalm sung -TIS 52  
 Romans 5:1-11  
 John 4:5-42

### HYMNS

569  
 25  
 585  
 665



### COLLECT

Loving God,  
 you offer us the water of life.  
 We turn to you in trust,  
 knowing that your faithful provision  
 can fulfil all our needs.  
 May our gratitude impel us out  
 to share the good news of new life  
 with other thirsty people.  
 In Jesus name we pray.

AMEN



## MINISTRY TEAM

<b>RECTOR</b>	<b>Revd Canon Margaret Campbell</b> 0417 423 472	E: rector@holycovenant.org.au Day off: Monday HC Office: 9.30am-4.30pm (T,W,Th)
<b>HONORARY PRIEST</b>	<b>Revd Anne Dudzinski</b> 0413 994 739; 6278 6087	E: annedudzinski@optusnet.com.au
<b>HONORARY PRIEST</b>	<b>Revd Connie Gerrity</b> 0429 423 725	E: connie@gerrity.id.au
<b>HOLISTIC CARE NURSE</b>	<b>Archdeacon Anne Ranse</b> 0406 379 599	E: nurse@holycovenant.org.au Day off: Tuesday
<b>HONORARY DEACON</b>	<b>Revd Susan Joy Nevile</b> 0431 133 852	E: susanjoyn@gmail.com
<b>CHILDREN'S WORKER</b>	<b>Elle Platt</b> 0434 960 967	E: children@holycovenant.org.au
<b>YOUTH LEADERS</b>	<b>Elle Platt</b> 0434 960 967 <b>Jerry Platt</b> 0466 661 860	E: youth@holycovenant.org.au

## PARISH DIRECTORY

<b>PARISH OFFICE</b> Open 10 am - 2 pm Tuesday to Thursday	<b>Libby Warren (Administrator)</b> 89 Dexter Street, Cook, ACT 2614 PO Box 98, Jamison, ACT 2614 Tel: 6251 6100	E: office@holycovenant.org.au Web Page: http://holycovenant.org.au
<b>WARDENS</b>	<b>Kathryn Body</b> 0403 500 882 <b>Nic Platt</b> 6251 6170	<b>Carol Kubanek</b> 0405 319 556
<b>PRAYER VINE</b>	<b>Merri Bacon</b> 6251 1110	E: prayervine@holycovenant.org.au
<b>WEEKLY BULLETIN</b>	The Editor	E: weeklybulletin@holycovenant.org.au