

**Forbidden Obedience:
Smuggling Faith to the Millions
Wednesday night 27 March at Albert Hall, Yarralumla**

Come and experience stories from our local founder, Dean Keaney as he shares his journey of serving the persecuted church for over 40 years in places like Communist China. You can register for your free tickets or go to Facebook for more details.



The reward of being an SJC volunteer

A great many of our St John's Care clients receive Centrelink benefits. Therefore, because of their low income we are well aware that they can have difficulty coping with any unexpected or large bills that they cannot pay on time.

Less frequently, we meet clients who have steady part-time jobs. Unfortunately, these jobs can be risky when there is only just enough income to make a person ineligible for financial support from Centrelink.

Consequently, over time, their earnings are not enough to cope with private sector rental as well as food, utilities, phone, medical care etc. A dependent partner's needs can also contribute to the financial load.

Jennifer (not her real name) found it really hard to come to SJC to seek help in such a situation.

Our volunteer greeted her warmly after the usual offer of tea or coffee. We quickly assured her that absolutely anybody can find themselves having to seek help when issues converge. She had done really well to manage for so long.

It is one of the greatest rewards of volunteering at SJC to see a client begin to relax as they feel understood, are treated with respect and above all warmth. They can see that we want to do our best to make a difference for them.

In Jennifer's case we started with some good food (as we always do), helped with a phone bill and organised an appointment with her GP.

Jennifer disclosed that she had not seen her doctor for three years due to the cost. We called the clinic and arranged for her to be a bulk billed client.

We also called Housing to follow up on her application and commenced work on a support letter for her. We talked for some time about services she may wish to access in the future and how we can support her in doing this.

When leaving, Jennifer asked if she could come back soon and talk more. She explained that she really didn't have anyone she could discuss these matters with. We agreed, of course, and we made an appointment with our Community Worker, Steph.

We wish Jennifer well and feel assured that she is moving forward on a path that she feels she can cope with.

You may have noticed that we have changed the "Wish List" to "Items required". This is to highlight the importance of these items being needed right now. We always appreciate your generosity, but one item from the list below would be better than any others at present.

What we need: Vegemite, Cup-A-Soup, biscuits (savoury and sweet), olive oil or cooking oil (500mls and 1 litre)

Kind Regards

**CIT Charity Film Night at CIT Bruce
The Merger on Thursday 28 March 2019**

There will be a screening of *The Merger* at CIT Bruce on 28 March 2019. The Merger is a comedic film about refugees in Australia as they settle into the community through AFL.

The film will be shown on the big screen at 7pm, following food, art stalls, and multicultural performances from 6-7pm. Click on this link to purchase your ticket <https://crsmovie.eventbrite.com.au>.

Tickets are \$10 adults and \$5 students. All proceeds go to Canberra Refugee Support.

Flyer on the notice board.

The **CANBERRA BACH ENSEMBLE** – 'Christe, du Lamm Gottes'. Choir, orchestra and soloists, directed by Andrew Koll, will be performing JS Bach's 'Agnus Dei' Cantatas BWV 22, 23, 127 and the Mass in F, BWV 233 on Saturday 23 March at 8pm, and Sunday 24 March at 2.30pm at St Christopher's Cathedral, Franklin Street, Manuka. For more info and to purchase tickets, please visit www.canberrabachensemble.com



entertainment

Heather and Paul Shelley are now managing our

Entertainment Book fund-raising activity after many years of sterling service by Hilary Harris.

Digital memberships are now available; books can be ordered and will be available soon. Pre-order now for bonus offers!

Enquiries to Heather and Paul
epshms@grapevine.com.au or 0419 255 002.

Wesley LifeForce will be conducting a **Suicide Prevention Workshop** at Queanbeyan Kangaroo Rugby League Football Club – Richard Ave & Stuart Street, Crestwood NSW 2620 on **Wednesday 15 May 2019** from 9am – 4pm. There is no charge to attend the workshop.

The program helps participants recognise when a person may be having thoughts of suicide, and provides strategies to intervene and assist them.

