

HOLY COVENANT ANGLICAN CHURCH

a place for everyone



SUNDAY 15 AUGUST 2021
TWELFTH SUNDAY AFTER PENTECOST

EATING AND DRINKING GOD'S PRESENCE

COMING UP

To join us on Zoom, please use the link below.

<https://adcg.zoom.us/j/8820962366?pwd=YUpja05YTXFCN0N4MGRiSFVIRlloZz09>

Meeting ID: [882 096 2366](https://adcg.zoom.us/j/8820962366?pwd=YUpja05YTXFCN0N4MGRiSFVIRlloZz09)

Password: 033643

Kids church at 9:30am Sundays:

Join Zoom Meeting

[https://us04web.zoom.us/j/417454216?](https://us04web.zoom.us/j/417454216?pwd=NlFwSktMWUNBS0Y2NHVxemdSMW0wZz09)

[pwd=NlFwSktMWUNBS0Y2NHVxemdSMW0wZz09](https://us04web.zoom.us/j/417454216?pwd=NlFwSktMWUNBS0Y2NHVxemdSMW0wZz09)

Meeting ID: 417 454 216

Passcode: Kidschurch

SUNDAY 15 AUGUST

Due to COVID lockdown, worship will be provided online only.

8am Holy Communion

10am Holy Communion

Celebrant and Preacher:

The Rev'd Dr Wayne Brighton

5pm—Youth Alpha

SUNDAY 22 AUGUST

Seating limited to 75 people per service.

Sign in using Check In CBR App required

8am Holy Communion

10am Holy Communion

Celebrant and Preacher:

The Rev'd Dr Wayne Brighton

5pm—Twilight Conversations

Coming up

Sun 29 August—Wear it purple day

Sun 10 October—Confirmations and Pet Blessing

Fri 29—Sun 31 October Parish Retreat

Sat 6 November - Fete

Bank Details for Direct Debit are:

Bank: Commonwealth Bank

Branch: Jamison Centre, ACT

BSB: 062 907

A/C No: 802588

Name: Holy Covenant Anglican Church

The gospel reading this week is the fourth of a five-week series in the lectionary that take us through John chapter 6. We started with the feeding of the 5000, Jesus challenges them to move beyond the need for “signs and wonders,” and then declares “I am the bread of life.” It becomes clear where all this is headed – John’s version of Communion.

Narrow-minded misunderstanding is a recurring theme in John (“How can this man give us his flesh to eat?”), and an important reminder for us to not take things too literally. We are nudged towards opening our minds to a ‘deeper’ understanding.

In the 1 Kings reading today the ‘discerning mind’ Solomon asks God for is literally in Hebrew a ‘hearing heart.’ I love this idea and can think of many times during ministry when my heart is needed for a deeper listening to the person or situation in front of me. We are called to hear with our hearts when we listen to Christ’s words in the Gospels and when we hear for Jesus in the people and world at large.

Jesus was saying in a way to the crowds “Listen up, there’s an even more wonderful, more abundant nourishment that’s available. This meal we’ve just had of barley loaves and fish on the hill is only a foretaste, a sign. This coming meal will feed your deepest hunger and thirst for wisdom and true life. And I am that. I am that food and drink, I

am the word made flesh. You draw your life from me, as branches draw from their vine. Come and take me in, I will abide in you and you in me.”

The Eucharist is a heavenly meal in which we are communing together with God, sharing a common life with and in God. Like the loaves and fishes, this meal appears to be a tiny portion but is in fact an abundant feast. For John the feeding of the 5000 sets the chain of reasoning in motion from which our Gospel reading comes today. This hillside picnic was eucharistic too, it opened up and out to the heavenly meal Jesus spoke about.

Imagine if we could see and understand that all our meals have a sacramental, or eucharistic quality about them. That in every meal God the Giver is feeding both our bodies with food and drink, as well as our hearts with the bread of life, wisdom and intimacy with Christ.

Rowan Williams, the former Archbishop of Canterbury suggests that *reverence for the bread and the wine of the Eucharist is the beginning of reverence for the whole world in which the giving of God’s glory is pulsating beneath the surface of every moment.* May we all have hearts that hear and see the abundant care of God behind every moment and every meal.

