



# HOLY COVENANT ANGLICAN CHURCH JAMISON

to grow in Christ together  
to equip for service  
to care for all

50  
YEARS

## WEEKLY BULLETIN

9 DECEMBER 2018

## SECOND SUNDAY IN ADVENT



 **Welcome** to our worship and fellowship today! You are warmly invited to share Communion with us, either by drinking from the cup or dipping the wafer in the chalice, or to come forward for a blessing. Gluten free wafers and grape juice are available on request.

**Reflection after Communion** – feel free to light a prayer candle in the Chapel at the back of the Church following Communion.



**Please join us for morning tea after the Services**

### TODAY IN THE PARISH

- |          |  |
|----------|--|
| 8.00 am  | <b>HOLY COMMUNION</b><br>Preacher: The Right Revd. Allan Ewing<br>Celebrant: The Venerable Dr Wayne Brighton |
| 10.00 am | <b>HOLY COMMUNION</b><br>Preacher: The Right Revd. Allan Ewing<br>Celebrant: The Venerable Dr Wayne Brighton |
| 5.00 pm  | <b>SOUL FOOD CONVERSATION</b>  |

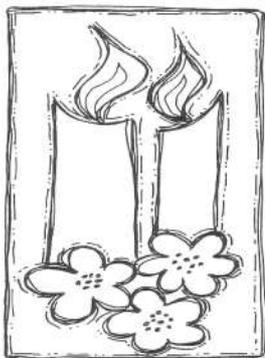


## THIS WEEK IN THE PARISH

<b>Monday</b> 10.12.18	10.00 am	Worship Centre Calvary Retirement Village	Covenant Care Holy Communion
<b>Tuesday</b> 11.12.18	10.30 am	Kangara Waters Village	Christmas Carol Service
<b>Wednesday</b> 12.12.18	9.30 am 12 noon 2.00 pm 6.00 pm	Worship Centre Worship Centre Worship Centre Rainbow Centre	Tai Chi—final Holy Communion and byo lunch Ever Active Exercise Class Meditation
<b>Thursday</b> 13.12.18	9.30 am	Rainbow Centre	Scrabble
<b>Friday</b> 14.12.18	10.00 am	Worship Centre	Play Group
<b>Saturday</b> 15.12.18	9.00 am	Church Grounds	Working Bee

## WEEK BEGINNING 17 DECEMBER 2018

<b>Monday</b>	10.00 am	Kangara Waters Care Centre	Holy Communion
<b>Tuesday</b>	2.30 pm	Calvary Retirement Village	Christmas Carol Service
<b>Thursday</b>	9.30 am	Rainbow Centre	Final Scrabble
<b>Friday</b> 21.12.18	10.00 am	Worship Centre	Final Play Group



### LIGHTING THE ADVENT CANDLE

As we light the candle of **PEACE**,  
We remember the stories  
of times you have been our comfort  
when you have heard our cries for justice,  
for certainty, for peace,  
and you have led us home;  
and we know we can trust that you  
are leading us forward,

### HOLY COVENANT PRAYER VINE REQUESTS FOR PRAYER

E: [prayervine@holycovenant.org.au](mailto:prayervine@holycovenant.org.au)  
Or  
Rosemary Kennemore: 6251 2009;  
[rkmor@grapevine.com.au](mailto:rkmor@grapevine.com.au)

### Bank Details for Direct Debit are:

Bank: Commonwealth Bank  
Branch: Jamison Centre, ACT  
BSB: 062 907 A/C No: 802 588  
Name: Holy Covenant Anglican Church

## SOMETHING TO THINK ABOUT

### **PHILIPPIANS 1:1-11**

As Paul begins his letter to the believers in Philippi, he writes one of the most encouraging statements in all of scripture: he is confident that God will complete the work he has begun in their lives (v6) God intends to finish the job and bring us to full maturity.

