

# HOLY COVENANT ANGLICAN CHURCH JAMISON

*To grow in Christ together, to equip for service, to care for all.*

EASTER DAY – 16 APRIL 2017

## CHRIST IS RISEN



*But the angel said to the women, 'Do not be afraid; I know that you are looking for Jesus who was crucified. He is not here; for he has been raised...' So they left the tomb quickly with fear and great joy, and ran to tell his disciples. (Matthew 28. 5,8)*

*"Don't give in to your fears. If you do, you won't be able to talk to your heart." Paulo Coelho (The Alchemist)*

*Reflect on how fear holds you captive. Invite the risen Christ to set you free.*

### IN THE PARISH TODAY

- |                 |   |
|-----------------|---|
| <b>6.00 am</b>  | <b>SERVICE OF LIGHT</b><br>Celebrant and Preacher: Revd Canon Margaret Campbell |
| <b>8.00 am</b>  | <b>HOLY COMMUNION</b><br>Celebrant and Preacher: Revd Canon Margaret Campbell   |
| <b>10.00 am</b> | <b>HOLY COMMUNION</b><br>Celebrant and Preacher : Revd Canon Margaret Campbell  |

*Please join us for morning tea after the services and  
celebrate Easter*

## WELCOME TO HOLY COVENANT

It is my prayer that you will find God's grace and peace with us today. A detailed parish information brochure is available at the sound desk alcove.

For your information today:

The **8 am service** uses a green prayer book and a red hymn book. The service assistant will tell us the **page** number for the green book and the **hymn** (not the page) number for the red book.

The **10 am service** has everything needed on PowerPoint. Some parts of the service like the Hymn of Praise and the Gloria are sung. The musical settings are available in a black plastic folder on the bookcase at the door of the church.

**COMMUNION** We are an Anglican community and share the common cup. If you would prefer not to (or you are not feeling well today) an intincting cup is available. Hold your wafer of bread and an assistant will bring the small cup to you.

Gluten free wafers are available. Please ask the priest distributing the breads.

God invites us **all** to share this holy meal. Regardless of your denomination (or none) you are welcome to participate. If you are uncomfortable with this, please come for a blessing.

You may like to light a candle in the **CHAPEL** at the back of the Worship Centre following communion.

**MORNING TEA** Following both services tea and coffee are served from the kitchen. Raisin toast (self-service) is also available. We love to have a chat. Please join us.

**TOILETS** are found through the door past the kitchen. A baby change area is located in the Disabled toilet. Please take all used nappies with you.

Parish Council are committed to a **safe work and meeting space**. If you have any issues with the physical

surroundings, please speak with a warden.

## EMERGENCY PROCEDURES

Emergency evacuation diagrams are displayed at the back and front of the Worship Centre.

First aid boxes are found in the kitchen. Please ask for help if you need it.

A **HEARING LOOP** is available. Sit anywhere in the church and have your hearing aid on the T setting.



## CHILDREN AND YOUNG

**PEOPLE** have their own groups during the 10 am service. The young people start in the service and go out with their leaders after the first hymn, returning to share communion with the whole community. You are welcome to stay with your child. Don't worry about missing the sermon 😊 it is recorded and available on the web page.

Our parish supports the work of **ST JOHN'S CARE**, a relief agency of St John's Church, Reid. Donations of non-perishable food can be placed in the basket found near the door of the church.

**GIFT-GIVING** Our church is self-supporting. Your donations will help us continue Jesus' work: a space to worship God, care for the vulnerable amongst us, teach and nurture our children and provide hospitality to the community.

During the third hymn a plate will be passed amongst the congregation. Please contribute as you are able.

Regular Holy Covenant worshippers may wish to give via direct debit to our bank account – Commonwealth Bank, Jamison, BSB: 062 907 Account: 802 588.

We are committed to ensuring our community is safe for all who worship or visit here. The Diocesan hotline number is 1800070511 if you have any concerns.

With God's blessings,

**Canon Margaret**, Rector

Dear friends,

**EASTER**

Bless this day  
When light returns,  
Love astounds,  
Life prevails

Bless the grieving,  
The lonely,  
The hungry.  
Hope is reborn.

Bless the young ones  
And the old.  
Bless the enemies  
And those despised.

Bless this world,  
Gripped by violence.  
Peace returns.

God makes a way  
Where there was no way.  
Christ has risen.  
Alleluia.

