

HOLY COVENANT ANGLICAN CHURCH

a place for everyone



SUNDAY 27 FEBRUARY 2022
EIGHTH SUNDAY AFTER EPIPHANY

To join us on Zoom, please use the link below:

<https://zoom.us/j/8820962366?pwd=YUplaj05YXZlbn04MGRlSEVlRlR0Zz09>

Meeting ID: 882 096 2366
Password: 033643

SUNDAY 27 FEBRUARY

8am and 10 am Holy Communion
Preacher and Celebrant:
The Rev'd Dr Wayne
Brighton
5pm – Twilight Service

SUNDAY 6 MARCH

8am and 10 am Holy Communion
Preacher and Celebrant:
The Rev'd Dr Wayne
Brighton
3.30pm Colours of God
5pm – Twilight Service

Coming Up

1 March Pancake Tuesday from
5.30pm and AGM, from 7.30pm
2 March Ash Wednesday Service
6pm (beginning of Lent)
4 March Pizza Night 6pm

Bank Details for Direct Debit are:

Bank: Commonwealth Bank
Branch: Jamison Centre, ACT
BSB: 062 907
A/C No: 802588
Name: Holy Covenant Anglican Church

Change from the inside out

The story of Jesus's transfiguration is ostensibly about an outward sign of his divinity seen by only his closest disciples: "And as he was praying, the appearance of his face was altered, and his clothing became dazzling white." (Luke 9: 29). A similar change was also described in Exodus 34:29 when Moses came down from Mount Sinai.

I don't think anyone today has witnessed someone with light shining through their skin. But many of us have witnessed an outward manifestation of God from an inward, spiritual change. This is no less miraculous.

There are many stories of how people have transformed from the inside out. My favourite is of John Newton, who wrote 'Amazing Grace'. He was a sailor and slaver who after a God experience turned his life around. In his words: "I once was lost but now I'm found, Was blind and now I see. How precious did that grace appear The hour I first believed."

John Newton's story is inspiring but also insightful. It took him years from his first recognition of what

was wrong in his life, to change how he lived his life and what he did. His transformation was not simply a change in belief. It arose when his beliefs and his actions came together, in unison. His spiritual beliefs changed what he was doing and who he was becoming. That is, over time, his beliefs and actions became 'as one'; or what is called 'praxis'. For John Newton this was a lifelong journey, as it is for all of us.

What does praxis mean to you and me today? We don't need a Jesus-like transfiguration on a mountain top for God to manifest change in our lives and what we do. The light that we can shine on others, and that comes from God, arises when our actions are consistent with our beliefs, praxis. This journey from a spiritual to a material and outward transformation is open to everyone; the Grace of the Lord is unending. Our past is history, what matters it what we do in the present, in the here and now. The transfiguration took place on a mountain; it's always an uphill struggle for us to connect our beliefs to our actions, and to be transformed. But it's a journey we must begin if we are to help bring Christ's light to the world; a task to which all Christians are called.

Quentin Grafton

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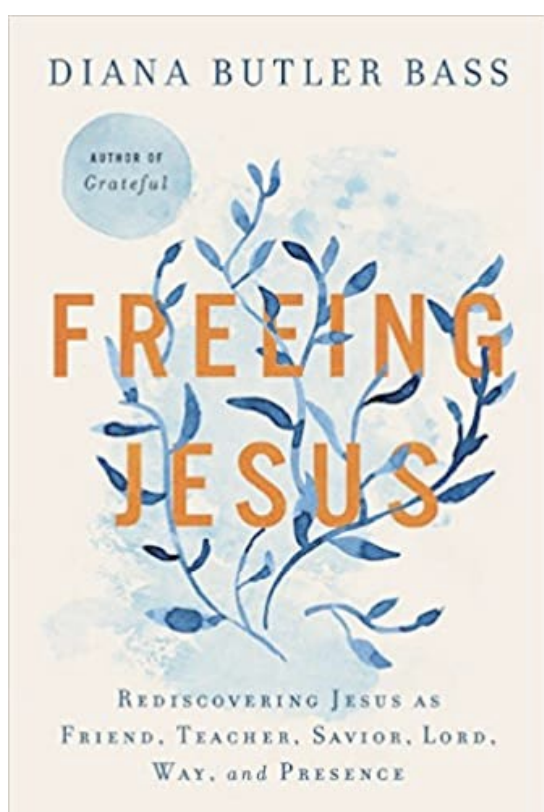
Lenten Study—Ways We've Known Jesus

Have you noticed how your understanding of Jesus has changed over the years?

