

# HOLY COVENANT ANGLICAN CHURCH

a place for everyone



SUNDAY 20 FEBRUARY 2022  
SEVENTH SUNDAY AFTER EPIPHANY

To join us on Zoom, please use the link below:

<https://zoom.us/j/8820962366?pwd=YUpla05YTFEON0N4MGRlSEVlRlR0Zz09>

Meeting ID: 882 096 2366  
Password: 033643

## SUNDAY 20 FEBRUARY

8am and 10 am Holy Communion  
Preacher and Celebrant:  
The Rev'd Dr Wayne  
Brighton  
5pm – Twilight Service

## SUNDAY 27 FEBRUARY

8am and 10 am Holy Communion  
Preacher and Celebrant:  
The Rev'd Dr Wayne  
Brighton  
5pm – Twilight Service

## Coming Up

1 March Pancake Tuesday from  
5.30pm and AGM, from 7.30pm  
2 March Ash Wednesday Service  
6pm (beginning of Lent)

## Bank Details for Direct Debit are:

Bank: Commonwealth Bank  
Branch: Jamison Centre, ACT  
BSB: 062 907  
A/C No: 802588  
Name: Holy Covenant Anglican Church

Life is full of transformations. We have no recollection of our conception and birth. And the last, our own passing, is yet to come. The in-between transformations are where life happens. It's the choices we make that determine who we are and what the world is to be.

Like us, Jesus was born, and he died. But the choices that he made changed his life, the world and us. We are called to be Christ-like and to be part of the transformation of the world. Paul states in 1 Corinthians 15: "Just as we have borne the image of the man of dust, we shall also bear the image of heaven." This highlights that we are first of this world, and tells us that the decisions we make can connect us to the Spirit, creation and its care.

What is the first step in this transformation? Many of us must forgive ourselves for our wrongdoing, and also forgive others for their wrongdoing to us. For if we forgive others but not ourselves, or if we forgive ourselves but not others, we cannot be the transformational beings the world needs. The story in Genesis 45 of Joseph, and his forgiveness of his brothers who sold him into slavery, is one of many Biblical examples of a Christ-like forgiveness to which we should strive.

Jesus told us in Luke 6: "Love your enemies, do good to those who hate

you, pray for those who abuse you." For many of us acting on this message can be very difficult, especially if the abuse is on-going; a step too far, perhaps, and something we can leave to the Saints.

But Christ's message does not demand the impossible, nor allow abusers to go unpunished. It helps us to step out on our own path of forgiveness and transformation so that we can, with God's help, overcome the pain and suffering in our own hearts. This is transformational because without forgiveness we cannot become the persons that God wants us to be. For if we harbour bitterness and enmity in our hearts to ourselves or others, and only "do good to those who do good to you" (Luke 6:33), then where is the spiritual transformation?

We often think of forgiveness simply as an act at a time. But the forgiveness of Jesus is about 'becoming' and it's a journey that we need to make over our entire lifetime.

This is not about ignoring injustice and wrongdoing. Jesus calls on us, just like he did himself, to help overcome the wrongs in the world. Jesus asks us, for our own sake, to have a love that overcomes what, for many, would have been unforgiveable.

This is the journey we are called to make if we are to transform ourselves into the beings of love that we can be.

*Quentin Grafton*

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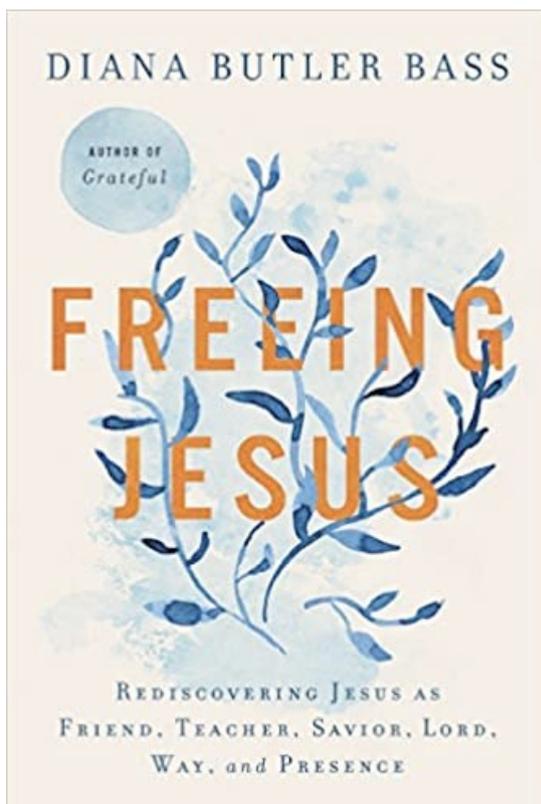
## Lenten Study—Ways We've Known Jesus

