

HOLY COVENANT ANGLICAN CHURCH

a place for everyone



SUNDAY 12 JUNE 2022
TRINITY SUNDAY

To join us on Zoom, please use the link below:

<https://zoom.us/j/8820962366?pwd=YUtpja05YTXFCN0N4MGRlSEVIRlI0Zz09>

Meeting ID: 882 096 2366
Password: 033643

SUNDAY 12 JUNE

8am and 10 am Holy Communion
Celebrant and Preacher:
The Revd Dr Wayne Brighton

5pm: Twilight Conversation

WEDNESDAY 15 JUNE

12 midday Communion Service and
Lunch

SUNDAY 19 JUNE

8am and 10 am Holy Communion
Celebrant and Preacher:
The Revd Dr Wayne Brighton

5pm: Twilight Conversation

COMING UP

Thursday 16 June 7pm: Becoming Well - Managing 'the talk'. Young people, respectful relationships & sexuality

Bank Details for Direct Debit are:

Bank: Commonwealth Bank
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BSB: 062 907
A/C No: 802588
Name: Holy Covenant Anglican Church

Theologians have discussed and debated the nature of God for centuries. How best to explain what is seen in Scripture and experienced in daily life? Trinity was the answer.

The solution made sense to those schooled in Greek philosophy and theatre. To the rest of us unfamiliar as we are to debates about essence and appearance, actors and roles, not so much.

One God with single divine nature. Eternal. Equal. Immutable. All built of the same godly stuff. One in heart and mind. Together in purpose, all firmly anchored in love.

Yet at the same time also three distinct and relational persons. A Father, Son and Holy Spirit who are not the same but not three gods who hang out or show up at different times either.

It is often tempting to identify them as Creator, Redeemer and Sustainer, if only to move away from highly masculine terminology. Such a move can identify God too much with what each does rather than to speak more clearly about who they are.

The Trinity is a puzzle and a paradox. It de-centres ourselves and forces us to comprehend someone that bends language and is always more than we can manage.

I think of God more like a bush dance or Ceilidh where we are swept up and along by three partners who love us more than we can imagine. Or a jazz band where God improvises around

our life creating something that's both wonderful and always fragile.

We stumble and fall, discover and learn our way into God's life. We find ourselves being saved when we enter into the fullness of love by being open about our true selves and are prepared to become who we were always created to be – distinctive whole beings who live together with God and each other rather than satisfied with remaining as isolated shadows.

Of course, none of this can be done either by ourselves or in isolation from others. The invisible Father created us to be co-creators with the capacity to make and refashion the world. The Spirit, whose presence moves through creation like the wind, whispers into our souls, strengthens our spirits and causes good fruit to flourish.

In between is the visible Son who walks with us, takes our joys, sorrows and propensity to mess everything up into Godself. Jesus helps us to be healed so that we might come to know our purpose as people who help each other to live their best life.

Put another way, we are people with a past who discover a fresh future because of what God is unfolding in and around and through us together all, day by day. So take God's hand, don't worry about your feet and enjoy the dance.

Wayne Brighton

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**CARE TEAM
 COLLABORATION**

Last week St John's Care received a call from a local mental health ward where one of our long-term clients has been receiving 24/7 care and treatment. The hospital requested that SJC representatives come in to have a meeting with the mental health care team and our client. We happily obliged and a meeting was set up late last week.

Before the phone conversation ended, our client, R, wanted to have a quick chat with us. She asked if we could bring some food and hygiene items which the hospital was unable to provide. She also requested some warm clothes that she could wear when she went out to get some fresh air.

R is a middle-aged woman who lives with some physical and mental health issues which impact her day-to-day life. This condition can make some tasks, that many would consider simple, quite difficult. She has been accessing our service for over 10 years until last year when she suffered a psychiatric episode that led to her hospitalisation.

We arrived at the hospital and were met by a team of 4 health care professionals, each with different roles within the mental and physical health teams. As we sat down, R entered the room looking quite distressed. A far cry from her usual happy self.

She began to discuss the angst and concern that she had with regards to leaving the hospital and returning to life 'in the world' - as she described it. "I don't want to leave this place and be on my own with no

support", she said.

We reassured R that SJC were happy to continue supporting her with food, cleaning supplies and other essential items.

Furthermore, we reiterated that R was welcome to visit the Centre for a cup of tea and a biscuit whenever she wanted to. She smiled and nodded as we discussed the ways in which we could support her, and what her transition plan looked like after leaving hospital.

Finally, we connected R with a companionship program that provides her with social outing opportunities twice weekly, as well as the opportunity to attend events and programs.

