

HOLY COVENANT ANGLICAN CHURCH

a place for everyone



SUNDAY 23 MAY 2021

DAY OF PENTECOST

LOVE: THE HOLY SPIRIT, OUR FACILITATOR AND GUIDE

COMING UP

To join us on Zoom, please use the link below.

<https://adcg.zoom.us/j/8820962366?pwd=YUjpa05YTXFCN0N4MGRiSFVIRlloZz09>

Meeting ID: [882 096 2366](#)

Password: 033643

SUNDAY 23 MAY

Seating limited to 75 people per service.

Sign in using Check In CBR App required

8am Holy Communion

10am Holy Communion

Celebrant and Preacher:

Rev'd Dr Wayne Brighton

5pm Youth Alpha

SUNDAY 30 MAY

Seating limited to 75 people per service.

Sign in using Check In CBR App required

8am Holy Communion

10am Holy Communion

Celebrant and Preacher:

Rev'd Dr Wayne Brighton

5pm Twilight Conversations

Coming up

Sun 23 May - 2.00pm Book Launch for
Susan Joy Nevile

Sun 13 June—11:30am Diving
Deeper—Why Sing?

Sun 24 July - 6.00pm Parish Dinner

Fri 13—Sun 15 August—Parish Retreat

Bank Details for Direct Debit are:

Bank: Commonwealth Bank

Branch: Jamison Centre, ACT

BSB: 062 907

A/C No: 802 588

Name: Holy Covenant Anglican Church

Loving is rarely easy: sin, tiredness, grief, illness, guilt, despair, fear, oppression, injustice all eat into us. Jesus was well aware of what lay ahead of his disciples as the pressures on his earthly life drew close to his Calvary passion and Resurrection climax. Thus he promised them a final gift from the Father: the helper, counsellor, comforter, convictor of sin, the revelatory one, the reconciler, the one who bore the truth, the Holy Spirit. The Spirit could not come until Jesus himself had left them and sent the Spirit (Jn 16:7).

The Holy Spirit is spoken of in the Old Testament, as exemplified in the great Ezekiel vision of the valley of dry bones. But to those early followers of Jesus, Pentecost became the great testament to the presence and power of the Holy Spirit whom Jesus had promised. Little wonder the Pentecost crowds were utterly amazed and even perplexed. It was Peter who taught the astonished crowds about the outpouring of the Spirit they had witnessed and experienced. The Spirit had come to bear witness to the truth, to draw them to Jesus and to teach them about love.

Alan Jones, in *Passion for Pilgrimage*, argued that, through the love manifested throughout Jesus' life and death and resurrection, we were made "*nomads of the Spirit*." Indeed, the early followers of Jesus were called "*wanderers for the love of God*"

before being called Christians. But, as Jones contends: "*the love of God is indiscriminate and out of our control.*" The Spirit is the facilitator and guide for us on this journey into Love, to Christ, and on this journey we find ourselves beloved and commanded to love God and others in response.

Noel Davis also uses the nomad image: we are "*nomads of life on the Edge.*" His poem *Nomads of the Edge* puts it this way.

*"We are called to be contemplative
lovers of life
broken, pained, blessed
our hearts hollowed to be hallowed
to be taken again and again
to the heart and growing edge of Love
nomads of life on the Edge."*

Thank God, our guide, the Holy Spirit, is persistent and unerring. By being "*taken again and again to the heart and the growing edge of Love*" by the Spirit we find our hearts being enlarged, our allegiances being stretched, our vision being expanded, and our "*sitting at one table to which everyone is invited*" (Alan Jones).

Oh Lord, "*...keep reminding us of what we most forget*

*that our essence is Love
our destiny Divine
and that Love ebbs and flows
from the heart of our being
to the far shores of the universe..."*

Amen (Noel Davis)

Merilyn Clark

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Taking care of a medication supply

Imagine waking up in the morning, walking into the kitchen and on the bench in front of you are 14 different packets and jars of tablets that you need to go through and try to remember which tablet is to be taken at what time. This is part of K's daily routine. But that's not it. K is only in his 40's and is suffering from several ailments including difficulty with remembering things.

When K made an appointment to chat with me, he told me he has a mild physical disability and cannot work anymore. All he needed help with was enough food to get him through until his next disability support payment arrived from Centrelink. He was scheduled to come to the St John's Care Centre at 9:30am the next day.

That day K came to SJC late in the afternoon looking sad. "Not only can I not remember which medication to take when, but I also missed my appointment!" he said apologetically.

I did my best to support K so that he wouldn't feel so bad. He was given a cup of hot sweet chocolate which cheered him a bit. K told me he used to be a carpenter but 6 months ago his physical health got worse and that precluded him from being able to do what he loved. He looked and sounded like there was a heavy weight on his shoulders. K opened up a bit more telling me that he is sad also because his teenage daughter started to show signs of bulimia. It hurt him, he was worried about his girl.

K and I came up with a plan. What he needed was some help with paying for a Webster Pack which would solve the immediate stress for him. Another thing was assistance with groceries once a month, which we gladly provided on that day. K left St John's Care with enough food and fresh vegetables to last him a couple of weeks and was invited to come again if he needed more. He looked relieved as he was walking towards his little old cute Hyundai with bags full of food.

