

## SUNDAY SING-ALONG TODAY

Do you like some of our newer songs but wish you knew them a bit better? Would like a sneak preview of a new song or two we'll be singing over the next months? Do you just like to sing?

Then please join us after church on today from 11:30 for about 45 minutes to have a good sing of 5 or 6 new or newish songs that we're including in the 10am service. Anyone from the congregation is very welcome. I'll send the music and YouTube links out in advance so you can have a look and hear them. So see me or send me an email. I am also happy to provide copies of the music and the links if you can't come. But the more the merrier!

Jodie Petrov [anjoali@hotmail.com](mailto:anjoali@hotmail.com)

## WORK HEALTH AND SAFETY TEAM IN OUR PARISH

For several years, Joh Sheehan and Mel Browning have been the convenors of our WHS team – with Mel taking over two years ago. As Mel is moving to Brisbane soon, we need a new volunteer (or perhaps a pair of people interested in sharing the task) to take over the convenor role, which involves:

- Being first point of contact for an incident reports (and ensuring any incidents are investigated and reported to the diocese)
- Being the liaison point on WHS matters for Parish Council and the parish
- Conducting an annual WHS audit of our parish buildings and making recommendations to Parish Council/Resources team for remediation

If this could be you, please speak with your favourite warden or with Mel – training can be provided.

## PRAYER POINTS

### IN THE WORLD

- ⇒ We pray for the peace and prosperity of the world: for the hungry, the homeless and the oppressed; for all who are persecuted because of gender, sexuality, race or creed.

### IN AUSTRALIA

- ⇒ Leaders to embrace a spirit of compassion and concern for human dignity in their considerations with regards to Refugee and Asylum-seeker policy development

### IN THE DIOCESAN CYCLE OF PRAYER

- ⇒ Diocese of Tasmania
- ⇒ South Wagga Wagga
- ⇒ The Forrest Centre, Wagga Wagga
- ⇒ The bereaved and those who care for them.

### IN OUR PARISH AND COMMUNITY

- ⇒ We pray for all members of our parish family including Jenny Hall; Roger and Gwen Hallows; Dawn Hardman; Hilary and Bob Harris; Brian and Merrie Hepworth; and Beth Heyde.
- ⇒ We uphold those in special need of prayer including Dorothy Parsonage, Elizabeth Grant, John Sullivan, Ruth Durie and anyone known to us personally.

### COMMEMORATIONS:

- Thursday:** Cyril of Alexandria, bishop and teacher (d. 444)  
**Friday:** Irenaeus of Lyons, bishop and teacher (d.c.200)

## COLLECT FOR SECOND SUNDAY AFTER PENTECOST

Pour out upon us, O God, the power and wisdom of your Spirit, so that we, who have been baptised into Christ and made your children through faith, may know your Son's power to heal, and, being made one in him, may overcome all barriers that divide us; through our Lord Jesus Christ, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. **Amen.**

## HYMNS 8 AM

598  
193  
692  
531

## READINGS

1 Kings 19:1-4; 8-15a  
Psalm 42  
Galatians 3:10-14, 23-29  
Luke 8:26-39

## MINISTRY TEAM CONTACTS

### Children's Worker

[children@holycovenant.org.au](mailto:children@holycovenant.org.au)

### Youth Leader

Jerry Platt  
0466 661 860; [youth@holycovenant.org.au](mailto:youth@holycovenant.org.au)

### Wardens

James Collier 6255 4255  
Paul Shelley 6251 1568  
Joh Sheehan 6251 7151

### Resources

Phil Trigge  
6257 7220; [pjtrigge@hotmail.net.au](mailto:pjtrigge@hotmail.net.au)

### Prayer Vine

Rosemary Kennemore  
6251 2009; [rkmor@grapevine.com.au](mailto:rkmor@grapevine.com.au)

### Belonging and Caring

Joh Sheehan  
6251 7151; [Johann@sheehan.id.au](mailto:Johann@sheehan.id.au)

### Holistic Care Nursing Ministries Program Manager

Rhonda Thorpe  
0487 945 615 ; [nurse@holycovenant.org.au](mailto:nurse@holycovenant.org.au)