Margaret



## SOMETHING TO THINK ABOUT

### MATTHEW 28:1-10

#### HE IS RISEN .....ALLELUIA!

When I read this passage of scripture from Matthews's account of the resurrection of Jesus so much jumps out at me. Lines like 'he is going ahead of you' and 'suddenly Jesus met them and said greetings.' These lines remind me of life's spiritual journey. The sudden realisation of who Jesus is when we became Christians and the fact that throughout our lives Jesus is always there, always going ahead of us preparing the way. This account of the resurrection is full of assurance and hope and trust for us all throughout the ages and into the future. How magnificent it is to worship a living God. I recall several years ago spending a week in the Ignatius Spirituality Centre in Kew in Melbourne. All about me within the centre is the Ignatius spirituality expressed in art and many crucifixes in various shapes and forms decorated the walls. Every time I looked at one of the crucifixes I found myself reflecting on the suffering of Christ on Good Friday and it wasn't until I saw, standing all alone a large plain wooden cross, empty of the Christ that I had a great sense of freedom and liberation. As I stood looking at the cross I thought of the promises Jesus made:

I will never leave you.  
I will rise again.  
This promise is for you and your children.

God has done what he promised.

You can almost see Jesus standing outside the empty tomb fist punching the air and his voice shouting an almighty YES! It's so true, isn't it, that the resurrection of Christ is the Amen to all his promises.

This Easter in a troubled world may we see the risen Christ more and more.

Blessings  
Archdeacon Anne



## WITHIN THE PARISH

### COMMUNITY LUNCH Thursday 27 April 11.30 for 12 noon

You are invited to our first community lunch for this year. Please invite any others in our community, especially those who may feel isolated and may appreciate a nice lunch, some fellowship and a great keynote speaker.

**Cost: \$5.00**

We have sign up sheets for:

- Attending
- Offers of making slices (including gluten free)
- Able to assist at the lunch. **Penny needs helpers!**

We will be treated to a presentation by John McCaffrey about WW2. Tell your friends and relatives to share in the fellowship.



For catering purposes please register on the sign-up sheet(s). If you have any questions please call Penny Lilley ph 6251 2592.

### SAVE THE DATES

- # Thurs 27 April - Community Lunch
- # Sat 20 May - Covenant Care garage sale, coffee & cake
- # Frid 26 May - **Women's Dinner**
- # Sat 27 May - SJC collection at Jamison Centre
- # Sat 22 July - Parish Dinner
- # 13 to 15 October - Retreat at Galong
- # Sat 28 October - Mini fete and plant sale



Please remember that our facilities are often used by outside groups. Accordingly, please contact Paul Shelley (E: [epshms@grapevine.com.au](mailto:epshms@grapevine.com.au)) or the Parish Administrator before planning an event.

### OFFICE CLOSURE

Office will be closed 18 to 20 April while Libby is on leave.

**THANK YOU** to all those who led us on our Lenten journey and to the Rainbow Fellowship for making the Palm crosses.



## Advance Notice "SHARING OUR STORY"

Would you like to expand your understanding of indigenous culture and identity? "Sharing our Story" is a four-episode DVD resource developed by Australians Together, a Christian organisation dedicated to promote understanding between Indigenous and non-Indigenous Australians. This is an opportunity to listen to Indigenous stories and to explore our responses to them in group discussion.

We also hope to have an Indigenous person come and speak at one of the sessions.

Facilitator: Anne Mc Dowell

Wednesday evenings, 7.30pm-9pm, Rainbow Centre, 3 - 24 May

Friday mornings, 10.30am – 12pm, Rainbow Centre, 12 May – 2 June.



Do you hold a current First Aid Certificate or have you completed specific components of First Aid Training, ie the stroke workshop held at Holy Covenant last year? Would you be willing to be identified as a volunteer First Aid Officer in the Parish? If you have the qualifications and would be willing to undertake this important role, please email Joh Sheehan [jesheehan@comcen.com.au](mailto:jesheehan@comcen.com.au) and identify the qualifications you have.



## Notice the new Electronic Keyboard/Organ?

We are asking for **Donations** to cover the cost of this lovely instrument.

There is a plate at the back to receive your gift.

If donating electronically please code 'keyboard' in the descriptor (bank details on page 3 of this bulletin).

## BIRTHDAYS THIS WEEK

Tuesday  
Saturday

Isabel Jokisch  
Ethan Gumbrell



*If you would like your name in the Birthday Book, tick the box on the permission form and place it in the purple box.*

### Covenant Care

Palliative Care's involvement with Covenant Care finishes on 10 April and negotiations are underway to bring Covenant Care under the umbrella of Holy Covenant and the Holistic Care Nursing program.

