

# HOLY COVENANT ANGLICAN CHURCH

a place for everyone



## SUNDAY 4 SEPTEMBER 2022 THIRTEENTH SUNDAY AFTER PENTECOST

To join us on Zoom, please use the link below:

<https://zoom.us/j/8820962366?pwd=YUUpja05YTFECN0N4MGRlSEVIRlI0Zz09>

Meeting ID: 882 096 2366

Password: 033643

Morning Tea after services  
resuming on 4 September

### SUNDAY 4 SEPTEMBER

8am and 10 am Holy Communion  
Celebrant and Preacher:  
The Revd Dr Wayne Brighton  
3.30pm Colours of God  
5pm Twilight Conversation

### WEDNESDAY 7 SEPTEMBER

12 Midday Communion Service  
and lunch

### SUNDAY 11 SEPTEMBER

8am and 10 am Holy Communion  
Celebrant and Preacher:  
The Revd Dr Wayne Brighton  
5pm Twilight Conversation

### Coming Up:

Diocesan Synod 9-11 September  
Parish Dinner 24 September

### Bank details for direct debit:

Bank: Commonwealth  
Branch: Jamison Centre ACT  
BSB 062 907  
Account No: 802588  
Name: Holy Covenant Anglican  
Church

### Luke 14: 25-35

The Gospel reading for this Sunday is invariably titled the “Cost of Discipleship”. Jesus is taking no prisoners in this uncompromising passage. In Aussie parlance, he is basically saying to the huge crowds that are following him; “You need to be fair dinkum.” No argument there, but as we sit with the passage it raises some conundrums, some paradoxes and can seem at odds with other scriptures where, for example, we are exhorted to honour our parents. In fact, for many people, the way they follow Jesus, the expression of their faith, is through caring for loved ones or caring for the earth. So, what is the invitation of this passage?

In exploring this question, I would like to focus on the final words; “Whoever has ears to hear, let them hear.” I wonder what it is that we are meant to be hearing, what are we listening to or for? Perhaps these words are an invitation to a particular stance...an open listening stance. Jesus’ strong language is confronting; it’s meant to shock, to get our attention. Then, the two scenarios of building a tower and going to battle, offer a way

to respond to these words – consider, weigh up, reflect on, discern. This is all part of listening.

So, we hear Jesus’s call to uncompromising discipleship, we notice the invitation to weigh up, to consider the implications of that call and we listen to our lives. How do we discern what our discipleship looks like? This is where the hard work of hearing/listening comes in. The first movement in the hearing process is to let go, let go of our attachments to things like family loyalty, reputation, security, our own ideas and so on. The second movement is one of waiting, waiting with our empty open hands. The third movement is noticing or discerning what it is that God is placing in our hands, what is God asking us to hold, to give our life to. From the place of non-attachment, we can respond to God’s call open-heartedly.

“Whoever has ears to hear, let them hear.”

Sue Dunbar

I was standing outside finishing a conversation with a donor when a car parked in front of the St John's Care Centre. A woman I did not recognise, and a middle-aged woman who I knew as R and as a long-term client of ours, got out. As R got out of the car I noticed a set of crutches in her hands and a large bandage wrapped around her head. The pair approached the Centre and sat down on a bench nearby. As I walked to R, I noticed she had swelling and bruising across her face and neck.

I sat down next to R, and she instantly broke down in tears. While her concerned support worker sat with us, R began to recall the horrifying abuse she suffered at the hands of her ex-partner recently. She had lived through a bumpy relationship with him for approximately three years. After falling out, they began talking again three months ago, but this time, R's ex-partner was different. She suspected he was using drugs, and after finishing work one night, came home to find a syringe on the floor. R confronted him and was met with an outburst of violence and rage. She was severely beaten. Over the weeks that followed he apologised profusely, blaming his actions on the drugs that he promised not to take again. R told her friends and family about the attack but did not report the assault to police out of fear.

R returned to the house weeks later to get her belongings and was confronted and assaulted again. A neighbour contacted the police when they heard the screams, and police arrived and took the man into custody shortly after. "The drugs have completely changed him, and he is not the man I fell in love with. I can never forgive him for what he has done to me", R said.

R has been working closely with Domestic Violence Crisis Service who have been providing her with a support worker, and modifications to her home to improve safety and security. R told me that she had not been to work or the shops for weeks and had missed out on some important deadlines for a course she was studying because she was too ashamed to talk about what had happened to her.