### Holistic Care Nursing Ministries Program Director and Chaplain

Venerable (EM) Anne Ranse OAM  
0406 379 599; [anne.ranse@gmail.com](mailto:anne.ranse@gmail.com)

### Honorary Priests

Reverend Anne Dudzinski  
0413 994 739; [annedudzinski@optusnet.com.au](mailto:annedudzinski@optusnet.com.au)

Reverend Connie Gerrity  
0429 423 725; [connie@gerrity.id.au](mailto:connie@gerrity.id.au)

# HOLY COVENANT ANGLICAN CHURCH

a place for everyone



## SUNDAY 23 JUNE 2019 SECOND SUNDAY AFTER PENTECOST

### TODAY IN THE PARISH

8am Holy Communion

10am Holy Communion

Celebrant and Preacher:

The Venerable Dr Wayne Brighton

No Twilight Conversations tonight

6.00 pm Refugee Week Ecumenical Service

### SUNDAY 30 JUNE

8am Holy Communion

10am Holy Communion

Celebrant and Preacher:

The Venerable Dr Wayne Brighton

4.30pm Twilight Conversations

### COMING EVENTS

Friday 20—Sunday 22 September

Parish Retreat

Friday 18—Sunday 20 October

Parish Camp

### Bank Details for Direct Debit are:

Bank: Commonwealth Bank  
Branch: Jamison Centre, ACT  
BSB: 062 907  
A/C No: 802 588  
Name: Holy Covenant Anglican Church

## JESUS: MASTER OVER DEMONS AND SAVIOUR OF HUMANITY

In the Gospel story today there is the account of Jesus casting out the demons from a man. (Luke 8:26-39) This man was known as Legion, as it was thought he had many, many demons that possessed him. (Many like the size of a legion of soldiers 4-6 thousand.) He was violent, dangerous and kept in chains though it seemed nothing would hold him.

This story told by Luke while a narrative is also at its heart a miracle as Jesus drives the demons out of Legion, casting them onto the pigs which promptly and in panic rush over the cliff and into the sea.

My love of animals kicks in here and I have always felt sorry for that herd of pigs and then my thoughts go to what are pigs doing on Jewish territory for Jewish law says 'no pigs hooves are to touch the soil of Israel'. But back to the message of this story.

The demons in this account represent evil and the consequences of evil. As Jesus

arrives on the shore of the territory of the Gerasenes one is reminded of Jesus presence in our lives. In this story he is present in the life of the demonic, present in the lives of the town's people, and even present in the lives of the demons. I think the demons were aware of who Jesus is and how he can come into the context of human life as the very Son of God: and as such he comes with awesome power.

Here I believe that the exchange between Jesus and Legion, who is healed, is the heart of the story. Jesus instructs him as a healed person who has had an encounter with Christ to go and tell everyone what Jesus did for him, how he defeated evil and set him free to live the life God intended him to live, a life that 'makes known' the saving love of Jesus.

Having encountered Jesus in our own life's journey may we do likewise.

*Archdeacon Anne*

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### SJC CLIENTS HELPED BY YOUR GENEROUS GIFTS

I often wish you, the people who give so generously to St John's Care, could be there to see the smiles and the tears as we pass on your gifts to our clients. If you have ever wondered if your donation is

appreciated let me tell you emphatically that it is!

I have only been a volunteer at SJC since January. There are some very special moments that stand out.

There was the leap for joy (literally) from an 8 year old boy as I bought out a blue back pack for him that he could take to school. Was it you that bought it? I wish you could have seen it! The memory still makes me smile.

There were the tears of relief from the grandmother who had suddenly found herself having to provide full-time care for five grandchildren. She needed food, clothing, bedding, school stuff...basically the works. She couldn't believe that we could fill her pantry and instantly relieve the dreadful anxiety that she was feeling. Did you give us pasta sauce, tins of tuna, fruit, vegetables, muesli bars, school snacks, breakfast cereal, cake mix, little packets of new undies for kids, nappies...? I wish you could have seen how much they were appreciated!

But there is still more to that story. The really special thing about SJC is the way we can add the personal touch. Just that morning an amazing lady had come in and donated brand new handmade children's clothes. I found the most gorgeous red dress for the youngest grandchild who was only 3. How special is it to be able to give beautiful clothes made with love for a child who suddenly had nothing.