As we grow and our needs change, the way we think about and engage with God can and does shift, even when Christ is the same yesterday, today and forever. Sometimes we might need a big God who meets us as Saviour and Lord. Other times we encounter someone more intimately as a Friend or Teacher. Sometimes what matters is God's direction as Way or Presence. However we have encountered God, there is always more to discover.

Beginning March 3rd, Wayne will lead a small group online using Diana Butler Bass' book *Freeing Jesus: rediscovering Jesus as friend, teacher, saviour, lord, way and presence* as our conversation guide. Let him know you'd be interested by SMS or email. The book is available in hardcopy only for between \$35 and \$45.

<https://www.google.com/url?sa=i&url=https%3A%2F%2Fwww.amazon.com.au%2FFreeing-Jesus-...&e=images&cd=vfe&ved=0CAgQjRxqFwoTCKid5PGD9vQCFQAAAAAdAAAAABAD>



Ash Wednesday Volunteers

Are you available to provide one of the readings at the Ash Wednesday service? Please send an email to the Office if you can help out.

When: Wednesday March 2nd, 6pm

Where: Worship Centre, Holy Covenant

Exploring Faith Matters - returning in March

Exploring Faith Matters or EFM for short, is a program of theological reading and reflection in a learning community. A group meets at Holy Covenant on Thursday evenings beginning in early March. Participants read and reflect on the text of the Old Testament, New Testament, History of Christianity and Christian Ethics. An information evening will be held on Thurs 10 March at 7:30pm in the Rainbow Centre. More information is available from the [EFM website](#), or phone Merri Bacon on 6251 1110 or email merri.bacon@bigpond.com. RSVP for the information night by 6 March, so that numbers can be managed for COVID restrictions.

Tuesday Meditation back in person

Tuesday Meditation will resume in person in the chapel at Holy Covenant on Tuesday 1 March.

Please arrive by 12:45pm for 1 pm meditation

Please continue to wear your mask and keep a safe and comfortable distance.





Introducing Karen

This week we welcomed Karen who is here on a secondment from

Anglicare to backfill our role of the Case Manager at St John's Care. She writes:

"In the past I have worked with various vulnerable children and families and have truly enjoyed the journey, but St John's Care is special – they're able to provide an Emergency Relief to people who are looking for basic needs in time of crisis."

Karen grew up in South America (Peru) and came to Australia 14 years ago. For the past six years she has worked across multiple age groups as Educational Leader leading OSHC (out of school hours care) Team.

She has also contributed a lot to the Strategic Inclusion Plan at Anglicare Early Childhood, providing assistance to many vulnerable children and families.

Karen has done a lot to support educators, with professional development sessions such as trauma background and challenging behavior. She believes that to support someone with a traumatic event we need to show kindness, empathy and safety.

She has always had a passion for helping individuals to build resilience. "Building resilience can't happen overnight and resilience is especially difficult to focus on if one is in an emergency situation. Resilience starts with a stable foundation and if there is no food to eat or a pile of unpaid bills on a person's table, taking care of these things becomes a priority."

Karen is currently studying for her Diploma of Community Services with ACCSC, with the aim to be able to provide care and support to the community. She believes allowing/supporting clients to become more independent means they will thrive to have a better future.

Developing strong and vibrant communities is another passion Karen talks about. An important part of her role as a Case Manager will be to help break the cycle of trauma and disadvantage that our clients face. As a trained counsellor she hopes to continue working with individuals and families who are struggling.

"I very much look forward to our journey together with my colleagues, volunteers and the many supporters of St John's Care".

