



HOLY COVENANT ANGLICAN CHURCH JAMISON

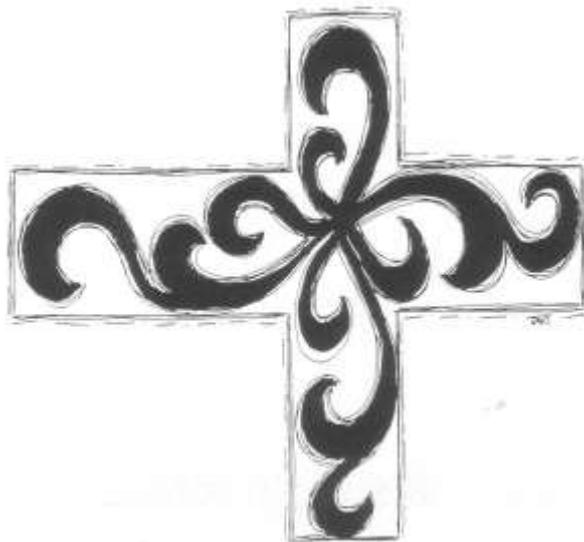
to grow in Christ together
to equip for service
to care for all

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YEARS

WEEKLY BULLETIN

16 SEPTEMBER 2018

SEVENTEENTH SUNDAY AFTER PENTECOST



Welcome to our worship and fellowship today! You are warmly invited to share Communion with us, either by drinking from the cup or dipping the wafer in the chalice, or to come forward for a blessing.



Reflection after Communion – feel free to light a prayer candle in the Chapel at the back of the Church following Communion.



Please join us for morning tea after the Services

TODAY IN THE PARISH

8.00 am HOLY COMMUNION

Celebrant and Preacher:
The Venerable Dr. Wayne Brighton

10.00 am HOLY COMMUNION, Children's Church and Youth Group

Celebrant and Preacher:
The Venerable Dr. Wayne Brighton

5.00 pm SOUL FOOD CONVERSATION.

The Venerable Dr. Wayne Brighton

THIS WEEK IN THE PARISH

Monday 17.09.18	9.30 am 10.00 am	Rainbow Centre Worship Centre	Crafty Crew Covenant Care
Tuesday 18.09.18	12.30 pm	Worship Centre Chapel	Meditation
Wednesday 19.09.18	9.30 am 12 noon 2.00 pm 6.00 pm	Worship Centre Worship Centre Worship Centre Rainbow Centre	Tai Chi Holy Communion and byo lunch Ever Active Exercise Class Meditation
Thursday 20.09.18	9.30 am 2.30 pm 7.30 pm	Rainbow Centre Rainbow Centre Rainbow Centre	Scrabble Book Club EFM
Friday 21.09.18	10.00 am	Worship Centre	Rainbow Playgroup

WEEK BEGINNING 24 SEPTEMBER 2018

Monday 24.09.18	10.00 am	Worship Centre Kangara Waters Care Cntr Calvary Retirement Village	Covenant Care Holy Communion Holy Communion
Tuesday 25.09.18	12.30 pm	Worship Centre Chapel	Meditation
Wednesday 26.09.18	9.30 am 12 noon 2.00 pm 6.00 pm	Worship Centre Worship Centre Worship Centre Rainbow Centre	Tai Chi Holy Communion and byo lunch Ever Active Exercise Class Meditation
Thursday 27.09.18	9.30 am 2.30 pm 7.30 pm 7.30 pm	Rainbow Centre Rainbow Centre Rainbow Centre Rainbow Centre	Scrabble Book Club EFM Parish Council Meeting
Friday 28.09.18	10.00 am	Worship Centre	Rainbow Playgroup

HOLY COVENANT PRAYER VINE REQUESTS FOR PRAYER

E: prayervine@holycovenant.org.au
Or
Rosemary Kennemore: 6251 2009;
rkmore@grapevine.com.au

Bank Details for Direct Debit are:

Bank: Commonwealth Bank
Branch: Jamison Centre, ACT
BSB: 062 907 A/C No: 802 588
Name: Holy Covenant Anglican Church

SOMETHING TO THINK ABOUT

The wrong map, Satan!

By Richard Browning

The true story goes something like this.

A Hungarian platoon on operation in the Alps get snowed in. It is the last years of WWII. No one was coming to rescue them. The sergeant finds a map in a cabin and uses it to lead the group to safety. It took days. Upon return, the lieutenant asked to look at the life saving map. He was astonished. The map was of the Pyrenees mountains. They were in the Alps.

