



# HOLY COVENANT ANGLICAN CHURCH JAMISON

to grow in Christ together  
to equip for service  
to care for all

50  
YEARS

## WEEKLY BULLETIN

25 NOVEMBER 2018

## CHRIST THE KING



**Welcome** to our worship and fellowship today! You are warmly invited to share Communion with us, either by drinking from the cup or dipping the wafer in the chalice, or to come forward for a blessing. Gluten free wafers and grape juice are available on request.

**Reflection after Communion** – feel free to light a prayer candle in the Chapel at the back of the Church following Communion.



**Please join us for morning tea after the Services**

### TODAY IN THE PARISH

8.00 am

#### HOLY COMMUNION

Preacher and Celebrant:  
The Revd Anne Dudzinski

10.00 am

#### HOLY COMMUNION

Preacher and Celebrant:  
The Revd Anne Dudzinski

5.00 pm

#### SOUL FOOD CONVERSATION



## THIS WEEK IN THE PARISH

<b>Monday 26.11.18</b>	10.00 am	Worship Centre Kangara Waters Care Cntr Calvary Retirement Village	Covenant Care Holy Communion Holy Communion
<b>Tuesday 27.11.18</b>	7.00 pm	Rainbow Centre	Hope and Care Pack Workshop
<b>Wednesday 28.11.18</b>	9.30 am 12 noon 2.00 pm 6.00 pm	Worship Centre Worship Centre Worship Centre Rainbow Centre	Tai Chi Holy Communion and byo lunch Ever Active Exercise Class Meditation
<b>Thursday 29.11.18</b>	9.30 am	Rainbow Centre	Scrabble
<b>Friday 30.11.18</b>	10.00 am	Worship Centre	Play Group

## WEEK BEGINNING 3 DECEMBER 2018

<b>Monday 3.12.18</b>	10.00 am	Worship Centre	Covenant Care
<b>Tuesday 4.12.18</b>	4.00 pm	Rainbow Centre	Belonging and Caring
<b>Wednesday 5.12.18</b>	9.30 am 12 noon 2.00 pm 6.00 pm	Worship Centre Worship Centre Worship Centre Rainbow Centre	Tai Chi Holy Communion and byo lunch Ever Active Exercise Class Meditation
<b>Thursday 6.12.18</b>	9.30 am 11.30 am	Rainbow Centre Worship Centre	Scrabble Community lunch
<b>Friday 7.12.18</b>	10.00 am 10.30 am	Worship Centre Rainbow Centre	Play Group MOTH

### HOLY COVENANT PRAYER VINE REQUESTS FOR PRAYER

E: [prayervine@holycovenant.org.au](mailto:prayervine@holycovenant.org.au)  
Or  
Rosemary Kennemore: 6251 2009;  
[rkmore@grapevine.com.au](mailto:rkmore@grapevine.com.au)

### Bank Details for Direct Debit are:

Bank: Commonwealth Bank  
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BSB: 062 907 A/C No: 802 588  
Name: Holy Covenant Anglican Church

## SOMETHING TO THINK ABOUT

### **Christ the King. John 18: 33-37. 'My kingdom is not of this world'**

*Thou who wast rich beyond all splendour,  
All for love's sake becamest poor;  
Thrones for a manger didst surrender,  
Sapphire-paved courts for marble floor.*

*The suffering dying Jesus is the Christ upon the throne.*

*Let this mind be in you that was in Christ Jesus, who, though he was in the form of God, did not count equality with God as something to be exploited... (Phil. 2:5,6)*

For many today the image of God or Christ as king presents some challenges. Even at the time of Jesus' trial by Pilate, there were misunderstandings about what the term 'King of the Jews' might mean. We suspect Pilate is being ironic when he asks: 'Are you the King of the Jews?' He would probably be familiar with Jewish expectations of a Messiah who would be a warrior-liberator who would free them from the yoke of Roman occupation. But Jesus tells Pilate that that is not what he is on about. John portrays Jesus as playing a more active role in this exchange than do the other gospel writers, in that he claims his own royal destiny and life-purpose with some dignity. Yet, given the context, he is certainly a king in disguise! We can only speculate what must have been going on in Pilate's mind.

