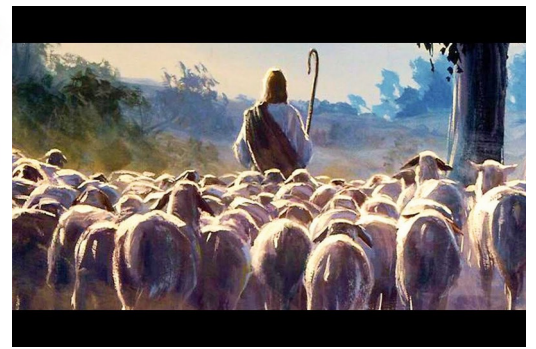


# HOLY COVENANT ANGLICAN CHURCH

a place for everyone



SUNDAY 7 MAY 2022  
FOURTH SUNDAY OF EASTER

To join us on Zoom, please use the link below:

<https://zoom.us/j/8820962366?pwd=YUpja05YTXFCN0N4MGRiSEVIRlI0Zz09>

Meeting ID: 882 096 2366

Password: 033643

## SUNDAY 8 MAY

8am and 10 am Holy Communion  
Celebrant and Preacher:  
The Revd Dr Wayne Brighton

5pm: Twilight Conversation

## WEDNESDAY 11 MAY

Communion Service and lunch: 12  
midday

## SUNDAY 15 MAY

8am and 10 am Holy Communion  
Celebrant and Preacher:  
The Revd Dr Wayne Brighton

5pm: Twilight Conversation

## COMING UP

Thursday 12 May: Becoming Well —  
supporting carers of people with  
dementia 10am-2pm

## Bank Details for Direct Debit are:

Bank: Commonwealth Bank  
Branch: Jamison Centre, ACT  
BSB: 062 907  
A/C No: 802588  
Name: Holy Covenant Anglican  
Church

### Listen – The Voice of Your God is Calling

*God whispers to us in our pleasures, speaks to us in our conscience, but shouts in our pains: it is his megaphone to rouse a deaf world. (CS Lewis)*

*Where shall the word be found, where will the word Resound? Not here, there is not enough silence. (TS Eliot)*

*'My sheep hear my voice. I know them, and they follow me.'* These words speak reassuringly to our need for relationship, security and direction in a complex and uncertain world.

Some of the voices we are exposed to are life-giving. Other voices – accusing, demanding, enticing, or frankly fear mongering — prey on our fears. This is a familiar tactic in both advertising and political spin. Many, like the false prophets of old offer solutions that are not real or just, or distractions that don't satisfy for long.

How do we remain open and not be led astray? We need to learn to listen – to improve our voice recognition software. As Monica Brown suggests, to 'listen with the ears of our heart'.

It can be easy to be overwhelmed by what is going on in the world at the moment. We can be tempted to tune out. But tuning out will not help unless we also tune in. Wise people through the ages (including Jesus) have known the importance of having time out from the pressures of daily living, not only for refreshment, but to keep them on track with God's call to them. And sometimes, like Elijah, we must endure the whirlwind and earthquake, before we hear the still, small voice within (1 Kings 19).

One way of improving our voice recognition software is to pause to reflect prayerfully on the day. We begin by thanking God for the blessings of the day. Then we allow ourselves to recall with compassion for ourselves and others any disturbing or unsettling experiences – especially in terms of how we responded – before releasing them to God. (We may of course be prompted to make reparation.) The idea is that over time we become more aware of, and more aligned with what is life-giving – what leads to greater compassion, love, peace and joy for us and for our world.

*Frances MacKay*

**RECTOR:** The Reverend Dr Wayne Brighton, 0407 408 333, [rector@holycovenant.org.au](mailto:rector@holycovenant.org.au)

**OFFICE:** (staffed Tues-Thurs, 10am-3pm) 6251 6100, [office@holycovenant.org.au](mailto:office@holycovenant.org.au)

**WEBSITE:** <https://www.holycovenant.org.au>

At St John's Care we have several clients looking for support with both basic needs, and more complex issues such as legal advice or financial assistance.