I am not saying any map will do.

I am saying belief is powerful. Necessary even.

It is desirable to have a map that correlates to the actual landscape. Aligning one's map to reality takes courage, and usually a caring family or community.

Jesus asked the disciples bluntly: 'Who do you say I am?' (Mark 8). Peter confesses Jesus as Lord. Jesus then describes how being Lord will be played out. He will suffer, be accused, condemned, crucified and three days later arise.

Peter to Jesus:

'No. No. No. No. No.'

(Peter has a better map of how the Lord should be in the world.)

Jesus says to Peter:

'No. No. No. No. No. Peter, you are Satan. Get behind me.'

(That is a fairly serious map realigning sit down moment. Satan? Ouch.)

The landscape, no matter where we are, is this: everything is connected and what really matters is relating, with all that is, seen and unseen. And when everything passes, only a few things will remain, and one of those is love. This is the landscape. And we need a map to help us find our way.

Jesus, the Son of God, the Song of Creation, is the map. Following this map draws us deeper into reality, into life in outrageous abundance. It is radical. Wild. Unexpected. It transforms, but by giving, not having, by letting go, not holding on. This Way is Jesus, whose costly love transforms our lives and calls into radical 'follow'ship.

O God, speak into our imagination, destroy our comfortable boxes in which we attempt to host and guard you. Speak into our imagination and lead us into the open where we can ride with your wildness and breathe in your extravagant love, where your offensive solidarity with the weak can realign our own values with yours and we can copy your ridiculous logic of transforming others through vulnerable full-bodied presence.

Amen.

IN THE PARISH

YOUR KINGDOM COME
SATURDAY 22 September
9.30am—3.30am



Perspectives on mission and discipleship

Our parish is starting a process for strategic planning. This one day workshop will be our first step together. The goal is to learn how we might all listen to God's voice and find ways of acting on it together.

For some, it might mean growing UP by developing greater intimacy with God. For others, it might mean growing IN by learning how to care pastorally for people. It might mean growing OUT by finding new ways of connecting with the community. It might mean growing WITH by cultivating partnerships with groups who share our vision of God's inclusive grace. How God can work through you? How might you see God's kingdom come

The workshop will be held at the Australian Centre for Christianity and Culture, Blackall Street, Barton



WHAT IS RAINBOW FELLOWSHIP?

We could call it our Disability Fellowship but a better way of describing our members is Differently Abled. We come from a variety of perspectives created by our respective physical and/or intellectual impairments. These strong different perspectives make our time together both interesting and challenging.

This ministry has been happening for several years now on the first Sunday afternoon of each month. About 12 adults and one dog attend, supported by either a family member or a paid support worker (funded generally through the NDIS). We are keen to see our group grow, and welcome anyone who may wish to join us.

We open with prayer, share news, hear and consider a Bible story before moving onto a craft activity and arvo tea. We enjoy activities together including planting cuttings for the fete, trips to the National Botanic Garden and, the occasional barbecue down at the lake. In December we join with the Holt church's JAFFA group for a Christmas lunch. Gatherings finish with an individual set prayer for everyone attending.

Anne Ranse, Ken Wedgwood, Judith Ann and Anne Dudzinski think it's a great afternoon. But we are a small team, and would welcome others to join us. You will find an opportunity to come to understand a new perspective, and to see life through the eyes of another. It is a chance to make new friends who are enthusiastic in their welcoming, and keen for you to join them in Fellowship.

IN THE PARISH

GENTLEMEN—TIME TO GET TOGETHER AGAIN

Dinner - Friday 21 September
7pm in the Rainbow Centre

Cost \$20

Last chance today - Sign up
sheet on board



A special thanks to all who contributed and helped at Susan Joy's funeral on Tuesday 11 September.

From the music to the sound desk, setting up and packing down, helping people to find a seat, serving food and cleaning up the kitchen, all your help made a special day possible.

- Wayne

Thank you for the willing helpers at yesterday's working bee.

