



HOLY COVENANT ANGLICAN CHURCH JAMISON

to grow in Christ together
to equip for service
to care for all

50
YEARS

WEEKLY BULLETIN

12 AUGUST 2018

TWELFTH SUNDAY AFTER PENTECOST

I wait
FOR THE LORD,
my soul
AND IN HIS DOOTH WAIT,
his word
DO I
hope.
PSALM 130.5

created by Krista Wallden
www.papercrafttreasures.com



Welcome to our worship and fellowship today! You are warmly invited to share Communion with us, either by drinking from the cup or dipping the wafer in the chalice, or to come forward for a blessing.

Reflection after Communion – feel free to light a prayer candle in the Chapel at the back of the Church following Communion.



Please join us for morning tea after the Services

TODAY IN THE PARISH

8.00 am HOLY COMMUNION

Celebrant and Preacher:
The Venerable Dr Wayne Brighton

10.00 am HOLY COMMUNION, Children's Church and Youth Group

Celebrant and Preacher:
The Venerable Dr Wayne Brighton

5.00 pm TWILIGHT SERVICE, SOUL FOOD CONVERSATION.

THIS WEEK IN THE PARISH

Monday 13.8.18	10.00 am	Worship Centre Kangara Waters Care Cntr Calvary Retirement Village	Covenant Care Holy Communion Holy Communion
Tuesday 14.8.18	12.30 pm	Worship Centre	Meditation
Wednesday 15.8.18	9.30 am 12 noon 2.00 pm 6.00 pm	Worship Centre Worship Centre Worship Centre Rainbow Centre	Tai Chi Holy Communion and byo lunch Ever Active Exercise Class Meditation
Thursday 16.8.18	9.30 am 2.00 pm 7.30 pm	Rainbow Centre Rainbow Centre Rainbow Centre	Scrabble Book Club EFM
Friday 17.8.18	10.00 am	Worship Centre	Rainbow Playgroup
Saturday 18.8.18	9.00 am 4.30 pm	Church Grounds Rainbow Centre	Working Bee Youth Group activity

WEEK BEGINNING 20 AUGUST 2018

Monday 20.8.18	9.30 am 10.00 am	Rainbow Centre Worship Centre	Crafty Crew Covenant Care
Tuesday 21.8.18	12.30 pm	Worship Centre	Meditation
Wednesday 22.8.18	9.30 am 12 noon 2.00 pm 6.00 pm	Worship Centre Worship Centre Worship Centre Rainbow Centre	Tai Chi Holy Communion and byo lunch Ever Active Exercise Class Meditation
Thursday 23.8.18	9.30 am 7.30 pm 7.30 pm	Rainbow Centre Rainbow Centre Worship Centre	Scrabble EFM Parish Council Meeting
Friday 24.8.18	10.00 am	Worship Centre	Rainbow Playgroup

BIRTHDAYS THIS WEEK

Wednesday: **Coral Powell**

Thursday: **Jamie Gumbrell**

Saturday: **Maurice Nevile, Arinda Abeyardene, Shanaya Abeyardene**



SOMETHING TO THINK ABOUT

Pentecost 12. John 6:41-51. I Am the Bread of Life.

We had the experience but missed the meaning.

T.S. Eliot, *The Four Quartets*.

Last week, in search of a catchy title that would include both gospel and epistle readings, I said God was into metaphor. Certainly, Jesus used metaphors frequently in his teaching, and the parables can be seen as extended metaphors. Metaphors are not only useful in pointing to something beyond our current level of understanding, but they also serve to link different parts of scripture as we see in today's reading.

John has no intention of his readers' missing the meaning of the Feeding of the 5000. This week we find ourselves in the middle of what is sometimes called the Bread of Life Discourse – a passage bristling with theological claims and questions that might be as challenging for us as they were for Jesus' original audience. Or perhaps we, knowing how the story turns out, forget how perplexing and challenging his words must have been for them. They might have 'got' the reference to Moses and the feeding of the Israelites in the wilderness, but what about the implicit reference to the institution of the Eucharist at the Last Supper? Surely that would have made sense only in retrospect. But then again, the gospel was written near the end of the first Century for a church that was already familiar with this ritual.