Wendy Robertson

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DEBTS, COURT CASES, PAIN AND ONE BIG DREAM

A man called St John's Care early in July. I picked up the phone and heard a deep sigh, "I ...I...don't know where to start...we need help to pay a bill" ... and then there was a pause.

As it was early in the morning, I invited E to drop in that day if he had time. An hour later, he was standing outside the Centre wearing thongs and T-shirt (it was raining and freezing). E was invited in and given a cup of hot chocolate before he could summon the courage to tell me his story.

He told me that he has two primary school age children who live with him full time. After a family court issue he was left with enormous debts and bills, most of which have been consolidated with the help of the tribunal.

E was put on a payment plan to repay the debts and although he receives support from Centrelink, the money isn't enough to cover all the debt repayments, utility bills and to buy food. He said that although he doesn't like asking for help, he has been visiting all the emergency relief centres in Canberra seeking help with food.

As he spoke, E kept sighing ... I asked if he was okay. "Not really", he replied. "You see, the reason I can't do full time jobs is because I have fibromyalgia which means constant aches and pains, for which I take strong medications. But I have a dream of starting my own small food business – my "culture street food!" he smiled. My two beautiful children and this food business dream are what keeps me going".

I was left speechless, and an awe-inspiring feeling stayed with me for the whole day.

I arranged for an ample supply of food, fruit and vegetables for E to take home. We gave him a Foodbank voucher to supplement the weekly support. He was also invited to come to St John's Care for emergency relief regularly to keep him and the two kids going.

E mentioned that he is preparing an application to raise venture capital and may need to also complete a Food Safety Course. We discussed this with E and said that if he needed support with paying for the course,

that SJC would help. His eyes filled with genuine tears.

Thank you, thank you, thank you! I can't believe it. This means a lot to me", he said.

I sincerely hope that dreams like E's would be supported and would take off so that we see purpose flourishing in our community.

You, our dear readers, and donors, make this possible in many ways. Huge thanks go to you!

Kind regards, Nailia, SJC Case Manager

Items required: Shampoo & Conditioner, savory biscuits, 500ml olive oil, tinned meats e.g Irish Stew

MEMORIES ARE MADE OF THIS

Every good gift and every perfect gift is from above coming from the Father of lights. James 1:17

It was Fanny Robinson who said: Flowers are the gems that children love, yet we all delight to see and they bring a thousand memories of bygone days to me.

How very true this is. I couldn't resist while I was out walking yesterday, stopping to smell a cluster of Jonquils, attracted by its vivid white flowers foremost, but also because I knew that if I stooped to smell them, I would visit that comfortable, safe, warm place of peace as a child sitting in the paddock surrounded by clumps of Jonquils filling the air with God's perfume.

It's the same memory as walking under a trellis of Wisteria or passing by the Daphne bush at the back door. They transport us to places of comfort and joy and connect us to people past and present. Spring is full of memories from the gardens that embrace our life.

Enjoy them and all they offer.

Grace and peace from the Lord Jesus Christ.

Anne, servant of the Lord

<https://comewalkwithme-reflections.blogspot.com>



Memories are made of this

YOUTH ALPHA THIS SUNDAY 5PM

Who is the Holy Spirit?

WEAR IT PURPLE DAY 29 August

Wear It Purple is a day celebrated at schools, universities and businesses to foster supportive, safe, empowering and inclusive environments for rainbow young people.

As a church, it shows that we see, hear and love all those who are LGBTIQ. This is especially important as it allows people to come to church as a whole person, without fear or having to leave someone important outside.

The day is all about healing when bullying, exclusion and rejection has been a part of their faith journey. If you feel comfortable wearing purple, give it a go and don't worry if you can't. We love you no matter what you wear.

Wayne

DIVING DEEPER

22 August, 11.30am

How do we listen to Scripture?



ANSD Quiet Day with Rev Linda Chapman Saturday 28 August 2021 | 9.30 am to 3pm

In this Quiet Day we will bring our attention to a relationship between contemplation and self-compassion in the context of our often busy lives. To rest in contemplation, we need to bridge the gap between our many expectations of ourselves and the reality of who we are in any given moment. Compassion opens the contemplative space of the heart, where giving flows from receiving, doing is born of being, where effort is fed by grace.