Working bees are held the third Saturday of the month From 9am till 12 noon

SOME PRAYER POINTS FROM SYNOD

- ◆ Please keep the board of Canberra Girl's Grammar School, including the Chairperson, Belinda Moss in your prayers as they look for a new Principal.
- ◆ Synergy Youth: Pray for camp cooks, extra camp parents, grandparents, aunts and uncles for the upcoming summer camps. As Wambiri is still out of action following the Tathra bush fires the camps are held at Kianinny. Give thanks for the many people who have been involved in the Camp Pelican programme over the last 40 years.
- ◆ For St. Mark's Theological College: Give thanks for the very generous financial support from Beth Heyde to establish the St. Mark's Foundation enabling the College to operate over the past few years.
- ◆ The Episcopal Election Committee: Pray for the team and the candidates who have been nominated as they prepare for the Episcopal election in November.
- ◆ Give thanks for our committed clergy and lay people across the Diocese, including our rector Wayne, who put forward a number of motions on behalf of the Public Issues Commission, also gave an interesting presentation on Pioneer Ministry in the Diocese.



IN THE PARISH

Parish Mini Fete – Saturday 3 November
UPDATE and BRAINSTORMING MEETING

We have a Fete Coordinator!

Elaine Gifford has agreed to take on a coordinating role, (thank you Elaine) on the understanding that many parishioners (and some friends and family?) will be willing to contribute their ideas and time, each in their own way, to make this a great community event.

Already several aspects of planning are under way and some stall conveners in place. The next step will be a short **Ideas Meeting** at about 11.15am after the 10am service **next Sunday, 23 September**. How can we make the Fete buzz? Attract people? What else can we offer? How could last year's fete have been better? Coming to the meeting does not commit you, but can help our planning.

Any ideas, suggestions, offers may also be made to Elaine in person or on 6241 4513; gifford246@bigpond.com. Or to any Parish Councillor.

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JUBILEE STORIES

When our children were younger, we took them to church with us. Our elder daughter, Kathryn, was unimpressed with this. She figured that she could minimise her time in church by becoming a Sunday School teacher. She was so good with the little ones that she got several regular babysitting jobs with their parents. I am still trying to sort out the theology of this!

If you have any stories, please tell them to Mary Lynn Mather, Phyl Holmes, Steve Daniels or David Clark or email them to mdclark@grapevine.net.au

Kate from **Dementia Australia** will be giving a short talk for Covenant Care Volunteers on working with people who are living with dementia. Parishioners who would like to attend are most welcome. It will be at **4.30pm on Thursday 27 September** and goes for about an hour. There is a sign-up sheet on the board.

UNAVAILABLE IN OCTOBER?

Don't forget to mark the Unavailability sheet on the Roster Board. October rosters will be made up this week.

BIRTHDAYS THIS WEEK

Tuesday: Ann Menzies
Friday: Emily Trigge
Saturday: John Painter

IN THE PARISH

DECLUTTER TIP FROM JENNIFER

Do you have trouble getting started? Are you feeling overwhelmed by the size of your decluttering task? Are you waiting in vain for a whole weekend with all hands on deck for a decluttering bee?

Make a small start. Begin by making a commitment to yourself that you will spend small but frequent and regular periods of your time decluttering. Decluttering, like exercise, requires commitment and time.

Initially try following this simple commitment: declutter seven items out of your house every day. And at the weekend add one big item. That makes 50 items in total for the week. And then repeat next week and so on.

Concentrate on the easy items – that is, items that have no emotional attachment; for example old newspapers & magazines, clothes that are worn or no longer fit, broken items, books you do not intend to reread, CDs you never play, worn out shoes, surplus takeaway containers, records and VHS tapes and cassettes that you no longer have the technology to play, ditto computer discs. Keep moving on and remember that at this stage you are concentrating on the easy stuff. Sort your decluttered items into recycling/rubbish/donate and dispose of accordingly. It is very important that items leave the premises (otherwise you have only relocated them). Feel good about your progress.

So Declutter Step No. 3 – Seven items a day for seven days a week. Repeat.

“Fully taking responsibility for your own experience of life is a long process that requires much practise. ... The point is simply to begin. You start to feel better immediately.” Susan Jeffers

NEW GREEN BIN

Now that green bin collections have started in Belconnen, the parish has acquired one and it is parked with the other bins to the left of the kitchen door (outside the multipurpose room).

The green bin is for **garden waste only** including spent flowers, etc. (It is not to be used for kitchen waste.)



FRIDAY 5 OCTOBER

MOVIE NIGHT - THE SHACK 6.30-9.00pm

After suffering a family tragedy, Mack Phillips spirals into a deep depression that causes him to question his innermost beliefs. Facing a crisis of faith, he receives a mysterious letter urging him to an abandoned shack in the Oregon wilderness. Despite his doubts, Mack journeys to the shack and encounters an enigmatic trio of strangers led by a woman named Papa.

