



**HOLY COVENANT
ANGLICAN CHURCH
JAMISON**

to grow in Christ together
to equip for service
to care for all

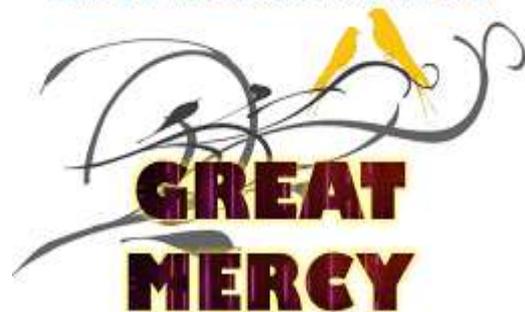
**50
YEARS**

WEEKLY BULLETIN

1 JULY 2018

**SIXTH SUNDAY
AFTER PENTECOST**

**THE LORD HAS DONE
MUCH AND SHOWN US**

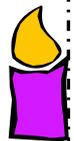


Welcome to our worship and fellowship today! You are warmly invited to share Communion with us, either by drinking from the cup or dipping the wafer in the chalice, or to come forward for a blessing.

Reflection after Communion – please feel free to light a prayer candle in the Chapel at the back of the Church following Communion.



Please join us for morning tea after the Services



TODAY IN THE PARISH

8.00 am HOLY COMMUNION
Celebrant and Preacher:
Archdeacon Dr Wayne Brighton

10.00 am HOLY COMMUNION, Children's Church, Youth Group
Celebrant and Preacher:
Archdeacon Dr Wayne Brighton

3.30 pm RAINBOW FELLOWSHIP

THIS WEEK IN THE PARISH

Monday 2.7.18	10.00 am	Worship Centre	Covenant Care
Tuesday 3.7.18	12.30 pm 4.00 pm	Worship Centre Rainbow Centre	Meditation Belonging and Caring Meeting
Wednesday 4.7.18	9.30 am 12 noon 2.00 pm 6.00 pm	Worship Centre Worship Centre Rainbow Centre Rainbow Centre	Tai Chi Holy Communion and byo lunch Ever Active Exercise Class Meditation
Thursday 5.7.18	9.30 am	Rainbow Centre	Scrabble
Friday 6.7.18	10.00 am 10.00 am	Worship Centre Rainbow Centre	Playgroup MOTH

WEEK BEGINNING 9 JULY 2018

Monday 9.7.18	10.00 am	Worship Centre Kangara Waters Care Cntr Calvary Retirement Village	Covenant Care Holy Communion Holy Communion
Tuesday 10.7.18	12.30 pm 4.00 pm	Worship Centre Rainbow Centre	Meditation Belonging and Caring meeting
Wednesday 11.7.18	12 noon 2-3 pm 6 pm	Worship Centre Rainbow Centre Rainbow Centre	Holy Communion and byo lunch Ever Active Exercise Class Meditation
Thursday 12.7.18	9.30 am 12 noon	Rainbow Centre Worship Centre	Scrabble Community Lunch

Bank Details for Direct Debit are:

Bank: Commonwealth Bank
 Branch: Jamison Centre, ACT
 BSB: 062 907
 A/C No: 802 588
 Name: Holy Covenant Anglican Church

HOLY COVENANT PRAYER VINE REQUESTS FOR PRAYER

Email: prayervine@holycovenant.org.au
 Or Rosemary Kennemore: 6251 2009;
rkmore@grapevine.com.au



SOMETHING TO THINK ABOUT

Pentecost 6. Mark 5: 1-20. Facing our Demons and Extending our Borders.

Have you noticed how often Jesus says to his disciples, 'Let us go across to the other side' (e.g. Mk 4: 35)? We would be mistaken if we thought that in so doing Jesus was suggesting an outing. For Jesus' contemporaries, this suggestion (command?) is doubly fraught. To begin with, it involves crossing the unpredictable waters of the Sea of Galilee. And it wasn't just storms they were afraid of – they also feared what lurked beneath the waters (e.g. monsters like Leviathan and unclean spirits). In the 1st C. Near East, the sea was associated with primal chaos.

To cap it off, *crossing to the other side* involved leaving the security of Capernaum, a traditional, mainly-Jewish town, to go into enemy territory – into pagan, gentile territory, where all manner of 'uncleanness' and danger lurked!

So why does Jesus repeatedly take his disciples out of their comfort zone to visit the alien territory of the ten cities across the lake (the Decapolis)? In addition to his ministry in those territories, is he training them to see that they need to 'extend their borders', to be more accepting of the Other, if they are to share his inclusive vision, and a mission that extends beyond Israel's borders?