Last week a client told me that she was going through some difficult times, and that she was facing legal problems. T spoke about a person that she knew who asked her for money to start a small business. Unfortunately, the deal failed and in the end the person kept the money. Sadly, she had been scammed.

During our chat I contacted Care Financial and was able to discuss the situation with a financial counsellor. Care Financial will support T with all manner of financial and legal advice. SJC helped her book an appointment with a language specific financial counsellor.

T explained that she requires multiple tests and an MRI scan to be able to diagnose the illness she suffers from. She said she has a couple of food intolerances, and a doctor has recommended she consumes only natural and fresh products.

SJC was able to provide support with food (fruit, vegetables, fresh meat, and nonperishable items). We explained to T that she can come to the Centre weekly for food if required. We were also able to provide support with bus tickets, prescription vouchers and her electricity bill.

Sometimes it is evident that our clients simply need some human contact to help make them feel calmer and happier. Other times just a few minutes to speak and be heard without judgement and be supported by organisations within the community can make all the difference. T was so grateful and had a smile on her face when she left.

When you support St John's Care, you're not only supporting people's physical needs – you're supporting the whole person, at the most difficult times of their lives.

Karen Medrano, Case Manager

**Items Required:** Cooking Oil, Olive Oil, Juice Poppers, Cup-a-Soup, Jam

## Supporting Carers of People with Dementia

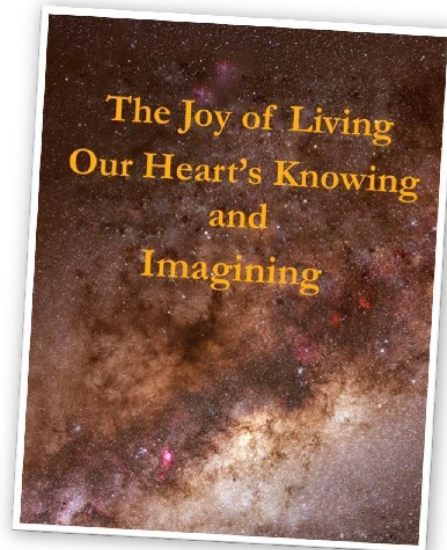
Connecting, Responding, Caring

A conversation with  
 Venerable Emeritus Anne Ranse OAM RN  
 Chaplain to and founder of  
 Holistic Care Nursing Ministry

**11am Thursday 12 May**  
 @Holy Covenant  
 89 Dexter St Cook



## Parting gift by Noel Davis



Before his death in March last year, Australian poet Noel Davis was quietly preparing a special gift. Now it's ready to share.

### Book launch

**Saturday 14 May 2022, 2pm**

Hosted by Benedictus Contemplative Church, Brigalow St, Lyneham, ACT

Copies will be available for purchase (cash or electronic payment)

Launch prices: \$30 hard copy, \$25 soft copy

# Ukraine Emergency Assistance Appeal



### Golden bowls of incense

*They were holding golden bowls of incense, which are the prayers of the people. Revelations 5:8*

I held the flower of the golden yellow rose in my clasped hands and before I lowered my head towards its glorious formation I could smell the deep, rich perfume flowing from it and on its petals were droplets of dew, and all I saw and smelt was a prayer. Then, in the peace of my garden, at the sight of such a glorious creation my gaze fell lower down to a cluster of forget-me-nots still flowering and why I don't know, my thoughts went to Ukraine. I think it was the combination of the yellow and blue colours and my thoughts then wondered to the sanctuary at church, where across the front of the Alter we are constantly reminded to pray for Ukraine, by a long strip of intertwined yellow and blue cloth and again my thoughts were as prayers.

I love the thought that we, here in a quiet country, can send our prayers up like incense to God, for those in desperate need and that a humble rose and a tiny forget-me-not have the power to remind me of that.

Peace to those who are far off and peace to those who are near.