So, what does Jesus mean by saying, 'My kingdom is not of this world'? Something far more challenging than just the place you go when you die. 'The Kingdom of Heaven is within you' (Luke 17:21) was his earlier answer to those who asked when it would come about. Cynthia Bourgeault (*The Wisdom Jesus*) suggests that the Kingdom of Heaven is not something you die into, but something you awaken into. Not a place you go, but an awareness of what is already there—a divine energy or presence flowing in, through and between all people and things—admittedly well-hidden or disguised, as the metaphors and parables describing it suggest.

Certainly, Jesus' portrayal of what it means to be king (one who serves, suffers and offers himself in love for the healing of the world) subverts most notions of kingship.

And this is the kingdom he is offering to share with us. But it is only available to those who are sufficiently 'poor in spirit' to make space for what is on offer.

- **Frances MacKay**

## IN THE PARISH

THANK YOU to those who helped at  
ST. JOHN'S CARE GROCERY COLLECTION  
AND CAKE STALL yesterday.

And Thank You to Helen and Harris Boulton for organising!



**ADVENT QUIET AFTERNOON**  
**Sunday December 2**  
**in the Rainbow Centre 2 - 4.30 pm**

This is an opportunity to draw apart to ponder  
afresh the meaning of the season for our lives and our world.  
There will be time for quiet reflection as well as some sharing.

Facilitator: Frances MacKay

**COMMUNITY LUNCH**  
**Thursday 6 December**  
**11.30am for 12 noon**  
**\$5**

Come and join in the Christmas  
Carol sing-along, enjoy a lovely  
meal and get into the Christmas  
Spirit.

There is a **sign-up sheet** on the  
board for attending, or helping by  
making a slice or helping on the  
day.



**PARISH COUNCIL ELECTIONS**  
**for 2019**

**9 DECEMBER 2018**

Nomination forms are available  
from the back table for Councillors  
(yellow) and Wardens( orange).

Please prayerfully consider if this  
is a ministry to which you are  
called.

*Come, for the table  
has been prepared  
for you*



## IN THE PARISH

**HAVE YOU SEEN**, the delightful outdoor garden area in front of the Rainbow Centre? Developed by our Youth Group, aided and abetted by the Mordike family, Feel free to enjoy the delightful surroundings at any time.



### FROM OCTOBER PARISH COUNCIL MEETING:

Council gives thanks for:

- The energy and enthusiasm present at recent planning activities, including a half-day spent together and facilitated by John Body.
- The talents and energies in our congregations, including by those with passion for making music during our services. We hold in prayer those that will be arranging services for Christmas and into the new year and for the ongoing commitment of all those who contribute to the various elements of our worship services together.
- The stewardship of our Resources team – including the work being done on a porch over our kitchen door and more repairs to our roof.
- Our children and youth and the wonderful teams of people committed to working with them, including Pauline and Jerry. As they look forward to the end of the school year and towards the holidays, we invite the Parish to join with us in praying for them as they plan for 2019 and participate in camps during January.



## IN THE PARISH

**THE JUBILEE BOOK**, is starting to take shape, but more contributions would be most welcome. Here are some suggestions to help:

50  
YEARS

- ♦ Why did you first come to HC?
- ♦ What made you stay?
- ♦ Who are the most unforgettable characters you recall at HC?
- ♦ What is the funniest thing you recall happening at HC?
- ♦ What sermons linger in your memory? Why?

One paragraph—3 to 4 sentences is a good length.

Email your contributions to: David Clark: [mdclark@grapevine.net.au](mailto:mdclark@grapevine.net.au),  
Mary Lyn Mather: [mlmather5@bigpond.com](mailto:mlmather5@bigpond.com)

### CAMP PELICAN

Synergy Youth, our Diocesan children's and youth ministry organisation, is again running summer camps on the South Coast during **January for senior Primary and High Schoolers**. Each camp is for a specific age range and runs for 6 days - they provide a safe environment, packed full of fun activities, including time at the beach and opportunities to learn more about Jesus. A number of Holy Covenant children are already registered for the Senior Primary Camp.