On this occasion, immediately after going ashore in Gerasene (Gadarene) territory, they were confronted by a man 'with an unclean spirit'. What are we to make of the healing that takes place? How was it that this man whom no chains could subdue – even for his own protection – immediately ran up to Jesus and submitted to him? It is interesting that the initial exchange is between Jesus and the unclean spirit. There seems to be a mutual recognition. Jesus' first words to him were, 'Come out from him, you unclean spirit', to which the spirit replies, 'What have you to do with me, Jesus, Son of the Most High God?' We probably find the casting of the spirits into a herd of swine – which then proceed to self-destruct by plunging into the lake – rather problematic, if poetically appropriate.

The relationship between psychological, spiritual and somatic dimensions of healing has evolved over the centuries. While we might speak today about facing our demons or recognising the competing voices within us, healing is usually seen to be more about integration of disowned parts of us rather than casting out something external to us. And this often begins with accepting and befriending our shadow side. In facing our own demons, we may find that we are less inclined to demonise others.

Where might we, as individuals, as members of a faith community or as a nation, be being challenged to extend our borders, to be more hospitable and compassionate?

- Frances MacKay.

IN THE PARISH



COMMUNITY LUNCH

THURSDAY 12 JULY
11.30AM FOR 12 NOON
\$5 ALL WELCOME

John Body from our 8am congregation will be our guest speaker, talking about his work with partner organisations across the world to tackle some of the sustainable development goals. In particular, John will speak of work with the Gates Foundation to address malnutrition by partnering with global food corporations. John founded **ThinkPlace** in 2005 with a vision to design vibrant communities, strong economies, sustainable environments and trusted institutions.

"If you feed 0-4 year olds nutritional food their outcomes in life will be better"

Sign up sheet on board.

Helpers needed on the day and to make slices.
There's a signup sheet for that too!

Baked Goods Wanted!

On the weekend of July 20th-22nd,
HC Youth are holding our annual
Youth Camp :O :)
Baked biscuits, slices, cakes would
be greatly appreciated to help
sustain our Youth over this weekend!
If you would like to contribute to
Camp in this way, please let us know.
We will be collecting baked goods in
the church kitchen on the morning
of Friday 20th July, or earlier in the
week as convenient.
Please label with a list of
ingredients. **PLEASE, NO NUTS.**
With thanks, Elle and Jerry

Jubilee Sunday Is Coming!



We want to make the music amazing for this very special day so if you think you could play a part by joining the singing, or if you play an instrument please let us know.

There will be a couple of practices beforehand but nothing too arduous. Both the 8am and 10am services will have special music so if you'd like to join in and help make this a truly joyous event let either Heather and Paul Shelley (8am) or Jodie Petrov (10am) know.

Heather and Paul: 6251 1568
epshms@grapevine.com.au
Jodie: anjoali@hotmail.com
0423 512 744

BIRTHDAYS THIS WEEK

Today: **Nicholas Platt**

Monday: **Jono Elkhuizen**

HOLY COVENANT JUBILEE DINNER Saturday 28 July 2018

50

The two-course dinner will be in a function room at the Belconnen Labor Club (Chandler Street) from 6pm on Saturday 28 July.

- ★ there will be tables of eight
- ★ \$45 per adult, \$15 per meal for under 12s
- ★ opportunity to pay for gift tickets to enable others to be invited
- ★ book for 1, 2, ... or a whole table
- ★ dietary requests can be made at time of booking
- ★ option to join a table with others who started here in eg 1970s or 2000s

To book go to <https://www.trybooking.com/VVSX> and follow the helpful prompts.

Need to know more? See the Notice Board or contact Jennifer Collier, 6255 4255, jennifercollier@optusnet.com.au or wardens: Paul Shelley, 6251 1568; Joh Sheehan, 6251 7151.

Can't book online? Jennifer or Libby (Parish Office, 6251 6100) are happy to assist in a way that suits you.

Who are you sitting with?

There are only five weeks remaining for you to organize yourself a ticket for the 50th Birthday Celebration dinner on 28th July. Some of the clergy that have been invited have confirmed they are coming along - we are going to be joined by **Alistair Christie, John and Robyn Southerden; David Oliphant; Jeff and Lindy Driver; Alan and Trish Ewing; Don Turnbull; Simon and Tessa Wooldridge; and Bruce Stephens.** If you want more information about how to purchase your ticket, please see the notice board.

Want to know about donating cash or tickets?