Have you noticed how your understanding of Jesus has changed over the years?

As we grow and our needs change, the way we think about and engage with God can and does shift, even when Christ is the same yesterday, today and forever. Sometimes we might need a big God who meets us as Saviour and Lord. Other times we encounter someone more intimately as a Friend or Teacher. Sometimes what matters is God's direction as Way or Presence. However we have encountered God, there is always more to discover.

Beginning March 3rd, Wayne will lead a small group online using Diana Butler Bass' book *Freeing Jesus: rediscovering Jesus as friend, teacher, saviour, lord, way and presence* as our conversation guide. Let him know you'd be interest by SMS or email. The book is available in hardcopy only for between \$35 and \$45.

[https://www.google.com/url?sa=i&url=https%3A%2F%2Fwww.amazon.com.au%2FFreeing-Jesus-\[...\]e=images&cd=vfe&ved=0CAgQjRxqFwoTCKjd5PGD9vQCFQAAAAAdAAAAABAD](https://www.google.com/url?sa=i&url=https%3A%2F%2Fwww.amazon.com.au%2FFreeing-Jesus-[...]e=images&cd=vfe&ved=0CAgQjRxqFwoTCKjd5PGD9vQCFQAAAAAdAAAAABAD)



20th Feb, John Knight Park, 11.30am

### What to bring:

BYO picnic lunch, outdoor games, sun protection

Come and join in on the fun!



### Exploring Faith Matters - returning in March

Exploring Faith Matters or EFM for short, is a program of theological reading and reflection in a learning community. A group meets at Holy Covenant on Thursday evenings beginning in early March. Participants read and reflect on the text of the Old Testament, New Testament, History of Christianity and Christian Ethics. An information evening will be held on Thurs 10 March at 7:30pm in the Rainbow Centre. More information is available from the [EFM website](#), or phone Merri Bacon on 6251 1110 or email [merri.bacon@bigpond.com](mailto:merri.bacon@bigpond.com). RSVP for the information night by 6 March, so that numbers can be managed for COVID restrictions.

### Save the date!

There's so much planned for our church family for this year. Have you got these dates in your diary?

Pancake night & AGM: 1 March

HCNM Trash & Treasure: 19 March

Palm Sunday: 10 April

Holy Week: 11-17 April

Pentecost: 5 June

Parish Dinner: 30 July

Blessing of the Pets: 2 October

Parish Retreat: 21-23 October





### A helpful call

Three weeks ago, St John's Care received a phone call from a concerned mother of

one of our clients. She said that she was really worried about T as he was experiencing side effects from long Covid. Mum lives in WA and can't get to see him.

I was aware of this challenge as I had been advocating for some time on her son's behalf with Centrelink as we tried to arrange a Health Care Card for him. Centrelink were having problems processing his application and he was still waiting on the card.

Because he did not have his card, T couldn't afford to have his medical condition treated. He had developed further complications and was now quite unwell both physically and mentally.

When I contacted T, he was extremely upset, explaining that he had no one to ask for help apart from SJC. He was starving and had no money for food or petrol. He also wouldn't have been able to drive in his current condition because he was so sick. Additionally, he had no credit on his phone so was unable to contact us, or anyone, for assistance.

I quickly realised that T was going downhill fast and needed immediate help. I organised a food hamper and drove out to his house.

It made such a difference to T to have us visit him at home. His spirits were immediately buoyed when we gave him the food hamper. We were also able to provide some credit for his phone and credit for his prescriptions, which he needed to help manage his pain.