*Anne, servant of the Lord*

Pray for Ukraine



<https://comewalkwithme-reflections.blogspot.com>

### Anglican Historical Society AGM

The Anglican Historical Society of the Diocese of Canberra and Goulburn invites you to their Annual General Meeting

**Saturday 28th May**

Starting with a tour of St Saviour's Cemetery at 11.00am (Cemetery St Goulburn)

Followed by AGM 1.30pm at the Cathedral Hall

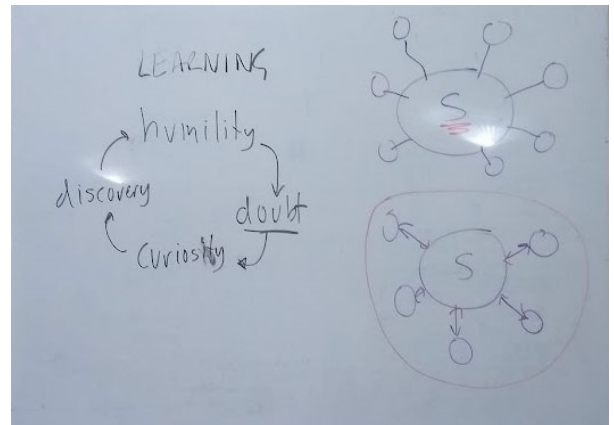
Please buy your own lunch at one of the many lovely cafes in Goulburn

If you would like to nominate to be on the committee, nomination forms are available from the Secretary, Ann Skamp

email: [annskamp@aapt.net.au](mailto:annskamp@aapt.net.au)

### Parish Planning

A gathering of leaders from many of the ministries across the Parish happened on Saturday April 30th. We learned about each others' ministries, and talked about our hopes and dreams for the future. We talked about the different types of goals that exists, and worked to create developmental goals for the ministry groups.



Our next session has moved to 4 June, where we will be exploring ways to achieve our goals. Ministry leaders, please save the date

**SAVE THE DATE**

Saturday  
**4**  
June

**Parish Planning Part  
Two**

## Parish Council Report—Joh Sheehan (Chair)

Parish Council met on 28 April and noted:

- the need to submit a Development Application as part of the Rainbow Centre refurbishment to acknowledge the change of use of the building
- that Wayne has been appointed as chair of the Diocesan Public Issues Commission
- that HCNM is reviewing its governance arrangements and that Rhonda is retiring on 30 June

Council decisions

- a Safe Ministries blitz to ensure that all volunteers who provide valuable input to the parish are covered for insurance purposes
- approval of the appointment of Megan Watts as the new HCNM Program Manager from 1 July
- appointment of Anne McDowell as Safe Ministries Coordinator

## Church Fete Coordinator

Yes, you read that correctly. COVID-willing, the church fete is returning this year, on 5 November! (Please save the date.)

This fun-filled event is an important day in the church calendar, and a way to build relationships with our neighbours and the wider community.

Are you a person with the ability to engage, enthuse and manage volunteers? Does the idea of chairing the Fete subcommittee sound exciting? Are you keen to work with the Office Manager in promoting the fete, including potential media contact? Do you enjoy providing a written report, that will inform the subcommittee on potential changes for next year?

If the answer to most of these questions is yes, (we can accept that writing reports doesn't excite everyone), then you could be the 2022 Fete Coordinator!

If you are interested, please email Megan at the office for more details. [office@holycovenant.org.au](mailto:office@holycovenant.org.au)



## CEO Sleepout for the Homeless

Neville Tomkins will be participating, for his 11th year, in the Vinnie's CEO Sleepout on 23 June 2022 to support homeless people in Canberra. To find out more and sponsor him, go to: [https://](https://www.ceosleepout.org.au/ceos/act-ceos/neville-tomkins-scouts-australia/)

[www.ceosleepout.org.au/ceos/act-ceos/neville-tomkins-scouts-australia/](https://www.ceosleepout.org.au/ceos/act-ceos/neville-tomkins-scouts-australia/)



### Common Grace—Knit for Climate Action

Common Grace are hoping to gift every newly elected Federal MP and senator with a knitted scarf that demonstrates temperature change in Australia in the last century. If you would like to be a part of sending a generous, heartfelt and clear call to our newly elected leaders to take urgent climate action by knitting, you can register your interest by filling out [this Google Form](#).