Watch this space for more details!

BEYOND THE PARISH

EMBRACING MINISTRIES

are looking for volunteers for the Spring Holiday Program this year during the upcoming school holidays, 1st-5th October.

We are looking for enthusiastic volunteers who want to expand their experience in the disability sector and help. This position does not require past experience in teaching or disability, however those with this experience are wanted to support youth in years 6-12.

The Spring Holiday Program is a program for youth with intellectual and physical disabilities. This exciting week serves youth ranging from school years 6 to year 12 in the ACT area, to spend time together in an ecumenical Christian environment. We will begin the program with a family day so we can get to know each other before the program. Our theme this year is the Easter Story.

If you would like to volunteer, we would love to hear from you soon!

Pre-program training such as Safe Ministries and a training day that will include Understand autism (Aspect) learning to communicate with nonverbal youth (speech pathologist) and other relevant subjects. All volunteers will also need to have a WWVPC and police check.

For more information please contact Andrea 0404 256714

EMBRACING MINISTRIES TRADING POST

Decluttering?

If your decluttered items have some life in them, they may be attractive to other parishioners and at the same time help Embracing Ministries. The idea is that you advertise them on the noticeboard and any proceeds go to Embracing Ministries.

(No items to be left in the church.) See David Clark for more details.

mdclark@grapevine.net.au



If you would like to find out more about EFM join us on

**October 4 and 11
In the Worship Centre**

We are looking forward to another stimulating year of reading, discussion and reflection and welcome anyone who is new to the program or any participants who wish to return. The program runs on a four year cycle and new participants can sign on a year at a time, with the first year focus being on the structure and the writings of the Old Testament.

Grace is what warms us with love, thaws us with hope, and softens us with forgiveness.
- Wayne Brighton

Recovering from domestic violence

Last week we had a young woman visit St John's Care who we will call Susan (not her real name). She has been through some hard times recently and hadn't been to the Centre before. Because she has experienced domestic violence from an abusive partner she lives on her own with her young daughter.

Our Community Worker, Steph, spoke with Susan and offered her a safe space to tell her story, talk about her issues and start making plans to improve her future. She explained that she has had to endure years of abusive behaviour from her partner where she felt trapped. She said, "I stayed because it was all I knew and didn't feel confident enough to leave."

With the help of a Domestic Violence program, Susan was able to leave her partner and move to a safe place. Understandably, she is struggling to navigate through feelings of depression and low self-esteem.

Susan has very little money as she is waiting for her Centrelink benefits to be approved. She had no fresh food or personal hygiene products. SJC was able to provide Susan with food, personal hygiene products, bus tickets to help with transport and assistance with utility bills.

Steph also discussed with Susan how she would feel about attending a group at SJC, facilitated by her, to talk about growth and parenting skills with others who had similar experiences.

Susan said that a group like that would be helpful as it's often a topic not touched on by her friends. She said, "It would be good to speak with other women who have also experienced significant challenges." She left SJC feeling a lot lighter for having been heard and supported.

Hardship and setback can strike anyone—an unexpected crisis, the loss of a job, health problems, family breakdown and a number of other reasons. With your assistance SJC is here to help and support all people in a non-judgmental manner with dignity and respect.

Wish List: tinned fruit, shampoo, conditioner and savoury biscuits.

Steph Stephens
Community Worker



PRAYER POINTS FOR THIS WEEK

IN THE WORLD

- ♦ We pray for those who share little of the earth's resources, for those who enjoy little freedom, the imprisoned and the oppressed.

IN AUSTRALIA

- ♦ We pray for the Indigenous leaders as they work to improve the conditions and opportunities for their people.

IN THE CHURCH

- ♦ Diocese of Newcastle; Anglican parishes in South Woden and Tuggeranong. Calwell Neighbourhood Centre; Anglicare Children's Services Centres at Calwell and Gordon.
- ♦ Anglicare activities in partnership with parishes and with government: child care, foster care, young people and families; for staff and volunteers in regional offices and in Goulburn.

IN OUR PARISH AND COMMUNITY

- ♦ We pray for Anne Ranse leading the retreat this weekend and for the retreatants.
- ♦ We pray for the Discipleship workshop next Saturday.
- ♦ We pray for all members of our parish family including Janet Williams; Joan Williams; Tony Willis; Lexie Winders; and Roger, Rika, Katy and Sophie Amos.
- ♦ We pray for those in special need of prayer including, Dorothy Parsonage, Elizabeth Grant, Lexie Winders and Joan Williams and anyone known to us personally.