**Please RSVP by Friday 20 August to
ansdact@gmail.com**

Venue: Australian Centre for Christianity and Culture, 15 Blackall St, Barton, Canberra (off Kings Ave, parking available). This event is subject to Zoom delivery or cancellation, depending on health advice or social/travel restrictions at the time.

Cost: \$30 (cash only on the day) Electronic transfer to "Australian Network for Spiritual Direction" | BSB 032-719 | Account 301 994 | Reference: SurnameQD

WEDNESDAY SMALL GROUP

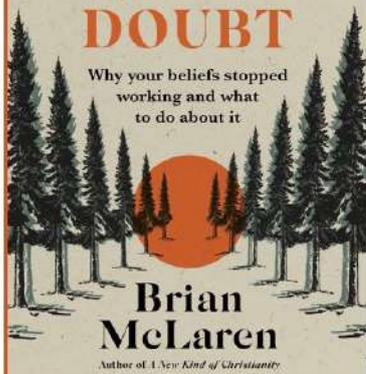
Growing with God is a journey filled with twists and turns, ups and downs. It's hard to know what's ahead when we're always looking behind.

If you need to get a bit of perspective on where you're heading, why not join us for conversation on Wednesday nights starting 25 August?

For more information, talk to Wayne on 0407 408 333

FAITH after DOUBT

Why your beliefs stopped
working and what
to do about it



Brian
McLaren

Author of *A New Kind of Christianity*

Cuppa & Chat

Come and meet some neighbours,
enjoy a warm drink and friendly
company. All are welcome,
suitable for ages 0-99+

Thursday mornings
10:30-12:00

Holy Covenant Anglican Church
89 Dexter St
Cook
Call 6251 6100 for more information

SAVE THE DATE FOR THE FETE

SATURDAY 6 NOVEMBER 2020

Let's make this a great event for the community. Time now to think how you can help on one of the stalls or setting up. There will be the usual large trash and treasure, an Aladdin's cave for jewelry items, an antiques and collectable stall and a large book stall, plant stall, BBQ. Cake stall and a lovely café of delights to have with your tea or coffee. There will be a sign-up sheet on the notice board in the next few weeks. Meanwhile start potting those plants from your garden so they are well established for the event.