Although R was enrolled to complete her course face-to-face, we reached out to the organisation and were able to set up for R to finish the rest of her course from home on Zoom and organised an extension on her overdue work. I gathered nonperishables, fresh fruit, vegetables, meat and cleaning supplies and helped load them into the car. As I closed the boot, R hugged me and squeezed tightly with tears rolling down her cheeks.

It is a great pleasure to be able to meet people when they are at their lowest and to be able to make a genuinely positive difference in their lives. I thank all of those in the community who support others and allow us to do the same.

Robbie Speldewinde, Operations Manager

**Items Required:** shampoo & conditioner, tinned fruit, 1kg Self raising flour, 1 kg Plain flour, small packets of sultanas, drinking chocolate.

### Parish Fete

Many thanks to Archdeacon Anne for taking on the role of Fete Coordinator for this year. Details of the Fete are:

**Date:** 5 November

**Time:** 9.30am-1.30pm

As well as a couple of people to assist Archdeacon Anne, we will need coordinators for the following stalls:

- Plants
- Café
- Sausage Sizzle
- 'More than Trash & Treasure' i.e., more valuable items

Please get in touch with Archdeacon Anne if you are willing and able to take on one of these roles.

### Parish Roll

It's time to update the Parish Roll. Have you moved house or changed your phone number since July last year? Have you joined our congregation, and would like your details added to the Parish Roll?

There's a hard copy of the roll on the table with the Weekly Bulletins, in front of the sound desk. Please check your details, and make any changes/additions.

### 23 October—Save the date

This year marks the 21st anniversary of the SIEVX tragedy, when 353 asylum seekers drowned attempting to find refuge in Australia. The Canberra Refugee Action Campaign and The SIEVX Memorial Association ACT are jointly organising a ceremony on Sunday 23rd October 2022. Details TBA.

## Find rest

*Truly my soul finds rest in God; my salvation comes from him. Psalm 62:1*

There is a Chinese proverb that reminds us that we cannot see ourselves in running water. We need quiet pools of stillness for reflection. This morning as I opened the blinds in the early morning light I paused and my gaze fell on the scene before me - the green of the grass was glistening with a frost like a million sparkling diamonds as the sun rays ran across the ground and up the pure white trunks of the eucalypt trees. The air was still - I was still - and I stayed there for quite a moment admiring the handiwork, the beauty of God's created new day, the peace and pondered the things of the day before me. Pause, just a small moment of pause, can centre us and set the entire day on a different course. The moment was so special that I know it will come into my mind many times during the day, that stillness, that quiet.

Jehovah - shalom. The Lord is Peace.

*Anne, servant of the Lord.*



Frosty Morning

<https://comewalkwithme-reflections.blogspot.com>

## Wanted: IT Support

One of the office computers has a keyboard that is registering as European rather than English. This means that some of the keys don't register properly. Is there anyone out there who can fix this for us?

## Parish Dinner– 24 September

The table sign on sheets are on the notice-board, and starting to fill up. Table hosts, please add your names to the top of your table list. If you are planning on attending the dinner, please add your names ASAP, so that we can tell our cooks how many people they are feeding!

There's still space for more cooks, particularly for the vegetable dishes. Megan will be sending out the recipes shortly, so if you can help out please sign on to the list on the noticeboard or email the office.

The silent auction is happening; if you have donations please contact Revd Wendy.

**HOLY COVENANT  
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PARISH DINNER

**SUPPORTING REFUGEES  
IN CANBERRA**  
SPEAKERS:  
SISTER JANE KEOGH &  
FAISAL AMIN

**24 September 2022 - 6-9pm**

89 Dexter Cres Cook  
Tickets: <https://www.trybooking.com/CCACV>  
Ages 0-4 free  
Children (under 18) \$5  
Adults \$25-\$30

As an inclusive parish we seek to ensure that affordability is not a barrier. Please talk to the Rector for assistance if required.

## Birthday Book

Have you ever wondered how we know to list people's birthdays in the Bulletin? Did we miss your birthday?

We have a birthday book that we try to keep up to date, but being human sometimes we miss things. If your birthday is one of those things that we missed, please let the office know and we will add your details to the book.





### Setting Up Chairs

Thanks to everyone who helped out with setting up the chairs for worship over the last couple of months. Your work makes life much less stressful for the Sanctuary team in the early hours of Sunday morning!

There is a new sign-up sheet on the rosters board for setting up the chairs for worship for the rest of 2022.

If you haven't participated in this ministry before, there's a very helpful diagram for the layout on the rosters board.



