

HOLY COVENANT ANGLICAN CHURCH

a place for everyone



SUNDAY 25 JULY 2021

NINTH SUNDAY AFTER PENTECOST

MISSION SUNDAY – HOLY COVENANT’S BIRTHDAY

COMING UP

To join us on Zoom, please use the link below.

<https://adcg.zoom.us/j/8820962366?pwd=YUpja05YTXFCN0N4MGRiSFVIRlI0Zz09>

Meeting ID: [882 096 2366](https://adcg.zoom.us/j/8820962366?pwd=YUpja05YTXFCN0N4MGRiSFVIRlI0Zz09)

Password: 033643

SUNDAY 25 JULY

MISSION SUNDAY

Seating limited to 75 people per service.

Sign in using Check In CBR App required

8am Holy Communion

10am Holy Communion

Celebrant and Preacher:

The Rev'd Dr Wayne Brighton

5pm—Twilight Conversations

SUNDAY 1 AUGUST

ST STEPHEN'S DAY

Seating limited to 75 people per service.

Sign in using Check In CBR App required

8am Holy Communion

10am Holy Communion

Celebrant :

The Rev'd Dr Wayne Brighton

Preacher:

Venerable (EM) Anne Ranse OAM

3.30pm—Colours of God (Rainbow Fellowship)

5pm—Youth Alpha

Coming up

Fri 30 July — 6.00pm Film and Pizza night

Thur 5 August — 7.00pm Digital Life for Families

Fri 13—Sun 15 August—Parish Retreat

Bank Details for Direct Debit are:

Bank: Commonwealth Bank

Branch: Jamison Centre, ACT

BSB: 062 907

A/C No: 802588

Name: Holy Covenant Anglican Church

Uriah was an outsider who wanted to belong (2 Sam 11.1-15). When we meet Uriah, he is referred to as the Hittite, a person who came from a nation in what is now Turkey. Uriah is an adopted son who wanted to serve the people of Israel. He wanted to serve the king. He was loyal and not afraid of doing what was required of him. He never expected what would happen next.

David, the soldier and king, was sitting at home one morning. When other kings went out to fight, David stayed home and sent others to do the job that should have been his. From his palace he saw everything, even a beautiful woman bathing on a rooftop. He sends for her. He wanted her. He never expected what would happen next.

When you can't have power, sometimes being close to it is enough. Bathsheba's father and husband were part of David's fighting force. It was the end of her cycle, so she needed to bathe. It felt good to be covered in water, to feel the sunlight and to catch the king's eye. She never expected what would happen next.

Life is messy. Some of us sail through life without any trouble, going from one achievement to another. Others get blindsided by ambition, deceit or naivety. People get broken. Lives are ruined. Everything stops. The world goes on.

Holy Covenant is a place for everyone. People come from all walks of life, with experiences good and bad, hopeful and hurtful, wonderful and disappointing. Some are exploring life with all its wonders. Others are at the

end of their mortal journey. Some are surrounded by love and family while others lie in bed alone. Some of us have bodies and minds that work every day. For others, they work every now and then, if at all. Some have open doors and great careers. Others experience obstacles, difficulty and cold shoulders.

Today we are the church together. We all reach up to God with open hands to have more faith, a deeper hope, and abundant love. We reach in to build friendships that last through the storms. We reach out to a world that's hungry for love, looking for hope but uncertain about faith. We work with others to build a better world.

We know what comes next. We arrive empty but are filled with the Holy Spirit. We feel alone but are greeted by Christ who helps us all. We leave knowing that we are loved by the Father in whose love we have our being. So we have another go. We try again. At the very least we make it to Sunday.

Holy Covenant is a community of friends that help each other become all that God made us to be, no matter what is happening in our lives right now. We welcome those who want to discover, understand and participate in God's kingdom so that our neighbourhood will thrive. We can help you become what God is calling you to be and to find the faith, hope and love that you are looking for.

That's the vision, values and a mission we celebrate this birthday weekend.