Unfortunately, though, we still faced a problem with how T's mental health and current medical condition were being dealt with - and Centrelink's inability to process these or his Health Care Card.

On my return to the Centre, I called and spoke with a Centrelink support officer who helped me with obtaining an initial appointment for T. I told them that he wasn't able to work, had no money to pay his bills and had been going without food for some time.

The following week T came to SJC for some more food and to have a chat. He told me that he had received a two-week payment from Centrelink so was able to pay his rent - in which he was behind. He also mentioned that his health care card had been processed and was in the mail. He said he had immediately felt better after the Centrelink appointment and felt like he was moving forward rather than being stuck in a dark hole.

The value of collaborating with other services is immeasurable. As we have seen with T's situation, it can save lives.

It is our aim at SJC to work together with other services to achieve the best outcome for the people attending the Centre. As they say, if we all work together, the more we are able to achieve, the greater the outcome.

Part of my job here is to refer people onto other services and organisations who can help with individual needs. By referring T to other organisations, another SJC client was assisted in the

best possible way.

T was so grateful to everyone at SJC for the part they played, as he works hard towards his recovery. He has expressed that he would one day like to be able to give back and assist others to help them as he has been helped.

**Items required:** juice boxes, powdered milk, children's tooth-brushes, and pasta meals

### Song notes bigger than themselves

*Oh, the love of my lord is the essence of all that I love here on earth. all the beauty I see he has given to me and his giving is gentle and silent. (White)*

The little flock of yellow rump finches were having the time of their life in the birdbath. You could tell by watching them that they were happy and full of joy as they splashed, flittered and sang, their little beaks open wide letting out song notes bigger than themselves. It was such a delight to watch and I thought how content they were in their life, how happy and I like to think, so loved by God their creator. I paused, I breathed lightly, a broad smile crossed my face as I thought of our God who gives us such moments for our enjoyment, why? because he loves us. That deep sense of his love not only makes me feel a 'fire within,' but drives me to love others. Susan-Joy wrote in her book, *Sacred in the Sharing*: "God is present, always thinking, I love you, I love you, I love you." Let us love each other from now on and forever.

Let the peace of Christ dwell in your heart.

*Anne, servant of the Lord.*



Ah, what joy!

### Thank you

To the volunteers who assisted in making Brianna Smith's funeral happen.

### Sunday's Flowers

The flowers in the Worship Centre this week are in memory of Brianna.

### Wendy's Ordination

Please join us in celebrating with Wendy Robertson on the occasion of her ordination.

Details of the events on the day are below.

If you are interested in being part of a car pool or bus hire for the trip to Goulburn, please contact the office and we can add you to the list. Bus hire will come at a cost yet to be determined, and we will need a driver. Car pooling—if you are able, please make a contribution to your driver's fuel costs.



### Wendy's Ordination to the Diaconate

11am Saturday 26 February 2022

St Saviour's Cathedral

170 Bourke St Goulburn

and/or

3pm

Party at Holy Covenant Anglican Church

Please RSVP for catering purposes  
0421 792 614 suepaice3@gmail.com

### Prayers for Claire Whelband

Claire's family are very thankful for your prayers. At 5.5 months of age, she is now the size of a large newborn baby. Claire has an extreme case of reflux, and is high risk for developing an oral aversion. The family are very keen to avoid Claire having an abdominal feeding tube.



If you could focus your prayers around Claire's feeding, the family would be most grateful.

### Exciting Learning Opportunity!

Now that school's back, is it time for you to try learning something new? Maybe it's to get more involved in the community? Then why not combine both by enrolling in a Clinical Pastoral Education (CPE) Introductory Course.

This 5 day course is a great way to get a feel for pastoral and spiritual care and includes topics such as: What is Pastoral/ Spiritual Care; empathy, grief and loss, spiritual reflection and self-care. It runs on 5 Wednesdays from Mar 2 to Mar 30, 9-5pm in Queanbeyan and costs \$400. It is followed by a longer CPE unit for those interested in more in-depth training in spiritual care. Enrolments close soon.

Please contact Susanne Schmidt for enrolment on 0431 243 486 or at [susannecpe@gmail.com](mailto:susannecpe@gmail.com)

### Volunteering at Holy Covenant

Churches really don't function without volunteers. And here at Holy Covenant, we have over 90 volunteer roles available. Over time, we are going to explore those roles and what's involved in them. Maybe there's a new role waiting for you?

