

HOLY COVENANT ANGLICAN CHURCH

a place for everyone



SUNDAY 6 MARCH 2022
FIRST SUNDAY IN LENT

To join us on Zoom, please use the link below:

<https://zoom.us/j/88209623662?pwd=YUpla05YTXEON0N4MGRISEVIRlOZ-09>

Meeting ID: 882 096 2366

Password: 033643

SUNDAY 13 MARCH

8am and 10 am Holy Communion

Preacher and Celebrant:

The Rev'd Dr Wayne
Brighton

5pm – Twilight Service

SUNDAY 20 MARCH

8am and 10 am Holy Communion

Preacher and Celebrant:

The Rev'd Connie Gerrity

5pm – Twilight Service

Coming Up

Tuesday 8 March: Meditation
1pm

Wednesday 9 March: Midday
communion service & lunch

Thursday 10 March 7pm:

Wellbeing Night Eating Disorders

Saturday 19 March: Trash &
Treasure

Bank Details for Direct Debit are:

Bank: Commonwealth Bank
Branch: Jamison Centre, ACT
BSB: 062 907
A/C No: 802588
Name: Holy Covenant Anglican Church

Your Lenten Journey (Luke 4: 1-15)

What are you planning to do during Lent this year? Maybe your first response was, what is Lent?

Historically, Lent is a season of fasting for 40 days. People often abstain from things like sugar or chocolate as if Lent were just a time for self-denial. A fuller picture sees the season punctuated by Sundays, where the fast can be broken with days of celebration.

We're not doing Lent well if we've misunderstood its deeper spiritual purpose. First, is to get in touch with our humanity. As Christians who live comfortably, it's easy to assume that everything comes easy to everyone. Comfortable people don't have to make hard choices. They don't experience as much stress or worry. One bad event is not likely to set off a chain reaction that can affect children, work, housing and family life.

Lent is about connecting with the experience of others. It's about choosing to know a little more about life which does not work the way we want. It may not be such a bad thing at a time when the Ukrainian and Russian peoples are experiencing hardship through war and economic collapse while Europe frets about nuclear catastrophe.

The second purpose is to get in touch with God. The point of Lent is to make space for God's grace in our lives by reflecting a little on all the things that stop us from growing into the fullness of Christ. A little hardship can make us thirsty for God.

Lent can make us more attuned to the opportunities to take God's road. It can help us to recognise the indifference and exhaustion that we take for granted. It can bring the difficulties and temptations that surround us into new light.

When Jesus fasted, three temptations emerged: easy prosperity, unaccountable power and foolhardy religion. Each sought to distract Jesus from God's mission to help the world to flourish. Empty bellies, souls and spirits distract many still.

Lent is an opportunity for us to think about our need for prosperity, authority and affirmation in a safe way. Why not use the next six weeks to get in touch with what matters to you? What hinders your capacity to love? What interest has stirred in your soul but there's not been the time or energy to pursue it? If a little bit of hardship brought Jesus' calling into sharper focus it might just do the same for you.

Rev. Wayne Brighton

RECTOR: The Reverend Dr Wayne Brighton, 0407 408 333, rector@holycovenant.org.au

OFFICE: (staffed Tues-Thurs, 10am-3pm) 6251 6100, office@holycovenant.org.au

WEBSITE: <https://www.holycovenant.org.au>

Unfortunately, we haven't received an update from St John's Care for the last two weeks. We look forward to hearing from them again soon.

So this week, a general reminder about St John's Care, in their own words:

St John's Care aims to bridge the gap and break the cycle of disadvantage, isolation, and economic hardship with compassion, advocacy, respect, and encouragement through the provision of emergency relief and other programs.

St John's Care is:

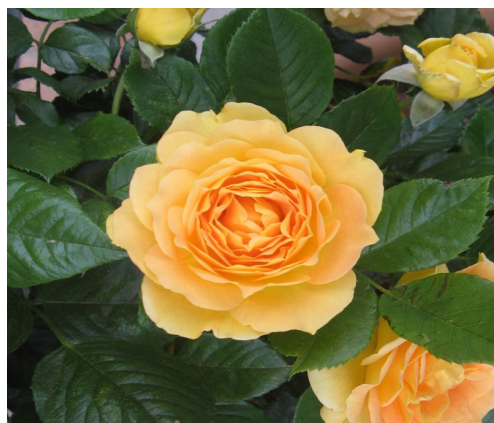
- A parish-based Anglican organisation working in partnership with Anglicare
- A recognised emergency relief provider in the ACT region
- Funded primarily through donations from community and church groups, businesses, and individuals
- Proudly staffed by both volunteers and professionals
- Committed to the flexibility required to meet the individual needs of clients