Wayne

RECTOR: The Reverend Dr Wayne Brighton, 0407 408 333, rector@holycovenant.org.au

OFFICE: 6251 6100, office@holycovenant.org.au

WEBSITE: <https://www.holycovenant.org.au>



BACK ON MY FEET

Yesterday while helping a client carry some groceries into their boot, I noticed a familiar face walking up to our Centre with some donations in her hands.

Although I had never interacted with this woman, I had seen her make donations on several occasions.

I introduced myself, thanked her for her regular donations, and asked how long she had been supporting SJC. K informed me that she was a former client of SJC and began to tell me her incredible story.

K first visited the Centre over 3 years ago during the breakdown of her marriage. As a result of her impending divorce, K experienced extreme stress which led to her mental health deteriorating rapidly. She was unable to attend work and eventually lost her job.

K's priority through the entire ordeal was the health, and happiness of her 3 young children who she always put first – often at the expense of her own health. She began relying on government payments, and quickly chewed through the savings she had spent years accumulating.

"I realized how tough we were doing it when I was at home and ran out of toilet paper. With no money due until the following week, I was at my breaking point and reached out to St John's Care for support", explained K. K visited our Centre the following day and was blown away by the generosity of our organisation. We gave her some grocery bags, fresh fruit, vegetables, and meat. St John's Care assisted her with her utility and phone bills, and provided her with case management for a number of months. We referred K to a job agency and soon after, she regained employment in the public service.

Months later, K was entirely independent with a stable job and a private rental property. She has since returned to the Centre regularly to drop off donations, and to see some of the many faces who had changed her life.

"I turned to St John's Care when I hit rock bottom. Now that I can give back, I donate to SJC as often as I can, knowing that my contributions will help someone get out of the same situation I was in years ago", she said.

K's smile was contagious, and she was rightfully proud of her achievements. Her story of despair and subsequent triumph had a profound effect on me and is an amazing example of how supporting someone during their darkest times can allow them to flourish and excel in life.

We would like to acknowledge the collective efforts of donors, volunteers and staff in being a source of light for those experiencing darkness.

Kind regards,

Robbie Speldewinde,

Program Coordinator

Items required: olive oil 500ml, juice poppers, Vegemite, sultanas 400gm, savory biscuits.

JOY AND DELIGHT

Behold what manner of love the Father hath bestowed upon us. 1 John 3:1

I think it's fairly obvious that if 'the Father' had not bestowed his love on us and called us children of God, then the wonders of the world would be somewhat obscure. With his love, so much around us is given to us – freely. I reflected on this as the day broke and along with it the chatter of 5 or 6 King Parrots filled the air with excitement as they landed and began feasting on the beautiful flowering native bush outside my window. The sight reminded me of the title of Macrina Wiederkehr's book, 'A tree full of Angels.' How blessed are we to know the manner of the Fathers love, even in the ordinary things of life.

Grace and peace from the Lord Jesus Christ.

Anne, servant of the Lord

<https://comewalkwithme-reflections.blogspot.com>



Breakfast time!

JULY ANGLICAN NEWS

The July Anglican News is now out and is available on our website for any printing required.

To the page:

<http://anglicancg.org.au/news-and-events/anglican-news/>

Straight to the pdf on the website (larger size for printing):

<https://anglicancg.org.au/wp-content/uploads/Anglican-News-July-2021.pdf>

our mission
**We welcome all
to discover,
understand and
participate
in God's kingdom
so that our
neighbourhood will
thrive**

**DIGITAL LIFE
FOR FAMILIES**
recovering, reclaiming, regaining
connectedness

a conversation with Toni Hassan
journalist, author and parent

**THURSDAY
5 AUGUST, 7pm**



**HOLY COVENANT
ANGLICAN CHURCH**
89 Dexter Street, Cook
<https://www.trybooking.com/BSWJD>

GROWING OUR CHURCH IN JULY

Throughout July, the church will be exploring its future and discussing how we might grow as a parish. Our discussion will be inspired by reading Paul's letter to the Ephesians.

So far we've explored our **Vision** or God's call to us as parish to take the road less travelled. We've considered our **Values** that are central to our identity as Holy Covenant and sustain us on our journey.

Today we have **Mission Sunday**. As we celebrate the parish's birthday we have a chance to consider how we might engage more deeply with our neighbourhood.