And it didn't stop there. We also had some handbags filled with ladies' toiletries and little special gifts for women. These come from a charity called Share the Dignity. I thought that grandma needed a little special something for herself and gave her a handbag just for her...that was when the tears started! Did you give the toiletries, the soap, the hand cream? You touched this woman in a very special way and made her feel that she was important and not just a grandma!

So that is what makes SJC very special. The amazing things that we have to share that make people feel that they are more than just a number or a case. Someone listened to them and tried to work out how to make a difference. But they could only do that because of people like you who donate the very special things that make people aware that they are not alone—someone cares.

I feel very privileged to be the one at the front line who gets to see the response to your amazing gifts! Thank you for every gift. We will find just the right person for them.

Items required: Long life 1 litre milk, biscuits, wet wipes, oats.

Fiona

SJC volunteer

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**BIRTHDAYS THIS WEEK**  
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★ **Sunday:** Angela Golubeff  
★ **Monday:** Jo James  
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### PARISH ANNUAL DINNER

6pm on Saturday 27th July at the Belconnen Labor Club. All welcome!

Tickets to the dinner can now be purchased online from the following website is

<https://www.trybooking.com/BCYKP>

As you move through the screens you will be asked to provide details of your dietary requirements and those of anyone for whom you are purchasing a ticket.

If you have any questions about the dinner arrangements please contact James Collier - [jamesrcollier@optusnet.com.au](mailto:jamesrcollier@optusnet.com.au)



### KIDS@HOLY COVENANT

Children and youth are a valued part of the community at Holy Covenant. During the 10 am service, we offer age-appropriate programs for children and youth. These programs run each week of the school term.

After the opening prayers, the children and youth are invited to leave the worship centre with program leaders and go to the "Rainbow Centre," a multi-purpose space adjacent to the worship centre. Children and youth return to the worship centre in time for Holy Communion. Youth Group is for high school age. Children's Church is for preschool to Year 6. Younger children are welcome to attend Children's Church with a parent/caregiver. All program leaders have met Diocesan and ACT requirements for working with children and youth.

Rev. Katherine Rainger

### COMMUNITY LUNCH—THURSDAY 11 JULY 2019

11:30 start

From Blue Poles to Burial Poles -

Kerin Cox reminisces about her nearly 40 years as a guide at the National Gallery of Australia.

### POSITION VACANT—JAM MAKER

For many years Margaret and David Meggs have provided parishioners with a huge variety of jam to spread on our toast. And in the process have raised thousands of dollars for the parish. Due to a downsizing move they are no longer able to do that.

Thank you Margaret and David.

They have a large supply of empty jars that need filling.

If you think you could fill those jars, please contact them on 6251 1735

### TWILIGHT CONVERSATIONS WITH BROOKE PRENTIS

To celebrate NAIDOC week Brooke Prentis will speak at Holy Covenant at 5:30pm on Sunday 7th July.

Brooke is an Aboriginal Christian Leader from the Wakka Wakka peoples. She is the Aboriginal spokesperson for Common Grace and Coordinator of the Grasree Gathering. Brooke is also a regular panelist on ABC's *The Drum*. All welcome.

## STEPPING OUT IN FAITH - PLANNING

What begins with a plan must end in action. While some people can draw a straight line between these points most of us need something in between if faith is to change our lives and transform the world around us.

Accountability is that step. Nevertheless, many people find the idea of accountability uncomfortable, even confronting. Often this is because of how the concept has been misused.

Accountability is misused when it gets turned into a one-way street. When leaders expect people to be submissive or obedient to their authority in the name of accountability they are abusing it. Talk about headship, sheep and shepherds often gives them away. In reality, accountability involves mutuality, openness and transparency between equals.

Accountability is misused when it becomes intrusive, particularly when leaders expect people to disclose their weaknesses and flaws. While confession is an important spiritual practice, accountability is not about trying to manage our sins better.

Finally, accountability becomes toxic when leaders use it to get others to do stuff for them. I worry when accountability is used to push people into things they may have reservations about. Little wonder that most Christians prefer to keep their faith private.