In the section preceding today's reading (vv.24-35) Jesus is addressing the crowds who followed him after the miracle. His words combine welcome and challenge as he urges them to seek the food they really need, and assuring them they won't be turned away. In today's reading, he is addressing the 'Jews', and the tone is one of proclamation and command to believe, rather than an invitation to dialogue – the implication being, if you don't get this it is because you are not allowing God to teach you that it is so. E.g., when the Jews object to his claim to being the bread that came down from heaven, Jesus says, 'No one can come to me unless drawn by the Father who sent me'.

On the face of it, their question seems fair enough: 'Is not this Jesus, the son of Joseph, whose father and mother we know?' But Jesus refuses to engage with this question. Perhaps perceiving it for what it is, he refuses to play this game. He then proceeds in unequivocal language to announce his mission culminating in: 'I am the living bread that came down from heaven. Whoever eats this bread will live forever [unlike your ancestors in the wilderness]; and the bread that I will give for the life of the world is my flesh' (Jn. 6:51). We might well ask, along with the Jews, 'How can this man give us his flesh to eat?' (v.52) But that is for next week. For now, why not ask ourselves what is faith-nourishing and life-giving for us in our faith journey, as individuals and as a community?

Frances MacKay

ACCC QUIET DAY: TEILHARD DE CHARDIN AND THE DIVINE MILIEU

The Australian Centre for Christianity and Culture (15 Blackall Street, Barton) extends an open invitation to its Quiet Day on Saturday, 18 August 2018 from 9:30 AM to 3 PM. Theologian and spiritual director Kerrie Hide will immerse participants in the prayers, poetry and wisdom of Teilhard de Chardin, drawing on his invitation to see and experience creation as a divine milieu. Cost: \$25 cash on arrival includes morning tea —BYO lunch. RSVP by 12 August if possible to Alice-Anne aamacnaught@iinet.net.au <<mailto:aamacnaught@iinet.net.au>> or 0414 790 201.

IN THE PARISH

Playgroup - Help Wanted.

We need another dynamic team member to help with Friday morning playgroup. We operate during term-time from 10am to noon, and provide a nurturing environment for parents and children to play. Our playgroup is a mini United Nations but without the bureaucracy and with more laughter.

If you have a WWVP card and can help with setting up, meeting and greeting, craft activities, preparing morning tea or organising "What's the time Mr Wolf?" we would love to speak to you. Contact Christine Mitchell 6161 4656, Doreen Matters 6258 3079, or Heather Shelley 6251 1568 for more details.

PARISH RETREAT
14-16 September.

St. Clement's Galong



'Take a break from the chaos: Recreating stillness'

Led by Archdeacon Anne Ranse

Information about the retreat along with application forms are on the sign up board.

JOYCE COLE FUNERAL

Joyce's funeral will be at Norwood Park Crematorium on Wednesday 15 August at 3pm

Decluttering workshop series conducted by Jennifer Berrie

Dates: 25 August, 1 & 29 September. See Sign-up board for more information.

PARISH ELECTIONS. Congratulations to Alison Cooper-Stanbury on being elected to Parish Council. Alison has been a member of the 10am congregation since 2016 when she and her husband Mark moved to Aranda. Alison works in the community sector supporting families in transitional accommodation. She enjoys bushwalking, spending time with friends and family, good food (that other people cook!) and chilling out on the lounge.

Alison was the only nomination to fill one of two current vacancies. If you have a desire to help our church move ahead in God's mission, there is still space!

SATURDAY 18 AUGUST
From 9am till 12 noon

Come and help keep our buildings and grounds clean and tidy. Delicious morning tea provided.

Working bees are held throughout the year on the third Saturday of every month.



HOLY COVENANT PRAYER VINE REQUESTS FOR PRAYER

E: prayervine@holycovenant.org.au
Or
Rosemary Kennemore: 6251 2009;
rkmore@grapevine.com.au

Bank Details for Direct Debit are:

Bank: Commonwealth Bank
Branch: Jamison Centre, ACT
BSB: 062 907 A/C No: 802 588
Name: Holy Covenant Anglican Church

IN THE PARISH

SOUL FOOD CONVERSATION **5 pm Sunday evenings, Worship Centre**

Holy Covenant has always been about experimentation and exploring new directions. Consequently, an evening congregation has started with help from, the Basement Community. We believe that Christians need to know God more deeply and learn how to listen more carefully to a changing world. It's casual and conversational format may suit those who are curious about finding better ways of living out God's call to be a blessing among our friends and family who need faith, hope and love more than ever.

