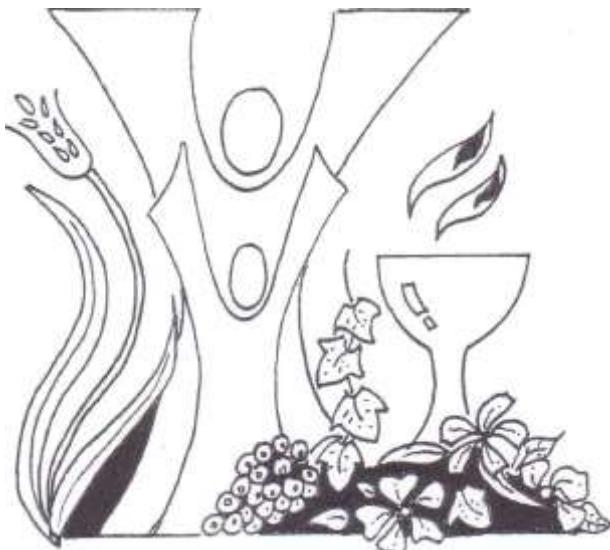


# HOLY COVENANT ANGLICAN CHURCH JAMISON

*To grow in Christ together, to equip for service, to care for all*

## BULLETIN JANUARY 2019



Welcome to our worship and fellowship today! You are warmly invited to share Communion with us, either by drinking from or dipping the wafer in the chalice, or to come forward for a blessing. Gluten free wafers and grape juice are available on request.

**Reflection after Communion** – please feel free to light a prayer candle in the Chapel at the back of the Church following Communion.



### JANUARY SERVICE DETAILS

**9.00am HOLY COMMUNION—Second Order**

**6 January:** **Celebrant and Preacher:**  
**The Venerable Wayne Brighton**

**13 January:** **Celebrant and Preacher:**  
**The Reverend Connie Gerrity**

**20 January:** **Celebrant and Preacher:**  
**The Reverend Anne Dudzinski**

**27 January:** **Celebrant: The Reverend Connie Gerrity**  
**Preacher: The Venerable (em) Anne Ranse**

**PLEASE JOIN US FOR MORNING TEA AFTER THE SERVICES**



ACTIVITIES CURRENTLY IN RECESS		RETURNING
Sunday	Children's Church & Youth Group Rainbow Fellowship Soul Food Conversation	10 February (10am) 3 February (3pm) 3 February (5pm)
Monday	Covenant Care Crafty Crew	11 February (10 am) 18 February (9.30 am)
Tuesday	Meditation & BYO lunch	24 January (12.30 pm)
Wednesday	Tai Chi Service and lunch Ever Active Class	6 February (9.30am) 6 February (12 noon) 23 January (2 pm)
Thursday	Scrabble Book Club EFM	3 January (9.30 am) 14 February (2 pm) February
Friday	Play Group	8 February (10 am)



**From Sunday 30 December to Sunday 27 January**  
**One Service only: 9.00 am Holy Communion**  
**Sunday February 3: 8 am and 10 am Holy Communion**

*When the song of the angels is stilled,  
 When the star in the sky is gone,  
 When the kings and princes are home,  
 When the shepherds are back with their flock,  
 The work of Christmas begins:  
 To find the lost,  
 To heal the broken,  
 To feed the hungry,  
 To release the prisoner,  
 To rebuild the nations,  
 To bring peace among people,  
 To make music in the heart.*

Howard Thurman



# SOMETHING TO THINK ABOUT

## PANNING FOR GOLD AS WE EMBARK ON ANOTHER YEAR

The threshold of a new year is an opportunity to take stock of our lives. So, if you are not too exhausted by the season's festivities, you might like to use the questions below – some will grab you more than others – to reflect on the year just past and to articulate your hopes for the year ahead. It is easy to become cynical about what is happening in the world. Sometimes it is only as we reflect that we become aware of the hidden richness of our lives and our capacity to influence others for better or for worse. Can we dare to name our hopes for the year ahead? For ourselves? For the world?