Enquires to Archdeacon Anne. 0406379599 or email anne.ranse@gmail.com

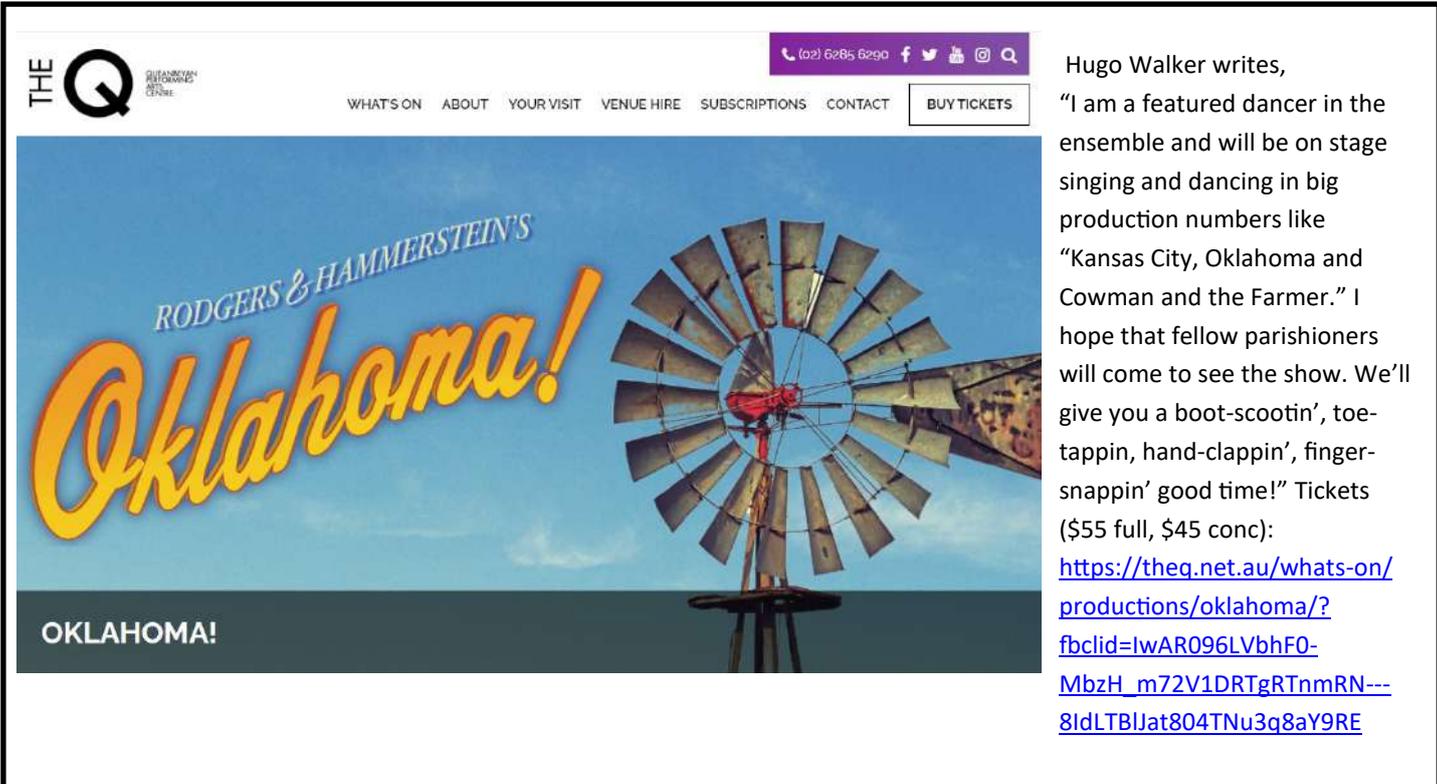
FROM THE TREASURER

Offerings in July (bank transfers and plate) were \$21,730 – 10% above budget. Total income was 7% above budget. Proceeds from the silent auction were \$3442 which is a substantial contribution to our fund-raising budget. Operating expenses were close to budget.

We have commenced distribution of our *Wider Work* budget; \$2000 each has been sent to Anglican Board of Mission, St John's Care, Companion House and Embracing Ministries.

Paul Shelley
Treasurer

	July 2021	Year to 31 July 2021	Budget 2021
Income	\$26,740	\$162,740	\$276,200
Expenditure	\$28,600	\$156,700	\$311,800
Surplus/deficit	(\$1,860)	\$6,040	(\$35,600)



The screenshot shows the website for 'THE Q' (Queanbeyan Regional Theatre). The main banner features the title 'RODGERS & HAMMERSTEIN'S Oklahoma!' in large, stylized yellow and orange letters, with a background image of a windmill against a blue sky. The word 'OKLAHOMA!' is written in white on a dark blue bar at the bottom of the banner. The website navigation includes 'WHAT'S ON', 'ABOUT', 'YOUR VISIT', 'VENUE HIRE', 'SUBSCRIPTIONS', 'CONTACT', and a 'BUY TICKETS' button. Social media icons for Facebook, Twitter, YouTube, Instagram, and a search icon are visible. A purple phone icon with the number '(02) 6285 6290' is also present.

Hugo Walker writes,
"I am a featured dancer in the ensemble and will be on stage singing and dancing in big production numbers like "Kansas City, Oklahoma and Cowman and the Farmer." I hope that fellow parishioners will come to see the show. We'll give you a boot-scootin', toe-tappin', hand-clappin', finger-snappin' good time!" Tickets (\$55 full, \$45 conc):
https://theq.net.au/whats-on/productions/oklahoma/?fbclid=IwAR096LVbhF0-MbzH_m72V1DRTgRTnmRN---8ldLTBJat804TNu3q&aY9RE

MISSION IN THE SPOTLIGHT DINNER

CHURCH MISSIONARY SOCIETY

'Plagues, pandemics, possibilities
and partnership in mission'

on Saturday 21 August 6.30pm - 9pm at Wanniasa Anglican Church, 5 Laurens St, Wanniasa.