The Holistic Care Nursing Ministries is grateful to the Canberra Southern Cross Club who have once again agreed to supply us with meals for another year. These meals boost the nutritional and dietary diversity for our Monday Covenant Care clients while giving their carers a small but well-earned break. We are very thankful to the Jamison club for the delicious food it prepares for our clients.

Declutter Tip from Jennifer

In our homes we can become very good at not looking at what surrounds us, especially averting our gaze from things that bug us. **We often "see" things as we know they should be rather than as they actually are** - for example we do not notice how faded the curtains may have become or how worn the couch upholstery is looking. So this week I am asking you to do a visual audit of your home - a reality check. Take your time to walk through your house and garden and have a long, hard look. Pretend you are a prospective buyer. Have a notebook with you as it is a good opportunity to note down any repairs that may need doing. Also note down any big items that can be ready for removal, for example a broken lawnmower, worn out garden furniture, any old technology (unused computer/stereo/vhs player), unused furniture etc.

Come up with a rough percentage of how overstuffed your home feels. How much stuff would you like to go? 15%, 20%, 30%? Discuss this with other house members. They may come up with a different figure.

Also consider what it is that you want from your home. For example: Do you need a home office? Would you like a dedicated craft room? Can you park your car in the garage? Does your home support you and your endeavours? Consider what changes would you like to make.

So Declutter Step No. 2 - Reality Check. *"Do what you have always done and you'll get what you have always got."* Sue Knight

Emily Pogson will be performing in the musical, *Barnum*, by Canberra Philharmonic (<http://philo.org.au/tickets/barnum/>). For the following performances Emily will be one of the leads, Charity, who the wife of PT Barnum (Wednesday 29 August to Saturday 1 September).

PRAYER POINTS FOR THIS WEEK

IN THE WORLD

- ◆ Pray for all those experiencing loss as a result of the tragedy besetting Lombok.
- ◆ Pray for all affected by the Californian wildfires.

IN AUSTRALIA

- ◆ Pray for all farmers affected by the current drought, particularly in NSW and give thanks for rain when it appears.

IN THE CHURCH

- ◆ Diocese of Grafton; Holy Covenant, Jamison and Christ Church, Hawker; Calvary Hospital, Bruce; Anglican Chaplaincy Team.
- ◆ Anglicare activities in caring for and supporting older people in nursing homes, hostels, independent living units and in the general community; for staff and volunteers.

IN OUR PARISH AND COMMUNITY

- ◆ We pray for all members of our parish family including Barry, Carol, Joshua, Natalie and Emily Pogson; Coral Powell; Marjorie Pratt; Katherine Rainger; Anne Ranse and Clive Rodger.
- ◆ We give thanks for the lives of Tamara Batterham and Joyce Cole and pray for all family and friends feeling their loss.
- ◆ We pray for those in special need of prayer including, Susan Joy Nevile, Dorothy Parsonage, Elizabeth Grant, and anyone known to us personally.



COMMEMORATIONS:

Wednesday: Aiyathurai Jagaraj (Mr) Lamech (d. 2008)

CLIENT FULL OF PRAISE AND GRATITUDE FOR SJC

Last week, Steph, our Community Worker met with James (not his real name) who was living in a small house without any heating and had no money for food. He explained that he had been mistreated by his employer and was suffering with depression and anxiety. He told her that the house he lived in was attached to the conditions of his work. Unfortunately, due to a workplace accident, he was unable to work and is receiving Workers Compensation.

After paying rent and electricity, James was left with no money for food. On top of this, he had been given an eviction notice from his employer. Steph was able to assist him by submitting an application to ACT Housing and a referral to the Centrelink Social Worker. She also referred him to Street Legal and to his GP to get a mental health plan in place.