For more information  
[www.synergy.org.au/summercamp/](http://www.synergy.org.au/summercamp/).

### PORCH OVER KITCHEN DOOR

Parish Council has agreed to a proposal from the Resources Team to erect a long-needed porch over the kitchen door. As this door is the main entry for out-of-hours access by parishioners and hirers, the porch will provide some shelter from the weather and it will also protect the door from weather damage. The porch will be architecturally sympathetic with the existing building design. We have paid a deposit and construction will take place in November.

We have already received two donations for this project. If you are interested in donating, you can transfer the funds directly into the parish's CBA account (details in the WB) – use your surname and “porch” as the reference. Any enquiries to Paul Shelley, Bob Arthur or Harris Boulton.

*accept me as  
I am - only then  
will we discover  
each other*



### HOPE AND SHARE PACK WORKSHOP

#### WHAT IS THE HOPE PACK?

Around 45% of Australians will experience some form of mental illness disorder in their life time. Depression can cause negative thoughts that produce disordered thinking and emotions such as fear, anxiety, guilt, shame and sadness. Many have difficulty managing time, money, work, friendships, eating and sleeping that can lead to social isolation, which continues the downward spiral into mental illness.



The Hope Pack fosters a safe, natural friendship between a person living with a mental disorder and their friend/buddy who provides encouragement and motivation to complete 21 days of structured activities which are aimed at improving the person's nutrition, hydration, thinking, movement and emotions, to produce better health of body, mind and spirit. It provides a list of actions, behaviours and life giving Bible verses to repeat each day. The pack is one tool in a person's wellness tool box.

**The workshop on the 27<sup>th</sup> November at Holy Covenant** will show you how to use the Hope Pack. Perhaps you know someone with depression or with a 'low' mood that you could take this 21 day Hope Pack journey with them to help them recover or perhaps you just want to know more about how this pastoral support can help people.

As well as the Hope Pack there is also a Share Pack which is for people who perhaps have little or no faith. There is a sign up sheet on the notice board if you would like to attend this workshop.

- Archdeacon Anne

## SERMONS

Do you know that you can **listen** to any recent sermons that you may have missed... or perhaps enjoyed so much that you want to listen to them again!?

**Recordings** of the weekly sermons are now available on the Parish website (as an MP3 file), which should play on any computer, tablet or smartphone.

## THERE'S MORE . . .

### CONGRATULATIONS to:

- ◆ Ellie Wedgwood, who has been elected by her peers as a School Prefect next year with responsibilities for Chapel Captain, Tech Crew Captain and Spiritual Prefect.
- ◆ D'Arcy Brighton who has been elected as Snow Sports Captain.

**The Crafty Crew** swelled to 8 workers on Monday and we made 50 cards. Well done all. (and not a cat o' ninetails in sight!) Kaye Pritchard from Anglicare sent her thanks for the work.

Request for recycling material for 2019. All Christmas and non-Christmas material welcome, including old calendars, catalogues, birthday cards in fact anything with lovely pictures we can recycle next year. There will be a box near the book case for your contributions. Thank you everyone. Gillian

**GOING GOING GONE!** Missing a scarf, yoga mat, kitchen containers?? Last chance this week to claim them from the Lost Property basket.

**ANGLICAN NEWS** for November is now available from the Diocesan Website:  
<http://anglicancg.org.au/news>

By entering this church it may be possible that you hear "the call of God".

However, it is less probable that He will call you on your mobile. Thank you for turning off your phones.

If you want to talk to God, enter, choose a quiet place and talk to him.

If you want to see him, send him a text while driving.