- Parish Council has invited former Rectors and their spouses to come to the dinner as our guests. If you would like to assist financially by subsidising one or more tickets please speak with Jennifer, Joh or Paul.
- Purchase gift tickets and once they are emailed to you forward them to: jennifercollier@optusnet.com.au
- Buy tickets to give friends / congregation members / their children
- Make a cash donation, eg in a suitably marked envelope in the offertory plate

Still have questions? Ask! And more info on page 8.

WE AREN'T WHAT WE WERE, BUT ARE WE WHAT WE ARE CALLED TO BE NOW?

In 1966 a brass plate was unveiled at Aranda to mark the beginning of Belconnen. Canberra's population was 39,000 but growing quickly. A year later and "A Covenant Agreement" was signed between five denominations to begin ministry including a team of clergy, a common purse, and local neighbourhood committees to welcome new people and advance local needs. Anglicans started worship on 11 February 1968 at the Macquarie School hall with Bishop Cecil Warren and 12 people present. The Revd John Southerden arrived in May.

Within a year, 165 people were worshipping as Presbyterians, Anglicans, Congregationalists, Churches of Christ members, and Methodists all hearing the gospel together in a new place and a new way – a new Pentecost. There are still original pioneers in our congregation who are only too happy to tell the story of settling in the new streets, starting families, and planting gardens.

50 years later much has changed. The co-operative parish came to an end. A new worship centre was built. Clergy and laity have come and gone. Traditional blocks of land have given way to apartment buildings. Many more people are single and from non-English speaking backgrounds. Many women work fulltime and faith is encountered much less frequently. Within the church, new prayer books and hymn books have come and gone. Women have been ordained deacons, priests and even bishops. Large Sunday schools, regular evening services, RE in state schools have become memories while the University of Canberra, Radford College, Calvary Hospital, the CIT, and other huge institutions have sprung up within the parish boundaries!

It's easy to yearn for a return to those simpler days, when everything was young and fresh and the future seemed so bright. What matters for a community of faith at fifty is discerning how to do essential things in fresh ways. Worship is always central while buildings are adapted. Pastoral care is foundational yet expressed in new ways as we care for each other from first until final breath. This parish has long been a leader in shared ministry and has a good record of sending people off to minister elsewhere in God's Kingdom. Many work tirelessly for justice and peace as leaven in the world's lump. When we remember and give thanks this jubilee year, let us not do so with regret but with renewed vision for what is needed now and what is still to be. To use an old cliché, it's hats off to the past, and coats off to the future!

JUBILEE MEMORIES



One of our Jubilee projects is a Jubilee book. This is not a chronological history of the parish, but a collection of stories / anecdotes / memories that capture something of who we are and what we love about our parish. Here are a couple of examples.

- ♦ It was an infant baptism. The infant had a four year old brother who was given a lighted candle. Four year olds know what to do with lighted candles. He promptly blew it out. *David Clark*
- ♦ Bruce Stevens's family had three cats. The old cat just wanted to find a sunny spot to sleep. The kitten was the friend of all the world. The third cat, Cinders, divided the world into people he loved and people he hated. The people he loved were Rowena (Bruce's daughter). All very well. But Cinders used to wander into the church while services were on. And bite the ankles of anyone who wasn't Rowena. *David Clark*

Stories may be about celebrations, gifts, what we have done are doing in the community, Church camps, things to be grateful for, people, music, the building, what is special about Holy Covenant or anything else that comes to mind.

Stories don't have to be polished. We can help there with editing for style, clarity and suitability. You can even submit something like "what about when . . . ". This might trigger a memory that someone else can flesh out. Typically stories will be quite short, just a paragraph. But that does not exclude longer stories. And include pictures. We will include as many as we can.

Please submit your stories to us by hand at a service or, preferably, by email to either of us or the HC office (office@holycovenant.org.au).
Mary Lynn Mather (mlmather5@bigpond.com)
David Clark (mdclark@grapevine.net.au)

IMPORTANTY INFORMATION FOR OUR JUBILEE DINNER

For those who have already bought your tickets to the Anniversary Dinner and for those who are yet to buy your tickets, please note that the venue, the Belconnen Labor Club, is fully licensed. The room in which our dinner will be held has a fully stocked bar within the room (no need to wander out into the rest of the club area) and you will be able to buy beverages throughout the evening using either cash or credit cards.

Please do not plan on bringing drinks or food with you to the venue - if you have a dietary requirement (such as a special medical diet or you need a particular vintage of Grange) please enter this information in the "dietary requirements" part of your ticket information when you are buying your tickets. If you have already purchased your tickets and forgot to fill in the dietary needs of yourself or your guests, please send an email with the necessary information to Jennifer Collier and she will be able to update your dietary needs.