Our parish plan for 2021-2024 will be available for questions, conversation and engagement. If you'd like to know more, why not talk to the team or a parish council member?

THAT SPECIAL GIFT WITH A DIFFERENCE

Are you looking for that special gift for someone and in doing so support a wonderful Christian family?

Abraham's family shop across the road from St George's Cathedral and college in Jerusalem might be just the place for your online shopping.

I know Abraham well and he and his family are struggling in Jerusalem, a place that depends on tourists and pilgrims to survive. A place hit hard like many with the corona virus and recent conflict.

Enjoy browsing through his shop using the links below and offer your support. Perhaps you would like to send a prayer of encouragement to him and his family. You can tell him Anne (Ranse) sent you!

Abraham

Website: www.stgeorgestore.com

Facebook: <https://www.facebook.com/StGeorgesshop/>

FIELD RESEARCH PROJECT VOLUNTEERS NEEDED!

I am a mature age student currently completing the Graduate Diploma of Counselling and Integrated Psychotherapy (Spiritual) with the Australian Institute of Family Counselling (aifc).

As a part of my studies, I am required to undertake a Field Research Project. I will be looking at the value of psychoeducation about worry and general anxiety, including management strategies, in order to help carers cope better with carer burden.

To be able to carry out this Research Project I require:

- Six informal or family carers prepared to attend six group psychoeducation sessions over a six week period
- Each session will run for approx. 1 – 1.5 hours; there will be homework which will take about half an hour each week
- Commencing early August, 2021

I will meet with each participant individually prior to commencing the project to outline what is involved, and discuss the necessary paperwork, for example confidentiality and informed consent. This will also provide an opportunity to answer any questions so each person participating will have a sound understanding of what will be involved in the project.

If you would like to participate, and/or know of other carers who may be interested in these psychoeducation sessions, and would like further information, please do not hesitate to contact me on either 6251 0345 or 0421 606 665.

I will be happy to discuss this further with you and clarify any queries you may have.

Thank you,

Anne McDowell

anne@scma.info

Embracing Ministries, together with Luke 14 CBM are pleased to present:

“Inclusion Toolbox for Kids and Teens”

Saturday 14th August

1:30 - 5:00pm

St Mary in the Valley Church

Calwell ACT

Children and teenagers with disabilities, and their families, rightly look to Churches and Christian community groups for acceptance and belonging. At the same time, leaders and those in ministry areas are seeking help to ensure their activities and programs cater for all. This workshop assists churches and community groups to engage practically with this vital area of Christian community and church life and ministry.

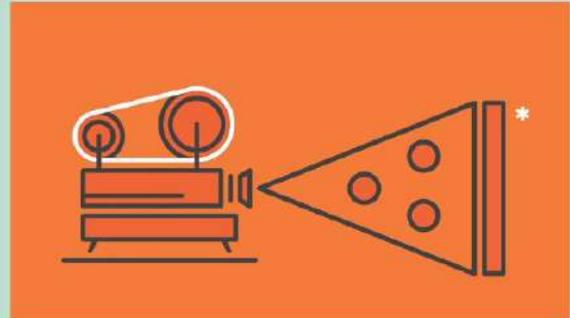
CBM is an international Christian development organisation devoted to improving the lives of people with disabilities in the poorest places on earth. The Luke 14 Workshops offered by CBM are designed to equip churches with practical ideas, skills and strategies for including people with disabilities. Luke14 workshops are not designed to make people “disability experts,” but to understand practical ways to accommodate different needs in the church

If you or a member of your church would like to attend this workshop, please book your place by contacting me via email info@embracingministries.org or Mobile: 0404 256 714.

Pizza and Movie Night

30/7/21

Holy Covenant



6-9pm
all welcome
RSVP to Wendy
warobertson4@gmail.com



Thank you all who came out to celebrate our parish's birthday. We're especially grateful to all who helped make the night a warm and splendid affair - Deranie for emceeding; Rhonda, Phyl and all who helped for the set up and packdown; Bec and Ben for the music; Bob for the silent auction; Phil for sorting out the bookings; Wendy for sharing her story about community chaplaincy; for those who gave a gift plate; and Andrew Leigh for helping us to see the opportunities before us as we help our neighbourhood to thrive. -

Wayne

REQUEST TO ALL GARDENERS

Members of the Community Garden are seeking to increase variety in the garden.