Stay tuned as Karen settles into the position. No doubt she will have many stories to tell as she works with the St John's Care clients.

If you have any questions about how or what you can donate, please feel free to call us on 6248 7771 and one of our staff or volunteers will be able to assist you.

Jason Haines, Executive Officer

Items Required: Honey, Jam, Milk, Pasta Sauce

Hello Little One!

*Let the morning bring me word of your unfailing love.
Psalm 143:8*

I had a real sense that I was living heaven on earth this morning when I was blessed, and blessed and blessed again by the gifts of this new day. Gifts of happy, joyful, playful twittering and chattering, little balls of brown and blue fluffy feathers on spindly legs, with long upright tails all sounding ever so happy AND, they came into the sacred space. Yes, you know what I am talking about, the blue wrens and as Macrina Wiederkehr would say: 'heaven and earth became friends and I felt totally claimed by your love.' At that point into my heart came the words of that lovely hymn: 'Were the whole realm of nature mine that were a present far to small, love so amazing, so divine, demands my soul, my life, my all.' What is it that speaks to you of God's unfailing love and faithfulness? And what might we miss if we don't have a sacred space?

Grace and peace from the Lord Jesus Christ. Anne, servant of the Lord.

Blog: <https://comewalkwithme-reflections.blogspot.com>



Hello you!

Community Chaplaincy in Action

We have received this lovely message from a family that Wendy and others have been working with. They have given us permission to share their story and this photograph.

My husband and I wanted to belatedly thank you for all your kindness over Christmas time. We probably look calm and collected when you saw us but it was SUCH a hectic time. Getting things sorted for the house was a real stress and you gave us a gift of ease with that washing machine and connecting us with Connie's friend's house. We use her mugs and kitchenware every day and feel grateful that her situation gave a blessing to us. So thank you very very much for going out of your way in what was clearly a busy day with children to ferry around and church responsibilities to organise. We really appreciate it and can only hope to pay forward that kindness to others. Our babies are still in hospital but doing well! One is breathing all by himself and the other is soon to follow. Both are learning how to suck feed. We anticipate they will be home in a few weeks and hope that the four of us will run into you by the lake sometime



Eating Disorders

*What they are,
what to do,
and where to seek help.*

A conversation with:
Dr Denise Riordan
Clinical Director for ACT Child and
Adolescent Mental Health Services

7pm Thursday 10 March
@Holy Covenant Anglican Church
89 Dexter St, Cook



Volunteering at Holy Covenant

Churches really don't function without volunteers. And here at Holy Covenant, we have over 90 volunteer roles available. Over time, we are going to explore those roles and what's involved in them. Maybe there's a new role waiting for you?

Sidesperson

The sidesperson assists the sanctuary party at worship or other services such as weddings, funerals and baptisms, by greet and assisting members and guests.

Time required: approximately 2 hours per service.

Requirements:

- Be dressed appropriately and fit for the occasion
- Arrive at least 20 minutes before the service to ensure its effective and efficient conduct
- Be consistently polite, respectful and warm to members and guests, refraining from inappropriate speech or behaviour
- Be capable of following instructions from the sanctuary team
- Work collaboratively and respectfully with members of the sanctuary team and all who play supportive roles

HCNM Trash, Treasure & Bookstall

The Monster Trash and Treasure and Book Fair is happening on Saturday 19th March here at Holy Covenant from 9am to 2pm.

We would dearly love to have your help in the following ways if you are available:

Collecting the T&T from Storage King in Belconnen on Friday 18th around 12.30 and bringing it to the church.

Setting up the T&T tables at the church

Helping on the day with selling and packing up at the end of the day.

Hopefully there will be a BBQ on the day.

The book stall will also need some help to transport the boxes of books from the shed at Holy Covenant on the day before and to set up.

To help with the T&T contact Archdeacon Anne on 0406379599 or email anne.ranse@gmail.com or catch me at church on Sundays or ring Rhonda on 0487945615

For the Book Stall contact Gillian by email: gillian.painter@hotmail.com or phone 62531058.