#### Sidesperson

The sidesperson assists the sanctuary party at worship or other services such as weddings, funerals and baptisms, by greet and assisting members and guests.

Time required: approximately 2 hours per service.

#### Requirements:

- Be dressed appropriately and fit for the occasion
- Arrive at least 20 minutes before the service to ensure its effective and efficient conduct
- Be consistently polite, respectful and warm to members and guests, refraining from inappropriate speech or behaviour
- Be capable of following instructions from the sanctuary team
- Work collaboratively and respectfully with members of the sanctuary team and all who play supportive roles

## PRAYER POINTS

### IN THE WORLD

- ⇒ Safety and a reduction in tensions for the people of Ukraine
- ⇒ Continued recovery efforts in Tonga
- ⇒ Advances in treatment for HIV
- ⇒ Minority religious groups in Pakistan, following the mob killing of a woman suspected of blasphemy
- ⇒ Possibilities for community dialogue after the passing of a “conversion therapy” ban in New Zealand

### IN AUSTRALIA

- ⇒ Protection for the environment of Tasmania’s north-west coast from further intensive fish farm projects
- ⇒ Improved protection for female parliamentarians against sexist and misogynistic harassment and online abuse
- ⇒ The continued roll out of COVID booster shots

### IN THE DIOCESAN CYCLE OF PRAYER

- ⇒ Diocese of Riverina
- ⇒ Cootamundra
- ⇒ Temora
- ⇒ Junee
- ⇒ Junee Correctional Centre
- ⇒ Those who work in the justice system.

### IN OUR PARISH AND COMMUNITY

- ⇒ For all members of our parish family including Mary Lynn Mather; Doreen and Ian Matters; Anne and Lindsay McDowell; Bryan McGuinness; and David and Margaret Meggs.
- ⇒ We uphold those in special need of prayer including Barry Button, Elizabeth Grant, Bev Barnes, Claire Whelband and anyone known to us personally.

### COMMEMORATIONS

- Monday: **Baden Clarence Powell (d. 1991)**  
Friday: **Clifford Jack Daniels (d. 2005)**  
Saturday: **Betty Joan Cooper (d. 2008)**  
**Jennifer Ellen Baines (d. 2019)**  
**Elizabeth Joyce Jennings (d. 2019)**

### BIRTHDAYS THIS WEEK

- Thursday: **Christine Mitchell**  
Saturday: **Rick Tilden**

### Anglican News

The February edition of Anglican News is available on the Diocesan website. You can [download it here](#)

## COLLECT for 7th Sunday after Epiphany

God of compassion,  
keep before us the love you have revealed in your Son,  
who prayed even for his enemies.  
In our words and deeds help us to be like him,  
through whom we pray,  
Jesus Christ our Lord and Saviour. **Amen.**

## READINGS

Genesis 45.3-11, 45.15  
Psalm 37.1-11, 37.40-41  
1 Corinthians 15.35-50  
Luke 6.27-38

## MINISTRY TEAM CONTACTS

### Children’s Worker

Wendy Robertson 0481 458 037  
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### Youth Coordinator

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### Wardens

Deranie Jackson 0408 443 709  
Joh Sheehan 6251 7151  
Allison Cooper-Stanbury 0410 506 231

### Prayer Vine

Rosemary Kennemore  
6251 2009; rkmore@grapevine.com.au

### Belonging and Caring

The Reverend Dr Wayne Brighton  
0407 408 333; rector@holycovenant.org.au

### Curate and Community Chaplain

Wendy Robertson  
0481 458 037 warobertson4@gmail.com

### Holistic Care Nursing Ministries

**Program Manager**  
Rhonda Thorpe  
0487 945 615; nurse@holycovenant.org.au

### Holistic Care Nursing Ministries

**Program Director and Chaplain**  
Venerable (EM) Anne Ranse OAM  
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### Honorary Priests

Reverend Anne Dudzinski  
0413 994 739; annedudzinski@optusnet.com.au

Reverend Connie Gerrity  
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### Resources Team

0419 255 002