Whilst at the Centre James was given some food to eat and enough food to take home to last him and his dog for the next few days. James is now well on his way to reclaiming his life back. August has only just begun, and we have already supported approximately 93 people with food assistance. Last week at our Friday Community Lunch, we served 65 + people a delicious hot lunch consisting of soup, roast beef and vegetables (see photograph) and carrot cake.

Wish list: Honey, plain flour and conditioner. - The SJC Team



MINISTRY TEAM

RECTOR	The Ven. Dr Wayne Brighton 0407 408 333	E: rector@holycovenant.org.au Day off: Monday.
HONORARY PRIEST	Revd Anne Dudzinski 0413 994 739; 6278 6087	E: annedudzinski@optusnet.com.au
HONORARY PRIEST	Revd Connie Gerrity 0429 423 725	E: connie@gerrity.id.au
HOLISTIC CARE NURSE	Ven (em) Anne Ranse, OAM 0406 379 599 (NB)	E: nurse@holycovenant.org.au Day off: Tuesday
HONORARY DEACON	Revd Susan Joy Nevile 0431 311 852	E: susanjoyn@gmail.com
CHILDREN'S WORKER	Revd Katherine Rainger 0401 142 851	E: children@holycovenant.org.au
YOUTH LEADER	Jerry Platt 0466 661 860	E: youth@holycovenant.org.au

PARISH DIRECTORY

PARISH OFFICE Open 10 am - 2 pm Tuesday to Thursday	Libby Warren (Administrator) 89 Dexter Street, Cook, ACT 2614 Tel: 6251 6100	E: office@holycovenant.org.au Web Page: http://holycovenant.org.au PO Box 98, Jamison, ACT 2614
WARDENS	Paul Shelley 6251 1568 Joh Sheehan 6251 7151	
PRAYER VINE	Rosemary Kennemore	E: prayervine@holycovenant.org.au
WB EDITOR	Phyl Holmes 6251 2007	E: weeklybulletin@holycovenant.org.au

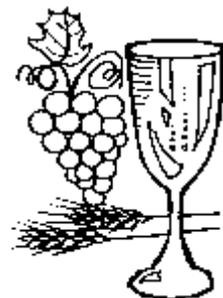
DETAILS FOR NEXT SUNDAY – 19 August 2018

Thirteenth Sunday after Pentecost

8.00 am **HOLY COMMUNION**
Preacher and Celebrant:
The Venerable Dr Wayne Brighton

10.00 am **HOLY COMMUNION**
Preacher and Celebrant:
The Venerable Dr Wayne Brighton

5.00 pm **SOUL FOOD CONVERSATION**
The Venerable Dr Wayne Brighton



TODAY

SENTENCE: Be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us. Ephesians 5.1-2

READINGS:

2 Samuel 18:5-9, 14, 31-33
 Psalm 130
 Ephesians 4: 17 to 5:2
 John 6: 41-51



8 am HYMNS - Matthias

648
 466
 535
 469

PRAYER

Grant, O Lord,
 that we may see in you the fulfilment of all our
 need,
 and may turn from every false satisfaction
 to feed on the true and living bread
 that you have given us in Jesus Christ;
 who lives and reigns with you and the Holy Spirit,
 one God, now and for ever. **AMEN**



	8.00 am	10.00 am
Sidespersons	Hilary Harris, Tony Willis	Helen and Harris Boulton
Readers	Robert Arthur Kerin Cox Anne Ranse	Jenny Tomkins Chris Olsson Anne Ranse
Intercessor	Robert Arthur	Anne Dudzinski
Organist	Heather Shelley	Heather Shelley
Word and Prayer	Steve Daniels	Joh Sheehan
Deacon	Anne Ranse	Anne Ranse
Cup	Steve Daniels Anne Ranse	Tobias Nevile, Anne Ranse, Neville Hurst, Connie Gerrity Extra bread: Anne Dudzinski
Morning Tea	Jenny Hall	Youth Group
Children's Church		Richard and Mel Browning M/Tea: Jodie Petrov
Counters	Robert Arthur, Clive Rodger	Martin Lange, Merri Bacon
Sat 18 August	Cleaning: Trigge Family	Flowers: Penny Lilley