### Casserole Bank

After a hiatus in lockdown and a slow start to 2022, we have now given out most of our casseroles from the kitchen freezer. It would be great if some members of the congregation could make a couple of casseroles and pop them in the freezer.

Can you please let Rhonda Thorpe know if you can help by emailing: [nurse@holycovenant.org.au](mailto:nurse@holycovenant.org.au).

Containers and labels are on the bookcase at the back of the church. All ingredients need to be included on the labels. Thank you.



Join The Llewellyn Choir for "Light Eternal", on Saturday 28 May 2022, for a program featuring some of the best of 19th and 20th century English church music, with Herbert Howells' Requiem, Gerald Finzi's Magnificat, and works by Vaughan Williams, Samuel S Wesley, Penelope Thwaites, and more. Led by guest Concertmaster, Matthew Stuckings, and accompanied by Anthony Smith on keyboard/organ, this wonderful evening of English works is not to be missed.

Tickets \$40 full, \$35 pensioner/student. Book via [www.llewellynchoir.org.au](http://www.llewellynchoir.org.au). At: Wesley Uniting Church, 7pm, Saturday 28 May 2022.

### Spiritual Reminiscence for Older People: Finding meaning in later life, especially those experiencing dementia.

Workshop presented by: Elizabeth MacKinlay, Elizabeth Pringle and Corinne Trevitt.

18-19 May 2022 at the Australian Centre for Christianity and Culture.

Corinne Trevitt and Elizabeth MacKinlay wrote in the learning guide on spiritual reminiscence:

"Spiritual reminiscence is a way of telling a life story with an emphasis on what gives meaning to life, what has given joy or brought sadness" (MacKinlay & Trevitt 2015, p.46). For nearly two decades we have built up a process of bringing life story and meaning to older people that is affirming and of value to them, individually and in small groups.

While spiritual reminiscence is valuable for people with or without dementia, we have found it is particularly valuable for people who have dementia. We have used the process with people who are growing older and simply wish to explore the meaning of their lives, and we have found that the same needs for meaning are held by people who have dementia. Being in touch with meaning in our lives is vital for our well-being as we grow older.

Details of the workshop are available on the [Australian Centre for Christianity and Culture website](#)



## Easter 2022 -

*This poem was written by Peter Millar. Peter is a long term member of the Iona Community and the poem was shared to us by Richard Scutter*

Every new day across our planet  
there is a constant certainty moving in our midst - it is  
this:  
violence, disconnection and radical change  
are our sure companions and disturbers.  
Sometimes the whole edifice spins too fast as we  
ponder the human future and the divisions that en-  
snare us.

Yet within these shadows are fragile possibilities of  
light  
always inviting us to engage with other visions and  
truths - ones that spring from our depths:  
emerging from places of insight, where life-giving  
currents still flow freely in fractured times.  
Ancient wisdoms that renew and restore.

I call it Resurrection,  
while others who don't go there, know its meaning.  
Whatever our path, is it not the willingness to see



our world through the eyes of Love; to know we are all  
wounded

healers: to walk in another's shoes: to touch the Good  
Earth and its radiant

Mystery, and to believe that farewells should be free of  
regrets, that matters

most in every age?

*Peter Millar, Edinburgh, Easter 2022*



**Nungalinya College**  
*Empowering Indigenous Christians*

### Nungalinya College News

The first Bible Garden is open. Highlights include the Tree of Knowledge of Good and Evil (cycad), Tree of Life (bush apple) various other fruiting trees, the alpha & omega footpath and especially, the mural and amazing artworks reflecting on the days of creation. An interactive QR code system also enables people to learn more about the artists and watch mini-sermons in over 10 First Languages on Genesis 1-3. You can explore the garden on [YouTube](#).



The final 'Languages Workshop' for the current funding round enabled Elders from twelve First Languages to meet together for a workshop on the 'Scriptural Way of the Cross' covering events from the garden of Gethsemane to the crucifixion. As with previous times, Elders then recorded mini-sermons in Language, to be used in Nungalinya classes (and future Bible Gardens!) for years to come.