AND THERE'S MORE . . .

HCNM New Staff Member

Holistic Care Nursing Ministries is pleased to have Jennifer Berrie join us in our Household Support outreach programme. Jennifer is helping clients, referred to us by ACT Housing, who are in need of assistance and support to declutter their homes. Jennifer previously taught *Declutter Your Home* course at University of the Third Age (U3A) and has helped many people deal with their stuff. Her previous career was in management. She will be writing some tips to appear in this newsletter and also has plans to run a couple of decluttering workshops for the parish.



THANK YOU. I would like to thank everyone for their prayers, thoughts and care during my recent hospitalisation, rehabilitation and recovery. To know you are being help up in prayer is something so special and to know the love and support of fellow believers leaves one feeling very blessed. Recovery continues and your ongoing prayers are greatly valued.

Archdeacon Anne.

GROWING OUR MUSIC MINISTRY

Do you play an instrument? Do you like to sing? We are looking for ways to grow our music ministry and you could make a big difference. Whether it is leading a Sunday, accompanying the keyboard or singing your heart out with other singers, you'll have fun and help our community to grow.

Why not talk to Wayne to find out more?

CAN YOU HELP WITH TRANSPORT?

Michael Martin is a regular at 10am service. He has recently moved into RSL Lifecare at Sir Leslie Morshead Manor in Lyneham and is looking for help getting to church. If you are able to help, please speak to Wayne or Libby for details.

CHILDREN'S WORKER—paid position

Holy Covenant is looking for a children's worker to join our ministry team (12 hours per fortnight). The position will lead and coordinate the children's program at the 10am service during school term time. The successful applicant will need to collaborate closely with the youth program and play an active role in supporting the faith development of young people.



Interested applicants should contact Wayne on 0407 408 333 for a position description. **Applications will close 29 June 2018.**

FROM ST. JOHN'S CARE

“I CAN'T THANK YOU ALL ENOUGH”



The weather is cold and winter is upon us. Here at St John's Care this means an increase in people needing assistance. For many, the cost of heating their home, purchasing jackets, clothes and bedding for the family, as well as getting food on the table, is just too much.

Last week a family came in to the Centre in a horrible situation. They were a one income family with the father working full-time. The mother has a disability, so it is very difficult for her to find work to supplement their income. They were in desperate need trying to support their three children. SJC was able to assist with medical expenses for the mother, jackets and clothes for the children, a food hamper for the week and financial assistance with their gas bill.

While the volunteer and the mother were packing up the food to take it to the car., she began to cry and was overwhelmed with gratitude. She looked at the volunteer, smiled and said, 'I can't thank you all enough!' They noticed her youngest skipping to the car with her brand-new jacket on. The volunteer pointed to the girl and said, 'That is thanks enough!' They both laughed and went on their way.

Personally, I thank all our volunteers and donors for your ongoing commitment, support and generosity. We could not deliver the services we offer without you.

Our annual *Winter Appeal* continues. Your kind donations assist us during our Canberra cold months to support families, cover their utility bills and put food on their tables. In June, SJC supported and assisted approximately 260 people with food, finance and emotional support. We have also provided people with advocacy and information to assist them in improving their current circumstances.

Our next **Community Lunch** is on **Friday 6 July** where we are celebrating *Christmas in July*. We would like to welcome all to join us in the festivities. We will be serving tomato soup with crusty bread, roast chicken and gravy, ham, roast potatoes and pumpkin and veggies. To finish we will have plum pudding or apple pie, custard and ice cream.

Wish list: Tinned fruit, poppers and fruit cups for school lunches.

Sarah Murdoch, Executive Officer



PRAYER POINTS FOR THIS WEEK

IN THE WORLD

- ♦ We pray for the millions of refugees seeking a safe place to live and for a humane compassion response from the International Community.

DEAR GOD,
I WANNA TAKE A
MINUTE. NOT TO ASK
FOR ANYTHING FROM
YOU, BUT SIMPLY TO
SAY THANK YOU,
FOR ALL I HAVE.

IN AUSTRALIA

- ♦ We give thanks that authorities are working towards positive outcomes for the sexual harassment survivors in workplaces, institutions and the community.

IN THE CHURCH

- ♦ The Anglican Church of Australia; The Primate; Bishop Assisting the Primate
- ♦ The General Synod, Standing Committee, Boards, Committees and Commissions; The Bishops' Office
- ♦ The strengthening of relationships between the twenty-three Dioceses of the Australian Anglican Church, the development of our life and witness as a National Church, and for our ecumenical relationships.

