



HOLY COVENANT ANGLICAN CHURCH JAMISON

To grow in Christ together, to equip for service, to care for all

WEEKLY BULLETIN

3 September 2017

**Thirteenth Sunday
after Pentecost**



We offer a special welcome to visitors and pray that you will feel at home in our community.

You are warmly invited to share Communion with us, either by drinking from or dipping the wafer in the chalice, or to come forward for a blessing.



Please join us for morning tea after the services.

TODAY IN THE PARISH

- | | |
|-----------------|--|
| 8.00 am | HOLY COMMUNION
Celebrant and Preacher: The Revd Sandie Kaine |
| 10.00 am | FAMILY SERVICE
Celebrant: The Revd Sandie Kaine |
| 3.00 pm | Being Christ's Body |
| 3.30pm | Rainbow Fellowship |

WELCOME TO HOLY COVENANT

It is my prayer that you will find God's grace and peace with us today. A detailed parish information brochure is available at the sound desk alcove.

For your information today:

The **8 am service** uses a green prayer book and a red hymn book. The service assistant will tell us the **page** number for the green book and the **hymn** (not the page) number for the red book.

The **10 am service** has everything needed on PowerPoint. Some parts of the service like the Hymn of Praise and the Gloria are sung. The musical settings are available in a black plastic folder on the bookcase at the door of the church. During the third hymn a plate will be passed amongst the congregation. Please contribute as you are able.

COMMUNION We are an Anglican community and share the common cup. If you would prefer not to (or you are not feeling well today) an intincting cup is available. Hold your wafer of bread and an assistant will bring the small cup to you.

Gluten free wafers are available. Please ask the priest distributing the breads.

God invites us **all** to share this holy meal. Regardless of your denomination (or none) you are welcome to participate. If you are uncomfortable with this, please come for a blessing.

You may like to light a candle in the **CHAPEL** at the back of the Worship Centre following communion.



TOILETS are found through the door past the kitchen. A baby change area is located in the Disabled toilet. Please take all used nappies with you.

CHILDREN AND YOUNG PEOPLE have their own groups during the 10 am service. The young people start in the service and go out with their leaders after the first hymn, returning to share communion with the whole community. You are welcome to stay with your child.

Don't worry about missing the sermon 😊 it is recorded and available on the web page.

We are committed to ensuring our community is safe for all who worship or visit here. The Diocesan hotline number is 1800070511 if you have any concerns.

With God's blessings,
Canon Margaret, Rector



We welcome the Reverend Sandie Kaine to our Services this morning. Sandie provided the following to introduce herself.

In the past, I have been Assistant Chaplin at Canberra Hospital, performed locum duties at All Souls' Chapman for six months and am on the clergy team at St Paul's Manuka. I have two children who live interstate and travel a lot to see them and also travel overseas for vacations. My hobbies are walking, attending concerts and operas and skiing (which I don't do very well).

SOMETHING TO THINK ABOUT

Matt. 16: 21-28; Romans 12:9-21. What does it mean to take up our cross?

Last week Archdeacon Anne wrote about Jesus' human desire to be seen for who he really is. 'Who do people say that I am?' he asks. And Peter obliges in a moment of profound inspiration, 'You are the Messiah, the son of the living God.' Peter apparently 'gets' Jesus. Or does he? And we need to ask, do we?

In today's reading Jesus tells his disciples of his coming ordeal at the hands of the religious authorities – how he will be killed and on the third day raised. Now we know the story, but imagine how this must have been heard by the disciples. Peter with his usual impulsiveness cries, 'God forbid it, Lord. This mustn't ever happen to you.' Of course, he shrank from such things happening to the one he loved and for whom he had left everything behind. But did his response also spring from the shock of having his dream of being on the winning team shattered? After all, if Jesus were the Messiah, delivering his people from Roman oppression... And hadn't he just said that they were to be given the keys of the kingdom? And now he is talking execution ...

And what about Jesus' response, 'Get behind me, Satan'? Could it be that Peter is mirroring the part of him that shrinks from what lies ahead? After all, later in the Garden of Gethsemane, when what is foretold here has become an immediate reality, he prays, 'If it be possible, let this cup pass from me.' At any rate, he goes on to tell them that there is no place for personal power and ambition on his team. Instead, they are to deny themselves and take up their cross and follow him (v.24).