The 2022 Art & Faith course explored the same theme, but from an artistic point of view. Some beautiful and profound artworks emerged focusing on the 'Passion' of Jesus. The college hopes, one day, to have a Scriptural 'stations of the cross' garden which will include many of these artworks.

## PRAYER POINTS

### IN THE WORLD

- ⇒ An end to the Russian invasion of Ukraine, and withdrawal of Russian troops
- ⇒ Emergency services workers, families and victims, after the building collapse in China

### IN AUSTRALIA

- ⇒ Careful management of the combined risks of COVID and influenza infection
- ⇒ That discussions and deliberations at General Synod will be compassionate and respectful, reflecting the inclusion of all the children of God

### IN THE DIOCESAN CYCLE OF PRAYER

- ⇒ Diocese of Bunbury
- ⇒ St John's Canberra
- ⇒ St John's Care
- ⇒ Sutton Road Mission District
- ⇒ Australian National University: Chaplaincy Team
- ⇒ Holy Cross, Hackett
- ⇒ Brindabella Court Self Care Units, Downer
- ⇒ Radford College
- ⇒ Dinka Community
- ⇒ Anglican Schools Commission
- ⇒ The work of Christian education in all schools, and for the continuing development of accessible schools in the Diocese. Ministry to the students, teachers, support staff, parents and families linked to these schools. Ministry to post-secondary students.

### IN OUR PARISH AND COMMUNITY

- ⇒ For all members of our parish family including Rika and Roger Amos; Bob and Kath Arthur; Richard Arthur; Merri Bacon; Bruce and Beverley Barnes; Trish Barnes; and David Barrott.
- ⇒ We uphold those in special need of prayer including Anne Dudzinski, Barry Button, Elizabeth Grant, Bev Barnes, Claire Whelband, Ted and Penny Lilley, Tim Farrington and anyone known to us personally

### COMMEMORATIONS

**Thursday:** May Barrington (d. 1991)

**Friday:** Jill Montgomery (d. 2002)

## COLLECT for Fourth Sunday of Easter

Gracious God,  
you sent Jesus, the good shepherd,  
to gather us together:  
may we not wander from his flock,  
but follow wherever he leads us,  
listening for his voice and staying near him,  
until we are safely in your fold,  
to live with you for ever;  
through Jesus Christ our Lord,  
who lives and reigns with you and the Holy Spirit,  
one God, now and for ever. **Amen.**

## READINGS

Acts 9:36-43

Psalm 23

Revelation 7:9-17

John 10:22-30

## MINISTRY TEAM CONTACTS

### Children's Worker

The Revd Wendy Robertson  
0481 458 037      warobertson4@gmail.com

### Youth Coordinator

Tobias Nevile      youth@holycovenant.org.au

### Wardens

Joh Sheehan      6251 7151  
Allison Cooper-Stanbury      0410 506 231

### Prayer Vine

Rosemary Kennemore  
6251 2009      rkmore@grapevine.com.au

### Belonging and Caring

The Revd Dr Wayne Brighton  
0407 408 333      rector@holycovenant.org.au

### Curate and Community Chaplain

The Revd Wendy Robertson  
0481 458 037      warobertson4@gmail.com

### Holistic Care Nursing Ministries

#### Program Manager

Rhonda Thorpe  
0487 945 615      nurse@holycovenant.org.au

#### Holistic Care Nursing Ministries

#### Program Director and Chaplain

Venerable (EM) Anne Ranse OAM  
0406 379 599      anne.ranse@gmail.com

### Honorary Priests

The Revd Anne Dudzinski  
0413 994 739      annedudzinski@optusnet.com.au

The Revd Connie Gerrity

0429 423 725      connie@gerrity.id.au

### Resources Team

0419 255 002

## BIRTHDAYS THIS WEEK

**Sunday:** David Clark;  
Clayton Gumbrell

**Monday:** Andrew Stark

**Thursday:** Gwen Hallows

**Saturday:** Audrey Dargan