Funding for Covenant Care will continue until October. Options for funding and grants will be explored to ensure this valuable

### Please note all kitchen users

A **Bokashi** system has been set up to collect and process all kitchen waste before adding to the compost bins - a great source of nutrients for the garden.

A white enamel pot is located on the bench to the left of the main kitchen sink to collect the waste. Coffee grains, fruit and vegetable peelings, plate scrapings, bread crusts, as well as fresh and cooked fish and meat scraps but no MEAT bones please. A wire strainer for the coffee grains clearly marked 'Compost only' is hanging beneath the sink. Judith Ann Daniells will look after the Bokashi bin, but users of the kitchen are asked to put the waste into the enamel pot when cleaning up please.

### ON THE NOTICE BOARD

- ♦ **Kippax Uniting Church Holiday Happenings** 17 April.
- ♦ **Barnabas Fund Australia.**
- ♦ **Christians for an Ethical Society**, 2017 Forum Series on Seeking our Moral Compass, **Wed 19 April** 7.30pm at ACCC - speaker Andrew Leigh - The Politics of Love.
- ♦ **CMS Missionaries** need a **home** for family of 5 from mid June to end of July.
- ♦ **Safe Sheltering Volunteering**, next induction course 18-19 April.
- ♦ **Concerned Catholics —"Where to from here?"** ACCC 27 April
- ♦ **Oriana Chorale**, 5pm 22 April.

### Barnabas Fund

Please give an Easter gift to the Project Joseph to feed Christians in Africa. Barnabas Fund Australia Limited is a Charitable Institution, however gifts are not Tax Deductible .  
ABN 70 005 572 485



AND ...

YOU'D BE WELCOME AT . . . .

## TAI CHI

**Wednesdays 9.30—10.30am**

There are beginners and folk who have been doing Tai Chi for years and help is given. No one is the teacher although there are 3 ex-teachers in the group. Simply turn up or contact Gillian 6253 1058.

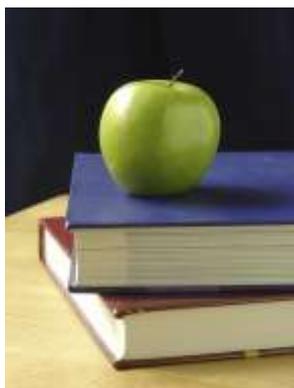


## EVER ACTIVE EXERCISE CLASS

**Wednesdays 2 - 3pm.** Conducted by the YMCA. \$10 per class. The classes are held in the church and are aimed at ages 60+. Simply turn up, or contact parish office on 6251-6100

## SCRABBLE - Thursdays 9.30am.

A friendly mixed group with players of a range of skills. In the Rainbow Centre. All equipment and morning tea provided. \$1 per morning. Coaching also available. Just turn up or contact Gillian 6253-1058 or Helen 6251-2078.



## JAMISON BOOK CLUB

**First Thursday of each month** at 2pm in the Rainbow Centre. Books available from the Belconnen Library Service and own choices for scheduled meetings. 50c per meeting. Contact Gillian 6253-1058 or Libby 6251-1845.

# FROM ST JOHN'S CARE



GPO Box 219  
Canberra City ACT 2601  
Ph: 02 6248 7771  
director@stjohnscare.org.au  
ABN: 40 172 941 355

Hello!

My name is James Chesworth. I am a Tuesday Volunteer at St John's Care, but for the next month I am acting in Rhonda Thorpe's role as Operations Manager.

I must say, taking on this role, has only added to my love of working here. The diversity of issues that one encounters as Operations Manager each day are vast and unending. I found that I have been able to use skills that I had had forgotten I had, or hadn't used for many years, to assist the clients of St John's Care.

This past week, among many other things:

- \* I helped a client find and fill in the forms to lodge an application with the ACT Administrative Tribunal (ACAT); and
- \* I renegotiated a Telstra contract for a customer, receiving an \$860 refund for her.

It would have been much easier just to have provided some food and a little financial assistance and sent the client on their way. The clients would have left feeling they had been supported and appreciated what we were able to provide.

But it isn't until we take the opportunity to chat with our clients, to dig a little deeper, that we realise that there are other opportunities, other types of assistance that might be more valuable to a client.