It makes you wonder, doesn't it? At least it does me. What does it mean to take up our cross, or to lose our life to find it? Am I really a follower of Christ? Romans 12: 9-21 tells us that the marks of a true Christian are genuine love, compassion and forgiveness. This is not just a cosmetic makeover or a self-help project – much less the illusion of being holier than others. To be genuine, these core qualities require us to respond to the divine invitation to deal with our shadow side rather than to project it on others. This often means acknowledging our hurt, our sense of betrayal, at the same time being willing to undergo a journey of healing and forgiveness. We may then get in touch with our own need for forgiveness that has been hidden under a sense of injury or entitlement. Perhaps this is part of what it means to carry our own cross.

What might all this mean for us as individuals, as a community and as members of the global village?

- Frances MacKay



THIS WEEK IN THE PARISH

Monday 04.09.17	10.00 am	Worship Centre	Covenant Care
Tuesday	12.30 pm	Worship Centre	Meditation
Wednesday 06.09.17	9.30 am 12.30 pm 2.00 pm 6.00 pm	Worship Centre Worship Centre Worship Centre Rainbow Centre	Tai Chi Holy Communion and BYO Lunch Ever Active Exercise Class Meditation
Thursday 07.09.17	9.30 am 1.00 pm	Rainbow Centre HCN Office	Scrabble Wellness Clinic (by appt.)
Friday 08.09.17	10.00 am	Worship Centre	Playgroup

SAME SEX MARRIAGE CONVERSATIONS

Feeling overwhelmed and confused by the conversation about same-sex marriage?

The locum, Wayne Brighton, will be holding a conversation series about same-sex marriage called *Being Christ's Body* starting with an introductory overview at **3pm today**. The series aims to help Christians talk about their views in ways where everyone gets to feel safe, respected and valued. You might find the series helpful as you try to understand what matters and why.

Depending on interest, the series will run on Sunday afternoons on September 17, 24 and October 15, 22 and 29.

The resources and Bishop Stuart's pastoral letter may be downloaded from the links below. Sign-up sheets are on the bulletin board.

Being Christ's Body: a conversation series about same-sex relationships, marriage and the church <http://www.anglicancg.org.au/data/BCBRelease1CompleteFINAL.compressed.pdf>

Bishop Stuart's pastoral Letter (17 August 2017)

[http://www.anglicancg.org.au/data/Bishops_Office/Pastoral_Letter - Aust Marriage Law Postal Survey 2017 08 17.pdf](http://www.anglicancg.org.au/data/Bishops_Office/Pastoral_Letter_-_Aust_Marriage_Law_Postal_Survey_2017_08_17.pdf)

Calling all gardeners!!

Time to start taking cuttings for the plant stall at our mini-fete on 28 October.

MORNING TEA ROSTER

In the absence of a co-ordinator, we are all invited to take a turn to make the tea and coffee after the Services. Please put your name on the sign-up sheet on a day that is convenient for you.

IN THE PARISH



BREATHING SPACE BOOK SERIES

What Do You Seek? The Questions of Jesus as Challenge and Promise

by Michael Buckley.

Are you ready for a challenge? Michael Buckley claims that Jesus asks questions that unsettle and challenge and cut to the heart of human experience. This is an opportunity to come together to share our responses to a different question from John's gospel each week.

You will need to purchase the book. (Cost \$20). Please indicate on sign-up sheet if you want one of the copies Anne has ordered.

When and Where: Wednesday evenings in the Rainbow Centre, 7.30-9pm
September 6, 13, 20, (not 27) October 4, 11, 18.

Facilitator: Anne Dudzinski.

MEN'S DINNER

Friday 15 September 2017

7 pm start, Rainbow Centre,
cost \$20,

There is a sign-up sheet on the
board.

Enquiries to Nic Platt 6251 6170
Em: npl83461@dodo.com.au



The sale of Entertainment books , both hard copy and digital raised \$468 for the parish. -Well done and thank you Hilary.

Don't forget to read your book regularly so you know what's available.

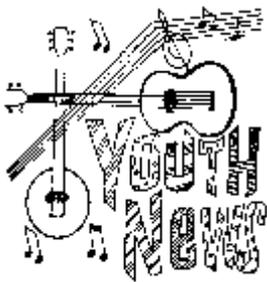
MAKING RECONCILIATION REAL

Reconciliation with Aboriginal people is something that everyone can share. Join us for an evening with Bob Slookee from Australians Together and people from parishes from across northern Canberra to talk about how we can make reconciliation real.

