

HOLY COVENANT ANGLICAN CHURCH

a place for everyone



SUNDAY 28 AUGUST 2022
TWELFTH SUNDAY AFTER PENTECOST

To join us on Zoom, please use the link below:

<https://zoom.us/j/8820962366?pwd=YUUpja05YTFECN0N4MGRlSEVIRlI0Zz09>

Meeting ID: 882 096 2366

Password: 033643

Morning Tea after services
resuming on 4 September

SUNDAY 28 AUGUST

8am and 10 am Holy Communion
Celebrant and Preacher:
The Revd Dr Wayne Brighton
5pm Twilight Conversation

WEDNESDAY 31 AUGUST

12 Midday Communion Service
and lunch

SUNDAY 4 SEPTEMBER

8am and 10 am Holy Communion
Celebrant and Preacher:
The Revd Dr Wayne Brighton
3.30pm Colours of God
5pm Twilight Conversation

Coming Up:

Diocesan Synod 9-11 September
Parish Dinner 24 September

Bank details for direct debit:

Bank: Commonwealth
Branch: Jamison Centre ACT
BSB 062 907
Account No: 802588
Name: Holy Covenant Anglican
Church

Who is welcome?

Luke 14: 1, 7-14

When you give a reception, invite the poor, the blind, the lame, the crippled and you will be blessed.

Through the image of the wedding feast, Jesus draws our attention to the way we sometimes relate to each other. A self-image that considers oneself deserving of special recognition can be self-destructive. When we happily use our God-given talents in serving others, we acknowledge that God is the true source of all goodness. Then we realise that we are all equal in the eyes of the Lord.

For 35 years I have cared for an intellectually disabled person like a sister. She delights in coming out with me and visiting my home and sharing many aspects of my life and activities. I have watched her grow in her self and gain confidence yet before she came into my world, she was lonely, isolated, overlooked and without friends.

Jesus asks us to think of others, be more aware of other's needs, step back a bit and allow others to be centre stage for a change.

In the scriptures we are told that when Jesus came into the world, "there was no place for him". So, he took his place among the poor and the lowly. This was the humility that led to his glory.

At times it's difficult to practice the art of humility. How difficult it can be not to take the best seat, grab the best bargain and be better than the Jones's!

The kind of humility Jesus is talking about here was described well by a former Archbishop of Canterbury, William Temple: "Humility does not mean thinking less of yourself than of other people, nor does it mean having a low opinion of your own gifts. It means freedom from thinking about yourself at all."

St Ignatius suggests we ask insistently for the grace to be able to make the same choices Jesus made: to ask to be like him and to choose to be humble and even humiliated as he was.

Archdeacon Anne

Couple struggle with cost of life

Two weeks ago, we received an email from a couple looking for help. In the email, the couple explained that (L) suffers from cancer, and that her husband (Y) provided care for his wife. Lately, Y had become unwell and was having problems with his leg and required an MRI which was quite expensive.

The couple couldn't afford the specialists medical bills, utility bills (electricity & gas), petrol and food, and this worsened their financial situation. Immediately after receiving this email, I called them to discuss their current situation, and to get a little more information on how to best support them. The next day they came to discuss their current situation.

Upon arrival, they explained that L had specific dietary requirements and these products (fresh produce) were expensive in the shops. After speaking with them, we suggested that they could visit SJC on a weekly basis, and the couple happily agreed.

After this we discussed the MRI, and Y explained that he is the only support for his wife, and that they do not have other family support. We agreed to support them by covering the cost of the MRI, with the hope that Y can find out what is going on with his leg, increase his mobility and reduce the pain he is suffering with.

Through our relationship with ActewAGL, we were able to reduce their gas and electricity bills by \$100 each. We also helped them with their prescriptions and offered advice/information about the other services that are in our community.

The couple was very happy and grateful. They thanked SJC staff, volunteers and donors for their immense generosity - they never thought it was possible to get this kind of help. They will continue to come back weekly for support with food. That is where SJC's donors' generous help counts. Because of your donations, we can focus on the specific help a person/family requires at a ny one time. Thank you so very much!