As I look back over the past year:

- What am I grateful for? Where did I sense God's (Love's) presence?
- What were the tough times and how did I respond? E.g. Are there times when I wish I had responded differently? Where am I with that now?
- What were some 'epiphanies' (God moments)?
- What unexpected treasures did I find?
- How did my experience of the past year affect the world in which I live, and vice versa?
- If the past year were a chapter of a book, what name would I give it?

As I look at the year ahead:

- What gifts or treasure do I take with me? What might I need to leave behind?
- What am I afraid of? What am I resisting or where am I reluctant?
- Whom do I take with me for support?
- What do I hope to contribute to others, near and far?
- Am I open to seeing myself, others and God in new ways?
- What might I call this next chapter to reflect my hopes for 2019?

## A Prayer for New Year

Sacred Mystery,  
waiting at the threshold  
of this new year,  
**you open the gates**  
**and beckon us to come.**

You go ahead  
preparing the way  
**so that where you are**  
**we may be also.**

We dare  
to go gladly,  
**trusting your**  
**often-hidden work in us**  
**and in our world.**  
Amen.

- Frances MacKay

## WITHIN THE PARISH

### CUPPA AND CONVERSATION

At a loose end in January? We will be having morning tea again this year. Please come guys and gals as it provides an opportunity to catch up with friends or make new ones.

When: 10am— 12 noon every Wednesday from 9 January

Where: In the Worship Centre



### OPPORTUNITIES FOR MINISTRY

Our administrator extraordinaire, **Libby Warren**, is planning to step down in February 2019. Libby's capacity to manage a whirlwind with humour all the while providing pastoral care to anyone who stops by the office is greatly valued. Her ability to produce booklets with little notice, decorate sanctuaries and support our belonging and caring group will be greatly missed. Libby plans to read more books over coffee.

Of course, as one door closes, a new opportunity opens. If you have a gift for keeping things moving, solving problems and helping people, why not become the **new administrator?** (12 hours per week).

The tireless **Phyl Holmes** has also decided to step down as Weekly Bulletin editor in the new year following production of the January edition. In Phyl's hands, the bulletin has been more than a notice sheet - it is the core of our community helping members know what's on and where. Many who are unable to join us on Sundays love reading the bulletin to discover news things. We will be looking for a new editor(s) to take on this valuable ministry.

### Church Morning Tea and Cleaning Rosters

Thank you to everyone to has helped with the Morning Tea and Cleaning Roster this year. As you take time to enjoy a restful break after the year, please prayerfully consider whether you could help on these rosters in 2019. Both rosters are rewarding and don't take too much time if we have a good number on the roster.



We need a few more helpers, please, for both for next year. If you can help next year please contact Merri on [merri.bacon@bigpond.com](mailto:merri.bacon@bigpond.com) by 15 January.

# WITHIN THE PARISH



## ADMINISTRATOR

The parish of Holy Covenant is looking for a new Administrator (12 hours per week) for a mid February start. The Administrator is a primary contact point between people and our congregations. The position would suit someone with an interest in seeing the parish grow and providing a listening ear to those who come through during the week.

The successful candidate should have strong inter-personal skills, significant problem solving ability (especially with photocopiers), well developed capacity for administration and a sense of humour.

Duties include working closely with the minister and parish guests, producing service booklets as well as managing rosters, calendars and logistics for special services like weddings, baptisms and funerals. It may also include editing the weekly bulletin and taking minutes at Parish Council.