IN OUR PARISH AND COMMUNITY

- ♦ We pray for the Rainbow Fellowship gathering this after noon.
- ♦ We pray for the Belonging and Caring Team meeting this week.
- ♦ We pray that an application for our Children's Worker will be forthcoming.
- ♦ We pray for all members of our parish family including David and Rosemary Kennemore; Kate King; Jocelyn Kirkland; Carol Kubanek and Quentin Grafton; and Pam Lane.
- ♦ We pray for those in special need of prayer including, Susan Joy Nevile, Peter Sherman, Dorothy Parsonage, Elizabeth Grant, Anne Ranse and anyone known to us personally.

COMMEMORATIONS:

Today: Margaret Jean Winders (d.1989)

Thursday: Arthur William Ryan (d.1997)

Saturday: Columba of Iona, abbot and missionary (d. 597)



**FAREWELL MORNING
TEA
SUNDAY 15 JULY
AFTER 10AM SERVICE.**

Join us as we say goodbye to Elle Platt and Vera de Vere as they move to other places.
Elle overseas and Vera to Melbourne.

MINISTRY TEAM

RECTOR	The Ven. Dr Wayne Brighton 0407 408 333	E: rector@holycovenant.org.au Day off: Monday.
HONORARY PRIEST	Revd Anne Dudzinski 0413 994 739; 6278 6087	E: annedudzinski@optusnet.com.au
HONORARY PRIEST	Revd Connie Gerrity 0429 423 725	E: connie@gerrity.id.au
HOLISTIC CARE NURSE	Ven Anne Ranse 0439 139 209	E: nurse@holycovenant.org.au Day off: Tuesday
HONORARY DEACON	Revd Susan Joy Nevile 0431 311 852	E: susanjoyn@gmail.com
CHILDREN'S WORKER	Elle Platt 0434 960 967	E: children@holycovenant.org.au
YOUTH LEADERS	Elle Platt 0434 960 967 Jerry Platt 0466 661 860	E: youth@holycovenant.org.au

PARISH DIRECTORY

PARISH OFFICE Open 10 am - 2 pm Tuesday to Thursday	Libby Warren (Administrator) 89 Dexter Street, Cook, ACT 2614 Tel: 6251 6100	E: office@holycovenant.org.au Web Page: http://holycovenant.org.au PO Box 98, Jamison, ACT 2614
WARDENS	Paul Shelley 6251 1568 Joh Sheehan 6251 7151	
PRAYER VINE	Rosemary Kennemore	E: prayervine@holycovenant.org.au
WB EDITOR	Phyl Holmes 6251 2007	E: weeklybulletin@holycovenant.org.au

DETAILS FOR NEXT SUNDAY – 8 July 2018

Seventh Sunday after Pentecost

8.00 am **HOLY COMMUNION**
Preacher and Celebrant:
Archdeacon Dr Wayne Brighton

10.00 am **HOLY COMMUNION**
Preacher and Celebrant:
Archdeacon Dr Wayne Brighton



TODAY

SENTENCE: The steadfast love of the Lord never ceases, his mercies never come to an end; they are new every morning; great is your faithfulness.

Lamentations 3:22-23

READINGS:

2 Samuel 1:1, 17-27

Psalm 130

2 Corinthians 8: 7-15

Mark 5: 1-20



8 am HYMNS - Matthias

154

683(159)

474

606(153)

PRAYER

O Christ for whom we search,
our help when help has failed:
give us courage to expose our need
and ask to be made whole,
that being touched by you,
we may be raised to new life
in the power of your name.

AMEN



	8.00 am	10.00 am
Sidespersons	Kerin and Brian Cox	Jo and Gareth James
Readers	David Clark Jennifer Collier Anne Ranse	David Clark Reg Holmes Katherine Rainger
Intercessor	Merrie Hepworth	Joh Sheehan
Organist	Heather Shelley	Michael Troy
Word and Prayer	Paul Shelley	Tobias Nevile
Deacon	Anne Ranse	-
Cup	Paul Shelley Anne Ranse	Tobias Nevile, Anne Dudzinski, Phyl Holmes, Neville Hurst Extra Bread: Katherine Rainger
Morning Tea	Paul and Heather Shelley	Elaine Dennis, Judith Ann Daniells
Counters	Rhonda Thorpe, Clive Rodger	Merri Bacon, Reg Holmes
Saturday 7 July	Cleaning: Heather and Paul Shelley	Flowers: Mary Lynn Mather