### IN CASE OF EMERGENCY (ICE)

At the end of July I went to Jamison around 9am on a Saturday morning for my usual weekly shop. I can remember walking past Liquorland on the western side, then nothing until I awoke in Critical Care at Calvary Hospital.

But my daughter in Melbourne knew what was going on. Taren, the ambulance lady, had taken my phone out of my handbag, found my ICE numbers and let Kath know, plus asked her some relevant questions. She also found a list of the medications I was on that I had also put in my phone.

It's an easy thing to put ICE numbers in the contacts on your phone – please take a moment to do it.

**ICE Kath Melbourne**



Thank you so much for all your messages and well wishes. I have been overwhelmed by your kindness, offers of help and prayers.

*Libby Warren*



# Self-Harm

*Understand how to help  
and support someone who  
self-harms.*

A conversation with Dr Denise Riordan  
Clinical Director for ACT Child and  
Adolescent Mental Health Services

**Thursday 8 September 7pm**  
@Holy Covenant Anglican Church  
89 Dexter St, Cook

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**ACT**  
Government



### Kangara Waters Lay Assistant

Kangara Waters Retirement Village is in our Parish area. We take a communion service there twice a month on a Monday morning.

A lay assistant would be a valuable presence, and a blessing, both for the residents and Revd. Anne Dudzinski, who leads the services.

To learn more, please contact Revd Anne on 0413 994 739 or by email at [annedudzinski@optusnet.com.au](mailto:annedudzinski@optusnet.com.au)



### An update from the Whelband family

Claire and her family thank you all for your prayers over the last 12 months. Claire is one year old, and while her future journey remains challenging, it is also bright.

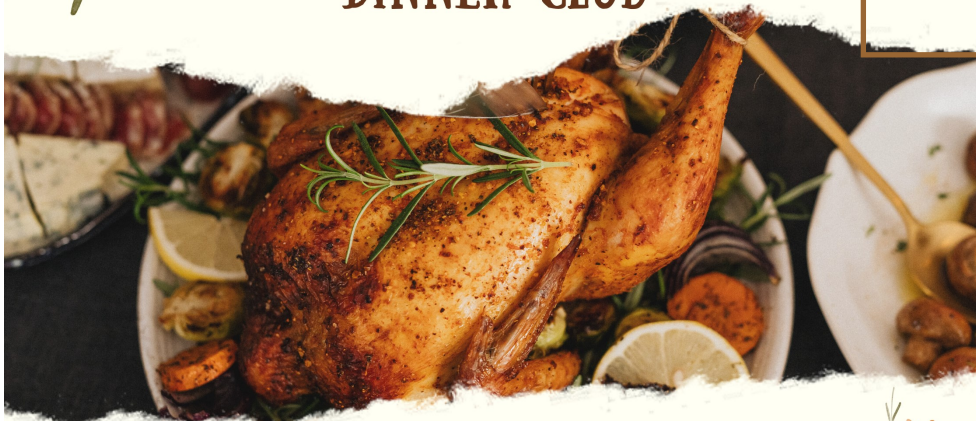
Claire now weighs 5.5kg and has three teeth. She wears 000 clothes, rolls, and babbles incessantly. Her grip is improving, and she has three words.

The family have taken Claire off the prayer list, but you are welcome to pray for her anytime she is on your mind



SEPTEMBER 6TH 2022  
6PM  
**DINNER CLUB**

Last month there were 22 people at dinner. How many tables will we need this month?



Good Food! Good Company! Good Vibrations!  
At the Southern Cross Club in Jamison  
Please confirm attendance with Hilary 6251 8166

# NATIONAL SOCIAL SCIENCES WEEK

## Impacting SOCIETY FOR GOOD

How the church can partner with community organisations to make a lasting difference?

**Abstract:** Anglicare Australia, over the last two years, has released a series of reports outlining how Australians are struggling to meet their most basic needs. People are reporting to Anglicare workers that they are feeling stressed, isolated and a sense of hopelessness. They are sharing concerns about their lack of connections with others, unmet spiritual needs, deteriorating mental health, lack of stable accommodation and the increased cost of living. How can the church partner with other grassroots community organisations to make a lasting difference in 2022? What role do faith, hope, love, kindness, joy and connection have when working in partnership?