## WHAT TO LOOK FORWARD TO IN 2019

<b>January</b>	<b>Morning teas</b> Wednesdays 9, 16, 23 and 30 – 10 am
<b>February</b>	<b>MOTH meetings resume – book study group</b> <b>Friday 1, 10.30 am – open to all, come and join in</b>  <b>Decluttering Workshops</b> <b>Saturdays 9, 15 and 23, 9.30 am</b>  <b>Spiritual Pastoral Care course</b> <b>Tuesdays 19, 26: March 05, 12, 19, 26: April 2, 9</b>
<b>March</b>	<b>Lenten studies starting mid-March</b>
<b>April</b>	<b>Community lunch Thursday 23 April</b>
<b>May</b>	<b>Deep Dives return</b>
<b>September</b>	<b>Parish Retreat</b> <b>Friday 13 – Sunday 15 September, Galong</b> <b>Retreat leader: Bishop Allan Ewing</b>





## SPIRITUAL CARE SERIES 2019

Pastoral care is an important feature of our life together as a parish. It enables us to show our love through service. It also enables everyone to grow as people of faith as we learn to face the challenges of life together. As carers we often feel more comfortable attending to a person's physical needs but not know how to help with another's often unspoken spiritual needs and questions.

Beginning on Tuesday 19th Feb 2019, a volunteer training course will run in the parish over 8 sessions. These sessions will focus on things such as understanding the journey of ageing, ageing and spirituality, storytelling, dementia, a new way of life, loss and grief, and self-care for carers. This course will help us not only to understand the challenges associated with ageing but to feel more comfortable talking about our spiritual needs too.

The facilitated course comes with videos, a workbook and support for participants. More information can be viewed online at: <https://vimeo.com/258540142>

If you are interested in joining us, speak with Wayne or Libby.

**THE JUBILEE BOOK**, is still taking shape, but more contributions would be most welcome. Here are some suggestions to help:

- ◆ Why did you first come to HC?
- ◆ What made you stay?
- ◆ Who are the most unforgettable characters you recall at HC?
- ◆ What is the funniest thing you recall happening at HC?
- ◆ What sermons linger in your memory? Why?



One paragraph—3 to 4 sentences is a good length.

Email your contributions to: David Clark: [mdclark@grapevine.net.au](mailto:mdclark@grapevine.net.au),  
Mary Lyn Mather: [mlmather5@bigpond.com](mailto:mlmather5@bigpond.com)

## WITHIN THE PARISH

### MONASTERY OF THE HEART (Moth)

Did you know that a group of people, calling themselves the MOTH Group, meet on the first Friday of the month in the Rainbow Centre. It all began in 2011 when a group met on Friday mornings to discuss Joan Chittister's book, *The Monastery of the Heart: An invitation to a Meaningful Life*. Inspired by this book and the group experience, they decided to continue, calling themselves the MOTH Group. Glenys Wimmer was the facilitator.



Over the years the composition of the group and the activities chosen have varied. At our December 2018 gathering, the group elected to continue to meet on the first Friday of the month from 10.30-12 noon (or from 10 am if you want to have a cuppa first). The book chosen for the next series is Joyce Rupp's *Boundless Compassion: Creating a Way of Life*. It is available from the Book Depository for about \$26. (Rob has already ordered several copies, so let him know if you would like one).

This is not a closed group and newcomers are most welcome. So if you have a couple of hours to spare each month and would like to join with others in learning how to grow compassion for yourself and for the world around you, this might be the group for you!

For further information, or if you wish to secure a copy of the book, please contact **MOTH facilitator, Rob Maron** on one of the following:

### CAMP PELICAN

Synergy Youth, our Diocesan children's and youth ministry organisation, is again running summer camps on the South Coast during **January for senior Primary and High Schoolers**. Each camp is for a specific age range and runs for 6 days - they provide a safe environment, packed full of fun activities, including time at the beach and opportunities to learn more about Jesus. We pray for Ellie Wedgwood, Angela Golubeff, Tobias Neville and Jerry Platt who are attending camps this January.



### REMINDER TO STAFF AND MINISTRY TEAM LEADERS

We would like to have your Annual Reports for 2018 by **30 January 2019** so they can be made available to parishioners before the **AGM on Tuesday 12 February**.