The evening will be led by the Public Issues Commission and held in the worship centre,

Thursday 14 September from 7.30pm There is a sign-up sheet on the board.

IN THE PARISH



There will be a retiring collection **today** towards 'Synergy Youth and Children,' Synergy is run by the diocese, and supports Anglican children and youth groups. They are also responsible for coordinating Camp Pelican.

A note about our sponsorship:

In March, our sponsorship of Songezo, a boy from Umzhimkhulu in South Africa came to an end. World Vision told us that Umzhimkhulu no longer needs our help. 91% of children are in school and 33 new water tanks have been installed in the community, providing nearly 1500 people with fresh water. 75% of families also have vegetable gardens, which both boost child nutrition and provide small incomes for families.

After some searching, the youth group has decided to support two new charities:

The first is the Orangutan Project. We have adopted the orangutan Popi. The Orangutan Project rescues orangutans from horrific circumstances, and rehabilitates and cares for them before eventually releasing them back into the wild. They also work to protect Orangutan habitat, which is also often the habitat of other endangered species such as tigers, rhinos, elephants and leopards. read more at: www.orangutan.org.au

The second is the One Girl organisation who are passionate about educating girls around the world. By providing scholarships for girls to go to school and through what they call 'school awesomisation' One Girl helps to make girls less vulnerable in developing countries. Read more at: www.onegirl.org.au

Thanks, Elle and Jerry

PRAYER VINE NEWS

We have much to be thankful for when our Prayer Vine Warriors bring Prayer Requests to the Lord on behalf of others.

A big THANK YOU to MERRI BACON who has been co-ordinating it for several years and is having a break.

We also thank ROSEMARY KENNEMORE for her willingness to become the new vine co-ordinator starting on September 1st.

Prayer requests to prayervine@holycovenant.org.au

From the Belonging and Caring Team



Holy Covenant Parish Retreat *Living Contemplatively*

Life is not the way it's supposed to be.

It is the way it is.

How we deal with it makes the difference!



Friday 13 October 2017 –
Sunday 15 October 2017
St Clement's, Kalangan Road, Galong, NSW

This retreat will be facilitated by Rob Maron, a member of our 10 am congregation.

Living contemplatively is a way of seeking God's presence in the midst of life's challenges, or to put it another way, of being present to a presence that is already there. During the retreat we will be exploring writings and practices that will help us to live more contemplatively – more mindful of what it means to be fully human, fully alive. While this is largely a silent retreat, there will be designated times of sharing.

Brochures with more information on the sign-up board at the back of the church and there is an **Early Bird discount if you register before 15 September.**

MONASTERY OF THE HEART (MOTH) reconvened on Friday. Conversation was had about the format for this year.

Watch this space!!

The group meets weekly 10.30am—12pm.

New members welcome.

**DON'T FORGET TO WEAR YOUR
NAMETAG**

**Need one? Put your name on the list
on the desk up the back.**

SAVE THE DATES

#Fri 15 September - **Men's Dinner**

Sat 16 September - Saturday Sunset @ Radford Chapel

Fri 29 Sept.- **Women's get-**together at Bolt Bar, Aranda

#Sun 27 Sept -Combined Anglican Youth Event at St James Holt in Evening

6 - 8 October - HC Youth Camp @ Camp Cottermouth

Thurs 12 October - Community Lunch @ HC

13 to 15 October - Retreat at Galong

Sat 28 October - Mini fete and plant sale

Friday 17 November—**Women's Dinner**

I CAN'T WAIT TO TELL YOU . . .

. . . . Wonderful news for the Nursing Ministries and our parish (which includes Covenant Care). Two great events that we give thanks to God for.



First we have received our funding again from the Shakespeare Foundation. This will enable us to keep the nursing ministries operating until July 2018 at least. It will provide salaries for the RN and the Care Administrator and allow us to look for a paid coordinator for HCNM. On top of that we will be able to offer client support in the community and a continuing great program for our Covenant Care clients.

Second. The Southern Cross Club at Jamison who have been providing us (free of charge) with a two course hot meal every Monday for the Covenant Care clients have agreed to continue this practice for as long as Covenant Care operates at Holy Covenant.

Wonderful support for our work in the community, from the community and a very special thank you to the HCNM management Committee for all their persistence and hard work.

Let us thank God that the value of the HCNM ministries is being recognised and the vulnerable people in our community are being cared for with love and compassion.

If you would like to be part of this exciting and rewarding ministry in this parish then please have a chat to me about how to become a volunteer in any of our five programs within HCNM.