R thanked us for meeting her, and was appreciative of the support we will continue to provide.

This week we heard from R to inform us that she had received a call from the companion program and was now looking forward to leaving the hospital and transitioning back into society. St John's Care will continue supporting R on her road to recovery, healing, and growth. This is just one of many examples of SJC working closely with other organisations and health professionals to provide trauma informed care for our clients.

To all our donors and supporters, it is you who allow us to continue having a positive impact on vulnerable and disadvantaged Canberrans.

Items required: Jam/Honey, Cooking Oil, Savoury Biscuits, Cup-a-soup, Pasta Meals

WOMEN'S DINNER

FRIDAY 24 JUNE 2022

6PM FOR 6.30PM START

WORSHIP CENTRE

COST \$15

Come and join in an evening of fun, food and lots of chatting! BYO.

Sign up sheet on the board at the back of the church or let Libby know by Tuesday 21 June 0419 603 228



FROM PARISH COUNCIL

Council met on 26 May and:

- requested that Anglican Diocesan Services submit a Development Application to reflect the change of use for the Rainbow Centre from residential to community purposes
- agreed to circulate updated plans for the Rainbow Centre refurbishment to the parish via email, allowing a 2 week period for feedback
- endorse the plans to allow the architects to seek quotes on construction costs
- discussed progress on parish compliance with Safe Ministry requirements
- Endorsed:
 - ◆ the parish advertising standards
 - ◆ extending the use of the Square Reader
 - ◆ new signage options for the parish grounds

*Joh Sheehan
 Chair*

Morning after morning he opens my ear that I may hear. Isaiah 50:4

There is something about putting your hand in God's each morning with words of thanks for the new day that is dawning. Some mornings just shout 'God' and today was one of those mornings – beautiful clear blue sky without a cloud in sight, a perfect dome, crisp, fresh air with a touch of frost and autumn leaves covering the ground, fallen, falling from the almost naked trees that I want to kick up as I walk by, letting the child in me loose. How good it is to know you Lord, I rejoice that I am so blessed, and I want at times to shout – go for a walk, be daring and ski down a sparkling, crystal white slope, count the stars on a clear night, watch the trees change dresses for the autumn – you will see him there saying – 'I am God.'

Peace to those who are far off and peace to those who are near.
Anne, servant of the Lord.

<https://comewalkwithme-reflections.blogspot.com>



God in the morning.

Yarn Group is on this Tuesday, come and join in!



CIRCUS

*Roll up, roll up.
Covenant Care invites you to come and join us as the Warehouse Circus comes to Holy Covenant.
Fun for young and old with juggling, unicycles, acrobatics and more.*

- Date:** Monday, 4 July 2022
- Time:** Please arrive at 10.30am for a 10.45am start
- Where:** In the church
- Who:** All welcome – especially children
- Cost:** Free

The Warehouse Circus is a youth circus based in Canberra which has been performing and teaching for 30 years. They help young people to experiment, grow and express themselves creatively and physically. Juggling, acrobatics, plate spinning and more.



Kippax Kids

Holiday Happenings

for Primary aged children

presented at

Kippax Uniting Community Centre

Hardwick Cres, Holt (opposite Kippax Fair)

10 am - 2 pm

Thursday 7 & 14 July 2022

Different craft, games, stories and activities each day

Cost: \$5 per child, \$10 for two or more in a family (covers craft and morning tea).

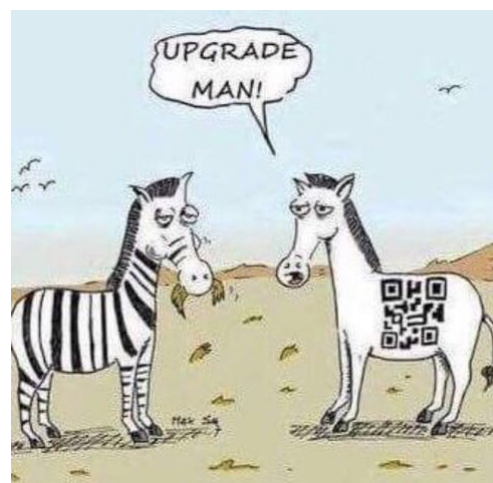
BYO lunch, drink bottle and hat. Do not attend if unwell.

Bookings essential - 6254 1733

An activity of Kippax Uniting Church



This is a Covid Aware event



HOLY COVENANT
ANGLICAN CHURCH
a place for everyone
 PARISH DINNER

CELEBRATING OUR DIVERSITY
SPEAKERS:
SISTER JANE KEOGH & FAISAL AMIN

30 July 2022 - 6-9pm
 96 Dexter Cres Cook
 Tickets: <https://www.trybooking.com/CACCH>

Ages 0-4 free
 Children (ages 5-12) \$25
 Adults \$60

As an inclusive parish we seek to ensure that affordability is not a barrier. Please talk to the Rector for assistance if required.