The above are examples of where I did not need to provide any direct financial assistance. The clients had been assisted in such a way, that I had removed a huge emotional burden for them both. This, to them, provided for the first time, on their specific issue, a little freedom from the feeling of being used and taken advantage of.

These two examples for me were very rewarding as the clients individually had attempted to rectify their issues themselves, but did not understand what help was available or how to motivate a large corporate company to play ball. For me it has shown that we do not always have to jump to the conclusion that providing financial assistance is the first or best option.

Given that over the last couple of months, St Johns Care has been assisting nearly 60-70% more clients than the average, and given that we are so low on so many food stocks, it is a great reminder that we can manage adversity in different ways.

I am very appreciative to the volunteers that brought these two clients to my attention. They are great examples of our volunteers' continued desire to provide a hand up, as well as a hand out, to anyone who walks into our office. I am also so thankful for the continued support of our donors, because currently, every grocery item we receive is given away almost immediately.

**Wish list: pasta sauce, cereal, school lunch items, toothpaste and toothbrushes.**

**James Chesworth  
Operations Manager (Acting)**



# PRAYER POINTS FOR WEEK

## IN THE WORLD

- ◆ We pray that peace will prevail, bringing people of various cultures, faith traditions and political ideals together as one united global heart and mind. May we focus on our mutual desire to serve, create and manifest true peace on earth while transcending our differences and celebrating our common humanity.



## IN AUSTRALIA

- ◆ We pray for good governance in all areas of our political life, that fairness for all may be the overriding principal in decision-making.

## IN THE CHURCH

- ◆ Diocese of Newcastle: Bishop Greg Thompson, Asst. Bishop Peter Stuart, Clergy and People.
- ◆ The clergy and people in the parishes of St. George's Anglican Life Centre Pearce; St. Stephen's Kambah; St. Matthew's Wanniassa; Lanyon Valley Anglican Church and St Mary-in-the-Valley, South Tuggeranong.
- ◆ Calwell Neighbourhood Centre.
- ◆ Anglicare Children's Services Centres at Calwell and Gordon.
- ◆ Anglicare activities in partnership with parishes and with government: child care, foster care, young people and families; for staff and volunteers in regional offices and in Goulburn; for clients, and for Anglicare Appeals.

## IN OUR PARISH AND COMMUNITY

- ◆ We pray for all those who worship with us today. May the light and promise of Jesus' resurrection shine forth in our lives.
- ◆ We pray for all members of our parish family including Ursula Conan– Davies, Allison and Mark Cooper-Stanbury, Judith Ann Daniells, Lou Daniels, Steve Daniels.
- ◆ We pray for those in special need of prayer including Bev Barnes, Heather Campbell, Janet Williams, Andrew Grant and anyone known to us personally.

### IN THE PARISH NEXT SUNDAY 23 April

**8.00 am**

**HOLY COMMUNION**

Celebrant and Preacher: Revd Canon Margaret Campbell

**10.00 am**

**HOLY COMMUNION**

Celebrant and Preacher : Revd Canon Margaret Campbell

## ROSTER TODAY

	6am	8am	10am
<b>Sidespersons</b>	Jennifer Collier, Tony Willis	Carol and Peter Sherman	Prue and Ken Wedgwood
<b>Readers</b>	Tony Willis Jennifer Collier Susan Joy Nevile	Rosemary Kennemore Rhonda Thorpe Anne Ranse	Tobias Neville Jayne Murray Anne Ranse
<b>Intercessor</b>	Paul Shelley	Merrie Hepworth	Anne Dudzinski
<b>Organist</b>	Heather Shelley	Mandy Squair	Jerry Platt
<b>Ministry of the Word</b>	Steve Daniels	Rhonda Thorpe	Jon Sheehan
<b>Deacon</b>	Susan Joy Nevile	Anne Ranse	Anne Ranse
<b>Cup</b>	Steve Daniels, Susan Joy Nevile	Rhonda Thorpe, Anne Ranse	Anne Ranse, Vera de Vere, Leo Wimmer, Phyl Holmes Extra bread: Anne Dudzinski
<b>Morning Tea</b>		Mary Lynn Mather, Jocelyn Kirkland	Merri Bacon, Rika Amos
<b>Children's Church</b>			In recess
<b>Counters</b>		Tony Willis, Robert Arthur	Martin Lange, Simon De Vere
<b>Saturday 22 April</b>		Cleaning: Platt Family	Flowers: Phyl Holmes