The work begins when we allow God to enter our lives, although we know from other scriptures that God's concern for us began even before we were born (Jeremiah 1:5) but then he began the work of bringing us to his Son, to repent and believe. When we do, he begins the good work within us, a work that's not complete until the day of Christ Jesus.

Therefore we should not become discouraged when we see weaknesses in our character, when we stumble and fall and get all muddled, because God will not give up. When he is finished, we shall be like Jesus. That's how perfect God's work is going to be. To think that God is at work within us, filling us with himself: I can't imagine anything else that will truly transform a person. 'I'm indwelt by God himself.' That alone is a motivation for holy, bold living. That alone compels us to ask, 'Lord, what is on your heart? How do you want me to feel, act and think? What do you want me to do here, on earth, for you?'

This advent let us reflect on the fact that we are chosen by God to be a dwelling place for him. He has pitched his tent among us and chosen us to continue his work and the gift he has given us is a gift that steadily transforms us, the ordinary, into the extraordinary. This is a God of the universe, the Source of all creation. Let us ask him again, 'How is it that we should use this gift. The gift that keeps on giving, for your glory in this world?'

- Archdeacon Anne



### **Christmas gift suggestions**

To your enemy, forgiveness.  
To an opponent, tolerance.  
To a friend, your heart.  
To a customer, service.  
To all, charity.  
To every child, a good example.  
To yourself, respect.

- Oren Arnold

## IN THE PARISH



We welcome Bishop Allan Ewing and Tricia to our Services today. Bishop Allan and Tricia are no strangers to Holy Covenant. The Ewing family arrived in our parish in 1987 while Allan was studying at St. Mark's and was Assistant Priest. They left in October 1989 when Allan was appointed Rector of the parish of Holbrook. Allan's Mum Pat is a regular worshipper at our Wednesday Services. It's great to have you among us again.



Thank You to all those who helped with the **COMMUNITY LUNCH** On Thursday 6 December  
And to **LIONS Australia** for the donation of 3 Christmas cakes.



### **PARISH COUNCILLORS for 2019**

Congratulations to Paul Shelley and Joh Sheehan who were elected as People's wardens. Congratulations also to Ken Wedgwood, Sandra Ross, Allison Cooper-Stanbury, Anthony Troy, Tobias Nevile and Jen Collier who were elected to parish council for next year. We farewell t Rhonda Thorpe who has stepped down in order to give her attention the Holistic Care Nursing Ministry.

The positions were filled without a congregational vote as there were sufficient candidates for the vacancies that needed to be filled.

Please keep the wardens and counsellors in your prayers as they help us all to develop our parish's capacity to join in God's mission to the world. Their willingness to be involved in this way is appreciated greatly.

### **BIRTHDAYS THIS WEEK**

Tuesday : Maxine Rose

Thursday: Allison Cooper-Stanbury,



## IN THE PARISH

### FROM NOVEMBER PARISH COUNCIL MEETING

After their last business meeting of the year held last Thursday, Parish Council gives thanks for:



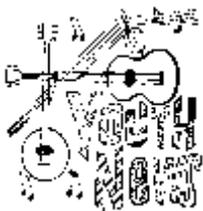
- ♦ our wonderful and diverse teams of people within the congregations who have gathered and contributed to our life in many extraordinary ways. We particularly noted, with deepest gratitude, the decades of love and service given to us by Harris Boulton as Convener of the Resources Team.
- ♦ Arrangements are being made to acknowledge and thank him during our morning services soon as he relinquishes this role.

Parish Council also approved:

- \* the commitment of seed funding for a new Parish project S.H.O.V.E.L. that will reach out to our neighbourhood via a community garden initiative - commencing in early 2019;
- \* a budget for 2019 for consideration at our February AGM.
- \* the preparation of a discussion paper suggesting ways in which our Parish can take more steps towards being a welcoming and affirming church community in which we celebrate our diversity as God's children - fearfully and wonderfully made, in Their image. This paper will be considered by the new Parish Council during 2019.