Warm regards, Karen Medrano, Case Manager

Items Required: Shampoo, tinned fruit, 100g jars of coffee, olive oil, small packets of chips for school lunches

Parish Fete

Many thanks to Archdeacon Anne for taking on the role of Fete Coordinator for this year. Details of the Fete are:

Date: 5 November

Time: 9.30am-1.30pm

As well as a couple of people to assist Archdeacon Anne, we will need coordinators for the following stalls:

- Plants
- Café
- Sausage Sizzle
- 'More than Trash & Treasure' i.e., more valuable items

Please get in touch with Archdeacon Anne if you are willing and able to take on one of these roles.

Fete Planning Meeting

Anyone interested in assisting with the Fete is encouraged to attend the first planning meeting:

Date: 28 August

Time: 11.45am

Location: Worship Centre

Parish Roll

It's time to update the Parish Roll. Have you moved house or changed your phone number since July last year? Have you joined our congregation, and would like your details added to the Parish Roll?

There's a hard copy of the roll on the table with the Weekly Bulletins, in front of the sound desk. Please check your details, and make any changes/additions.

How great is our God?

How great is our God, sing with me how great is our God and all will see how great is our God. (Christian song - Chris Tomlin)

It is obvious from the change in the air that spring is around the corner. Even the sacred space has had a change with the perfume of the spring flowers, especially the abundance of violets, filling the air. As I look at these little pockets of perfume and colour, fragile in amongst the larger plants yet smiling boldly my thoughts go to God; our God who is so mighty and so powerful, who can create the massive mountains of the Himalayas, throw stars into the night sky, and with the same hands form such delicate, small beauties as the violet. Wow!

Joyce Rupp says: Even the frailest beauty can enthrall.

Let the peace of God dwell in your heart. Anne, servant of the Lord.



Little beauties

<https://comewalkwithme-reflections.blogspot.com>

Anglican News

The August Anglican News is now out. You can download your copy from <https://anglicancg.org.au/wp-content/uploads/Anglican-News-August-2022.pdf>

Parish Dinner– 24 September

As the COVID-19 numbers are reducing, the Parish Dinner has been rescheduled. We will reconvene for dinner at 6.30pm on 24 September, at the Worship Centre.

There are some changes to the original event, and some things will remain the same. The silent auction is returning, so please check in with Revd Wendy about any contributions there. The table sign on sheets are available on the noticeboard, and [pre-payment through Trybooking](#) is encouraged.

This time around, we are catering the event ourselves. Megan has the menu and the recipes, she needs cooks and volunteers for the kitchen. Please contact the office if you can assist.

**HOLY COVENANT
ANGLICAN CHURCH**
a place for everyone

PARISH DINNER

**SUPPORTING REFUGEES
IN CANBERRA**
SPEAKERS:
SISTER JANE KEOGH &
FAISAL AMIN

24 September 2022 - 6-9pm
89 Dexter Cres Cook
Tickets: <https://www.trybooking.com/CCACV>
Ages 0-4 free
Children (under 18) \$5
Adults \$25-\$30

As an inclusive parish we seek to ensure that affordability is not a barrier. Please talk to the Rector for assistance if required.

Birthday Book

Have you ever wondered how we know to list people's birthdays in the Bulletin? Did we miss your birthday?

We have a birthday book that we try to keep up to date, but being human sometimes we miss things. If your birthday is one of those things that we missed, please let the office know and we will add your details to the book.

Castle of Kindness Refugee Sponsorship Group

Open Garden Refugee Fundraiser



SATURDAY 3 SEPTEMBER
10:00AM-4:00PM
67 VAGABOND CRES,
MCKELLAR

\$5 ENTRY FEE
(UNDER 5 YRS FREE)
FAMILY GROUP \$20

Plant Stall!

Art Show!

Morning Tea!

Raffle!

Prizes!

Book Stall!

Craft!

Afternoon Tea!

Contests!

Bric a Brac!

Fun for kids!

CastleOfKindness.com

Kangara Waters Lay Assistant

Kangara Waters Retirement Village is in our Parish area. We take a communion service there twice a month on a Monday morning.