**12.00-2.30pm**  
**8th September 2022**

Face-to-face at 'the Pavillion', Australian Centre for Christianity and Culture and also online via Zoom:

<https://charlessturt.zoom.us/j/67292740947?pwd=b3d8di9Bj1Q0dmc3dERmhsTrYrUWdWUT09>

Meeting ID: 672 9274 0947 Passcode: Canberra

To book (optional), visit: <https://www.eventbrite.com.au/e/impacting-society-for-good-how-the-church-can-partner-with-community-tickets-390265212757>



**Dr Monica Short**  
Social Work & Welfare  
Researcher at CSU



**Rev Sarah Plummer**  
Anglicare Executive Manager,  
Mission & Culture



**Bishop Mark Short**  
Anglican Diocese of  
Canberra & Goulburn



**Jeremy Halcrow**  
CEO, Anglicare NSW South,  
NSW West & ACT



**Prof Anthony Maher**  
Director, Australian Centre for  
Christianity & Culture



**Ben Paton**  
Director,  
Synergy Youth





## PRAYER POINTS

### IN THE WORLD

- ⇒ Access to clean drinking water
- ⇒ A just end to the war in Ukraine, and withdrawal of Russian troops
- ⇒ The people of Pakistan dealing with flooding, economic & political crises

### IN AUSTRALIA

- ⇒ Educators, health care workers and other professions struggling with overwork
- ⇒ Sensible precautions as this COVID wave reduces
- ⇒ Effective outcomes from the Jobs Summit

### IN THE DIOCESAN CYCLE OF PRAYER

- ⇒ Diocese of Ballarat
- ⇒ North Goulburn, West Goulburn & Marulan Parishes
- ⇒ Wollondilly Gardens Self Care Units
- ⇒ NSW Police Chaplaincy
- ⇒ F5 Refresh Ministries Chaplaincy Unit
- ⇒ Goulburn Correctional Centre: Anglican Chaplain
- ⇒ Spouses and families of clergy and lay ministers and stipendiary lay ministers

### IN OUR PARISH AND COMMUNITY

- ⇒ For all members of our parish family including Christine Mitchell; Jennelle, Denis and Simon Mitchell; Noel Montgomery; Sally, Dylan, Dougal and Jemima Mordike; and Belinda and Philip Moss.
- ⇒ We uphold those in special need of prayer including Barry Button; Bev Barnes; Brian and Elaine Dennis; Colin & Marilyn Tolano; John Arthur (Richard's dad); Libby Warren; Margaret Martin and family; Bea Duncan's family in the UK following the death of her brother Robert; Phyl Holmes, and anyone known to us personally.

### COMMEMORATIONS

**Tuesday:** Roger Clive Hallows (d. 2020)

## BIRTHDAYS THIS WEEK

**Monday-** Sally Mordike  
**Tuesday-** Mel Clark  
**Wednesday-** Hannah David-Hoole

## READINGS

Jeremiah 18:1-11  
Psalm 139: 1-5, 12-18  
Philemon: 1-25  
Luke 14:25-35

## COLLECT for 13th Sunday after Pentecost

God of the ages,  
you call the Church to keep watch in the world  
and to discern the signs of the times:  
grant us the wisdom that your Spirit bestows,  
so that with courage we may proclaim your  
prophetic word,  
and complete the work you have set before us;  
through your Son, our Lord Jesus Christ,  
who lives and reigns with you in the unity of the  
Holy Spirit,  
one God, for ever and ever. **Amen.**

## MINISTRY TEAM CONTACTS

### Rector

The Reverend Dr Wayne Brighton,  
0407 408 333, rector@holycovenant.org.au

### Children's Worker

The Revd Wendy Robertson  
0481 458 037 hccommunitychaplain@gmail.com

### Youth Coordinator

Tobias Nevile youth@holycovenant.org.au

### Wardens

Joh Sheehan (Council Chair) 6251 7151  
Allison Cooper-Stanbury 0410 506 231

### Prayer Vine

Rosemary Kennemore  
6251 2009 rkmore@grapevine.com.au

### Belonging and Caring

The Revd Dr Wayne Brighton  
0407 408 333 rector@holycovenant.org.au

### Curate and Community Chaplain

The Revd Wendy Robertson  
0481 458 037 hccommunitychaplain@gmail.com

### Holistic Care Nursing Ministries

#### Program Manager

Megan Watts  
0487 945 615 hcnmprogrammanager@gmail.com

### Holistic Care Nursing Ministries

#### Program Director and Chaplain

Venerable (EM) Anne Ranse OAM  
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### Honorary Priests

The Revd Anne Dudzinski  
0413 994 739 annedudzinski@optusnet.com.au

The Revd Connie Gerrity

0429 423 725 connie@gerrity.id.au

### Resources Team

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