And finally, we give thanks to our wonderful and enabling God for the gift of our friend and Rector, Wayne, who has inspired and encouraged and provoked us to join with him and all of the staff and volunteers to do God's work here in our part of the world. Amen.

### Financial support for Camp Pelican



The parish is providing financial support for three leaders from Holy Covenant for Camp Pelican and is keen to support families who may not be able to afford the camp fees.

If you are able to assist in this ministry, you can transfer your donation directly into the parish's CBA account (details in the WB) – use your surname and "CampPel" as the reference. Or you can put your donation suitably marked in the offertory plate, or hand it in to the parish office.

Enquiries to Youth Group Leader Jerry Platt. ([youth@holycovenant.org.au](mailto:youth@holycovenant.org.au))

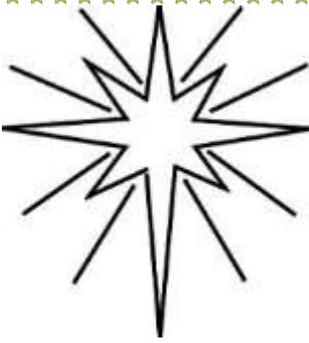


### WORKING BEE NEXT SATURDAY

Last one for the year. Let's make our grounds and Worship Centre look good for Christmas.

# IN THE PARISH

## CHRISTMAS SERVICES



### Sunday 23 December:

8.00 am Holy Communion  
10.00 am Holy Communion  
5.00 pm Blue Christmas Service

For anyone for whom Christmas is a hard and difficult time.

### Monday 24 December:

4.30 pm Children's Service  
11.00 pm Carols, Candles and Communion

### Christmas Eve

### Tuesday 25 December:

8.00 am Traditional Celebration  
10.00 am Family Celebration

### Christmas Day:

## THERE ARE MANY WAYS YOU CAN SPREAD GOODWILL THIS ADVENT/CHRISTMAS SEASON.

### Here are some suggestions:

**St. John's Care Gift Box.** Suggestions are New toys, (not soft ones) Gift cards, e.g: EB games, Rebel Sport, JB Hi Fi, Target are great for teenagers.



There are envelopes on the Hymn Book stand.

## REALLY USEFUL GIFT STALL @ Holy Covenant

What do you buy the person who has everything? The answer is a 'Really Useful Gift'!

**TEAR Australia** works with Christian partner organisations in Australia and overseas to fight poverty and build sustainable communities. Purchasing a 'Really Useful Gift' helps support TEAR's work - plus you get a card to give to family and friends as a gift this Christmas, letting them know what you have bought on their behalf.

See stall organiser Katherine Rainger (or her helpers Elaine Gifford and Ellie Wedgwood) on the 9th, 16th and 23rd December. Credit card and cash accepted. Or buy online <https://www.usefulgifts.org/>

### HOLISTIC CARE NURSING MINISTRIES



The HCNM year is drawing to a close. It has been a wonderful year for staff, volunteers and clients. God has brought many blessings to those involved in this important ministry. The program is now fully staffed and in the process of planning for next year.

Covenant Care will finish on Monday, 10 December and be in recess until Monday, 11 February 2019. Our HCNM office will be open until Friday, 21 December. We will re-open on Monday, 14 January.

Some of our wonderful volunteers are stepping back next year due to health and other issues. We thank them for all they have given us. Consequently, we are now looking for some more volunteers for all of our programs but particularly for Covenant Care.

In Covenant Care we will have significant vacancies in the kitchen but also in client care, in driving and set up and pack up. Volunteers come in weekly, fortnightly or monthly on a roster basis and can rotate through various roles or stick with the one they are most comfortable with. Covenant Care only operates with a strong group of volunteers to support our clients and currently we have no reserves. This means that our current group will be under pressure next year if we cannot recruit a few more helpers.