I called his pharmacy on the same day and spoke to the pharmacist who has his scripts (due to memory issues K leaves his scripts at the pharmacy). We came up with a very positive outcome for K. The pharmacist organised for a Webster Pack to be delivered to K on a fortnightly basis and St John's Care paid for a month supply of it.

K called me saying that he couldn't find enough words to express his gratitude, that's how relieved and joyful he was. Although K's condition is chronic, having that Webster pack paid for and having a variety of foods (provided by SJC) took the edge off his situation. St John's Care will continue to support K and his daughter. I provided K with a few phone numbers of services which he and his daughter can call regarding help with her bulimia. That's another battle for them to fight.

I would like to thank St John's Care donors for their generous help. It makes a real difference to peoples' lives.

Kind regards,
Nailia, SJC Case Manager

Items Required: savory biscuits, jam, soap, peanut butter, flour 1kg (whole meal and plain), tinned fruit 820g

The cushion of God's love

The peace of God which transcends all understanding, will guard your hearts and your minds in Christ Jesus. Philippians 4:7

The sky with its tinge of pink at the dawn sunrise has now changed to a clear sky of blue. It's quiet and all I can see of movement re a few random autumn leaves still hanging onto the trees suddenly deciding to let go and on the ground are the beautiful Crimson Rosellas having breakfast. The whole scene emanated the quiet and stillness of the morning and a peace, a God filled peace was present.

There are many places to find the deep peace of God. L.B. Cowman says that there is part of the sea known as the 'cushion of the sea.' And it lies beneath the surface that is agitated by storms and churned by the wind and it is so deep that it never stirs.

The peace of God is an internal calm like this cushion of the sea, or the peaceful 'God present' in the new day. It lies deep in our heart undisturbed by what is happening around and within us. It goes beyond the storms in our lives.

I like this quote from Pilgrims Progress which says: 'Pilgrim was taken to a large upper room that faced the sunrise and the name of the room was peace.'

May the deep peace of God's love and presence be the cushion for you today.

Anne, servant of the Lord

<https://comewalkwithme-reflections.blogspot.com>



Breakfast time

CONGRATULATIONS!

Our **Becoming Well** project for enhancing mental wellbeing has received a grant for \$4,500 from the ACT Community Services Directorate.

The funding is part of the government's COVID-19 Stimulus Community Connections Grants Program, which provides funding for a range of local, cultural, spiritual, sporting and recreational activities that aim to assist with recovery during the pandemic.

The work by Wendy Robertson, Joh Sheehan and Anne McDowell made this possible. The funds will enable us to meet the costs of speakers, advertising and promotion in our neighbourhood.



MAY ANGLICAN NEWS

The May Anglican News is now out and is available on our website for any printing required.

To the page:

<http://anglicancg.org.au/news-and-events/anglican-news/>

Straight to the pdf on the website (larger size for printing):

<https://anglicancg.org.au/wp-content/uploads/Anglican-News-May-2021.pdf>

LOOKING DEEPLY

A contemplative approach to reconciliation

with Dr Heather Thomson

ANSD Quiet Day

Saturday 29 May 2021

9.30 am to 3pm

Please RSVP by Friday 21 May to ansdact@gmail.com

Venue: Australian Centre for Christianity and Culture

Cost: \$30 (cash only on the day) Electronic transfer to

"Australian Network for Spiritual Direction" | BSB

032-719 | Account 301 994 | Reference: SurnameQD

ARANDA MEN'S GROUP MEETING

THURSDAY 27 MAY 2021

The Aranda Men's Group will meet at the Parish Centre up at St Vincent's, at 6:15 PM on Thursday 27 May 2021

Peter Kabaila will give a presentation on his work with Vietnamese Orphanages during the Pandemic.

We will have pizzas and chips with fish for those who can't eat pizza. There will get a couple of garlic free pizzas.

We will need to sign in using the **Check In CBR App**. If you have problems, someone else can assist.

Cost is \$15 with any excess funds being donated to Vinnies at the end of the year.

If you could please respond by COB Tue 25 May to Paul Pearson (paul.pearson@bigpond.com)

domestic and family violence

a conversation with Lifeline
about recognizing and responding

Thursday 3 JUNE, 7pm



@ HOLY COVENANT CHURCH, 89 Dexter Street, Cook, ACT 2614
Register online at <https://www.dvalert.org.au/dv-aware-cook-holy-covenant-anglican-church-cselif04773>



Abusive relationships are everywhere. No one plans or intends for them to happen. But they do. Controlling relationships can happen at any age to anyone, whether straight or queer, elderly, disabled or with kids.

As a carer it can be hard to notice the warning signs. It can be even harder to know what to ask or how to offer someone help. So if you're concerned for someone you care about who's living with a controlling relationship, why not find out more? Register online at <https://www.dvalert.org.au/dv-aware-cook-holy-covenant-anglican-church-cselif04773>.

'Have a Good Yarn'

Have a Good Yarn group is a chat and knitting group .