DEAR GOD,
I WANNA TAKE A
MINUTE, NOT TO ASK
FOR ANYTHING FROM
YOU, BUT SIMPLY TO
SAY THANK YOU,
FOR ALL I HAVE.

COMMEMORATIONS:

Thursday: Thomas Gould (d. 1997)

ON THE NOTICEBOARD

- Diocesan Involvement in the National Redress Scheme.
- Anglican Church Calendar
- CMS summer School
- The Bible and the Environment, Breakfast Talk, Sat 29 Sept. St. Barnabas, Charnwood.

September Anglican News

is now available:

<http://anglicancg.org.au/news-and-events/anglican-news/>

Christian Caravan 4-14 October

Come for ten days or just come for the last weekend. Totally flexible. Support drought affected rural communities. Join local church services and help pray for rain. Have fun, see the sites and support local communities as you stay in small country towns like Forbes, Nyngan, Bourke, Narromine and Molong.

Services Oct 5 St Johns Forbes 10am;

Oct 7 Holy Innocents Bourke 9am;

Cumnock 10 am and more!

<https://www.facebook.com/christiancaravan/>;

<https://christiancaravanoutback.wordpress.com/>;

or email Dee

at christiancaravanoutback@gmail.com

MINISTRY TEAM

RECTOR	The Ven. Dr Wayne Brighton 0407 408 333	E: rector@holycovenant.org.au Day off: Monday.
HONORARY PRIEST	Revd Anne Dudzinski 0413 994 739; 6278 6087	E: annedudzinski@optusnet.com.au
HONORARY PRIEST	Revd Connie Gerrity 0429 423 725	E: connie@gerrity.id.au
HOLISTIC CARE NURSE	Ven (em) Anne Ranse, OAM 0406 379 599 (NB)	E: nurse@holycovenant.org.au Day off: Tuesday
CHILDREN'S WORKER	Pauline Lovitt 0419 406 011	E: children@holycovenant.org.au
YOUTH LEADER	Jerry Platt 0466 661 860	E: youth@holycovenant.org.au

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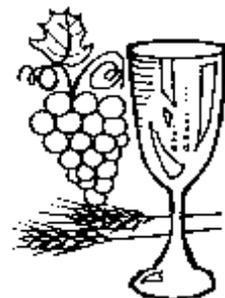
DETAILS FOR NEXT SUNDAY – 23 SEPTEMBER 2018

Eighteenth Sunday after Pentecost

8.00 am **HOLY COMMUNION**
Preacher and Celebrant:
The Venerable Dr Wayne Brighton

10.00 am **HOLY COMMUNION**
Preacher and Celebrant:
The Venerable Dr Wayne Brighton

5.00 pm **SOUL FOOD CONVERSATION**



TODAY

SENTENCE:

Those who want to save their life will lose it, and those who lose their life for the sake of the gospel will save it. Mark 8:35

READINGS:

Isiah 50: 4-9a
 Psalm 116:1-9
 James 2: 18-26
 Mark 8: 27-38



8 am HYMNS - Matthias

547
 428(619)
 96
 595

PRAYER

God of mercy,
 Help us to forgive as you have forgiven us,
 To trust you, even when hope is failing,
 And to take up our cross daily
 And follow you in your redeeming work;
 Through Jesus Christ our Lord,
 Who lives and reigns with you and the Holy Spirit,
 One God, now and forever **AMEN**



	8.00 am	10.00 am
Sidespersons	Mandy Squair, Jennifer Collier	Jo and Gareth James
Readers	Mandy Squair Jennifer Collier Celebrant	Celeste Sandstrom Reg Holmes Sandra Ross
Intercessor	Robert Arthur	Meg Brighton
Organist	Kath Arthur	Heather Shelley
Word and Prayer	Luc Rose	Joh Sheehan
Deacon	-	-
Cup	Luc Rose Paul Shelley	Mark Cooper-Stanbury, Neville Hurst, Phyl Holmes, Doreen Matters Extra bread: Elaine Gifford
Morning Tea	Mary Lynn Mather	Any offers?
Children's Church		Katherine and Pauline M/Tea: Katherine Rainger
Counters	Trish Barnes, Clive Rodger	Quentin Grafton, Andrew Hill
Sat 22 September	Cleaning: Lindsay and Anne McDowell	Flowers: Phyl Holmes