Can I encourage you as you think about your volunteering next year to consider if you can help out at Covenant Care. Archdeacon Anne and I would be very pleased to speak with you about what we do and where your skills could be of most use.

We can also speak with you about our other programs: decluttering, outings and client support, all of which can utilise offers of help from our parishioners.

HCNM also has responsibility for co ordinating the Casserole Bank. I am currently updating the list of volunteers for this ministry. If you can make a few casseroles when requested, a couple of times a year and are happy to be on the list to be contacted, please let me know. We have plastic containers and **ingredient labels which I can provide to you as required.**

If you take a casserole from the parish freezer to give to someone, please record it on the list on the parish refrigerator (a pen is also attached). We need to report on this ministry, so it is very important to note where our casseroles go. I appreciate everyone's help with this.

I look forward to speaking with you about what we do and how you can help us

Rhonda Thorpe, Program Manager.

AND . . .

### Rainbow Christmas Day Lunch - Tuesday 25<sup>th</sup> December

Any members of our rainbow family (aka LGBTIQAA++) who are not travelling away from Canberra for Christmas celebrations are invited to Christmas Day Rainbow Lunch at the home of Jen Collier. To ensure that all your favourite Christmas lunch yummys are on the table (and to share the cooking tasks), please let Jen know you're coming - by email to [jennifercollier@optusnet.com.au](mailto:jennifercollier@optusnet.com.au)



RSVPs will be accepted in person up to 11.30am on Christmas Day, but strongly encouraged before Sunday 23<sup>rd</sup> December. Rainbow allies are very welcome to join us - please bring your favourite rainbow darling.

### SPIRITUAL CARE SERIES 2019



Pastoral care is an important feature of our life together as a parish. It enables us to show our love through service. It also enables everyone to grow as people of faith as we learn to face the challenges of life together. As carers we often feel more comfortable attending to a person's physical needs but not know how to help with another's often unspoken spiritual needs and questions.

Beginning in Feb 2019, a volunteer training course will run in the parish over 8 sessions. These sessions will focus on things such as understanding the journey of ageing, ageing and spirituality, storytelling, dementia, a new way of life, loss and grief, and self-care for carers. This course will help us not only to understand the challenges associated with ageing but to feel more comfortable talking about our spiritual needs too.

The facilitated course comes with videos, a workbook and support for participants. More information can be viewed at online at: <https://vimeo.com/258540142>

If you are interested in joining us, speak with Wayne or Libby.

## FROM ST. JOHN'S CARE

### COMPLEX CLIENT NEEDS



A lot of our clients at SJC have simple needs, food, scripts, bus tickets etc. Sometimes, however there are multiple issues that need to be sorted out.

This week we have had several clients coming to us for assistance with payment of bills or to provide other monetary support. In one case for example we worked alongside Woden Community Services (WCS) to assist a mother and daughter with multiple health issues. The family came home from hospital and found their house broken into and trashed. They are moving soon to a new house and SJC was able to provide a range of assistance to give them a fresh start and a little boost to their overall wellbeing.

In addition to ample food supplies to stock the pantry, we provided linen, kitchen items, crockery, cutlery and quilts. We also gave the WCS support worker some gift cards from which she could buy sheets, pillows and other essentials and a JB Hi Fi gift card for the teenage daughter to spend on something she will enjoy.

WCS has managed to source second hand electricals from other agencies and the new house itself was from another agency. It was great to work as part of a group managing the complex needs of these clients. We have also assisted with utility bills and emergency accommodation this week as we see so many people struggling with specific housing challenges. In every case where we have provided assistance, we assessed that it would give our clients much needed respite and help them get back on track.

We have had a lot more clients than usual lately and although the focus is on the Christmas hampers, we never forget that the Christmas period can be extremely hard for some emotionally and financially. Our everyday food supplies continue and remain an important donation for all our clients and we opened the Christmas Present Room last Tuesday as another way to help. On the first day of the Present Room we saw 59 families, which means we assisted 256 people with hampers, gifts and general food, if you are in a position to give we are still receiving presents and at this rate will need more.