The great love of God O how lavishly given. (TIS 164)

I counted at least seven roses from my sacred space, scattered across the garden surrounding me and if I had to choose my favourite, I don't think I could. Though my favourite perfumed rose is not difficult; it's one that changes colour as it matures from amber to apricot blooms and is called 'Outback Angel'. This rose commemorates the work of the Royal Flying Doctor Service which in itself evokes past memories. When I look at it, I see something soaked with love, the love of its creator and its perfume sets my heart singing. I heard this beautiful, captivating saying the other day: 'The perfume of a rose is the breath of angels.' Oh yes, indeed this one is the breath of angels! Do you see a rose, or do you see what a rose is? God our wonderful creator, how much joy and love he has bestowed on us with his creations. Isn't it wonderful to be able to pick a rose and pass it on in love? Next time you see a rose pause, and not only admire its beauty but think of the love it was created with and smell the breath of angels.

Jehovah - shalom. The Lord is peace. Anne, servant of the Lord

Blog: <https://comewalkwithme-reflections.blogspot.com>



Filled with love

Exhibition

Splendour from above: Angels in icons

9-19 March

Daily 10.30am-3.30pm (Closed Saturday 12 March)



Archangel Michael with sword

The Chapel
 Australian Centre
 for Christianity and
 Culture, 15 Blackall
 St Barton

www.acc-c.org.au

Community Chaplaincy in Action

We have received this lovely message from a family that Wendy and others have been working with. They have given us permission to share their story and this photograph.

My husband and I wanted to belatedly thank you for all your kindness over Christmas time. We probably look calm and collected when you saw us but it was SUCH a hectic time. Getting things sorted for the house was a real stress and you gave us a gift of ease with that washing machine and connecting us with Connie's friend's house. We use her mugs and kitchenware every day and feel grateful that her situation gave a blessing to us. So thank you very very much for going out of your way in what was clearly a busy day with children to ferry around and church responsibilities to organise. We really appreciate it and can only hope to pay forward that kindness to others. Our babies are still in hospital but doing well! One is breathing all by himself and the other is soon to follow. Both are learning how to suck feed. We anticipate they will be home in a few weeks and hope that the four of us will run into you by the lake sometime



Eating Disorders

*What they are,
what to do,
and where to seek help.*

A conversation with:
Dr Denise Riordan
Clinical Director for ACT Child and
Adolescent Mental Health Services

7pm Thursday 10 March
@Holy Covenant Anglican Church
89 Dexter St, Cook



Volunteering at Holy Covenant

Here at Holy Covenant, we have over 90 volunteer roles available. Over time, we are going to explore those roles and what's involved in them. Maybe there's a new role waiting for you?

Sound Operator

The sound operator assists the sanctuary party during services of worship or pastoral offices such as a wedding, funeral and baptism by operating the sound equipment.

Time required: approx. 1 hour/week

Duties: The sound operator is responsible for:

- The effective operation of the audio equipment used during a service or for broadcast or recordings
- Using Powerpoint when services are projected on the screen

Key Requirements:

- Understand and operate the sound desk, microphones and projector effectively
- Operate in a safe, calm and methodical manner, able to adapt to sudden change, and responsive to needs of the sanctuary party, participants or viewers

Training/mentoring available for interested people.

HCNM Trash, Treasure & Bookstall

The Monster Trash and Treasure and Book Fair is happening on Saturday 19th March here at Holy Covenant from 9am to 2pm.

We would dearly love to have your help in the following ways if you are available:

Collecting the T&T from Storage King in Belconnen on Friday 18th around 12.30 and bringing it to the church.

Setting up the T&T tables at the church

Helping on the day with selling and packing up at the end of the day.

Hopefully there will be a BBQ on the day.

The book stall will also need some help to transport the boxes of books from the shed at Holy Covenant on the day before and to set up.

To help with the T&T contact Archdeacon Anne on 0406379599 or email anne.ranse@gmail.com or catch me at church on Sundays or ring Rhonda on 0487945615

For the Book Stall contact Gillian by email: gillian.painter@hotmail.com or phone 62531058.

Anglican Board of Mission Lenten Study

ABM's new Lenten Study for 2022, '[Repairing the Breach](#)', is now available. Included are seven studies that take you from Ash Wednesday to Palm Sunday.

Repairing the Breach examines what it means to be people of healing in a broken world. Written by a community of friends for a people of mission – and illustrated with stunning images painted by acclaimed artist, Carol Aust, 'Repairing the Breach' inspires, provokes and cajoles.