## FORTNIGHT AHEAD

<b>Tues</b>	<b>18 Apr</b>	12.30 pm	Worship Centre	Meditation
<b>Wed</b>	<b>19 Apr</b>	9.30 am	Worship Centre	Tai Chi
		12 noon	Worship Centre	Holy Communion and BYO Lunch
		2.00 pm	Worship Centre	Ever Active Exercise Class
		6.00 pm	Rainbow Centre	Meditation
		9.30 am	Rainbow Centre	Scrabble
<b>Thurs</b>	<b>20 Apr</b>	1.00 pm	HCN Office	Wellness Clinic (by appt.)
			Rainbow Centre	EfM (in recess)
<b>Fri</b>	<b>21 Apr</b>		Worship Centre	Playgroup (in recess)
<b>Mon</b>	<b>24 Apr</b>	10.00 am	Worship Centre	Covenant Care
		1.30 pm	Calvary Retirement Village	Communion Service
<b>Tues</b>	<b>25 Apr</b>		Anzac day	
<b>Wed</b>	<b>26 Apr</b>	9.30 am	Worship Centre	Tai Chi
		12 noon	Worship Centre	Holy Communion and BYO Lunch
		2.00 pm	Worship Centre	Ever Active Exercise Class
		7.30 pm	Rainbow Centre	Parish Council Meeting
<b>Thurs</b>	<b>27 Apr</b>	9.30 am	Rainbow Centre	Scrabble
		11.30 am	Worship Centre	Community Lunch
		1.00 pm	HCN Office	Wellness Clinic (by appt.)
<b>Fri</b>	<b>28 Apr</b>	10.00 am	Worship Centre	Playgroup

## IN THE SERVICE

### READINGS:

Acts 10: 34-43  
 Hymn to the Risen Christ  
 (APBA p6)  
 Colossians 3: 1-4  
 Matthew 28:1-10

### HYMNS

361  
 383  
 485 (no creed)  
 372  
 376

### COLLECT

Risen Christ,  
 we come with songs of joy and words of praise  
 for your powerful love and life-giving grace.  
 Like Mary, who searched in the garden,  
 Like those first disciples  
 who ran to your empty tomb,  
 transform our doubts into faith  
 that we might be a resurrection community,  
 revealing your loving presence  
 for all the world to see.

In Jesus' name we pray. **Amen.**



## MINISTRY TEAM

<b>RECTOR</b>	<b>Revd Canon Margaret Campbell</b> 0417 423 472	E: rector@holycovenant.org.au Day off: Monday HC Office: 9.30am-4.30pm (T,W,Th)
<b>HONORARY PRIEST</b>	<b>Revd Anne Dudzinski</b> 0413 994 739; 6278 6087	E: annedudzinski@optusnet.com.au
<b>HONORARY PRIEST</b>	<b>Revd Connie Gerrity</b> 0429 423 725	E: connie@gerrity.id.au
<b>HOLISTIC CARE NURSE</b>	<b>Archdeacon Anne Ranse</b> 0406 379 599	E: nurse@holycovenant.org.au Day off: Tuesday
<b>HONORARY DEACON</b>	<b>Revd Susan Joy Nevile</b> 0431 133 852	E: susanjoyn@gmail.com
<b>CHILDREN'S WORKER</b>	<b>Elle Platt</b> 0434 960 967	E: children@holycovenant.org.au
<b>YOUTH LEADERS</b>	<b>Elle Platt</b> 0434 960 967 <b>Jerry Platt</b> 0466 661 860	E: youth@holycovenant.org.au

## PARISH DIRECTORY

<b>PARISH OFFICE</b> Open 10 am - 2 pm Tuesday to Thursday	<b>Libby Warren (Administrator)</b> 89 Dexter Street, Cook, ACT 2614 PO Box 98, Jamison, ACT 2614 Tel: 6251 6100	E: office@holycovenant.org.au Web Page: <a href="http://holycovenant.org.au">http://holycovenant.org.au</a>
<b>WARDENS</b>	<b>Kathryn Body</b> 0403 500 882 <b>Nic Platt</b> 6251 6170	<b>Carol Kubanek</b> 0405 319 556
<b>PRAYER VINE</b>	<b>Merri Bacon</b> 6251 1110	E: prayervine@holycovenant.org.au
<b>WEEKLY BULLETIN</b>	<b>Wendy Elkhuisen</b>	E: weeklybulletin@holycovenant.org.au