Meeting on 2nd and 4th Tuesdays of the month 10.30am to 12.30 pm in the worship centre. The next one is 25th May 2021

Any queries to Sandra Ross 0408438770

sandraross@ozemail.com.au



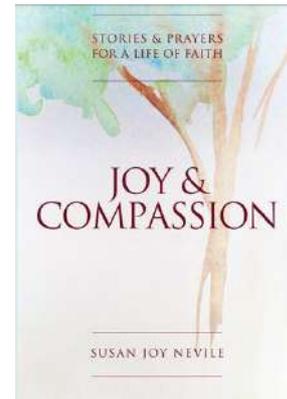
PARISH BIRTHDAY 24 JULY

Our parish is celebrating its birthday on Saturday 24 July from 6pm. The dinner will be held at our church with catering from Hudsons. Our special guest will be Dr Andrew Leigh, MP. Andrew is one of Canberra's local members of federal parliament. His latest book is called *Reconnected: a community builder's handbook* (2020). He'll be discussing with us, how can churches help a city to flourish?.

You're invited

to the book launch and celebration of

Joy and Compassion:



Stories and Prayers for a Life of Faith
(Coventry Press, Melb.),
by the late Rev'd Susan Joy Neville

It's on Sunday 23 May, from 2-3pm at The Chapel, Australian Centre for Christianity and Culture 15 Blackall Street (cnr Kings Avenue) Barton.

There will be some words from...

Prof. Quentin Grafton (Crawford School, ANU);

Adj. Prof. Maurice Neville (author's husband, who compiled/edited the book); and

The Ven. Anne Ranse (Archdeacon Emeritus, OAM)

RSVP and register at: <https://www.trybooking.com/BQUYR>

read more about the book at: coventrypress.com.au

read more about the author at: susanjoyneville.net

OP SHOP WINTER SALE

Another Chance op shop is hosting a Winter sale with 50% off all clothing from Tuesday 1 June – Wednesday 30 June.

Open weekdays 10am – 4:30pm, and Sat 10am-1pm you'll find Another Chance at Scullin shops, Ross Smith Crescent.

The shop is a project of Mosaic Baptist church; "in the community, for the community".

FILM NIGHT

The film night (family friendly) at 7pm on the 28th May in the Worship Centre has been cancelled.

PRAYER POINTS

IN THE WORLD

- ⇒ Come, Holy Spirit, direct our rulers: fill our leaders with talent and discernment; inspire our artists and musicians, writers and craftspeople. Come, Spirit of God, give peace and unity to the nations; come, renew the face of the earth
- ⇒ For peace in the middle east
- ⇒ For effects of the coronavirus in India

IN AUSTRALIA

- ⇒ We pray in thanksgiving for these ancient peoples who have enriched and sustained our continent over all that time. We praise God for the people who nurtured the land here in our parish that we call home

IN THE DIOCESAN CYCLE OF PRAYER

- ⇒ Diocese of Tasmania
- ⇒ South Wagga Wagga
- ⇒ The Forrest Centre, Wagga Wagga
- ⇒ Pastoral Care Team Mary Potter Nursing Home and The Loretto Home of Compassion

IN OUR PARISH AND COMMUNITY

- ⇒ Congregations—12 noon Wednesday
- ⇒ Belonging and Caring Team—We pray that everyone feels welcome and included at Holy Covenant
- ⇒ Monastery of the Heart—We pray for open hearts, open minds and open ears as we continue to read and discuss “On the brink of everything”.
- ⇒ Work Health and Safety
- ⇒ Curate and Community Worker, Wendy Robertson
- ⇒ For all members of our parish family including Alan and Bea Duncan; Ray and Sue Edmondson; Wendy and Jono Elkhuzen; and Pat Ewing.
- ⇒ We uphold those in special need of prayer including Barry Button, Elizabeth Grant, Judith Ann, Bev Barnes, Anne and Peter Bazeos, Violet Hart and Lucia Horciu and anyone known to us personally.

COMMEMORATIONS

- Friday:** Patricia Bonnett (d. 2015)
Saturday: Ken Mugford (d. 2005)

COLLECT for Day of Pentecost

Almighty God,
you sent your Holy Spirit
to be the life and light of your Church:
open our hearts to the riches of your grace,
that we may bring forth the fruit of the Spirit
in love, joy, and peace;
through Jesus Christ our Lord,
who is alive and reigns with you and the Holy Spirit,
one God, now and for ever. **Amen**

READINGS

Ezekiel 37:1-14
Psalm 104.26-36
Acts 2.1-21
John 15.26-27; 16.4b-15

MINISTRY TEAM CONTACTS

Children's Worker

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Youth Leadership Team

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Wardens

Deranie Jackson 0408 443 709
Joh Sheehan 6251 7151
Allison Cooper-Stanbury 0410 506 231

Prayer Vine

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Belonging and Caring

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Curate and Community Chaplain

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Holistic Care Nursing Ministries

Program Director and Chaplain

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Honorary Priests

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Reverend Connie Gerrity

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Resources Team

0419 255 002

BIRTHDAYS THIS WEEK

Saturday: Melinda Ross