Speakers: Josh Apleczonek serving in France and 'M' serving in Nth Africa.

Cost \$35; students \$20.

Register:

<https://cms.org.au/events/mits>.

Registration closes Monday 16 August.

Canberra Women's Christian Convention

Running from a Gracious God

Saturday 18 September 2021

Helen Bell will be preaching from the book of Jonah

Early bird Registration is now open

Tickets are available at <https://canberrachristianconventions.org.au/womens/>

AUGUST ANGLICAN NEWS

The August Anglican News is now out and is available on our website for any printing required.

To the page:

<http://anglicancg.org.au/news-and-events/anglican-news/>

Straight to the pdf on the website (larger size for printing):

<https://anglicancg.org.au/wp-content/uploads/Anglican-News-August-2021.pdf>

PRAYER POINTS

IN THE WORLD

⇒ Wisdom and Word of God, you call us to leave aside foolishness and walk in the way of insight: give us wise and discerning minds, that we may learn to live together in peace and all your people may enjoy the bounty and beauty of this earth.

IN AUSTRALIA

⇒ We pray in thanksgiving for these ancient peoples who have enriched and sustained our continent over all that time. We praise God for the people who nurtured the land here in our parish that we call home

IN THE DIOCESAN CYCLE OF PRAYER

⇒ Diocese of Melbourne
⇒ St Alban the Martyr, Woden
⇒ Australian Federal Police Chaplain
⇒ Canberra Hospital, Garran: Acting Anglican Chaplain
⇒ Ministry to mentally ill and depressed people; the work of Lifeline Canberra .

IN OUR PARISH AND COMMUNITY

⇒ Congregations—5pm Sunday
⇒ Belonging and Caring Team—for our outreach into the community through the morning teas on Thursdays
⇒ Monastery of the Heart
⇒ Work Health and Safety
⇒ Curate and Community Worker (Wendy Robertson)
⇒ For all members of our parish family including Chris Olsson; Sue Paice; Des Pain; John and Gillian Painter; Lou Passmore; and Jerry Platt.
⇒ We uphold those in special need of prayer including Barry Button, Elizabeth Grant, Judith Ann, Bev Barnes, Anne and Peter Bazeos, Violet Hart, Brianna Smith, Lucia Horciu, Kerin Cox, Wendy and Peter Ward and anyone known to us personally.

COMMEMORATIONS

Sunday: Jagaraj Lamech Aiyathurai (d. 2008)
Thursday: Ian Main (d. 2004)

BIRTHDAYS THIS WEEK

Monday: Jamie Gumbrell

Wednesday: Maurice Nevile, Isla Robertson

COLLECT for 12th Sunday after Pentecost

Everliving God,
your Son, Jesus Christ,
gave himself as living bread for the life of the world:
give us such a knowledge of his presence
that we may be strengthened and sustained by his risen life
to serve you continually;
through Jesus Christ our Lord,
who lives and reigns with you in unity with the Holy Spirit,
one God, for ever and ever. **Amen**

READINGS

1 Kings 2.10-12; 3.3-14

Psalm 111

Ephesians 5.11-21

John 6.51-58

MINISTRY TEAM CONTACTS

Children's Worker

Wendy Robertson 0481 458 037
children@holycovenant.org.au

Youth Leadership Team

Tobias, Lou and Remus
youth@holycovenant.org.au

Wardens

Deranie Jackson 0408 443 709
Joh Sheehan 6251 7151
Allison Cooper-Stanbury 0410 506 231

Prayer Vine

Rosemary Kennemore
6251 2009; rkmore@grapevine.com.au

Belonging and Caring

The Reverend Dr Wayne Brighton
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Curate and Community Chaplain

Wendy Robertson
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Holistic Care Nursing Ministries

Program Manager

Rhonda Thorpe
0487 945 615; nurse@holycovenant.org.au

Holistic Care Nursing Ministries

Program Director and Chaplain

Venerable (EM) Anne Ranse OAM
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Honorary Priests

Reverend Anne Dudzinski
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Reverend Connie Gerrity

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Resources Team

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