The Mission of God is to repair the breach. The people of God are participants in that work. All breach-repair is relational.

A shamed and scared humanity looks at an immutable God, terrified to approach for fear of rejection and judgement. God, taking the ultimate risk, becomes human, builds relationships, steps into our shoes, loves us and is loved by us. God steps towards us. We step towards God. The Breach is repaired.

A poor community watches in despair as the wealthy nations chase further wealth. A visitor comes, not with answers, but with questions. Dialogue ensues. Every member of the community is consulted. Plans are made. Action is taken together. The breach is lessened. Love, hope, and justice begin their work.



Trash & Treasure & Book Stall

Raising funds for Holy Covenant Nursing
Ministries

Saturday 19 March
from 9am -2pm

Holy Covenant
Anglican Church

89 Dexter Street
Cook



Lost Property

The lost property basket (located near the sound system) is overflowing. Please check in case something of yours has made it into lost property. Anything remaining in one week will go in the Anglicare bin or to the Trash & Treasure stall



PRAYER POINTS

IN THE WORLD

- ⇒ A peaceful resolution to the conflict in Ukraine
- ⇒ Protection of the right to self-determination and independence around the world
- ⇒ Human rights and freedoms in all countries facing armed conflict.
- ⇒ World leaders to unite to oppose the invasion of Ukraine
- ⇒ Comfort for families in Russia and Ukraine grieving the loss of family members, and for Ukrainian civilians killed or injured

IN AUSTRALIA

- ⇒ Comfort for those grieving the loss of family, animals, and possessions in the Queensland and NSW floods
- ⇒ Support for those evacuated or cleaning up after the floods

IN THE DIOCESAN CYCLE OF PRAYER

- ⇒ Diocese of Bendigo
- ⇒ Canberra Grammar School
- ⇒ Canberra Girls' Grammar School
- ⇒ Anglican News
- ⇒ Cursillo Movement

IN OUR PARISH AND COMMUNITY

- ⇒ For all members of our parish family including Sally, Dylan, Dougal and Jemima Mordike; Di, Melanie, Ella and Lilly Mutch/Cantwell; Maurice Nevile and Tobias Nevile.
- ⇒ We uphold those in special need of prayer including Barry Button, Elizabeth Grant, Bev Barnes, Claire Whelband, Hilary Harris and anyone known to us personally

COMMEMORATIONS

- Sunday:** Christopher Charles Heyde (d. 2008)
Wednesday: Barbara Ruth Mugford (d. 1997)
Friday: Nell Pain (d. 2012)

BIRTHDAYS THIS WEEK

- Monday: **Marg Christensen**
Thursday: **Barry Button**
Saturday: **Trish Barnes**

Anglican News

The February edition of Anglican News is available on the Diocesan website. You can [download it here](#)

COLLECT for 1st Sunday in Lent

O saving God,
who led your people through the wilderness
and brought them to the promised land:
so guide us that, following our Saviour,
we may walk through the wilderness of this world
and be brought to the glory of the world which is to come;
through your Son, Jesus Christ our Lord,
who lives and reigns with you and the Holy Spirit,
one God, now and for ever. **Amen.**

READINGS

- Deuteronomy 26: 1-11
Psalm 91: 1-2; 9-16
Romans 10: 4-13
Luke 4: 1-15

MINISTRY TEAM CONTACTS

Children's Worker

The Revd. Wendy Robertson 0481 458 037
children@holycovenant.org.au

Youth Coordinator

Tobias Nevile
youth@holycovenant.org.au

Wardens

Joh Sheehan 6251 7151
Allison Cooper-Stanbury 0410 506 231

Prayer Vine

Rosemary Kennemore
6251 2009; rkmore@grapevine.com.au

Belonging and Caring

The Revd Dr Wayne Brighton
0407 408 333; rector@holycovenant.org.au

Curate and Community Chaplain

The Revd. Wendy Robertson
0481 458 037 warobertson4@gmail.com

Holistic Care Nursing Ministries

Program Manager
Rhonda Thorpe
0487 945 615; nurse@holycovenant.org.au

Holistic Care Nursing Ministries

Program Director and Chaplain
Venerable (EM) Anne Ranse OAM
0406 379 599; anne.ranse@gmail.com

Honorary Priests

The Revd. Anne Dudzinski
0413 994 739; annedudzinski@optusnet.com.au

The Revd. Connie Gerrity
0429 423 725; connie@gerrity.id.au

Resources Team

0419 255 002