We could not do any of this without our wonderful supporters who provide financial donations as well as food and good quality material items or, of course, our volunteers. Thank you for your help which is enabling us to meet the needs of many in the Canberra Community.

**Wish list:** 1-litre long life milk, cooking or olive oil and tea bags.

**St Johns Care team**

# PRAYER POINTS FOR THIS WEEK

## IN THE WORLD

- ◆ Pray for those who suffer war, famine or disease, and for those whose greed or apathy perpetuates injustice.

## IN AUSTRALIA

- ◆ We pray for those farmers still suffering from drought and give thanks for the organisations and people who are supporting them.

## IN THE CHURCH

- ◆ Diocese of Canberra and Goulburn; Bishop-in-Council and the Ministry Executive, the Anglican Church Property Trust and The Pelican Foundation; Diocesan Synod; Australian Centre for Christianity and Culture;; All Saints' Ainslie; and All Saints College.
- ◆ Pray for: Growth of the Pelican Foundation and the Anglican Investment Development Fund.

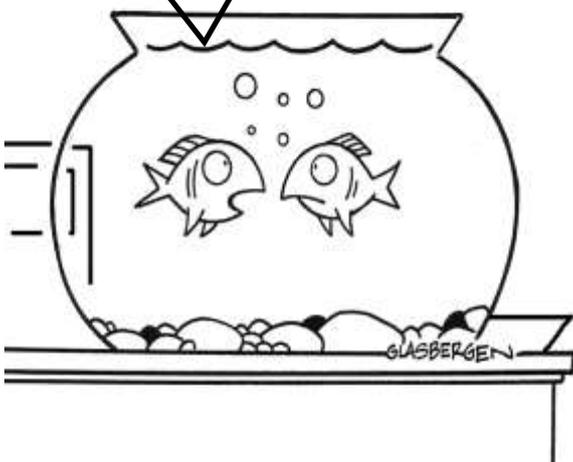
## IN OUR PARISH AND COMMUNITY

- ◆ We give thanks for those who have been elected as Parish Councillors.
- ◆ We pray for God's leading as we prepare for 2019.
- ◆ We pray for all members of our parish family including David and Rosemary Kennemore; Kate King; Carol Kubanek and Quentin Grafton; Pam Lane; Martin, Anne and Jenny Lange; and Clare Lawlor.
- ◆ We pray for those in special need of prayer including, Joan Williams, Dorothy Parsonage, Elizabeth Grant, Joh Sheehan, Jennifer Collier and anyone known to us personally.

## COMMEMORATIONS

**Monday:** Delma Alice Margaret Murry (died 2001)

*Sometimes I just need a little time alone. Why don't you go out for a walk*



**FROM THURSDAY'S COMMUNITY LUNCH**

## MINISTRY TEAM

<b>RECTOR</b>	<b>The Ven. Dr Wayne Brighton</b> 0407 408 333	E: rector@holycovenant.org.au Day off: Monday.
<b>HONORARY PRIEST</b>	<b>Revd Anne Dudzinski</b> 0413 994 739; 6278 6087	E: annedudzinski@optusnet.com.au
<b>HONORARY PRIEST</b>	<b>Revd Connie Gerrity</b> 0429 423 725	E: connie@gerrity.id.au
<b>HOLISTIC CARE NURSE</b>	<b>Ven (em) Anne Ranse, OAM</b> 0406 379 599 (NB)	E: nurse@holycovenant.org.au Day off: Tuesday
<b>CHILDREN'S WORKER</b>	<b>Pauline Lovitt</b> 0419 406 011	E: children@holycovenant.org.au
<b>YOUTH LEADER</b>	<b>Jerry Platt</b> 0466 661 860	E: youth@holycovenant.org.au