### OUTBACK CHRISTMAS A community advent Pageant—1 December

Imagine the Christmas Story painted by legendary Australian artist Pro Hart. Picture poetry of Lutheran theologian, guru, and radical Dr. Norm HABEL. Mix it with music of song-writing minstrel Robin Mann. You have outback Christmas, a retelling of the Christmas story based in the Australian outback.

### BIRTHDAYS THIS WEEK

Monday: Jeremy Platt  
Tuesday : Lexie Winders  
Thursday: Margaret Meggs



## FROM ST.JOHN'S CARE



### Behind the Scenes at SJC

When I first retired my initial choice for volunteer work was with St John's Care. My church (St Peter's, Weston) was making monthly grocery collections at Cooleman Court for its outreach program and I had already been a part of that ministry.

Once I had decided to volunteer "on site" at SJC I started helping with the monthly Friday lunch which, I was told, would be a practical way to involve myself with a wide range of SJC clients in a casual setting. A good prelude to meeting clients who might need assistance on a one on one basis. I did this for about six months and used the lunch's to serve and sit with the guests and share a meal with them. I got to know the regulars and soon felt more comfortable in the company of a variety of personalities.

I then moved into the Emergency Relief Centre (ERC) to explore whether I would be more useful to SJC's clients in this environment. I now volunteer there on Thursdays.

Considering my own personal situation, I decided after a few months that I could serve the ERC better as a "back office" packer. Repacking is an essential and practical task as the ERC provides necessities for 3 days only. The smaller single or family packs are more manageable on a bus or bicycle. Some of the items donated in bulk which require repacking include coffee, tea bags, laundry powder, oil, flour, nappies, sugar, Milo, soap etc.

Fresh fruit and vegetable are delivered daily and the shelves are refilled. It is the aim of the ERC to provide an attractive variety of fresh items. We do not present on the shelves any produce we would not like to accept ourselves.

**There is a real team atmosphere at SJC and I would suggest to anyone who might like to join the volunteering team, to introduce themselves gradually to the system by helping out at the monthly Friday lunch - you get fed too!**

Eileen Lamerton, SJC volunteer

**Wish List:** Children's toothbrushes, pouring custard, tinned fruit, fruit mince pies.

**PS:** Our Christmas present box is now awaiting your contributions. e.g. gift cards, EB Games, Rebel Sport, JB Hi Fi, Target, are great for teenagers.

# PRAYER POINTS FOR THIS WEEK

## IN THE WORLD

- ◆ We pray for a world where peace and prosperity may prevail; where injustice and oppression are no longer.

## IN AUSTRALIA

- ◆ We pray for a country where compassion will be a motivating force to decisions made by governments.

## IN THE CHURCH

- ◆ Diocese of The Northern Territory; Cooma; Berridale and Snowy Mountains; Southern Monaro and Cooma Correctional Centre
- ◆ Premier of New South Wales and Leader of the Opposition in NSW; Chief Minister of the ACT and Leader of the ACT Opposition and their respective Governments and the Opposition parties.

## IN OUR PARISH AND COMMUNITY

- ◆ We give thanks and pray for our new Bishop-Elect - Revd Dr. Mark Short.
- ◆ We pray that nominations for Parish Council and Wardens will be forthcoming.
- ◆ We pray for all members of our parish family including Reg and Phyl Holmes; Jey Hoole, Evelyn David-Hoole and Hannah, Mary, Sarah and Elizabeth; Nilantha Hulugalle; and Neville and Dorothy Hurst.
- ◆ We pray for those in special need of prayer including, Joan Williams, Dorothy Parsonage, Elizabeth Grant, and anyone known to us personally.