THIS WEEK
Navigating 'the talk'

Communicating with young people about respectful relationships and sexuality

With **Tim Bavinton**
 Executive Director of **Sexual Health and Family Planning ACT**

@Holy Covenant
 89 Dexter St, Cook
Thursday 16 June, 7pm

Sponsored by 

FIND US ON FACEBOOK

Holy Covenant is plunging into the world of Facebook. The goal is to broaden our visibility and to help others peek inside to see what we're up to as a church. We are setting up some groups as forums where people can discuss ways of helping our community to grow stronger.

So why not "like" us at <https://www.facebook.com/HCCJamison/> and join in the conversation?

CRAFTY CREW

Recycling cards to give away. Recipients are Holistic Care Nursing Ministry, St John's Care and Anglicare amongst others.

Meeting 20 June 2022: 9:30 to midday in the Purple Room

Everything to recycle the cards is provided and morning tea is provided.

All Welcome!

For more information please contact

Gillian Painter 0447 480 503

ST JOHN'S CARE (SJC) WINTER APPEAL

In 2021 3,930 people came to SJC requesting assistance. Already this year SJC has seen 2,742 people. This is only increasing our ongoing costs to support our clients. Most people come requesting food but so often this is only the "tip of the iceberg".

The sad thing is that no one is immune from hardship. The Pandemic of the last two years has clearly demonstrated this to us all and the fallout is continuing across the community. Many of the clients seen now have never needed assistance, they have been able to manage. The cost of living is increasing. We have all seen the increase in our groceries and so much more, let alone the cost of petrol.

Every day SJC staff are faced with so many problems and limited resources to deal with them. Every day they hear many calls for help. The annual Winter Appeal is very important to SJC as this is the time they can stock the shelves for the cold and dark months ahead. You can make a donation to the [Winter Appeal here](#).

PRAYER POINTS

IN THE WORLD

⇒ Loving God, we pray for those who exercise power and authority in this world, and on whose decisions the welfare of communities of men, women and children, and of creation itself, depends.

IN AUSTRALIA

⇒ We pray for one another. May we be wise, truthful, forgiving and loving in our dealings with each other. May what we share as a community spill over into the communities in which we live and serve.

IN THE DIOCESAN CYCLE OF PRAYER

⇒ Diocese of Grafton
⇒ Holy Covenant, Jamison
⇒ Christ Church, Hawker
⇒ Calvary Hospital, Bruce: Anglican Chaplaincy Team
⇒ Clare Holland House (ACT Hospice), Barton: St John's Canberra Clergy
⇒ Coral Park/ Bill McKenzie Gardens
⇒ St James', Holt:
⇒ Anglicare activities in caring for and supporting older people in both in home and out of home care including nursing homes, hostels, independent living units and in the general community; for staff; and volunteers.

IN OUR PARISH AND COMMUNITY

⇒ For all members of our parish family including Evelyn, Jey, Elizabeth, Hannah, Mary and Sarah David-Hoole; Jenny De Bont; Elaine and Brian Dennis; and Remus Douglas.
⇒ We uphold those in special need of prayer including Barry Button, Elizabeth Grant, Bev Barnes, Claire Whelband, Ted and Penny Lilley, Catherine Lorimer and anyone known to us personally

COMMEMORATIONS

Saturday: Nicholas Scott Winders (d. 2015)

BIRTHDAYS THIS WEEK

Sunday: Gwen Hallows
Monday: Penny Clarke
Tuesday: Audrey Dargan
Thursday: John Christensen

SOME DATES FOR YOUR DIARY:

Tuesday 14 June Yarn group
Thursday 16 June Navigating the Talk with Tim Bavington
Friday 24 June Women's dinner
Saturday 30 July Parish dinner
Early November Parish fete

COLLECT for Trinity Sunday

Father, we praise you,
that through your Word and Holy Spirit
you created all things;
you reveal your salvation in all the world
through Jesus Christ, the Word made flesh;
through your Holy Spirit you give us a share in your life and love:

fill us with the vision of your glory,
that we may always serve and praise you,
Father, Son, and Holy Spirit,
one God, for ever and ever. **Amen.**

READINGS

Proverbs 8: 1-4; 22-31

Psalm 8

Romans: 5: 1-5

John 16: 12-15

MINISTRY TEAM CONTACTS

Children's Worker

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Holistic Care Nursing Ministries

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Resources Team

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