ON THE NOTICEBOARD

- **OVERCOMING FINANCIAL STRESS AND UNCERTAINTY**
Sat 16 Sept. Mosaic Baptist, Page.
Speaker: Phil McGilvray
- **SAFE MINISTRIES WORKSHOP** Christ Church Hawker,
16-17 Sept. Register through the Diocesan web page.

BIRTHDAYS THIS WEEK

Wednesday: Mel Clark
Thursday: Hannah David-Hoole



Called to work with those with Mental Ill Health

This past week, we at St John's Care, have been intimately reminded of the issues that confront people suffering with mental ill health.

We have a significant number of clients in this category and they present with a variety of often difficult characteristics including: irrational and confused thoughts, angry verbal outbursts, paranoia, inability to make and follow through with decisions, mumbling, often repeating the same stories, hoarding, very low self-esteem, being overly reliant on the legal or medical systems and sometimes being rude and abusive to our staff and volunteers. Some just take up lots of our time even when it seems to be of little benefit to them.

Some of these clients are very difficult to help and sometimes they appear to be their own worst enemies. However, they come and continue to come. Some have been coming for years. I believe that this is because we offer them hospitality and treat them with respect, even when it is not reciprocated.

Yesterday we had a call from a local church, concerned about a woman who has been hanging around the church in search of food and shelter. The woman, who appeared to be in her 60's, had slept outside the church that night and possibly for a couple of nights. Therese went over to the church to see what assistance we could offer. When she arrived, the woman was sitting on the concrete, was confused, cold and hungry and appeared to be somewhat psychotic. She didn't want to talk, however, she did say that she wasn't from Canberra, that she had 4 children and needed food and a blanket.

Due to the concern about the woman's state of mind, the paramedics were called. When she heard this, she proceeded to wander away from the church and on to Canberra Ave, placing herself at high risk of injury. As a result, the Police were also called. When they arrived, she refused to engage with them. Despite both services attending, they were unable to assist, without the person's permission, which she did not grant. It was with great reluctance that she was left to her own devices. We will follow up with the church to see if she returns.

Working with people with mental ill health can be very difficult, but these are the people that we are called to help. I ask that this week you take some time to pray for these clients and for the SJC staff and volunteers, who show so much patience and compassion.

Wish list: sweet biscuits, vegemite, tinned tomatoes, plain flour and towels.

Stuart Davis-Meehan
Director



PRAYER POINTS FOR THIS WEEK

IN THE WORLD

- ◆ We pray for those areas of the world affected by natural disasters, Texas USA, Bangladesh and Northern China.

IN AUSTRALIA

- ◆ We pray for respectful and honest debate over marriage equality.

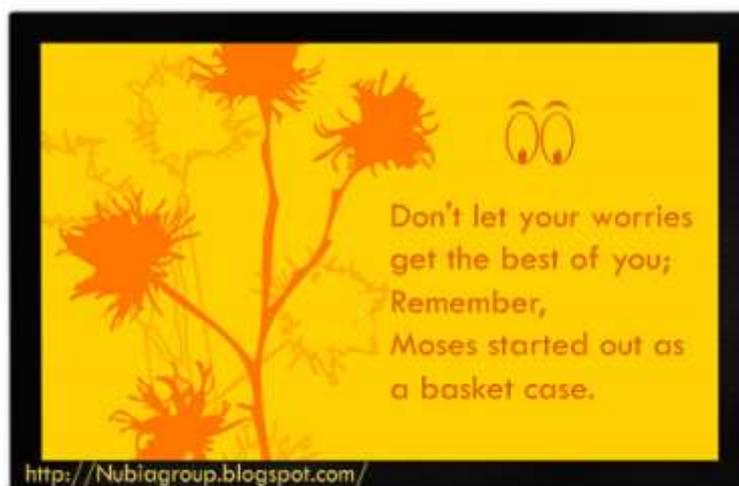
IN THE CHURCH

- ◆ Diocese of Armidale
- ◆ St Saviour's Cathedral, Goulburn
- ◆ Friends of St Saviour's Cathedral
- ◆ Clergy on leave from the Diocese
- ◆ Lucas Tooth Scholar
- ◆ Anglican Women of Australia
- ◆ Goulburn Mental Health Service Chaplaincy
- ◆ Anglicare Canberra and Goulburn
- ◆ Pray for: The Cathedral Chapter, and all aspects of the work and ministry of St Saviour's Cathedral, the mother church of the Diocese.