### COMMEMORATIONS FOR JANUARY

- |            |                                      |
|------------|--------------------------------------|
| 6 January  | Ron Grant (died 2011)                |
| 7 January  | Pierre Willem Elkhuizen (died 2007)  |
| 19 January | Andre Ronald Eric D'Cruz (died 2000) |



## WITHIN THE PARISH



### Sustainable Hospitality Organic Vegetables (in an) Environment (of) Love

Parish Council has approved the development of a parish community garden. The community garden will be known as SHOVEL.

SHOVEL aims to:

create community through sharing (of resources) hospitality and love; nurture the environment and individual wellbeing through the production and sharing of nutritious food through sustainable gardening practice; and provide opportunities to share friendship and love. Over time, this may provide an entry point to the wider life of the parish.

The project will be led by: Joh Sheehan, Alison Cooper-Stanbury and Jennifer Collier. We believe that SHOVEL is an exciting opportunity to outreach within our local community. Initially, we intend to invite people in our neighbouring units including refugees involved with Companion House to join SHOVEL.

We are keen to have support from parishioners. We intend to have a working bee/gathering of those who are interested in being involved with or supporting the garden on 19 January 2019 commencing at 9:00 am. During this time we would like to talk with parishioners about how they would like to be involved with SHOVEL on either a casual or a regular basis and begin constructing our first beds. We know this is during a holiday season for some. We are keen to progress the project and supporters are welcome to join on your return from holidays.

We would particularly value support in the following ways:

- constructing the garden beds and paths
- providing financial assistance for the project
- being available to share your gardening knowledge and foster friendship
- joining us for get togethers where we provide informal teaching about what grows well and share lessons learnt about gardening in Canberra.

For more information or to express your interest, please speak with Joh, Alison or Jennifer or email [SHOVEL@holycovenant.org.au](mailto:SHOVEL@holycovenant.org.au)



### EDUCATION FOR MINISTRY IN 2019

Education for Ministry (EFM) has concluded its year and we are very much looking forward to seeing some familiar and new faces joining us next year.

If you are interested in joining EFM next year and have a preferred evening please let Merri know. ([merri.bacon@bigpond.com](mailto:merri.bacon@bigpond.com))  
We will hold an information evening in late January or early February, so watch this space.

## WITHIN THE PARISH

### HOLISTIC CARE NURSING MINISTRIES

The HCNM year has drawn to a close. It has been a wonderful year for staff, volunteers and clients. God brought many blessings to those involved in this important ministry. The program is now fully staffed and in the process of planning for next year.



Covenant Care finished on Monday 10 December and is in recess until Monday 11 February 2019. Our HCNM office will be open until Friday, 21 December. We will re-open on Monday, 14 January.

Some of our wonderful volunteers are stepping back next year due to health and other issues. We thank them for all they have given us. Consequently, we are now looking for some more volunteers for all of our programs but particularly for Covenant Care.

In Covenant Care we will have significant vacancies in the kitchen but also in client care, in driving and set up and pack up. Volunteers come in weekly, fortnightly or monthly on a roster basis and can rotate through various roles or stick with the one they are most comfortable with. Covenant Care only operates with a strong group of volunteers to support our clients and currently we have no reserves. This means that our current group will be under pressure next year if we cannot recruit a few more helpers.

Can I encourage you as you think about your volunteering next year to consider if you can help out at Covenant Care. Archdeacon Anne and I would be very pleased to speak with you about what we do and where your skills could be of most use.

We can also speak with you about our other programs: decluttering, outings and client support, all of which can utilise offers of help from our parishioners.

HCNM also has responsibility for coordinating the Casserole Bank. I am currently updating the list of volunteers for this ministry. If you can make a few casseroles when requested, a couple of times a year and are happy to be on the list to be contacted, please let me know. We have plastic containers and ingredient labels which I can provide to you as required.

If you take a casserole from the parish freezer to give to someone, please record it on the list on the parish refrigerator (a pen is also attached). We need to report on this ministry, so it is very important to note where our casseroles go. I appreciate everyone's help with this.