If you know of any individuals or groups who may be interested in attending this workshop please ask them to register using this link:

<https://www.eventbrite.com.au/e/wesley-lifeforce-suicide-prevention-full-day-workshop-queanbeyan-nsw-tickets-58677251238>

The training is open to community members aged over 18 years.

WHY DO WE WORSHIP THE WAY WE DO?

Worship is like a doorway that opens us up to the reality of God's presence in our life and the world around us. It enables us to see our lives from a different angle. It encourages us to listen to our own emotions that we can often struggle to express. Through worship we get to see how grace changes everything.

Communities approach worship in different ways and often the pattern is shaped by the prevailing forms of media available. Much contemporary worship is shaped by television and provides a visual experience with up tempo music, slick graphics and short segments with always more to follow. More traditional worship tends to be calmer where words, melodies and ritual create an aural experience.

As Holy Covenant aims to be a place for everyone, we celebrate with different kinds of worship. We have a traditional by-the-book Anglican service at 8am and at noon on Wednesdays. Music is often sourced from the ecumenical hymn book, *Together in Song* (1999). If you listen carefully, the monastic cadences of Thomas Cranmer can still be heard!

At 10am we celebrate a contemporary Anglican service. This uses the Anglican framework while drawing in prayers written by a variety of worshipping communities from around the world. The emphasis here is less on God's authority and majesty and more on God's love, gracious presence and warm embrace. Musically, we draw on a range of more contemporary material from Australian, British and American sources. One setting used regularly was composed by David Quinlan when a doctoral student.

The 4.30pm Twilight Conversation steps out of this liturgical framework. At this service thinking aloud is allowed. It reflects the view that learning often happens through honest and open conversation. Doubt, worry and darkness are spaces where we need to see and hear God the most. Generally, the music is less than 10 years old, and everyone gets an instrument, even if it only a shaker, while the kids get to dance. It's all about fun and hospitality.

I wonder what style of worship speaks to you most deeply and why?

EASTER SERVICES

Sunday 14 April	Palm Sunday
Monday 15 April	Holy Week 6 pm Reflection with communion
Tuesday 16 April	Holy Week 6 pm Reflection with communion
Wednesday 17 April	Holy Week 12 noon Communion and lunch 6 pm Reflection with communion
Thursday 18 April	Maundy Thursday 6 pm Footwashing and communion
Friday 19 April	Good Friday 8 am Service of prayer and reflection 10 am Service of prayer and reflection
Saturday 20 April	Easter Saturday 4 pm Children's Easter service
Sunday 21 April	Easter Day 6 am Lighting the new fire and of Baptismal vows 8 am Traditional Easter service 10 am Family Easter service
renewal	

Gourmet Autumn Dinner Saturday 6 April 6pm

Kingston Baptist church hall, 1 Curry Street Kingston. Enjoy delicious food and wonderful vistas of East Timor and support our project to build a permaculture garden for a school in Dili in East Timor to teach Christian children nutrition and growing of food. Cost – \$40. Bookings by 3 April by phone to Robert on 0423 931 753

CHILDREN'S WORKER

(12 hrs fortnight – \$29 per hour)

Our ministry team has a vacancy. We are looking for a leader to coordinate and develop the children's program at the 10am service during school term time for 2019. The successful applicant will play an active role in supporting the faith development of young people and engaging with their families.

Contact the Rector, The Ven Dr Wayne Brighton 0407 408 333. Applications will close 19 April 2019.

NEW KEYBOARDIST

The parish is looking for a new keyboard player to join our 10am roster in April as we say farewell to Leanne Parker.

Might this be you? Could be someone you know? Patience is essential. Flair and flamboyance optional.

Speak to Wayne or Jodie Petrov for more information.

THANKS to all who attended the working bee

GOT A SPARE BEANIE? Ellie Wedgwood and Darcy Brighton have shaved their hair off their heads to support the Leukaemia Foundation. Please encourage and support them by donating to the cause. Bowl at the back of the church for donations.