## COMMEMORATIONS:

**Thursday:** Mavis Enid McLaren (d. 2017)



## MINISTRY TEAM

<b>RECTOR</b>	<b>The Ven. Dr Wayne Brighton</b> 0407 408 333	E: rector@holycovenant.org.au Day off: Monday.
<b>HONORARY PRIEST</b>	<b>Revd Anne Dudzinski</b> 0413 994 739; 6278 6087	E: annedudzinski@optusnet.com.au
<b>HONORARY PRIEST</b>	<b>Revd Connie Gerrity</b> 0429 423 725	E: connie@gerrity.id.au
<b>HOLISTIC CARE NURSE</b>	<b>Ven (em) Anne Ranse, OAM</b> 0406 379 599 (NB)	E: nurse@holycovenant.org.au Day off: Tuesday
<b>CHILDREN'S WORKER</b>	<b>Pauline Lovitt</b> 0419 406 011	E: children@holycovenant.org.au
<b>YOUTH LEADER</b>	<b>Jerry Platt</b> 0466 661 860	E: youth@holycovenant.org.au

## PARISH DIRECTORY

<b>PARISH OFFICE</b> Open 10 am - 2 pm Tuesday to Thursday	<b>Libby Warren (Administrator)</b> 89 Dexter Street, Cook, ACT 2614 Tel: 6251 6100	E: office@holycovenant.org.au Web Page: <a href="http://holycovenant.org.au">http://holycovenant.org.au</a> PO Box 98, Jamison, ACT 2614
<b>WARDENS</b>	<b>Paul Shelley</b> 6251 1568 <b>Joh Sheehan</b> 6251 7151	
<b>PRAYER VINE</b>	Rosemary Kennemore	E: prayervine@holycovenant.org.au
<b>WB EDITOR</b>	Phyl Holmes 6251 2007	E: weeklybulletin@holycovenant.org.au

## DETAILS FOR NEXT SUNDAY – 2 DECEMBER 2018

### First Sunday of Advent

- |                 |   |
|-----------------|---|
| <b>8.00 am</b>  | <b>HOLY COMMUNION</b><br>Preacher and Celebrant:<br>The Venerable Dr Wayne Brighton |
| <b>10.00 am</b> | <b>HOLY COMMUNION</b><br>Preacher and Celebrant:<br>The Venerable Dr Wayne Brighton |
| <b>2.00 pm</b>  | <b>ADVENT QUIET AFTERNOON</b>   |
| <b>5.00 pm</b>  | <b>SOUL FOOD CONVERSATION</b>   |



# TODAY

**SENTENCE:** Worthy is the Lamb that was slain to receive power and wealth and wisdom and might and honour and glory and blessing. Revelation 5:12

**READINGS:**

Daniel 7: 9-10, 13-14  
 Psalm 93  
 Revelation 1: 4b-8  
 John 18: 33-37



**8 am HYMNS - Matthias**

237  
 353  
 256  
 216(108)

**PRAYER**

Everlasting God, whose will is to restore all things in your beloved Son, our Lord and King; grant that the people of earth, now divided and enslaved by sin, may be freed and brought together under his gentle and loving rule; who lives and reigns with you and the Holy Spirit, one God, now and forever.

**AMEN**



	8.00 am	10.00 am
<b>Sidespersons</b>	Mandy Squair, Hilary Harris	Prue and Ken Wedgwood
<b>Readers</b>	Mandy Squair Steve Daniels Anne Ranse	Sandra Ross Dorothy Hurst Anne Ranse
<b>Intercessor</b>	Anne McDowell	Joh Sheehan
<b>Organist</b>	Heather Shelley	Celeste Sandstrom
<b>Word and Prayer</b>	Rhonda Thorpe	Katherine Rainger
<b>Deacon</b>	Anne Ranse	Anne Ranse
<b>Cup</b>	Rhonda Thorpe Anne Ranse	Anne Ranse, Connie Gerrity, Mark Cooper-Stanbury, Phyl Holmes, Extra bread: Katherine Rainger
<b>Morning Tea</b>	Mandy Squair, Pam Lane	Catherine D'Cruz, Elaine Gifford
<b>Children's Church</b>		Pauline, Christine Mitchell
<b>Counters</b>	Jen Collier, David Kennemore	Merri Bacon, Andrew Hill
<b>Sat 1 December</b>	<b>Cleaning:</b> Youth Group	<b>Flowers:</b> Elaine Dennis