## PARISH DIRECTORY

<b>PARISH OFFICE</b> Open 10 am - 2 pm Tuesday to Thursday	<b>Libby Warren (Administrator)</b> 89 Dexter Street, Cook, ACT 2614 Tel: 6251 6100	E: office@holycovenant.org.au Web Page: <a href="http://holycovenant.org.au">http://holycovenant.org.au</a> PO Box 98, Jamison, ACT 2614
<b>WARDENS</b>	<b>Paul Shelley</b> 6251 1568 <b>Joh Sheehan</b> 6251 7151	
<b>PRAYER VINE</b>	Rosemary Kennemore	E: prayervine@holycovenant.org.au
<b>WB EDITOR</b>	Phyl Holmes 6251 2007	E: weeklybulletin@holycovenant.org.au

## DETAILS FOR NEXT SUNDAY – 16 DECEMBER 2018

### Third Sunday in Advent

- 8.00 am**            **HOLY COMMUNION**  
Preacher and Celebrant: Rev'd Connie Gerrity
- 10.00 am**        **HOLY COMMUNION**  
Preacher and Celebrant: Rev'd Connie Gerrity
- 5.00 pm**            **SOUL FOOD CONVERSATION**



# TODAY

**SENTENCE:** By the tender mercy of our God, the dawn from on high will break upon us, to give light to those who sit in darkness and in the shadow of death, to guide our feet into the way of peace. Luke 1: 78-79

**READINGS:**

Malachi 3: 1-4  
 Song of Zechariah (APBA p425)  
 Philippians 1: 1-11  
 Luke 3: 1-6

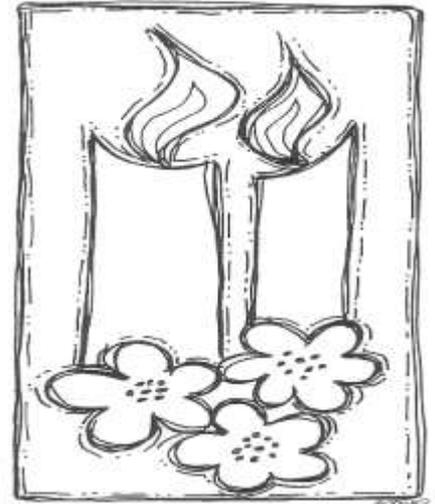


**8 am HYMNS - Matthias**

264  
 647  
 271(448)  
 276

**PRAYER**

God of our salvation,  
 you straighten the winding ways of our hearts  
 and smooth the paths made rough by sin:  
 keep our hearts watchful in holiness,  
 and bring to perfection the good you have begun in us.  
 We ask this through him whose coming is certain,  
 whose Day draws near, your Son, our Lord Jesus  
 Christ,  
 who lives and reigns with you in the unity of the Holy  
 Spirit,  
 one God, for ever and ever. AMEN



	8.00 am	10.00 am
<b>Sidespersons</b>	Libby Warren, Tony Willis	Jo and Gareth James
<b>Readers</b>	Kath Arthur Steve Daniels Anne Ranse	Jenny Tomkins Celeste Sandstrom Anne Ranse
<b>Intercessor</b>	Robert Arthur	Meg Brighton
<b>Organist</b>	Mandy Squair	Pam Lane
<b>Word and Prayer</b>	Paul Shelley	Joh Sheehan
<b>Deacon</b>	Anne Ranse	
<b>Cup</b>	Paul Shelley Anne Ranse	Tobias Nevile, Rob Moran, George Gerrity, Doreen Matters Extra bread: Bishop Allan
<b>Morning Tea</b>	Beth Heyde, Jenny Hall	Dorothy Hurst ?
<b>Children's Church</b>		Pauline, Janice Green
<b>Counters</b>	Robert Arthur, Colin Lyons	Chris Olsson, Merri Bacon
<b>Sat 15 December</b>	<b>Cleaning:</b> Heather and Paul Shelley	<b>Flowers:</b> Mel Clark