A lay assistant would be a valuable presence, and a blessing, both for the residents and Revd. Anne Dudzinski, who leads the services.

To learn more, please contact Revd Anne on 0413 994 739 or by email at

annedudzinski@optusnet.com.au



Accommodation needed

Will Mackerras has just moved from Harden-Murrumburrah to Canberra to work as a new Anglican Chaplain at the Canberra Hospital. He had secured a one bedroom unit to live in, however that has now fallen through. If anyone has a unit they would like to rent out soon, anywhere in Canberra, please send an email to wmackerras@hotmail.com.

Refugees Living in Canberra Need Our Support

Fundraising Dinner: 6.30pm, Tues 13 September, Hellenic Club, Woden.

High rents and cost of living increases are hitting refugees and people seeking asylum living in Canberra hard. Local organisations Canberra Refugee Support (CRS), Companion House and St Vincent de Paul Canberra/Goulburn (Vinnies) are providing support every day, but their resources are stretched.

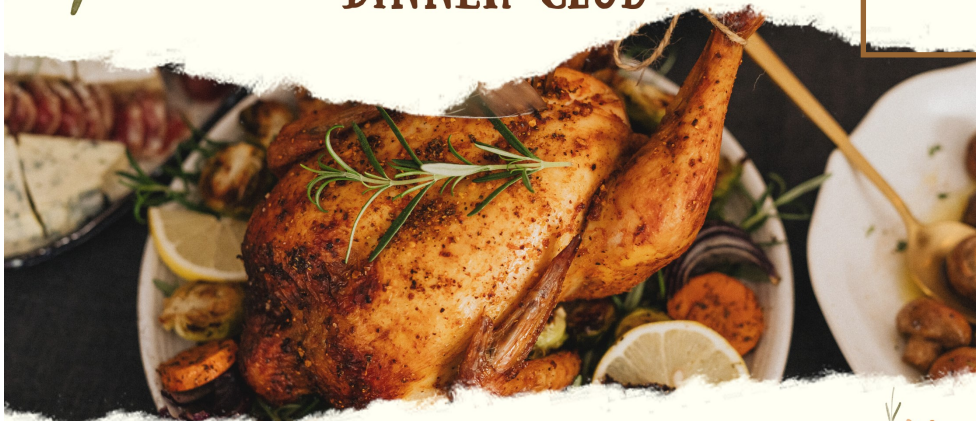
Proceeds from this fundraising dinner will go to these local organisations, so please come along and lend your support. Please tell your family and friends and ask them to join you. Tickets can be purchased from Trybooking: <https://www.trybooking.com/events/landing/939214>



SEPTEMBER 6TH 2022

6PM

DINNER CLUB



Last month there were 22 people at dinner. How many tables will we need this month?

Good Food! Good Company! Good Vibrations!
At the Southern Cross Club in Jamison
Please confirm attendance with Hilary 6251 8166





**HOLISTIC CARE
NURSING MINISTRIES**
Nursing people back into life

**DECLUTTER
YOUR HOME
WORKSHOP**

Are you wanting to reduce the amount of stuff in your home?

Are you downsizing or assisting others to relocate?

Would you like to develop your understanding of how to approach the sometimes daunting task of decluttering?

Join our *Declutter Your Home Workshop* running over

3 Thursday mornings

9.30 a.m. – 12.30 p.m.

8, 15 and 22 September 2022

At Holy Covenant Anglican Church, Dexter St, Cook

Come and learn tips and techniques, gain insights, and have fun in a supportive environment. Feeling uncertain? Bring a friend!

The Workshop is being conducted by Jennifer Berrie, our Household Support Team Leader in the Holistic Care Nursing Ministries. Jennifer previously taught *Declutter Your Home* classes at community education evening classes and at the University of the Third Age and has helped many people to lighten up their homes.

Bookings: Use the sign-up sheet on the board, or contact nurse@holycovenant.org.au, or Jennifer on 0491 086 242.

NATIONAL SOCIAL SCIENCES WEEK

Impacting SOCIETY FOR GOOD

How the church can partner with community organisations to make a lasting difference?