Do you have excess perennials that you could gift?

We are seeking plants such as: Raspberry Canes, Rhubarb
Herbs: thyme; sage; coriander, lemon grass; etc.



If you are able to assist, please contact Joh on 0418 644 282 or Johann@sheehan.id.au

COLLECT for Ninth Sunday after Pentecost

Gracious God,
you have placed within the hearts of all your children a longing for your word and a hunger for your truth: grant that, believing in the one whom you have sent, we may know him to be the true bread of heaven and the food of eternal life, Jesus Christ our Lord, to whom with you and the Holy Spirit be glory and honour for ever and ever. **Amen**

PRAYER POINTS

IN THE WORLD

⇒ .We pray for your beautiful broken world: as you fed your people of old, feed today your people, who hunger for food, for security, for wisdom, justice and peace

IN AUSTRALIA

⇒ In your kindness watch over refugees and asylum seekers, those separated from their loved ones, those who are lost, and those who have been exiled from their homes. Bring them safely to the place where they long to be, and help us always to show your kindness to strangers and those in need.

IN THE DIOCESAN CYCLE OF PRAYER

⇒ Diocese of The Northern Territory
⇒ Cooma
⇒ Berridale and Snowy Mountains; Snowy Mountains Chaplaincy
⇒ Southern Monaro
⇒ Pray for: Premier of New South Wales and Leader of the Opposition, Chief Minister of the ACT and Leader of the Opposition, and their respective Governments and the Opposition parties.

IN OUR PARISH AND COMMUNITY

⇒ Congregations—12 noon Wednesday
⇒ Colours of God—pray for the planning for future meetings
⇒ Meditation Tuesday Lunchtime—give thanks for Tuesday meditation and leader Sybilla
⇒ Medication Wednesday evening - give thanks for all our leaders and members, pray for improved wifi in the Rainbow Centre to assist with zoom for those who can't attend in person
⇒ Exploring faith Matters Give thanks for EFM, National Director Greg Davies, ACT mentors, Merri Bacon at Holy Covenant and Rev Kay Pendelbury at Manuka
⇒ For all members of our parish family including Margaret Martin; Mary Lynn Mather; Doreen and Ian Matters; Anne and Lindsay McDowell; and Bryan McGuinness.
⇒ We uphold those in special need of prayer including Barry Button, Elizabeth Grant, Judith Ann, Bev Barnes, Anne and Peter Bazeos, Violet Hart, Brianna Smith, Lucia Horciu and Kerin Cox and anyone known to us personally.

COMMEMORATIONS

Saturday: Graeme Neil Johnson (d. 2013)

BIRTHDAYS THIS WEEK

Saturday: Brianna Smith

READINGS

2 Samuel 11.1-15

Psalm 14

Ephesians 3.14-21

John 6.1-21

MINISTRY TEAM CONTACTS

Children's Worker

Wendy Robertson 0481458037
children@holycovenant.org.au

Youth Leadership Team

Tobias, Lou and Remus
youth@holycovenant.org.au

Wardens

Deranie Jackson 0408 443 709
Joh Sheehan 6251 7151
Allison Cooper-Stanbury 0410 506 231

Prayer Vine

Rosemary Kennemore
6251 2009; rkmore@grapevine.com.au

Belonging and Caring

The Reverend Dr Wayne Brighton
0407 408 333; rector@holycovenant.org.au

Curate and Community Chaplain

Wendy Robertson
0481458037 warobertson4@gmail.com

Holistic Care Nursing Ministries

Program Manager

Rhonda Thorpe
0487 945 615; nurse@holycovenant.org.au

Holistic Care Nursing Ministries

Program Director and Chaplain

Venerable (EM) Anne Ranse OAM
0406 379 599; anne.ranse@gmail.com

Honorary Priests

Reverend Anne Dudzinski
0413 994 739; annedudzinski@optusnet.com.au

Reverend Connie Gerrity

0429 423 725; connie@gerrity.id.au

Resources Team

0419 255 002