I look forward to speaking with you about what we do and how you can help us  
Rhonda Thorpe, Program Manager.

**Where love is, there is God also.**

*- Mother Teresa*

# FROM ST. JOHN'S CARE

New Year Greetings!

We hope you all had an enjoyable break over the Christmas and New Year period.



Here at St John's Care we had a wonderful lunch on Christmas Day. There were around 300 people in attendance. We had 62 volunteers who helped to make the day special for all our guests. We had amazing food, music, a visit from Santa for the children who each received a gift. They even had a lolly bag to take home.

Oz Harvest also delivered fresh food on Christmas Day. This enabled some of our guests to take home some food to keep them going over the Christmas break.

A very big thank you goes to everyone who helped make it such a wonderful lunch, either by donating food or money, by preparing food beforehand, or by turning up on the day to help.

At St John's Care we saw more than 600 families over a three-week period in December. Our amazing volunteers were run off their feet with the Christmas Present Room which was open for two weeks, as well as our monthly lunch and preparations for Christmas Day. The Emergency Relief Centre was closed from 24 December until 2 January. That meant we were super busy on opening day as many people needed help with food and other assistance. Your continued support in 2019 will help us to help others. We couldn't do what we do without your support.

We are extremely grateful to our donors who provide financial support. We are careful in how we apply our limited financial resources to assist our clients with bills and other support as needed. Scripts, bus tickets or MyWay cards are our first priority as they relate to our client's health and mobility.

We are always heartened by the change in our clients when we are able to meet them at their real point of need.

**Wish list:** Back to school supplies such as stationery, pens, highlighters, pencil cases, drink bottles, lunch boxes, hats and sun screen



Marieta Pelenato, Anna Uelese and Wendy Fiti, all from Kaleen, share a laugh with volunteer Nicole Applewhite over Christmas lunch at St John's Care PHOTO CREDIT: SITTHIXAY DITTHAVONG Canberra Times Jason Haines, Programs Manager

# WITHIN THE PARISH

## JANUARY BIRTHDAYS

- 7 Jodi Petrov
- 8 Hilary Harris
- 10 Alan Duncan, Penny Lilley
- 11 Pam Steele
- 14 Tobias Feitz
- 16 Jenny Tomkins
- 17 Deranie Jackson
- 20 Peter Ward, Matthew Trigge  
Mary David-Hoole
- 22 Meg Brighton
- 24 Andrew Dudzinski
- 25 Elizabeth Grant



## Claim the Date:

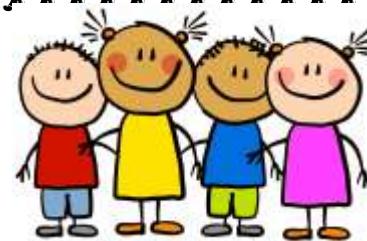
#ChangeTheHeart Prayer Service.  
Thursday 17th January. Australian Centre for Christianity and Culture.  
A chance to pray for justice, understanding and hope for Indigenous and non-Indigenous peoples in Australia in the lead-up to 26th January.

**More details on the Noticeboard.**

## LOST PROPERTY! Heaps of it!

Two umbrellas, a hat, plastic containers, Clothing, water bottles etc.  
Please check it in case you find something you didn't know you lost. It's next to the St.Johns Care basket. What's left goes into the Anglicare bin next week.

## CHILDREN'S CHURCH



Begins on 10 February, and Pauline would like a few more helpers. Children's Church takes place during our 10am Service and return in time for Communion. If you are able to join the roster, please contact Pauline our Children's Program co-ordinator 0419 406 011. Our children are the best in the world!

## Farewell from your coffee-loving editor

Caffeine is my shepherd: I shall not doze  
it maketh me wake during the sermon  
it leadeth me to beyond the sleeping masses.  
it restoreth my buzz.  
For thou art with me; thy cream and thy sugar comfort me.  
Thou preparest a tall latte before me in the presence of fatigue.  
Thou anointest my day with pep; my mug runneth over.  
Surely richness and taste shall follow me all the days of my life;  
and I dwell in the house of Ricardo's forever.