Abstract: Anglicare Australia, over the last two years, has released a series of reports outlining how Australians are struggling to meet their most basic needs. People are reporting to Anglicare workers that they are feeling stressed, isolated and a sense of hopelessness. They are sharing concerns about their lack of connections with others, unmet spiritual needs, deteriorating mental health, lack of stable accommodation and the increased cost of living. How can the church partner with other grassroots community organisations to make a lasting difference in 2022? What role do faith, hope, love, kindness, joy and connection have when working in partnership?

12.00-2.30pm
8th September 2022

Face-to-face at 'the Pavillion', Australian Centre for Christianity and Culture and also online via Zoom:

<https://charlessturt.zoom.us/j/67292740947?pwd=b3d8di9Bj1Q0dmc3dERmhsTrYrUWdWUT09>

Meeting ID: 672 9274 0947 Passcode: Canberra

To book (optional), visit: <https://www.eventbrite.com.au/e/impacting-society-for-good-how-the-church-can-partner-with-community-tickets-390265212757>



Dr Monica Short
Social Work & Welfare
Researcher at CSU



Rev Sarah Plummer
Anglicare Executive Manager,
Mission & Culture



Bishop Mark Short
Anglican Diocese of
Canberra & Goulburn



Jeremy Halcrow
CEO, Anglicare NSW South,
NSW West & ACT



Prof Anthony Maher
Director, Australian Centre for
Christianity & Culture



Ben Paton
Director,
Synergy Youth



PRAYER POINTS

IN THE WORLD

- ⇒ Rescue teams in Pakistan, India and Bangladesh
- ⇒ Peace in Ukraine, and the withdrawal of Russian troops

IN AUSTRALIA

- ⇒ Preparations for next week's Job's Summit
- ⇒ The Anglican church in Australia – that we treat one another with respect, compassion and love
- ⇒ Youth Detentions systems—the workers, the detainee, the families & the advocates

IN THE DIOCESAN CYCLE OF PRAYER

- ⇒ Bishop of Waikato and Taranaki; Senior Bishop of New Zealand Dioceses; Pihopa o Tairāwhiti and Pihopa o Aotearoa and Primate and Archbishop of the Anglican Church in Aotearoa, New Zealand and Polynesia
- ⇒ Anglicare Australia
- ⇒ Synergy Youth; and Synergy Camping Coordinator
- ⇒ Specialist youth ministry teams as they speak for peace in the world, for interreligious engagement and for the challenge of the management of climate change and energy sources.

IN OUR PARISH AND COMMUNITY

- ⇒ For all members of our parish family including Doreen and Ian Matters; Anne and Lindsay McDowell; Bryan McGuinness; David and Margaret Meggs; and Rod and Ann Menzies.
- ⇒ We uphold those in special need of prayer including Barry Button; Bev Barnes; Claire Whelband; Brian and Elaine Dennis; Paula Percival; Colin & Marilyn Tolano; John Arthur (Richard's dad); Libby Warren; Margaret Martin and family, and anyone known to us personally.

COMMEMORATIONS

- Monday:** Joan Richards (d. 2007)
Wednesday: Susan Joy Nevile (d.2019)
Friday: Peter Henry Hall (d. 2015)

BIRTHDAYS THIS WEEK

READINGS

Jeremiah 2:4-13
Psalm 81: 1, 10-16
Hebrews 13:1-8, 15-16
Luke 14:7-14

COLLECT for 12th Sunday after Pentecost

O God,
you invite the humble and the sinful
to take their place in the festive assembly of the new
covenant:
teach your Church always
to honour the presence of the Lord in the poor and the
outcast,
so that we may learn to recognise each other
as brothers and sisters gathered together around your
table.
We ask this through our Lord Jesus Christ,
who lives and reigns with you in the unity of the Holy
Spirit, one God, for ever and ever. **Amen.**

MINISTRY TEAM CONTACTS

Rector

The Reverend Dr Wayne Brighton,
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Children's Worker

The Revd Wendy Robertson
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Youth Coordinator

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Allison Cooper-Stanbury 0410 506 231

Prayer Vine

Rosemary Kennemore
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Holistic Care Nursing Ministries

Program Director and Chaplain

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Resources Team

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