**DEAR GOD,
I WANNA TAKE A
MINUTE, NOT TO ASK
FOR ANYTHING FROM
YOU, BUT SIMPLY TO
SAY THANK YOU,
FOR ALL I HAVE.**

IN OUR PARISH AND COMMUNITY

- ◆ We give thanks for our Children's and Youth Ministry who are leading the 10am Service this morning, especially for Jerry and Elle Platt.
- ◆ We pray for all members of our parish family including Katherine Rainger, Anne Ranse, Clive Rodger, Luc and Sylvie Rose, Maxine Rose, Sandra Ross, and Richard and Maureen Scutter.
- ◆ We pray for those in special need of prayer including Bev Barnes, Margaret Campbell, Dawn Hardman, Dianne and Phil Spurway, Janet Williams, Peter Sherman, Margaret Walker, Michael Martin, Johann Sheehan and anyone known to us personally.
- ◆ We give thanks for the generous support for Covenant Care through the Shakespeare Foundation grant, and the provision of lunches by the Southern Cross Club.



MINISTRY TEAM

RECTOR	Revd Canon Margaret Campbell 0417 423 472	E: rector@holycovenant.org.au
LOCUM	The Ven. Dr Wayne Brighton 0407 408 333	E locum@holycovenant.org.au
HONORARY PRIEST	Revd Anne Dudzinski 0413 994 739; 6278 6087	E: annedudzinski@optusnet.com.au
HONORARY PRIEST	Revd Connie Gerrity 0429 423 725	E: connie@gerrity.id.au
HOLISTIC CARE NURSE	Archdeacon Anne Ranse 0406 379 599	E: nurse@holycovenant.org.au Day off: Tuesday
HONORARY DEACON	Revd Susan Joy Nevile 0431 133 852	E: susanjoyn@gmail.com
CHILDREN'S WORKER	Elle Platt 0434 960 967	E: children@holycovenant.org.au
YOUTH LEADERS	Elle Platt 0434 960 967 Jerry Platt 0466 661 860	E: youth@holycovenant.org.au

PARISH DIRECTORY

PARISH OFFICE Open 10 am - 2 pm Tuesday to Thursday	Libby Warren (Administrator) 89 Dexter Street, Cook, ACT 2614 Tel: 6251 6100	E: office@holycovenant.org.au Web Page: http://holycovenant.org.au PO Box 98, Jamison, ACT 2614
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PRAYER VINE		E: prayervine@holycovenant.org.au
WB EDITOR		E: weeklybulletin@holycovenant.org.au

IN THE PARISH on Sunday 10 September - 14th Sunday after Pentecost

8.00 am HOLY COMMUNION

Celebrant and Preacher: The Ven Dr. Wayne Brighton

10.00 am HOLY COMMUNION

Celebrant: and Preacher: The Ven Dr. Wayne Brighton

6-8pm Youth Alpha



SENTENCE

If you want to become a disciple of Jesus, deny yourself, take up your cross and follow him.
Matthew 16: 24-25

READINGS:

Exodus 3: 1-15
 Psalm 105: 1-6; 23-26
 Romans 12: 9-21
 Matthew 16: 21-28



8 am HYMNS

(Matthias)
 657(179)
 434
 583 (AHB 496)

PRAYER

O God,
 whose Son has shown the way of the cross
 to be the way of life:
 transform and renew our minds
 that we may not be conformed to this world
 but may offer ourselves wholly to you
 as a living sacrifice
 through Jesus Christ our Saviour;
 who lives and reigns with you and the Holy
 Spirit, one God, now and for ever.

AMEN



	8.00 am	10.00 am
Sidespersons	Mandy Squair, Hilary Harris	Jo and Gareth James
Readers	Kath Arthur Hilary Harris Anne Ranse	Doreen Matters Mark Cooper-Stanbury Simon de Vere
Intercessor	Robert Arthur	Tobias Nevile
Organist	Kath Arthur	Youth Group
Word and Prayer	Steve Daniels	Anne Ranse
Deacon	Anne Ranse	
Cup	Anne Ranse, Steve Daniels	Anne Ranse, Doreen Matters. Extra bread:
Morning Tea	Megan MacKay	Deranie
Children's Church		Family Service. M/T Elle
Counters	Rhonda Thorpe, Rod Menzies	Martin Lange, Merri Bacon
Saturday Sept 9	Cleaning: Youth Group	Flowers: Elaine Dennis