4/3/22

PIZZA NIGHT @HOLY COVENANT

6-9pm

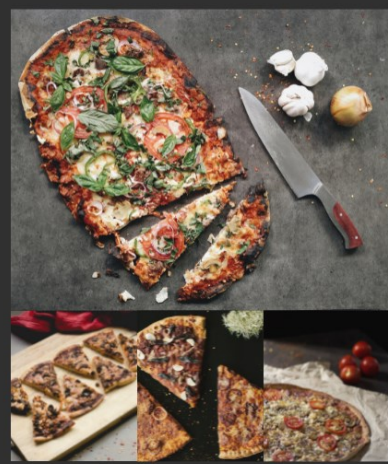
89 Dexter St, Cook

All welcome

RSVP to Wendy

0481 458 037

warobertson4@gmail.com



Trash & Treasure & Book Stall

Raising funds for Holy Covenant Nursing
Ministries

Saturday 19 March
from 9am -2pm

Holy Covenant
Anglican Church

89 Dexter Street
Cook



Lost Property

The lost property basket (located near the sound system) is overflowing. Please check in case something of yours has made it into lost property. Anything remaining in two weeks will go in the Anglicare bin or to the Trash & Treasure stall



PRAYER POINTS

IN THE WORLD

- ⇒ The situation in Ukraine
- ⇒ Health workers, health care systems and those battling COVID infections

IN AUSTRALIA

- ⇒ Access to mental health support services
- ⇒ Water flows in the Gascoyne for the first time in eight years
- ⇒ The impacts of flooding rains in NSW & Queensland

IN THE DIOCESAN CYCLE OF PRAYER

- ⇒ Diocese of Willochra
- ⇒ Cobargo
- ⇒ Bodalla-Narooma
- ⇒ Open Sanctuary @ Tilba Tilba
- ⇒ Moruya
- ⇒ Batemans Bay
- ⇒ Boomerang Meeting Place, Mogo (part of Batemans Bay)
- ⇒ St Peter's Anglican College
- ⇒ Aboriginal and Torres Strait Islander ministry, Bimbadeen Training College, Cootamundra

IN OUR PARISH AND COMMUNITY

- ⇒ For all members of our parish family including Rod and Ann Menzies; Christine Mitchell; Jennelle, Denis and Simon Mitchell; and Noel Montgomery
- ⇒ We uphold those in special need of prayer including Barry Button, Elizabeth Grant, Bev Barnes, Claire Whelband, Hilary Harris and anyone known to us personally

COMMEMORATIONS

COLLECT for 8th Sunday after Epiphany

Almighty God,
you have sent the Spirit of your Son into our hearts
and freed us from bondage to sin:
give us grace to dedicate our freedom to your service,
that we and all people
may be brought to the glorious liberty of the children of
God;
through Jesus Christ our Lord,
who lives and reigns with you and the Holy Spirit,
one God, for ever and ever. **Amen.**

READINGS

Isaiah 55: 10-13

Psalms 92: 1-4, 12-15

1 Corinthians 15.51-58

Luke 6.39-49

MINISTRY TEAM CONTACTS

Children's Worker

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children@holycovenant.org.au

Youth Coordinator

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Wardens

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Joh Sheehan 6251 7151
Allison Cooper-Stanbury 0410 506 231

Prayer Vine

Rosemary Kennemore
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Belonging and Caring

The Reverend Dr Wayne Brighton
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Curate and Community Chaplain

Wendy Robertson
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Holistic Care Nursing Ministries

Program Manager

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Holistic Care Nursing Ministries

Program Director and Chaplain

Venerable (EM) Anne Ranse OAM
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Honorary Priests

Reverend Anne Dudzinski
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Reverend Connie Gerrity

0429 423 725; connie@gerrity.id.au

Resources Team

0419 255 002

BIRTHDAYS THIS WEEK

Sunday: Rika Kobayashi

Tuesday: Ursula Conan-Davies

Thursday: Richard Taylor

Saturday: Gillian Painter

Anglican News

The February edition of Anglican News is available on the Diocesan website. You can [download it here](#)