So how might we use this term safely and respectfully?

Accountability needs to be about encouragement and responsibility. It enables followers of Christ to stand alongside each other so each of us might engage responsibly in God's dream for us all. Viewed this way, accountability simply means sharing your plans for action with a friend after having observed, reflected and discussed a potential way forward.

Accountability is something I'm learning to appreciate with my

ministry coach Andy. I've noticed three things happen when I share my plans with him.

First, I experience a reality check when I speak my plans to another person. As an intuitive person, I'm always prone to assume too much and explain too little. Andy helps me fill in the gaps.

Second, by speaking things out loud I actually hear what my plan sounds like, especially whether its sensible or not. For anyone impulsive or prone to acting first and thinking later, this can be especially helpful. Of course, I have to be open to receive encouragement, especially when it may confirm what I want to do.

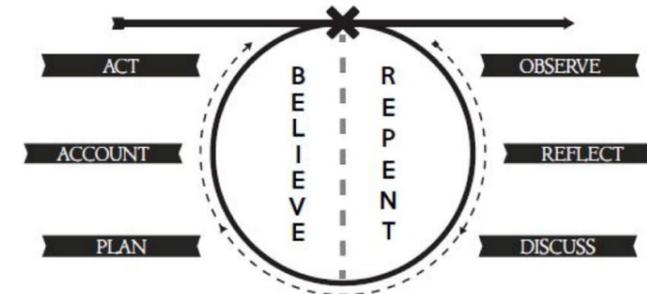
Finally, sharing my plan builds confidence. It's easy to moan about things that don't work. It's hard to work on things that aren't easy. With Andy's help I get to discover when I'm ready to stop procrastinating. I also have someone to celebrate with when action gets underway.

God doesn't expect us to save the world by ourselves.

Change happens when we are more able to responsibly use the gifts God has given us. While God sent Jesus to love us into new life and the Spirit to help know our identity as the beloved, God has also given us each other so that we do not go alone into a world that needs to be loved.

Accountability is how we share the journey. As the writer of Hebrews said, 'let's see how inventive we can be in encouraging love and helping out... spurring each other on' (Heb 10.24-25, *The Message*). I wonder who is your spiritual friend that shares the journey? Who encourages you and helps your confidence to grow?

Wayne Brighton



Source: Mike Breen, *Building a discipling culture*. 2<sup>nd</sup> ed. Pawleys Island: 3DM.

### REFUGEE RATION CHALLENGE

I'm doing the Refugee Ration Challenge this year, joining others at my school to raise money for refugees. For the past few days I have been eating the same rations as a Syrian refugee making me aware of what I am eating, and reminding me how fortunate we are to have access to an abundant variety of healthy, delicious food.

I'd love you to sponsor me please! The link to the fundraising page is <http://school.rationchallenge.org.au/sallymordike> or feel free to give me a cash donation and I can email you a receipt.

Thank you! and a big thank you to those who have already donated :)

Sally



### REFUGEE WEEK SERVICE

6 PM

Refugee Week (Sunday June 16 - Saturday June 22) is an opportunity to celebrate the contribution refugees make to

our society while also raising awareness about often perilous journey that refugees have taken to reach Australia. Holy Covenant will be hosting an ecumenical Refugee Week Service today at 6pm, with a light supper afterwards. Speakers at the service will be Rev'd Peter Malone from St Paul's Anglican Church, Manuka, and Megan Watts, Tuggeranong Uniting Church.



### FRIENDSHIP GROUPS

**The Walking Group .**

The next walk will be held (except during torrential rain) on Sunday 7th July, meeting at the Captain Cook memorial water jet at 12 noon.

Questions: James Collier

**Cafe Crawlers**

Sunday 7th July, 3pm at Dobinsons, Bunda Street, Civic

Questions: Allison Cooper-Stanbury or James Collier



### PHILLIP BEVAN – MAGIC!

Come and join the Covenant Care community in the church on **Monday, 15 July** at 10am to see magician, Phillip Bevan. Bring the children or grandchildren or just your playful self. Please take a leaflet from the font for more details.

<https://holycovenant.org.au/covenant-care.php>