## MINISTRY TEAM

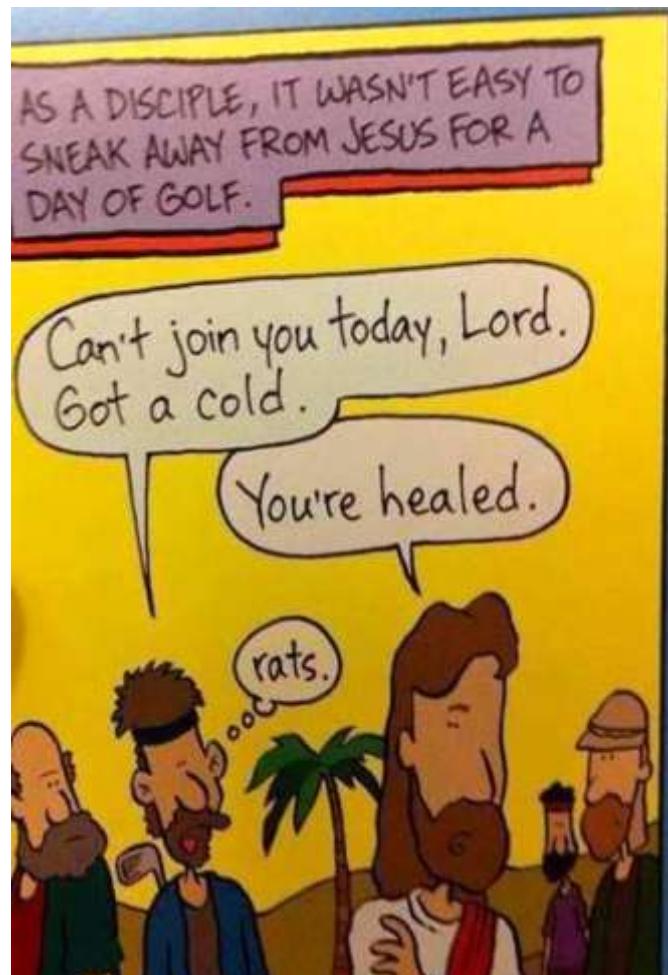
<b>RECTOR</b>	<b>The Ven. Dr Wayne Brighton</b> 0407 408 333	E: locum@holycovenant.org.au.
<b>HONORARY PRIEST</b>	<b>Revd Anne Dudzinski</b> 0413 994 739; 6278 6087	E: annedudzinski@optusnet.com.au
<b>HONORARY PRIEST</b>	<b>Revd Connie Gerrity</b> 0429 423 725	E: connie@gerrity.id.au
<b>HOLISTIC CARE NURSE</b>	<b>Ven (em) Anne Ranse OAM</b> 0439 139 209	E: nurse@holycovenant.org.au Day off: Tuesday
<b>CHILDREN'S WORKER</b>	<b>Pauline Lovitt</b> 0419 406 011	E: children@holycovenant.org.au
<b>YOUTH LEADER</b>	<b>Jerry Platt</b> 0466 661 860	E: youth@holycovenant.org.au

## PARISH DIRECTORY

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<b>WARDENS</b>	<b>Paul Shelley</b> 6251 1568 <b>Joh Sheehan</b> 6251 7151	
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Bank Details for Direct Debit are:

Bank: Commonwealth Bank  
 Branch: Jamison Centre, ACT  
 BSB: 062 907  
 A/C No: 802 588  
 Name: Holy Covenant Anglican Church



### **HOLY COVENANT PRAYER VINE REQUESTS FOR PRAYER**

E: prayervine@holycovenant.org.au  
 Or  
 Rosemary Kennemore: 6251 2009;  
 rkmores@grapevine.com.au